

**NORTHERN ATHLETICS
Presents the
2022 NORTH OF ENGLAND 'START FITNESS' TRACK AND FIELD CHAMPIONSHIPS**

Held Under UKA Rules – License OUT 22/274
ONLINE ENTRY FOR ALL EVENTS IS AVAILABLE AT WWW.RACE-RESULTS.CO.UK

U17/U15/U13 CHAMPIONSHIP MEETING,
WAVERTREE SPORTS PARK, LIVERPOOL, L15 4LE – 13/14 AUGUST

Saturday 13th August (Day 1)

- UM17 Men** 200m, 800m, 400m Hurdles, 1500m S'Chase, High Jump, Triple Jump, Pole Vault.
- U17 Women** 100m, 300m, 1500m, 3000m, 300m Hurdles, Long Jump, Triple Jump. Shot, Discus, Hammer
- U15 Boys** 100m, 200m, 300m, 800m, 80m Hurdles, Long Jump, Triple Jump, Shot, Discus, Javelin, Hammer.
- U15 Girls** 1500m, High Jump, Triple Jump, Javelin.
- U13 Boys** 100m, 200m, 800m, Shot, Long Jump

Sunday 14th August (Day 2)

- U17 Men** 100m, 400m, 1500m, 3000m, 100m Hurdles, Long Jump, Shot, Discus, Javelin, Hammer.
- U17 Women** 200m, 800m, 80m Hurdles, 1500m S'Chase, Pole Vault, High Jump, Javelin.
- U15 Boys** 1500m, High Jump, Pole Vault
- U15 Girls** 100m, 200m, 300m, 800m, 75m Hurdles, Long Jump, Pole Vault, Shot, Discus, Hammer.
- U13 Girls** 100m, 200m, 800m, Shot, Long Jump

Closing Date 26th July

ENTRY FEES: £12 FIRST EVENT. £8 FOR EACH ADDITIONAL EVENT.

U17/U15 COMBINED EVENTS CHAMPIONSHIPS – BEDFORD 18/19 June

The decision has been taken by EA to exclude Area Championships from EA Combined Events fixtures. This has been a late decision and there has been no time to make any other arrangements. Therefore there will be no NA Combined Events Championships held this year.

Entry details for EA Combined Events are available at

<https://www.englandathletics.org/athletics-and-running/england-competitions/>

NB: Any changes to Government Covid restrictions will be applied to the event and notifications will be circulated to all competitors if or as necessary.

REGULATIONS - RE: ENTRY TO TERRITORIAL CHAMPIONSHIPS

1 UK ATHLETICS RULES

All events will be subject to UKA Rules for Competition (1st April 2020 edition)

2 ELIGIBILITY

NB: All events are confined to athletes who are 1st claim members of a club affiliated to Northern Athletics for 2021/2022 and who have paid their 2021/22 affiliation fee to England Athletics. All registrations will be checked with EA.

Entrants must not have not competed in any other area championship within the competition year.

3 NORTHERN ATHLETICS TERRITORY

Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.

4 EVENT RESTRICTIONS

The Committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition. In the case of a very large entry, events of 3000m or more may be split into 'A' & 'B' races. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only. NB

5 CLUB MEMBERSHIP AND CLOTHING

After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to Northern Athletics and England Athletics. Athletes who are club members **must** wear club vests or alternatively a County, Territorial or National vest. University vests are also acceptable. Other athletes must wear a plain vest approved by the Referee. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Crop tops are acceptable as team colours if they are in the same colours as the club vest and as near in design as possible. A mix of crop tops and vests in the same team is acceptable. Bib numbers must not be cut or folded.

6 EQUIPMENT

The organisers will provide implements for the throwing events. Competitors may use their own implements provided that these are booked in a minimum of one hour prior to the scheduled start of the individual event and approved by the Technical Manager. Competitors must supply their own poles in the Pole Vault. Competitors must use stadium blocks wherever False Start Systems are in use, if not then personal starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant. All age groups except U15/13 will be required to use false start systems.

7 ENTRIES

The organisers reserve the right to refuse any entry. Entries will be confirmed by return email.

IF YOU DO NOT RECEIVE AN E MAIL CONFIRMATION PLEASE TELEPHONE THE NA OFFICE ASAP.

Late entries will not be accepted and the organisers cannot be responsible for non-receipt of emails or wrongly completed entries. Athletes (or if under 16, their parent/guardian) should check the details on the entry form before submission, since errors cannot be corrected after the closing date.

8 STARTING HEIGHTS

High Jump U17M -1.60: U15B -1.40: U17W -1.40: U15G -1.30

Triple Jump: All age groups: 7m/9m/11m/13m boards may be used.

Pole Vault: U17M - 2.60: U15B - 2.35: U17W - 2.10: U15G - 2.00

Discretion will be used for borderline standards in any event and for younger age groups (U15, U13)



[Entry to NA events is online only at www.race-results.co.uk](http://www.race-results.co.uk)

Northern Athletics would like to thank Sportsoft, Start Fitness, Staff at Wavertree Stadium and Liverpool Harriers for their support.

TRACK & FIELD AGE GROUPS

for competition year ending 30.9.2022

Under 17 Men & Women

Born 1.9.05 to 31.8.07 (Maximum 4 events)

Under 15 Boys & Girls

Born 1.9.07 to 31.8.09 (Maximum 3 events)

Under 13 Boys & Girls

Born 1.9.09 to 31.8.11 (Maximum 3 events)

Under 15 athletes may compete as Under 17

Under 13 athletes may compete as Under 15 (except Triple Jump)

ENTRY FOR ALL EVENTS IS ONLINE AT WWW.RACE-RESULTS.CO.UK

PLEASE NOTE ENTRY STANDARDS WILL NOT BE APPLIED TO 2022 CHAMPIONSHIPS

CHAMPIONSHIP EVENT SUMMARY

** Northern Athletics shown as 'NA' **

<u>EVENT</u>	<u>DATE</u>	<u>VENUE</u>	<u>CLOSING DATE</u>	<u>FEES & Entry website</u>
Northern Athletics SENIOR/U20 CHAMPIONSHIPS	18 th June 19 th June	Wavertree Stadium, Liverpool	29 th May	£12 first event £8 per additional event www.race-results.co.uk
Northern Athletics U17/U15/U13 CHAMPIONSHIPS	13 th August 14 th August	Wavertree Stadium, Liverpool	26 th July	£12 first event £8 per additional event www.race-results.co.uk

DRUG TESTING

I hereby i) acknowledge that I am bound by UKA's Anti-Doping rules, ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample and iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

By entering this championship you are confirming your eligibility to compete under UKA Rules and that you are eligible to compete in a Northern Athletics Championship on the grounds of Affiliated club membership.

You are also aware that drug testing may take place and that Club (or representative) vests must be worn.

Please check Championship Condition 2 (page 2) to ensure that you are eligible for this competition

ENTRY FOR NA EVENTS IS ONLINE AT WWW.RACE-RESULTS.CO.UK

Entries will be acknowledged by return email – all relevant information eg timetables/ directions etc.

will be posted on the NA website at www.northernathletics.co.uk