

NORTHERN ATHLETICS
Presents the
2022 NORTH OF ENGLAND 'START FITNESS' TRACK AND FIELD CHAMPIONSHIPS
Held Under UKA Rules

ONLINE ENTRY FOR ALL EVENTS IS AVAILABLE AT WWW.RACE-RESULTS.CO.UK
(Online entry to Combined Events via www.englandathletics.org)

SENIOR/U20 CHAMPIONSHIP MEETING, WAVERTREE SPORTS PARK, LIVERPOOL, L15 4LE
18/19 JUNE

Saturday 18TH June

- Senior Men** 100m, 400m, 1500m, 5000m, 110m Hurdles, 3000m S'Chase, High Jump, Triple Jump, Shot, Hammer.
- Senior Women** 100m, 400m, 1500m, 100m Hurdles, High Jump, Triple Jump, Shot, Hammer.
- U20 Men** 100m, 400m, 1500m, 110m Hurdles, 3000m S'Chase, Long Jump, Discus, Javelin, Pole Vault.
- U20 Women** 100m, 400m, 1500m, 100m Hurdles, Long Jump, Discus, Javelin, Pole Vault

Sunday 19TH June

- Senior Men** 200m, 800m, 400m Hurdles, Javelin, Long Jump, Discus, Pole Vault.
- Senior Women** 200m, 800m, 5000m, 400mHu, 2000m S'Chase, Javelin, Long Jump, Discus, Pole Vault.
- U20 Men** 200m, 800m, 5000m, 400m Hurdles, High Jump, Triple Jump, Shot, Hammer.
- U20 Women** 200m, 800m, 5000m, 400m Hurdles, 2000m S'Chase, High Jump, Triple Jump, Shot, Hammer

Closing Date **29th May**

ENTRY FEES: £12 FIRST EVENT. £8 FOR EACH ADDITIONAL EVENT.

NB: Any changes to Government Covid restrictions will be applied to the event and notifications will be circulated to all competitors if or as necessary.

Disability athletes may enter all mainstream events using appropriate specifications, however no seated throw events will be available

The date/venue and entry details for the 10,000m Track Championship will be confirmed ASAP

SENIOR/U20 COMBINED EVENTS CHAMPIONSHIPS – BEDFORD 28/29 May
28-29 May: England Senior and U20 Combined Events Championships

The decision has been taken by EA to exclude Area Championships from EA Combined Events fixtures. This has been a late decision and there has been no time to make any other arrangements. Therefore there will be no NA Combined Events Championships this year.

Entry details for EA Combined Events are available at

<https://www.englandathletics.org/athletics-and-running/england-competitions/>

REGULATIONS - RE: ENTRY TO AREA CHAMPIONSHIPS

1 UK ATHLETICS RULES

All events will be subject to UKA Rules for Competition (1st April 2022 edition)

2 ELIGIBILITY

NB: All events are confined to athletes who are 1st claim members of a club affiliated to Northern Athletics for 2021/22 and who have paid their 2021/22 affiliation fee to England Athletics. All registrations will be checked with EA.

Entrants must not have competed in any other area championship within the competition year.

3 NORTHERN ATHLETICS AREA

Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.

4 EVENT RESTRICTIONS

The Committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition. In the case of a very large entry, events of 3000m or more may be split into 'A' & 'B' races. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only.

5 CLUB MEMBERSHIP AND CLOTHING

After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to Northern Athletics and England Athletics. Athletes **must** wear club vests or alternatively a County, Territorial or National vest. University vests are also acceptable. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Crop tops are acceptable as team colours if they are in the same colours as the club vest and as near in design as possible. A mix of crop tops and vests in the same team is acceptable.

Bib numbers must not be cut or folded.

6 EQUIPMENT

Competitors must supply their own implements for the throwing events which must be booked in on arrival with the Equipment Officer a minimum of one hour prior to the scheduled start of the individual event and approved by him/her. Competitors must use stadium blocks wherever False Start Systems are in use, if not then personal starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant. All age groups except U15/13 will be required to use false start systems.

7 ENTRIES

The organisers reserve the right to refuse any entry. Entries will be confirmed by return email.

IF YOU DO NOT RECEIVE AN E MAIL CONFIRMATION PLEASE TELEPHONE OR EMAIL THE NA OFFICE ASAP. Late entries will not be accepted and the organisers cannot be responsible for non-receipt of emails or wrongly completed entries. Athletes (or if under 16, their parent/guardian) should check the details on the entry form before submission, since errors cannot be corrected after the closing date.

8 STARTING HEIGHTS

High Jump: SM-1.70:U20M-1.70: U17M-1.60: U15B-1.40: SW-1.45: U20W-1.45: U17W-1.40: U15G-1.30

Triple Jump: SM/U20M:11m or 13m boards. All other age groups: 7m/9m/11m/13m boards may be used.

Discretion will be used for borderline standards in any event.



Entry for all NA events is online only at www.race-results.co.uk

Northern Athletics would like to thank Sportsoft, Start Fitness, Liverpool Harriers, Staff at Wavertree Sports Park, Liverpool CC. and England Athletics for their support.

TRACK & FIELD AGE GROUPS
for competition year ending 30.9.2022

Senior Men & Women	Born 31.12.02 or earlier
Junior Men & Women	Born 1.1.03 to 31.8.05
Under 17 Men & Women	Born 1.9.05 to 31.8.07 (Maximum 4 events)
Under 15 Boys & Girls	Born 1.9.07 to 31.8.09 (Maximum 3 events)
Under 13 Boys & Girls	Born 1.9.09 to 31.8.11 (Maximum 3 events)

Under 20 athletes may compete in Senior events.
 Under 17 Men may compete as Juniors or Seniors except in the 5000m and 10000m.
 Under 17 Women may compete as Junior or Senior except in the 5000m and 10000m.
 Under 15 Boys may compete as Under 17s.
 Under 15 Girls may compete as Under 17s.
 Under 13s may compete as Under 15s.

ENTRY FOR ALL EVENTS IS ONLINE AT WWW.RACE-RESULTS.CO.UK

PLEASE NOTE ENTRY STANDARDS WILL NOT BE APPLIED TO 2022 CHAMPIONSHIPS

CHAMPIONSHIP EVENT SUMMARY

** Northern Athletics shown as 'NA' ** **England Athletics shown as 'EA' **

<u>EVENT</u>	<u>DATE</u>	<u>VENUE</u>	<u>CLOSING DATE</u>	<u>FEEES & Entry website</u>
NA 10,000m Track Championships	TBC	TBC		£8
Northern Athletics SENIOR/U20 CHAMPIONSHIPS	18 th June 19 th June	Wavertree Athletics Centre, Liverpool	29 th May	£12 first event £8 per additional event www.race-results.co.uk
Northern Athletics U17/U15/U13 CHAMPIONSHIPS	13 th August 14 th August	Wavertree Athletics Centre Liverpool	26 th July	£12 first event £8 per additional event www.race-results.co.uk

DRUG TESTING

I hereby i) acknowledge that I am bound by UKA's Anti-Doping rules, ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample and iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

By entering this championship you are confirming your eligibility to compete under UKA Rules and that you are eligible to compete in a Northern Athletics Championship on the grounds of - *Birth / *Residence.

You are also aware that drug testing may take place and that Club (or representative) vests must be worn.

Please check Championship Condition 2 (page 2) to ensure that you are eligible for this competition

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COMBINED EVENTS ENTRIES VIA www.englandathletics.org

Entries will be acknowledged by return email – all relevant information eg timetables/ directions etc. will be posted on the NA website at www.northernathletics.co.uk Senior/U20 Age groups - £12 first event - £8 per additional event. U17/U15 Age groups - £12 first event - £8 per additional event