



ANNUAL REPORT

2020/21

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Northern Athletics Executive Board 2020/21

President	Ron Needham
Chairman	Tony Wood
Treasurer	Nigel Orr
Cross Country representatives	Steve Gaines Arwel Williams
Road Running representatives	Bob Brimage Ken Smith
Track & Field representatives	Malcolm Fletcher Elaine Williams
Administration staff	Judith Temperton Pat Schofield

OBITUARIES

Northern Athletics would like to extend condolences to the families of friends and colleagues who have passed away during the year, including:

Graham Davies
Roger Everton

Derek Nicholson
Jim Smith

Alan Domleo
Hudson Stoker

PRESIDENT'S REPORT

Little did I know when I was originally given the honour of becoming President of Northern Athletics, that because of the pandemic my Presidential "year" would actually last 24 months, but I was very glad to be asked to serve for a second term.

In my report to the AGM last November, I referred to predictions that we were getting closer to the development of an effective vaccine and, therefore, there was some light at the end of the tunnel. I concluded by hoping that the predictions would be accurate and that we could get back to normality in our sport. I'm absolutely thrilled that it did indeed come to pass and we have subsequently seen some marvellous competition. My two years actually merged almost naturally into one full round of annual events, with the Indoor Track and Field championships and the Cross Country Championships taking place before first lockdown in early 2020, and the outdoor Track and Field Championships and the Autumn Road and Cross Country Relays taking place in the second half of 2021, after lockdown was lifted. And what events they've been with some excellent contests and sterling performances - one could almost believe our athletes hadn't had an enforced hiatus in competition that lasted a good few months.

To provide first class athletics events, of course, we rely upon a considerable number of volunteers. It's so very easy to forget the many person-hours of toil that go into the planning, setting up, marshalling, deconstructing, etc., of an event, so please join me in thanking all those that have worked so hard on our behalf. We also owe very big thank you to the many technical officials who give of their time, their experience and their expertise. Their contribution towards the success and our enjoyment of events is immeasurable. My one disappointment in my two years in office, though, has been to see, on social media, a very small but significant degree of disrespectful and unjustified criticism of officials and organisers. Would everyone please remember that without officials there can be no athletics events - and it should go without saying that all officials, and competition organisers, should at all times be shown the respect they deserve.

During my 24 months in office, I've also attended (via Zoom) the regular Executive Board meetings and I have, therefore, had the opportunity of witnessing first hand the on-going management of the organisation and the decision making processes, regarding not just planning events, but also policy making, financial management, and the actions needed at times to protect the organisation. We are very fortunate indeed in having such an openly democratic management process, and the autonomy that our highly successful affiliation funding scheme gives us.

In conclusion, I'd like to thank everyone for ensuring that my term of office as President has been so enjoyable.

Ron Needham
2020/21 President

CHAIRMAN'S REPORT

2021 has been a year of hope which eventually bore fruit in the summer with the holding of our Northern track and field championships and more recently our road and cross country relays. Our sport has come to life again with some county track and field championships having taken place along with cross country leagues and road racing commencing throughout the North. Dates have been set for our open and championship indoor meetings in Sheffield early next year and we can only hope that the momentum building up continues so by this time next year we are back to some sort of normality.

However, the impact of the pandemic has been difficult to take and our sport has taken a considerable hit. The number of athletes re-joining their clubs is under par, affecting the ability of clubs to compete. The administrators who run our clubs, leagues, counties and areas have not only had to make difficult decisions but then to ensure their personal energy levels are high enough to re-start the motor once competition has been able to begin. Sadly some have had to say goodbye after many years of dedication to the task, often not recognised enough by those that have benefited from their efforts. These vital cogs within our sport are volunteers after all. We need to constantly remind ourselves of this. We are gifted in the North with many of them from Gateshead to Derby, from Hull to Liverpool. We cover a huge area with our endeavours at club, league, county and area level and our athletes and their supporters thankfully and readily acknowledge this week in week out.

So how difficult has it been for those athletes and their coaches during the last 18 months? Most will say very difficult and we can easily fail to see what has gone on at the clubs and how hard the clubs have worked to ensure the athletes stay connected with each other and with their coaches. The fact that many have started to come back to competition in great shape is testament to the work of the clubs and especially their coaches. We have witnessed that within the fabulous competitive spirit in our Northern Championships so far.

Momentum on our return is needed more than ever around our officials. Without them, as we know, we are unable to keep the sport going. We have probably the most diverse sport out there, track and field, on the road, over the country and on the fells. As with our voluntary administrators, our officials, some not in the first flush of youth have found it difficult to consider returning with all the risks that entails. Some have decided this is now the time for retirement and yet I am told the take up for Northern Athletic events is excellent amongst our body of officials. However we must be careful not to get carried away. At club and county level we are short of qualified officials week in week out and this will not be remedied by glossy brochures and sound bites from the centre. Practical projects working on the ground will help and Northern Athletics, through our Officials Project Group, has re-started its work to recruit, support and mentor new officials. Please back them if you can if they approach you

Last year I commented that only time would tell with the tenure of Joanna Coates as UKA CEO. Well, it did not last long and is yet another disaster for UKA amongst many in the last ten years. Words have been, and are ever so hollow, particularly when it comes to our national governing bodies. We have had more failed policies than we could have ever imagined. It has resulted in our sport at national level being in the doldrums. When we are unable to have our National Olympic Trial track

and field championships seen on television something is wrong. When the chief executive of UKA has to beg for money to get the National Indoor championships to take place something is wrong. When the only publicity on the television is bad publicity around the abuse of athletes and safeguarding something is wrong. When a huge amount of public money via Sport England and UK Sport is annually being pumped into the national governing bodies with limited or no results something is wrong.

Finally, when one of the only recent initiatives to come out of UKA was to try to interfere with the already successful sport of cross country and to impose the equalisation of distances then something is badly wrong. The best women athletes to have ever worn a cross country spike stood up and opposed it as did the ECCA and the Areas in unison. The flawed policy was pushed into the long grass by UKA and we all hope it remains there. At this point we should recognise those whose voice is heard by UKA and EA on behalf of our grassroots as they speak out on issues that concern them. This is especially so when those on the ground are not consulted before policies are launched. We know recently there have been voices within the UK Members Council who have stood up to be counted when it mattered and long may that continue.

The real work that keeps our sport running is carried out by a huge, dedicated and passionate volunteer workforce. Northern Athletics salute you as always and we will continue to do as much as we possibly can to support you. We have asked our clubs to back us again with our affiliation scheme and so far after only a few weeks we have over 120 clubs affiliating with new clubs joining us. We thank you again for preserving our organisation and ensuring we can look towards a bright future.

Tony Wood

Chairman

HONORARY TREASURER'S REPORT

During the financial year 2020-21, because of Covid restrictions, we were unable to organise any competition events. The costs incurred during the year were those necessary to keep the organisation going and some grant funding was secured to help offset some of these costs. The income and expenditure account shows a net deficit for the year of £19,175, (2019-20 = surplus of £5,503) and the balance sheet shows that at 31st March 2021 the net assets of Northern Athletics were valued at £277,401 (2019-20 = £296,576).

During the year, our office remained closed. Judith and Pat were included as part of the Government's staff furlough scheme and grant funding was secured to offset 80% of the salary costs, in accordance with the scheme.

A Covid grant of £10,000 was secured from Kirklees Council, which helped to offset some of the unavoidable business costs during the year, notably office rent and insurance.

Because there were no competition events held in 2020-21, it was decided not to ask our Clubs for affiliation fees from October 2020. At the end of 2019-20, 50% of fees received in October 2019 (£33,739) was carried forward to 2020-21. During this year, it was decided that these fees should be carried forward again to 2021-22, which will give a kick-start to the period when competition events recommence.

In 2019-20 England Athletics provided a sum of £33,000 to be used for a multi-year "Officials' Development" project, the main purpose of which is the training and development of new and existing officials. At the end of each year the balance of unspent funds, (£26,140 at the end of 2020-21), is carried forward as a "Restricted Fund" as shown in the balance sheet.

At the end of an incredibly difficult year for everyone, Northern Athletics remains in a relatively positive financial position, largely due to the excellent support from our Clubs and our Affiliation Scheme. This is particularly important as we recommence the promotion and organisation of competition events in what is now a very different and uncertain environment.

Once again, my personal thanks and appreciation go to Judith and Pat and a team of volunteers throughout the North who contribute hugely to the smooth running of the financial activities of Northern Athletics. Best wishes and many thanks to Pat, who has now retired from her role in the office after many years of loyal and valuable service.

Nigel Orr
Hon Treasurer

Draft Income and Expenditure Account for the year ended 31st March 2021

	2020-21			2019-20
	Income	Expenditure	Net Inc /Exp.)	Net Inc/Exp)
	£	£	£	£
Income:-				
Sponsorship:-				
- Start Fitness	0	0	0	12,000
Affiliation Fees	0	0	0	67,843
Covid Grant - Kirklees	10,000	0	10,000	0
Bank interest	641	0	641	678
Hire of equipment / Other	2,610	2,032	578	10,542
	13,251	2,032	11,219	91,063
Expenditure:-				
Staffing	22,760	34,750	(11,990)	(44,669)
Premises	0	9,447	(9,447)	(9,975)
Office expenses	0	7,985	(7,985)	(12,716)
Board expenses	0	212	(212)	(3,694)
Equipment and stock	0	480	(480)	(7,674)
Corporation Tax payable	0	122	(122)	(129)
Professional Fees	0	0	0	(280)
Depreciation	0	158	(158)	(211)
	22,760	53,154	(30,394)	(79,348)
Championships:-				
- Track & Field -				
- Senior Outdoors	0	0	0	(2,989)
- Junior Outdoors	0	0	0	(47)
- Senior Indoors	0	0	0	(3,963)
- Junior Indoors	0	0	0	(1,243)
- Inter-County	0	0	0	(3,196)
	0	0	0	(11,438)
- Road Running -				
- 6/4 Stage & Young Athletes	0	0	0	9,450
- 12/6 Stage	0	0	0	(1,588)
- Junior 5k	0	0	0	(255)
	0	0	0	7,607
- Cross Country -				
- Championships	0	0	0	(861)
- Relays	0	0	0	4,432
	0	0	0	3,571
Teams, Open Events & Matches:-				
- Track & Field	0	0	0	(410)
- Road Running	0	0	0	(1,918)
- Cross Country	0	0	0	(3,624)
	0	0	0	(5,952)
Total	36,011	55,186	(19,175)	5,503

**Draft Balance Sheet @ 31 March
2021**

	31 March 2021	31 March 2020
Net assets brought forward	296,576	291,073
Surplus/(Deficit) for the year	(19,175)	5,503
	<u>277,401</u>	<u>296,576</u>
Represented by:		
Office equipment at 1 April 2019	631	842
Addition	0	0
Less: depreciation	(158)	(211)
	473	631
Debtors	269	4,482
Bank deposits		
NatWest Account	37,061	359,387
Insignis - Cash Accounts	300,713	0
Imprest balances	649	696
	338,423	360,083
Restricted Fund - Officials' Development Project	(26,140)	(28,886)
Receipts in advance - Affiliation Fees	(33,739)	(33,319)
Creditors	(1,885)	(6,415)
	<u>277,401</u>	<u>296,576</u>

CROSS COUNTRY REPORT

Northern Athletics Cross Country Relays 2021 AGM report.

The 11th running of the event took place at Graves Park Sheffield on the 23rd October, (there having not been an event in 2020 due to the pandemic lockdown).

We were unsure how many clubs would be keen to enter; (and thanks to those who supported the event in these uncertain times), the result was that Senior team entry numbers were at the same level as in recent years, but young athlete team numbers were well down on recent years.

YA teams 2019 entered 325; complete teams finished 312

2021 entered 199; complete teams finished 143

Seniors 2019 entered 129; complete teams finished 94

2021 entered 117; complete teams finished 90.

For the athletes who did compete, the event proved to be well organised and enjoyable

Weather on the day was good, and the ground conditions were good. Unfortunately we did not have access to the pavilion for registration, and officials sign in, due to Covid restrictions

All races started on time & all course dismantling was completed by 4:30.

Thanks are again due to the host club – Sheffield Running Club - for their help with course design & operation; and to all the Northern Officials who helped on the day.

Congratulations to Hallamshire Harriers (men) and Sale (women) for their senior wins. Particularly to the Sale first leg runner – Olympic Triathlete Georgia Taylor-Brown, who set a very impressive sub 11 minute clocking for the hilly 2 mile leg.

Planning is now underway for the 2022 XC Championships, to be held at Pontefract Park on the 29th January 2022

Steve Gaines and Arwel Williams

Executive Board Members, Cross Country

Results

U11 races (not championship events)

U/11 Girls

1 Birtley AC

2 Sale Harriers Manchester

3 Allerton Junior AC

Fastest Leg

Nell Graham - Birtley AC

U/11 Boys

1 Warrington AC

2 Hallamshire Harriers Sheffield

3 Trafford AC

Fastest Leg

Euan Lawton - Warrington AC

U/13 Girls

1 Liverpool Harriers & AC 'B'

2 Rotherham Harriers & AC

3 Wakefield District H & AC

1st B team: Liverpool Harriers & AC 'A'(2nd)

Fastest Leg

Bailey Hughes - Liverpool Harriers & AC

U/13 Boys

1 Liverpool Harriers & AC

2 Trafford AC

3 Sale Harriers Manchester

1st B team: Sale Harriers Manchester (6th)

Fastest Leg

Evan Grime - Salford Harriers

U/15 Girls

1 Rotherham Harriers & AC

U/15 Boys

1 Vale Royal AC

- 2 City of York AC
- 3 Salford Harriers & AC
- 1st B team: Rotherham Harriers & AC (6th)

Fastest Leg

Freya Murdoch – Stockport Harriers & AC

U/17 Women

- 1 Vale Royal AC “A”
- 2 Rotherham Harriers & AC
- 3 Blackburn Harriers & Ac
- 1st B team: Vale Royal AC (3rd)

Fastest Leg

Evie Thomson – Rotherham Harriers & AC

Junior / Senior Women

- 1 Sale Harriers Manchester
- 2 Rotherham Harriers & AC
- 3 Lincoln Wellington AC
- 1st B team: Rotherham Harriers & AC (3rd)

Fastest Leg

Georgia Taylor-Brown - Sale Harriers

- 2 Wirral AC
- 3 Trafford AC
- 1st B team: Liverpool Harriers & AC (9th)

Fastest Leg

Robert Price - Vale Royal AC

U/17 Men

- 1 Trafford AC
- 2 Wirral AC
- 3 Sale Harriers Manchester
- 1st B team: Wirral AC (8th)

Fastest Leg

James Knockton - Trafford AC

Junior / Senior Men

- 1 Hallamshire Harriers Sheffield
- 2 City of Sheffield & Dearne AC
- 3 Vale Royal AC
- 1st B team: Rotherham Harriers & AC (8th)

Fastest Leg

Angus McMillan - City of York AC

ROAD RUNNING REPORT

Unfortunately the Men's 12 Stage, Women's 6 Stage and Young Athlete's 5K Championships were once again Cancelled due to the ongoing Covid-19 pandemic and therefore we are unable to publish the usual comprehensive report of our activities. However the Autumn Relays were able to go ahead, so with great anticipation we headed to the seafront at sunny Redcar – report below (thanks to Bill McGuirk).

Combined Autumn Relay – 18th September 2021 SENIOR MEN (6x6k)

Leeds City and Salford Harriers celebrated victory in the Start Fitness Northern Athletics' Autumn Road Relay Championships held on traffic-free roads adjacent to the promenade at Redcar.

In surprisingly sunny conditions which defied the local weather forecast it was Keighley and Craven's Joe Hudson who was first across the line after the first of the six 6k stages. Unfortunately for Joe his equalling the third fastest time of the day with 17min 33sec was in vain for, after slipping back in the later stages, his club only managed to field five runners. Derby's Daniel Haymes was six seconds adrift in second place followed by Lincoln Wellington's Ronny Wilson, then Morpeth, with new recruit Finn Brodie, followed by defending champions Leeds City (Andrew Smith).

On stage two Keighley and Craven continued to lead thanks to James Lund, however, it was Salford Harriers (14th after leg one), who had moved into second place with a time that equalled Hudson's 17:33 from Marc Brown. Leeds City moved through to third (David Mullarkey) whilst Gateshead were fourth thanks to a 17:50 by teenager David Race after taking over in 19th place.

On leg three Leeds City hit the front for the first time thanks to Josh Dickinson's effort, though Salford (Robert Smyk), now in second position, were just one second adrift at the half-way stage of the contest. Blackburn had moved into the top three for the first time thanks to Callum Davidson (17:51) with Tyne Bridge, who were 21st at the first changeover, now fourth thanks to the combined efforts of Tom Charlton, Carl Smith – a former Leeds City athlete – and Michael Hedley. Hallamshire were another outfit making a forward move and were now in fifth position at the half-way point of the contest.

On stage four Salford hit the front for the first time as David Barrett turned the one-second gap into an eight-seconds advantage with the second quickest time of the day of 17:27. Leeds dropped back into second place (Matthew Grieve, 17:36) whilst Ben Fish consolidated Blackburn's third spot ahead of Lincoln Wellington's Tom Straw (17:50) and Morpeth.

Leeds City quickly returned to pole position on the penultimate stage thanks to John Beattie's 17:49 stint though Gary Priestley's 18:13 meant Salford were just 16 seconds adrift going into the last leg. Lincoln Wellington moved back into a medal position thanks to Jamie Hall's 17:56 with Blackburn dropping back to fifth behind Hallamshire.

Leeds City certainly kept their powder dry until releasing Richard Allen on the final leg to post an impressive 13:55. He managed to widen the gap with every stride to the extent that at the finish line the winning margin was over a minute. Salford were certainly worthy silver medallists as they also had over a minute in hand over third team Blackburn Harriers who had new recruit Nick McCormick to thank for a superb 17:39 last leg. The 2012 Olympian's performance bringing huge smiles to the club's and Northern Athletics' chairman, Tony Wood's face!

Hallamshire finished just three seconds adrift of Blackburn with Morpeth crossing the line in fifth place thanks to a fine 17:36 from Alex Brown. Leeds City made it a winning double by picking up the B-string awards after finishing in seventh place out of the 86 teams which toed the line.

SENIOR WOMEN (4x6k)

Disappointingly, Leeds City, who had led at the midway point thanks to the second fastest time of the day of 20:28 by Jenny Walsh and Leila Armoush (20:42) the Yorkshire outfit were without any further athletes to take advantage of a great start which opened the door for Rotherham Harriers, the defending champions, who were in second place (Sophie Cowper) at the first changeover.

Lincoln Wellington were third (Sophie Wallis) followed by City of York (Katy Wood) and Hallamshire (Laura Jane Smith).

On leg two Rochelle Harrison moved Lincoln Wellington into second place behind Leeds City with Rotherham (Mya Taylor) dropping back to third ahead of Salford and debut club Cheshire Dragons.

On the penultimate leg Rotherham hit the front for the first time thanks to Nicola Devine's 20:37 effort. Salford were in second place 15 seconds adrift. Lincoln Wellington were now in third place followed by Cheshire Dragons and Hallamshire.

It looked as though it was going to be another victory for the black-vested Yorkshire outfit. However, Salford had other ideas with Anna Bracegirdle contesting the final 6k just six days after posting a half-marathon pb of 74:52 in the Great North Run.

Surprisingly, Bracegirdle showed no signs of discomfort or tiredness as she quickly reeled in the leader (Samantha Hughes) and then pulled smartly away to come home in pole position 47 seconds ahead of Rotherham after posting the fastest time of the day of 20:24. Thanks to Katie Palfreeman, Hallamshire moved through from fifth to third to claim the bronze awards ahead of Lincoln Wellington and City of York.

Special mention is in order for Cheshire Dragons who were making their debut in the event and finished in a superb ninth place. The newly-formed Cuddington-based club who meet in a car park showed what can be achieved and should be the envy of many of the more established clubs who, for whatever reason, decided to give the championships a miss.

JUNIOR CONTESTS

Under-13 Boys (3x3.1k)

Salford Harriers, thanks to Evan Grime's fastest time of the day of 10:23, led at the first changeover followed by Blackburn's Sam Aspey (10:39) and City of York's Daniel Campbell (10:47). Wirral were in fourth place followed by North Shields Poly.

Blackburn swiftly moved to the front on leg two thanks to Theo Robinson as Liam O'Brian (11:07) moved Sale into second place ahead of Trafford (Pio Aron, 10:53) with Liverpool were fourth and Wirral fifth.

Blackburn consolidated their pole position on the final stage thanks to Oliver Brown (11:09) as Sonny Cassell (10:55) moved Liverpool into the silver medal position ahead of Trafford as Wirral finished just outside the podium places followed by Sale.

Under-13 Girls (3x3.1k)

An incomplete Liverpool Harriers C team led at the first changeover thanks to Erin Fay's 11:13. Fay was followed across the line by the Mersey club's A team (Holly Cross, 11:16) and Rotherham's Layla Roden (11:18). Then came Liverpool's B team followed by Sale.

On the penultimate stage Liverpool's A team moved to the front after Bailey Hughes posted the day's fastest time of 10:55, the only athlete to dip under 11 minutes. Rotherham moved up to second after Graihagh Turner's 11:14 with Liverpool's B team now third thanks to Isabella Doran's 11:20. Wakefield were fourth followed by Sale.

Molly Carvell extended Liverpool A's advantage with the fastest time of the day 11:12 on the final leg with Rotherham (Grace Ingoe, 11:27) finishing runners-up 36 seconds behind. Liverpool B finished in third place with fourth-placed Wakefield being awarded the bronze medals as the rules stipulate only one set of championship medals can be awarded to one club though a special set of medals go to the first B team to finish.

Under-15 boys (3x3.1k)

City of York led at the first changeover after the day's fastest time of 10:07 from William Keens. Liverpool Harriers (Max Webster) were in second place four seconds adrift and one second ahead of Wirral (Louis Hatton), City of Sheffield and Dearne (William Platts) were in fourth place followed by Morpeth (Oliver Calvert).

On stage two Ben Williams (10:36) moved Wirral to the front with Morpeth (Oliver Tomlinson, 10:40) progressing into second ahead of Liverpool (Riley Malone, 10:52). Warrington moved into fourth followed by Rotherham.

Wirral extended their advantage on the final leg after Oberon Kearney's 10:13 as Morpeth (Joseph Close, 10:36) consolidated second spot ahead of Liverpool (Oscar Kewley, 10:40). After finishing in ninth place on the first leg Blackburn moved through to finish fourth just ahead of City of York.

Under-15 Girls (3x3.1k)

Stockport were in pole position at the first changeover thanks to the fastest time of the day by English under-15 1500m champion, Freya Murdoch.

Rotherham (Isabella Waugh) were in second place seven seconds behind with Salford (Marissa Caldwell, 11:07) in third position followed by Keighley and Craven and Darlington.

On stage two Rotherham (Caitlin McCloy, 10:52) moved to the front with Salford (Sophia Roiduis, 11:09) moving into second ahead of Stockport (Niamh Mackintosh, 12:17) as Rotherham B progressed into fourth ahead of Elswick.

On the final leg, Lilia Harris (10:31) extended Rotherham's advantage all the way to the finish as Salford consolidated second place ahead of Rotherham B and Sale with the Greater Manchester trio being awarded the bronze medals due to the one club rule.

Under-17 Men (3x3.7k)

English under-17 1500m silver medallist Josh Blevins (Gateshead) led the field home on the first stage with the day's fastest time of 11:02 and was closely followed by Wakefield's Ethan Brady-Jones who posted 11:05. Rotherham (Zak Ferguson) were in third place a further four seconds back followed by Gosforth (Silas Christie, 11:11) and Morpeth (Devere-Owen, 11:13).

On stage two Wirral moved to the front thanks to TJ Jones' 11:06 with the Merseyside outfit being followed by Morpeth (Joe Dixon, 11:27) and Rotherham (Luke Parker, 11:50). Salford were in fourth and Gosforth fifth.

Wirral extended their lead on the last leg thanks to William Strickley's 11:30 as Morpeth (Bertie Marr, 11:53) consolidated second place ahead of Rotherham who held off Gosforth to claim the bronze awards.

Under-17 Women (3x3.7k)

North East clubs Birtley AC (Katie Francis, 13:10) and Elswick Harriers (Imogen Bungay 13:22) were at the head of the field at the first changeover but neither athlete had anyone to pass the baton to which left third-placed team Kingston upon Hull (Tabitha Ford, 13:26) going to the front at the start of the second stage.

Blackburn, who were in fourth place, moved into the lead thanks to Isobel Holt's fastest time of the day of 13:06 and were followed by Rotherham (Anna Maddocks, 13:50) and Wakefield (Paige Watson, 14:05).

The positions remained the same on the final leg with Kiera Haxton (14:35) bringing Blackburn home in first place ahead of Rotherham (Amelia Topliss, 14:26) with Wakefield finishing in third position (Holly Walker, 14:52). Holly Waugh with the day's third fastest time of 13:13 moved North Shields Poly through to fourth after an initial start of 12th.

THANKS go to Redcar and Cleveland Borough Council for their excellent support of the Championships and to the New Marske Harriers under the leadership of Graham Hall for hosting a memorable event.

Results

Men's 6 Stage

1 Leeds City AC 'A'	1:46.55
<i>Andrew Smith</i>	<i>David Mullarkey</i>
<i>Joshua Dickinson</i>	<i>Matthew Grieve</i>
<i>John Beattie</i>	<i>Richard Allen</i>
2 Salford Harriers & AC	1:48.09
<i>Thomas Cornthwaite</i>	<i>Marc Brown</i>
<i>Robert Smyk</i>	<i>David Barrett</i>
<i>Gary Priestley</i>	<i>Chris Livesey</i>
3 Blackburn Harriers & AC	1:49.39
<i>Tim Raynes</i>	<i>Matthew Ramsden</i>
<i>Callum Davidson</i>	<i>Ben Fish</i>
<i>Ben Makin</i>	<i>Nick McCormick</i>
1 st 'B' Team – Leeds City AC 'B'	1:50.49

Women's 4 Stage

1 Salford Harriers & AC	1:24.52
<i>Sinead Bent</i>	<i>Ty Brockley-Langford</i>
<i>Ruth Jones</i>	<i>Anna Bracegirdle</i>
2 Rotherham Harriers & AC	1:25.39
<i>Sophie Cowper</i>	<i>Mya Taylor</i>
<i>Nicola Devine</i>	<i>Samantha Hughes</i>
3 Hallamshire Harriers Sheffield	1:28.32
<i>Laura Jane Smith</i>	<i>Hannah Metherall</i>
<i>Nicola Squires</i>	<i>Katie Palfreeman</i>
1 st 'B' Team – Salford Harriers AC 'B'	1:29.28

Fastest Legs

Richard Allen Leeds City AC 'A' 17.24

Anna Bracegirdle Salford H & AC 20.24

Young Athletes 3 Stage Relays

Under 13 Girls

1 Liverpool H & AC 'A'	33.23
2 Rotherham H & AC 'A'	33.59
3 Wakefield & DHAC	35.40
1 st 'B' Team - Liverpool H & AC 'B'	35.01

Under 13 Boys

1 Blackburn H & AC	33.21
2 Liverpool H & AC	33.41
3 Trafford AC	33.49

Fastest Legs

Bailey Hughes Liverpool H & AC 10.55

Evan Grime Salford H & AC 10.23

Under 15 Girls

1 Rotherham H & AC 'A'	31.55
2 Salford H & AC 'A'	33.44
3 Sale HM	34.44
1 st 'B' Team - Rotherham H & AC 'B'	34.29

Under 15 Boys

1 Wirral AC 'A'	31.01
2 Morpeth H & AC	31.33
3 Liverpool H & AC 'A'	31.43
1 st 'B' Team – Wirral AC 'B'	33.19

Fastest Legs

Freya Murdoch Stockport H & AC 10.25

Isaac Stabler City of York AC 10.07

Under 17 Women

1 Blackburn H & AC 'A'	41.11
2 Rotherham H & AC 'A'	41.58
3 Wakefield DH & AC	42.38

Under 17 Men

1 Wirral AC 'A'	33.41
2 Morpeth H & AC 'A'	34.33
3 Rotherham H & AC 'A'	35.05

Fastest Legs

Isabelle Holt Blackburn H & AC 13.06

Josh Blevins Gateshead H & AC 11.02

NORTHERN ATHLETICS 5K CHAMPIONSHIP ROAD RACE.

Following the cancellation of all the Individual Road Race Championship in 2020 we were delighted to return to the Silksworth sports centre, Sunderland, on 22nd July 2021 for the 5K Road Championship.

The 5K Championship was the first road event to return this year, with the Preston 10M, and the Ribble Valley 10k to follow in November and December respectively.

Organised by Sunderland Harriers, the race is over a fast undulating 2 lap course, and is very well supported by the athletes in the North East.

The women's race had the blue vest of Morpeth and the black vest of Rotherham locked together from the start amongst the front group of 6 athletes. At the finish it was local Morpeth Harrier, Catriona MacDonald who crossed the line first in 17.39, followed some 10 seconds later by Rotherham's Sophie Cowper, with Molly Pace of Jesmond third in 18.02.

The team result was a clear win for Tyne Bridge Harriers, in their new 10 year anniversary kit. They finished with 19 points,

Kathryn Stevenson 4th: Rebecca Parkin 7th and Ellen Jeffreys 8th

Second was North Shields Poly, 45 points.

Claire Harlow 13th : Natasha Newson 14th : Natalie Carroll 18th

Elswick Harriers took the bronze position with 54 points

Imogen Bungay 6th; Laura Smith 23rd; Ellie Clark 24th

The winner had completed her warm down before returning to the finish in time to see her mother Margaret complete the race with a time of 27.51.

In the senior men's event local pre race favourite Carl Smith of Tyne Bridge, did not disappoint. His winning time of 14.41, was only 18 seconds outside the course record, with Sunderland's Liam Taylor just 10 seconds behind him, and in third place was North Shields Poly athlete David Green 14.56

The team results had host club Sunderland winners by 6 points

Liam Taylor 2nd : Stephen Jackson 6th : Craig Gunn 14th.

Morpeth 2nd .Ross Floyd 5th : Thomas Straughan 11th : Joe Dixon 12th

Tyne Bridge 3rd Carl Smith 1st : Marc Fenwick 16th Ryan Holt 17th .

There were 8 male athletes sub 15 minutes and a further 24 sub 16 minutes.

We are very much looking forward to welcoming athletes back to Preston an Ribble Valley later this year after the disappointments and cancellations of last year and would like to thank all our clubs, athletes and officials for their continued support during the enforced inactivity.

The 2022 12 & 6 Stage Relays & YA 5K race will be held at Birkenhead Park on Sunday 27th March 2022

Bob Brimage & Ken Smith
Ken Smith

Executive Committee members (Road Running)
Championship Secretary

Road Running Representative Teams report

International/Inter Area 2-mile road relay Brownlee Centre Leeds Aug 15th 2021

As a precursor to the 2021/22 Inter Area endurance event schedule and in recognition of an 18-month hiatus the concept of the relay event was mooted and came to fruition this weekend. The original team invites were wider and accepted but with the South of England and N Ireland unable to muster a team and with Wales pulling out late on, left us with a 5-team competition.

England: North of England

Midlands: Armed Forces

Combined Universities

The event was a resounding success with a strong level of competition in a venue which created a safe fast course. The Brownlee Centre is a gem of a racing resources and lends itself well to this type of competition.

England ran out winners in both the ladies and men's competition, but only with the help of a strong Northern contingent in both their teams. The North finishing second behind England.

Certainly, from a Northern perspective the outstanding performances were from Jess Judd on leg 1 with 9.55 two-mile time, a good 20 secs quicker than her contemporary's and Angus McMillan a 9.04 (shared with Alfie Manthorpe) and Joe Wilkinson 9.10 on leg 2.

So, while England took the inaugural event title the North through its contribution to the England team were strong contributors.

Making their England debuts, Northern athletes Lucy Robinson and Alfie Manthorpe ended an outstanding season with a 9.04 and 10.28 respectively. Definitely a North vest awaiting these two!!

Making their Northern debuts were Angus McMillan (leg 2 fastest time 9.04), Jess Judd (leg 1 9.55 fastest time), and Tim Raynes (leg 4 9.26)

Northern Men's Team:

Dave Mullarkey, Joe Wilkinson, Tim Raynes, Angus McMillan, Rob Warner

Northern Women's Team

Steph Pennycook, Rachel Friend, Rachael Franklin, Claire Duck and Jess Judd

The event had a sour twist towards the end when the site was invaded by travellers, whose children unfortunately ran amok stealing packed lunches, asking for money and at one point kicking Rob Cameron our race director as he kindly asked them to leave the arena, oh yes and while doing so asking if they could have his wedding ring!!

All in all, it was a great day and a definite for next year, hopefully with a full contingent of teams.

Thanks of course has to go all our teams, a special mention to Jock Castle the Armed Forces TM who brought all but the kitchen sink supplying endless tea, coffee and biscuits.

To James Atkin (staff member of the Brownlee Centre) who single handedly managed the event arena including our invasion and was always on hand to help.

To all our officials on the day, especially Steve Gaines, Alex Grant and Kev Hussey who supported myself in staging the event.

Leeds Abbey Dash - Sunday 24th October 2021

The Age UK Leeds Abbey Dash returned after a Covid enforces hiatus, with the mass race being field cut to under 4000, the elite field in contrast was as strong as ever.

Age UK have suffered greatly as a charity during the Pandemic, with fundraising greatly reduced, but still they attract a quality elite race, and they were not to be disappointed. Race director and organiser Alex Grant again proved what a quality race he puts on for Age UK, thanks Alex.

The elite race proved to be another cracker, with the Abbey Dash showing yet again why it's considered to be one of the UK's premier 10k. The Dash does not bring athletes chasing a huge cash prize, but what it does produce is a very strong domestic field where athletes come to run fast, and run fast they did.

The men's race was won by Kadar Omar in a course record of 28.46, smashing Mike Openshaw's mark of 29.05 from 2000. Kadar pulled through his Midlands team mate Omar Ahmed in 2nd with a time of 28.50, with the North of England's David Mullarkey posting a huge PB in 3rd with 29.13. Following Dave, a further 24 athletes ducked under 30mins. Notably Sam Charlton in 4th with 29.17. which surely must be near a UK best for under 20 (which Sam is until 31/12/21)

In the ladies race we were not to be disappointed with another course record, with Jess Piasecki running an astounding 31.19, taking 46 seconds off Eilish McColgan's record from 2017 (32.05). Jess was followed home by Charlotte Arter 2nd in 31.30, Jess Judd in 3rd in 31.38. Another stacked field saw 13 women break 34mins.

In the inter area team race (with the aggregated top three scoring times in each team), we saw the Midlands take the Men's Tudor Trophy title, and the North take the Tudor Ladies title. Thanks again to Rob Tudor for his kind sponsorship.

Thanks again to all the team managers from the International and Inter Area teams, to Jerry Watson, Mike Baxter and Kevin Hussey for helping me ensure a smooth running event.
See you all in Oct 2022 for another go at 'Smashing the Dash'

Rob Cameron

Team Manager / Co-ordinator

TRACK AND FIELD REPORT

Following a period of much disruption in 2020 due to the Coronavirus pandemic, there was some semblance of returning to, if not normality, then a better prospect of Competition in 2021.

Two NA Outdoor events were held this year, the Seniors/U20 Championships at Leigh in June, and the U17/U15/U13 Championships at Hull in August.

Both events gave us two days of much missed exciting competition, with Athletes, Coaches and Supporters alike showing great enthusiasm to be back in the Track and Field arena.

Whilst it was good to be back organising a Competition, unfortunately several factors meant that the event could not be conducted as we would have liked. As always there are a few withdrawals from Officials. However due to many reasons, not least being the Coronavirus, there were far more this year, and it became difficult to find replacements often at very short notice.

Due to restrictions and regulations fitting a full programme in proved to be problematic, as did finding suitable venues to accommodate the long throws. The Senior Championships had to be moved from Wavertree to Leigh, as Wavertree was being used as a Covid Testing Centre.

Both Leigh and Hull were very accommodating and went out of their way to ensure that Track and Field events could go ahead.

Whilst Hull is an excellent venue with regard to Warm up areas, supporting areas for call up, public areas and capacity for Officials Welfare, the outside area for Long Throws and the Pole Vault runway and beds proved not to be up to the usual standard for a Championship. A lot of work needed to be done by the stadium staff and Officials to make the sites fit for competition. It also must be noted that without the help and assistance of Kingston upon Hull AC and their staff led by Dave and Diane Smith, these championships would not have gone ahead.

Likewise for the Seniors at Leigh. Preparation for the event by Leigh Harriers was second to none and although the entries were reduced on the day, it did not take away what was a very enjoyable and competitive experience for the Athletes. Thanks go particularly to Joe & Margaret Galvin and Steve Jamson.

Feedback from parents, coaches, athletes and officials has been overwhelmingly positive and we have received thanks from many areas for introducing Track and Field Competition in the North. Hopefully this will continue into the Indoor season and 2022.

Malcolm Fletcher Elaine Williams

Executive Board members Track & Field

NORTHERN TRI-REGIONAL OFFICIALS' GROUP (T&F)

Report from Hon Secretary 2021

This is the 13th year of operation for the Northern Tri-Regional Group (NTROG), which has responsibility for the following areas:

- (a) Selection of officials to Northern indoor and outdoor championships
- (b) Nominations of officials for National indoor and outdoor appointments
- (c) Nominations of candidates to sit on National Discipline Peer Groups
- (d) Recommendations to Peer Groups for upgrading candidates to Level 4.

The group currently consists of:

Chairman: *Finlay Galloway* (NW)

Championship Sec: *Malcolm Fletcher* (YH)

Hon Sec: *John Driscoll* (NW)

Selectors – Field Group:

Mick Frazer (NE)

Malcolm Rogers (YH)

Dean Williams (NW)

Selectors – Starting Group

David Brown CBE (NW)

Malcolm Dewell (NE)

Clive Young (YH)

Selectors – Timekeeping Group:

Michael Brown (NE)

Kevin Johns (YH)

Ron Scott (NW)

Selector – Photo-finish Group:

Margaret Rushton (NW)

Selectors – Track Group:

Finlay Galloway (NW)

Dr Moira Gallagher MBE (YH)

Tony Livingstone (NE)

State of the Nation – Northern Officials

The total number of active officials on Trinity affiliated to the Northern Group is 1428 (Oct 2021). This is 79 more than a year ago. The total includes 331 trainee officials (those who have completed a L1 course but not yet achieved the qualifying experiences) and 91 Assistant Officials.

It's worthy of note that the number of trainee officials is up more than 50% on last year. This may be attributed to a combination of factors – the transition to virtual courses has made training more accessible (see below) but the lack of competition opportunities has made the acquisition of the necessary experience prior to licensing more difficult. The breakdown of disciplines is as follows:

Discipline	Level 1	Level 2	Level 3	Level 4	TOTAL	2020 totals
Endurance	158	40	65	29	292	309
Field	259	192	71	49	571	565
Photo-finish	27	7	16	6	56	50
Starter	20	17	13	11	61	62
Starter's Assist	30	28	14	15	87	89
Timekeeper	64	69	29	19	181	193
Track	98	62	38	34	232	236
Race-Walking	10	5	7	5	27	22

NB These totals are higher than the actual number of officials, as many are qualified in several disciplines.

Officials' Training and Development

The most significant change to officials' training has been the transition from face-to-face courses to virtual learning. Several Northern officials have been involved both in designing the new learning resources and delivering the new courses. Take-up across the UK has been strong, as virtual learning is more accessible and cost-effective than traditional courses, albeit with obvious shortcomings. Having completed the Level 1 course, each candidate is required to provide evidence of having officiated at a minimum of four meetings, so the progression from course attendance to a full licence has been delayed for many.

2021 has also seen the start of a project led by Terry Bailey and Moira Gallagher to provide structured mentoring to officials within the region. In March, invitations were sent out to identify both possible mentors and those seeking mentoring. This led to a series of courses led by Alan Bell and Terry Bailey to remind experienced officials of mentoring principles, followed by a process of identifying and matching mentors to officials seeking support with their long-term development.

Recognising that the progression from Level 3 (Regional) to Level 4 (National) is a considerable step, we have published detailed guidance notes prepared by Moira Gallagher to clarify the requirements and help officials make the move.

Northern Events 2021

The Senior, U20 and U17 Indoor Championship in January 2021 and the U15/U13 Indoor Championship in February 2021 were all cancelled.

The outdoor season included five days of scheduled Regional Championship competition - two days for the Senior / U20 event at Wavertree, one day for the Northern Inter-Counties at York and two days for the U13 / U15 / U17 event at Hull. Officials were selected and appointed in January to the technical roles required for these meetings. In due course, the Senior Championships were relocated to Leigh due to Wavertree being unavailable and the Inter-Counties was cancelled as a consequence of most County Championships either being cancelled or postponed. Compared to previous years, there were many more changes to availability, often at short notice, for predictable reasons.

National Events 2021

Selection of officials for National events is managed by National Peer Groups on recommendations from the Tri-Regional Officials Groups. The Peer Groups aim to ensure a balance of experienced officials from each Tri-Region at these major events. Northern officials were well represented at the Müller European Indoor Selection Trials in Manchester on 20-21 February and two international meetings relocated to Gateshead - The Diamond League (23 May) and Müller Grand Prix (13 July). Our officials were also prominent at the Müller British Championships at Manchester on 25-27 June, and the English Schools T&F Championships at the same venue just two weeks later. Manchester was again the venue for four days of England Athletics Age Group and CE Championships in August, plus an Invitational Meeting.

Forthcoming Indoor Season 2021-22

Northern officials have been quick to respond to the usual availability invitations for the Northern Athletics Open Meetings and Championships, although inevitably a very small minority are reluctant

to return to competition. The volume of positive responses, however, suggests that there will be no shortage of experienced officials to support our Open Meetings and Championships.

Forthcoming Outdoor Season 2022

At the time of writing, dates and venues for 2022 events have not all been confirmed. When they are, NTROG can start the process of inviting availability and selecting officials. Availability invitations will be sent to L1-L4 officials, except those who have opted out of mailings.

Acknowledgements

Although I'm the contact listed in the UKA Rulebook, the difficult task of selections is handled effectively by the Northern Tri-Regional Group. I'd like to thank Finlay Galloway and the NTROG members for their help and advice. The group lost a valued voice of experience in Roger Everton, who has been succeeded by Kevin Johns. I'm grateful to Judith Temperton at the Northern Athletics Office for the administrative help I have received.



John Driscoll
Hon Secretary
14 October 2021.

TRACK & FIELD CHAMPIONS 2021
(Outdoor only – 2021 Indoor Championships were not held)

Senior Men	Name	Club	Performance
Outdoor	<i>Leigh Sports Village</i>	<i>12/13 June 2021</i>	
100m	Ryan Gorman	City of York AC	10.61
200m	Ryan Gorman	City of York AC	21.44
400m	Rory Keen	Sale Harriers Manchester	49.13
800m	Mark Bostock	Wakefield DH & AC	1:56.52
1500m	Callum Davidson	Blackburn Harriers & AC	3:55.11
5000m	David Devine	Liverpool Harriers & AC	14:44.29
10000m	Nigel Martin	Sale Harriers Manchester	28:58.4
110mH	Harry Maslen	Ilkley Harriers & AC	14.93
400mH	James Webster	Liverpool Harriers & AC	52.82
3000mS/C	George Lewis	East Cheshire Harriers & AC	10:15.57
High Jump	Steven Jones	Liverpool Harriers & AC	1.90
Pole Vault	Nicolas Cole	City of Sheffield & Dearne AC	4.60
Long Jump	Harvey Darroch	Wirral AC	6.64
Triple Jump	Faisal Othman	Manchester Harriers	10.61
Shot Putt	Craig Charlton	North Shields Poly AC	15.80
Discus	Joe Martin	Gateshead Harriers & AC	50.78
Javelin	Sam Dean	Sale Harriers Manchester	55.36
Hammer	Edward Jeans	Preston Harriers & AC	62.25
Decathlon	Liam Reveley	Jarrow & Hebburn AC	6582
U20 Men			
Outdoor	<i>Leigh Sports Village</i>	<i>12/13 June 2021</i>	
100m	Louie Hinchliffe	City of Sheffield & Dearne AC	10.83
200m	Louie Hinchliffe	City of Sheffield & Dearne AC	21.62
400m	Sam Tyers	Middlesbrough AC (Mandale)	49.48
800m	Jonny Stock	Trafford AC	1:57.26
1500m	Alexander Thompson	Wharfedale Harriers	4:00.88
5000m	Elliott Morton	Rotherham Harriers & AC	15:31.09
110mH	David Naylor	Crewe & Nantwich AC	14.90
400mH	Ethan Flaherty	Liverpool Harriers & AC	53.43
3000mS/C	Daniel Hayes	Wirral AC	10:03.79
High Jump	Sandy Clarkson	Liverpool Pembroke Sefton H & AC	1.94
Pole Vault	William Lane	City of Sheffield & Dearne AC	4.10
Long Jump	Alfie Edwards	Wakefield DH & AC	6.51
Triple Jump	Scott Sinclair	Preston Harriers & AC	13.89
Shot Putt	Bill Steel	Southport Waterloo AC	13.98
Discus	James Wordsworth	North Shields Poly AC	49.58
Javelin	Luke Robinson	City of York AC	53.60
Hammer	Alex Bernstein	Preston Harriers & AC	49.80
Decathlon	Sam Coupland	Southport Waterloo AC	5120

U17 Men**Outdoor***Costello Stadium, Hull**14/15 August 2022*

<i>100m</i>	Ayo Salako	Gateshead Harriers & AC	11.61
<i>200m</i>	Albert Bradshaw	Macclesfield Harriers & AC	22.53
<i>400m</i>	Bayleigh Lawton	Spensborough AC	50.24
<i>800m</i>	Kristian Green	Holmfirth Harriers & AC	1:58.98
<i>1500m</i>	William Strickley	Wirral AC	4:02.15
<i>3000m</i>	Joshua Blevins	Gateshead Harriers & AC	8:47.44
<i>100mH</i>	Drew Bradley	Crewe & Nantwich AC	14.45
<i>400mH</i>	Jonathon Pilkington	Southport Waterloo AC	60.52
<i>1500mS/C</i>	Not Contested		
<i>High Jump</i>	Kresten Calvert	Wirral AC	2.03
<i>Pole Vault</i>	William Lane	City of Sheffield & Dearne AC	4.20
<i>Long Jump</i>	Kresten Calvert	Wirral AC	6.51
<i>Triple Jump</i>	Liam Townson	Gateshead Harriers & AC	13.09
<i>Shot Putt</i>	Isaac Kambamba Delaney	Preston Harriers & AC	17.63
<i>Discus</i>	Caden Uzoigwe	Trafford AC	46.16
<i>Javelin</i>	Lewis Forster	Leigh Harriers & AC	54.19
<i>Hammer</i>	Cameron Scott-Allan	Liverpool Harriers & AC	47.54
<i>Decathlon</i>	Jay Cook	Bury AC	55.02

U15 Boys**Outdoor**

<i>100m</i>	Lewis Parsons	West Cheshire AC	11.96
<i>200m</i>	Valentine Analogbei	Liverpool Harriers & AC	23.28
<i>300m</i>	Henry Parker	Rotherham Harriers & AC	37.08
<i>800m</i>	Jack Winstanley	Preston Harriers & AC	2:14.01
<i>1500m</i>	Robert Price	Vale Royal AC	4:15.36
<i>80mH</i>	Luke Pichler	Blyth AC	11.93
<i>High Jump</i>	Jack Holmes	Pontefract AC	1.78
<i>Pole Vault</i>	Archie Varley	Crewe & Nantwich AC	1.90
<i>Long Jump</i>	Rhys Brunton	North Shields Poly AC	5.49
<i>Triple Jump</i>	William Rusling	Kingston Upon Hull AC	10.85
<i>Shot Putt</i>	Travis Harfield	Chorley ATC	11.94
<i>Discus</i>	Joseph Perkins	Gateshead Harriers & AC	35.36
<i>Javelin</i>	Travis Harfield	Chorley ATC	56.81
<i>Hammer</i>	Joseph Perkins	Gateshead Harriers & AC	38.47
<i>Octathlon</i>	Archie Varley	Crewe & Nantwich AC	3152

U13 Boys**Outdoor**

<i>100m</i>	Thomas Robson	Hartlepool AC	12.99
<i>200m</i>	Aaron Kurian	Allerton JAC	27.75
<i>800m</i>	Ben Keeley	Trafford AC	2:17.18
<i>Long Jump</i>	Thomas Robson	Hartlepool AC	4.54
<i>Shot Putt</i>	Harry Beard	City of Sheffield & Dearne AC	11.36

Senior Women**Outdoor**

<i>100m</i>	Leonie Ashmead	Wakefield DH & AC	11.82
<i>200m</i>	Ellie Booker	Rotherham Harriers & AC	23.98
<i>400m</i>	Emma Alderson	Liverpool Harriers & AC	55.87
<i>800m</i>	Lucy Robinson	Wakefield DH & AC	2:06.54
<i>1500m</i>	Julia Jagger	Holmfirth Harriers & AC	4:47.25
<i>5000m</i>	Rachel Friend	Leeds City AC	17:38.79
<i>10000m</i>	Abbie Donnelly	Lincoln Wellington AC	33:31.31
<i>100mH</i>	Danielle McGifford	Wigan & DHAC	13.93
<i>400mH</i>	Jasmine Clark	Trafford AC	62.84
<i>2000m S/C</i>	Katherine Wellam	Sale Harriers Manchester	8:26.32
<i>High Jump</i>	Not contested		
<i>Pole Vault</i>	Not contested		
<i>Long Jump</i>	Lucy Hadaway	City of York AC	6.40m
<i>Triple Jump</i>	Michelle Robins-Hulse	Trafford AC	11.48m
<i>Shot Putt</i>	Shaunna Thompson	Sale Harriers Manchester	13.63
<i>Discus</i>	Sophie Littlemore	Gateshead Harriers & AC	43.26m
<i>Javelin</i>	Vikki Adams	Leeds City AC	38.85
<i>Hammer</i>	Hannah Blood	Sale Harriers Manchester	54.97m
<i>Heptathlon</i>	Alice Linaker	City of York AC	4031

U20 Women**Outdoor**

<i>100m</i>	Joy Eze	Gateshead Harriers & AC	11.61
<i>200m</i>	Sophie Walton	Horwich RMI	23.59
<i>400m</i>	Jodie Martin	Kingston upon Hull AC	57.01
<i>800m</i>	Keira Brady-Jones	Wirral AC	2:22.03
<i>1500m</i>	Keira Brady-Jones	Wirral AC	4:36.73
<i>5000m</i>	Laura Trask	Hallamshire Harriers	18:36.52
<i>100mH</i>	Philippa Ellis	Gateshead Harriers & AC	14.19
<i>400mH</i>	Mia Liddell	Gateshead Harriers & AC	66.09
<i>2000m S/C</i>	Eleanor Wilson	Hallamshire Harriers	7:14.25
<i>High Jump</i>	Zara Tyas	Stockport Track & Field	1.70m
<i>Pole Vault</i>	Jasmine Carey	Blackpool, Wyre & Fylde AC	3.40
<i>Long Jump</i>	Kiikii Brown	Leeds City AC	5.49m
<i>Triple Jump</i>	Holly Aitchison	Stockport Track & Field	11.70m
<i>Shot Putt</i>	Holly Adams	Kingston upon Hull AC	11.32m
<i>Discus</i>	Tazmin Fayle	Manx Harriers	36.96m
<i>Javelin</i>	Hannah Barnden	Derby AC	38.14
<i>Hammer</i>	Ava Leigh	Blackburn Harriers & AC	41.69m
<i>Heptathlon</i>	Abigail Pawlett	Stockport Track & Field	3510

U 17 Women**Outdoor**

100m	Mehitabelle Angelo	Leeds City AC	12.98
200m	Lily Murphy	East Cheshire Harriers & AC	25.38
300m	Angelique Abberley	Rotherham Harriers & AC	41.00
800m	Ella Greenway	Cleethorpes AC	2:11.79
1500m	Ella Greenway	Cleethorpes AC	4:34.96
3000m	Akira Edgson	Sale Harriers Manchester	11:02.71
80mH	Georgia Donald	Crewe & Nantwich AC	11.85
300mH	Hermione Mason	Sale Harriers Manchester	45.27
1500mS/C	Jessica Robertson-Dover	City of York AC	5:32.65
High Jump	Callie Coates	Doncaster AC	1.65
Long Jump	Stephanie Jones	Stockport Track & Field	5.82
Triple Jump	Louise Hirst	Boston & DAC	10.72
Pole Vault	Amy Scott	City of Sheffield & Dearne AC	2.90
Shot Putt	Daphney Adebayo	City of Sheffield & Dearne AC	13.66
Discus	Nicky Saunders	Leigh Harriers & AC	32.68
Javelin	Beth Moodie	Kingston Upon Hull AC	36.84
Hammer	Emma Harrison	Preston Harriers & AC	48.85
Heptathlon	Neve Davenport	Trafford AC	4537

U15 Girls**Outdoor**

100m	Queenivette Nguta	Preston Harriers & AC	12.68
200m	Freya Vidal	City of York AC	25.62
300m	Mia Walker	Wirral AC	41.85
800m	Caitlin McCloy	Rotherham Harriers & AC	2:15.99
1500m	Freya Murdoch	Stockport Harriers & AC	4:35.28
75mH	Esme Pounder	City of York AC	11.62
High Jump	Hannah Wilson	Blyth AC	1.50
Pole Vault	Lottie Hall	Chesterfield & DAC	2.60
Long Jump	Amber Brown	Trafford AC	5.28
Triple Jump	Amber Brown	Trafford AC	10.93
Shot Putt	Connie Boyd	Doncaster AC	11.25
Discus	Lola Unsworth	Trafford AC	26.44
Javelin	Lily Oldale	Sale Harriers Manchester	37.79
Hammer	Kaitlyn Waddell	North Shields Poly AC	42.39
Hexathlon	Eve Drury	Leeds City AC	3185

U13 Girls**Outdoor**

100m	Ellie Oscroft	Chesterfield & DAC	13.87
200m	Ellie Oscroft	Chesterfield & DAC	28.45
800m	Molly Carvell	Liverpool Harriers & AC	2:23.52
Long Jump	Macey Jones	West Cheshire AC	4.47
Shot Putt	Molly Mills	Stockport Harriers & AC	8.31