

2022 NORTH OF ENGLAND TRACK AND FIELD CHAMPIONSHIPS - LIVERPOOL

SATURDAY 18TH JUNE 2022 - DAY 1

EVENT NO	TIME	EVENT	AGE GROUP	EVENT NO	TIME	EVENT	AGE GROUP		
T01	11.30	400M	SM	HEATS	F1	10.30	HAMMER	SM	FINAL
T02	11.45	400M	SW	HEATS	F2	10.30	HAMMER	SW	FINAL
T03	12.00	400M	U20M	HEATS	F3	11.00	TRIPLE JUMP	SM	FINAL
T04	12.10	1500M	SM	HEATS	F4	11.00	TRIPLE JUMP	SW	FINAL
T05	12.20	1500M	U20W	HEATS	F5	11.00	POLE VAULT	U20M	FINAL
T06	12.25	100M	SM	HEATS	F6	11:45	SHOT	SW	FINAL
T07	12.45	100M	SW	HEATS	F7	12.00	LONG JUMP	U20W	FINAL
T08	13.00	100M	U20M	HEATS	F8	12.00	JAVELIN	U20W	FINAL
T09	13.15	100M	U20W	HEATS	F9	12.00	JAVELIN	U20M	FINAL
T10	13.30	5000M	SM	FINAL	F10	12.30	HIGH JUMP	SW	FINAL
T11	13.50	110M HURDLES	SM	FINAL	F11	13.30	LONG JUMP	U20M	FINAL
T12	14.00	110M HURDLES	U20M	HEATS	F12	14.00	POLE VAULT	U20W	FINAL
T13	14.20	100M HURDLES	SW	FINAL	F13	14.45	SHOT	SM	FINAL
T14	14.30	100M HURDLES	U20W	HEATS	F14	15.00	DISCUS	U20W	FINAL
T15	14.40	1500M	U20W	FINAL	F15	15.00	DISCUS	U20M	FINAL
T16	14.45	1500M	U20M	FINAL	F16	15.10	HIGH JUMP	SM	FINAL
T17	14.50	1500M	SW	FINAL					
T18	15.00	1500M	SM	FINAL					
T19	15.10	100M	SM	SEMI FINAL					
T20	15.20	3000M STEEPLE CHASE	SM	FINAL					
T21	15.20	3000M STEEPLE CHASE	U20M	FINAL					
T22	15.45	400M	U20W	FINAL					
T23	15.50	400M	SW	FINAL					
T24	15.55	400M	U20M	FINAL					
T25	16.00	400M	SM	FINAL					
T26	16.10	100M	U20W	FINAL					
T27	16.15	100M	U20M	FINAL					
T28	16.20	100M	SW	FINAL					
T29	16.25	100M	SM	FINAL					
T30	16.35	110M HURDLES	U20M	FINAL					
T31	16.45	100M HURDLES	U20W	FINAL					

Numbers must be collected from the stewards at least 60 minutes before the start of your event.

Please ensure that you declare for each event in which you intend to compete - failure to do so may result in you being excluded from the event. Please inform the steward if you wish to withdraw from an event so that seeders may be informed .

Stadium blocks must be used.

Timing of events may be adjusted dependant on numbers of athletes declaring for the event.

NB: If you qualify for a final (track or field) you must take part unless you have a valid reason which has been approved by the appropriate Referee - saving yourself for another event is not a valid reason and failure to take part is likely to result in your disqualification from all further events over the 2 days of THE CHAMPIONSHIPS

This is an open Championship, only the top 8 will receive 3 further trials in field events.