

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East Premier	
MATCH	3	
P/FINISH	YES	1

Date 10/07/2022
Venue THORNES PARK ATHLETICS STADIUM
Host Club Wakefield District H & AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	City of Sheffield & Dearne AC	Sheff+D	20	58.0	18.0	124.0	220.0
2	City of York AC	York	55	174.0	32.0	143.0	404.0
3	Holmfirth Harriers AC	Holm	55	80.0	12.0	74.0	221.0
4	Leeds City AC	Leeds C	30	72.0	10.0	87.0	199.0
5	Rotherham Harriers & AC	Roth	45	101.0	24.0	66.5	236.5
6	Wakefield District H & AC	Wake	50	139.0	15.0	138.5	342.5
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Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	City of York AC	404.0	6.0			404.0	6.0	1
2	Wakefield District H & AC	342.5	5.0			342.5	5.0	2
3	Rotherham Harriers & AC	236.5	4.0			236.5	4.0	3
4	Holmfirth Harriers AC	221.0	3.0			221.0	3.0	4
5	City of Sheffield & Dearne AC	220.0	2.0			220.0	2.0	5
6	Leeds City AC	199.0	1.0			199.0	1.0	6

TOTAL EVENTS	39
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	36
REMAINING	<u>3</u>

East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

100m Men A

Posn	No.	Athlete	Club	Perf
			Wind	-1.2
1	4	Denar DOUGLAS	Leeds C	11.30
2	3	William LANDER	Holm	11.38
3	1	George HEPPINSTALL	Sheff+D	11.43
4	5	Sam PICTON	Roth	11.83
5	2	Scott MICHAEL	York	11.88
6	6	Richard HIGSON-BLYTHE	Wake	12.36
7				
8				

100m Men B

Posn	No.	Athlete	Club	Perf
			Wind	0.1
1	11	Tyler FOWLES	Sheff+D	11.36
2	44	Oliver ARMITAGE (U17)	Leeds C	11.39
3	55	Alex WOOTTON	Roth	11.84
4	66	Ben SMITH (U17)	Wake	11.89
5	22	Jack SOMERS	York	12.58
6	33	Oscion-shem WATERMAN (U1)	Holm	15.05
7				
8				

200m Men A

Posn	No.	Athlete	Club	Perf
			Wind	-02.10
1	4	Gareth EVANS (U17)	Leeds C	23.21
2	1	Benji DAVYS (U20)	Sheff+D	23.26
3	3	William LANDER	Holm	23.37
4	5	Sam PICTON	Roth	23.57
5	2	Ben WHITTAKER	York	23.68
6	6	Adam MURRAY	Wake	24.03
7				
8				

200m Men B

Posn	No.	Athlete	Club	Perf
			Wind	00.50
1	11	Tyler FOWLES	Sheff+D	23.04
2	22	James KELLETT	York	23.71
3	66	Ben SMITH (U17)	Wake	24.07
4	44	Royce ANGELO (U17)	Leeds C	24.09
5	55	Alex WOOTTON	Roth	24.12
6				
7				
8				

400m Men A

Posn	No.	Athlete	Club	Perf
1	1	Benji DAVYS (U20)	Sheff+D	50.72
2	3	William LANDER	Holm	51.03
3	2	Edward LAKE	York	51.11
4	5	Henry PARKER (U17)	Roth	51.97
5	6	Adam MURRAY	Wake	57.33
6	4	Oliver ARMITAGE (U17)	Leeds C	59.94
7				
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	55	Alexander NEWELL (U20)	Roth	51.79
2	66	Zachary RAYNER (U17)	Wake	53.72
3	11	Nathan RAMSAY (U20)	Sheff+D	54.00
4	22	James PALMER	York	61.67
5				
6				
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	6	Daniel FRANKS	Wake	01:55.40
2	2	James TUCKER	York	01:55.80
3	5	Ben BURTON	Roth	02:00.73
4	4	Simon MILLER	Leeds C	03:04.35
5				
6				
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	22	EDWARD BROWN (U20)	York	02:03.24
2	66	Callum GAUNT (U20)	Wake	02:08.53
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East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

1500m Men A

Posn	No.	Athlete	Club	Perf
1	4	Mohamed ABSHIR	Leeds C	04:04.35
2	2	Adam BATEMAN	York	04:04.44
3	5	Jake ORR (U17)	Roth	04:20.03
4	6	Andrew CARTWRIGHT	Wake	04:36.90
5				
6				
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	22	Mark CAGE	York	04:19.79
2	55	Philip HOOLE	Roth	04:59.74
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6				
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	2	Angus MCMILLAN	York	15:12.21
2	4	Mick HILL	Leeds C	17:08.85
3	66	Elliot PRENTICE (U20)	Wake	17:13.96
4	5	Philip HOOLE	Roth	18:02.16
5	3	Damian MCQUEEN	Holm	18:39.94
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	6	Stewart KNOWLES	Wake	17:26.28
2	22	James TUCKER	York	17:38.63
3				
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6				
7				
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3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	2	Charlie WRIGHT (U20)	York	10:57.54
2	3	Adam SUNDERLAND	Holm	13:29.66
3	4	Simon MILLER	Leeds C	14:46.10
4				
5				
6				
7				
8				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	22	EDWARD BROWN (U20)	York	11:53.54
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3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	1	James GREENHALGH	Sheff+D	53.53
2	4	Kieran GILLESPIE	Leeds C	63.01
3	2	Edan PETRIE (U17)	York	63.21
4	3	Eddie HINCHLIFFE	Holm	63.78
5				
6				
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	22	Thomas WOOD	York	69.65
2	33	Soljai WATERMAN (U20)	Holm	74.24
3				
4				
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6				
7				
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East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Wind

Club

Perf

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Wind

Club

Perf

100m N/S Men A

Posn	No.	Athlete	Club	Perf
1	674	Ian Mahop	Leeds C	12.05
2	664	Nathan Ramsey	Sheff+D	12.09
3	355	Callum Eastwood	Wake	12.35
4	344	Zachary Rayner	Wake	12.39
5	336	Stephen Thorpe	Wake	12.82
6	356	Baboucharr Jobe	Wake	13.12
7				
8				

Wind

00.10

Club

Perf

100m N/S Men B

Posn	No.	Athlete	Club	Perf
1	678	Tidjane Minougou	Sheff+D	11.49
2	680	James Kellett	York	11.69
3	676	Aman Ali	Leeds C	11.93
4	497	Syd Marshall	York	11.98
5	675	Bright Boeteng	Leeds C	12.06
6	342	Kian Slatter	Wake	12.53
7				
8				

Wind

-00.10

Club

Perf

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	1	George HEPPINSTALL	Sheff+D	6.70
2	4	Ian MAHOP (U20)	Leeds C	6.33
3	2	William REID (U20)	York	6.32
4	6	Adam MURRAY	Wake	5.07
5	33	Soljai WATERMAN (U20)	Holm	4.88
6				
7				
8				

Club

Perf

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	11	Nathan RAMSAY (U20)	Sheff+D	6.0
2	22	Craig POUNDER	York	4.99
3	44	Simon MILLER	Leeds C	4.62
4	66	Ben SMITH (U17)	Wake	4.51
5	3	Oscion-shem WATERMAN (U1)	Holm	3.90
6				
7				
8				

Club

Perf

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	1	Jonathan HEATH	Sheff+D	1.98
2	4	Morgan WILLIAMS (U20)	Leeds C	1.95
3	2	William REID (U20)	York	1.75
4=	66	Jordan GUTHRIE	Wake	1.70
4=	5	Jakub PATYK (U17)	Roth	1.70

Club

Perf

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	11	Joseph HOBSON	Sheff+D	1.85
2	22	Craig POUNDER	York	1.70
3	6	Bobby JUKES	Wake	1.60
4	44	Simon MILLER	Leeds C	1.55

Club

Perf

East Premier THORNES PARK ATHLETICS STADIUM

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Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	2	William REID (U20)	York	11.79
2	3	Eddie HINCHLIFFE	Holm	11.10
3	66	Stephen THORPE	Wake	9.68
4				
5				
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	22	Scott MICHAEL	York	9.79
2	6	Richard HIGSON-BLYTHE	Wake	8.95
3	33	Oscion-shem WATERMAN (U1	Holm	8.37
4				
5				
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
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Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
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Shot Men A

Posn	Bib	Athlete	Club	Perf
1	1	Sam TALBOT	Sheff+D	12.56
2	2	Craig POUNDER	York	10.60
3	3	Thomas JENNINGS	Holm	9.74
4	66	Mark LINDSAY	Wake	9.31
5	4	Kieran GILLESPIE	Leeds C	8.83
6	5	George PERKINS	Roth	8.80
7				
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	11	Panteleimon VIDALIS	Sheff+D	9.86
2	44	Steve LINSELL	Leeds C	8.11
3	22	Thomas WOOD	York	8.10
4	6	Richard HIGSON-BLYTHE	Wake	7.66
5	33	Soljai WATERMAN (U20)	Holm	7.20
6				
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	1	Sam TALBOT	Sheff+D	39.38
2	2	Craig POUNDER	York	30.49
3	4	Steve LINSELL	Leeds C	29.49
4	5	George PERKINS	Roth	27.91
5	6	Mark LINDSAY	Wake	22.08
6	3	Thomas JENNINGS	Holm	19.12
7				
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	44	Thomas HART	Leeds C	25.76
2	11	Panteleimon VIDALIS	Sheff+D	24.73
3	66	Stephen THORPE	Wake	19.81
4	55	Owen THOMAS	Roth	18.68
5	33	Soljai WATERMAN (U20)	Holm	18.53
6				
7				
8				

East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	5	George PERKINS	Roth	38.46
2	4	Steve LINSELL	Leeds C	30.48
3	3	Thomas JENNINGS	Holm	27.26
4	2	Craig POUNDER	York	22.31
5	6	Bobby JUKES	Wake	16.81
6	1	Panteleimon VIDALIS	Sheff+D	14.34
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	55	Owen THOMAS	Roth	37.41
2	44	Simon MILLER	Leeds C	20.83
3	33	Soljai WATERMAN (U20)	Holm	14.36
4	66	Jordan GUTHRIE	Wake	8.62
5				
6				
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	4	Aaron CRAWFORD	Leeds C	54.95
2	3	Eddie HINCHLIFFE	Holm	53.43
3	1	Sam TALBOT	Sheff+D	49.62
4	66	Mark LINDSAY	Wake	44.89
5	2	Alexander CHALMERS (U20)	York	39.65
6	5	George PERKINS	Roth	27.09
7				
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	11	Joseph HOBSON	Sheff+D	45.33
2	44	Simon MILLER	Leeds C	41.22
3	33	Thomas JENNINGS	Holm	30.66
4	6	Kian SLATTER (U17)	Wake	26.50
5	55	Owen THOMAS	Roth	6.09
6				
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	1	Sheff+D	Tyler FOWLES George HEPPINSTALL Joseph HOBSON Sam TALBOT	43.85
2	2	York	Scott MICHAEL James KELLETT Jack SOMERS Edward LAKE	45.42
3	5	Roth	Alexander NEWELL (U20) Alex WOOTTON Sam PICTON Henry PARKER (U17)	45.48
4	4	Leeds C	Oliver ARMITAGE (U17) Aman ALI (U17) Bright BOATENG (U17) Denar DOU	46.32
5	6	Wake	Ben SMITH (U17) Callum EASTWOOD (U17) Stephen THORPE Richard HIGGS	48.68
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	1	Sheff+D	Benji DAVYS (U20) Sam TALBOT James GREENHALGH Tyler FOWLES	03:30.42
2	2	York	Scott MICHAEL Edward LAKE Ben WHITTAKER Thomas WOOD	03:38.58
3	5	Roth	Alexander NEWELL (U20) Alex WOOTTON Sam PICTON Henry PARKER (U17)	03:40.28
4	4	Leeds C	Kieran GILLESPIE Royce ANGELO (U17) Mohamed ABSHIR Aman ALI (U17)	03:48.99
5	6	Wake	Zachary RAYNER (U17) Callum EASTWOOD (U17) Andrew CARTWRIGHT Ad	03:49.30
6				
7				
8				

East Premier THORNES PARK ATHLETICS STADIUM

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100m Women A

Posn	No.	Athlete	Club	Perf	Wind
					+0.6
1	6	Lucy HOLMES	Wake	12.98	648
2	2	Floella THOMPSON (U17)	York	13.72	505
3	3	Lydia THROSSELL (U20)	Holm	14.63	358
4					
5					
6					
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
					+0.6
1	66	Amanda POTTER	Wake	13.13	617
2	33	Eve DUTTON (U17)	Holm	14.02	453
3	22	Libby COURTNEY (U20)	York	14.30	408
4					
5					
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	6	Lucy HOLMES	Wake	26.48	656
2	2	Louisa BIRCH (U17)	York	27.67	547
3	3	Eve DUTTON (U17)	Holm	28.61	469
4	5	Nicole NORTON	Roth	29.71	387
5					
6					
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	66	Amanda POTTER	Wake	26.59	646
2	22	Floella THOMPSON (U17)	York	28.47	480
3	33	Jessica TRAFFORD (U17)	Holm	30.38	342
4					
5					
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf
1	2	Charlotte STAMP	York	58.05
2	6	Millie POWELL (U17)	Wake	62.42
3	5	Nicole NORTON	Roth	65.02
4	3	Lydia THROSSELL (U20)	Holm	72.63
5				
6				
7				
8				

400m Women B

Posn	No.	Athlete	Club	Perf
1	22	Ruth HIRST	York	67.40
2				
3				
4				
5				
6				
7				
8				

800m Women A

Posn	No.	Athlete	Club	Perf
1	2	Megan LEDDEN	York	02:18.74
2	5	Mischa WALSH (U17)	Roth	02:23.24
3	66	Millie POWELL (U17)	Wake	02:37.72
4				
5				
6				
7				
8				

800m Women B

Posn	No.	Athlete	Club	Perf
1	6	Charlotte KNOWLES	Wake	02:38.37
2	55	Marci WALSH (U17)	Roth	02:52.18
3	22	Therese JANSSON	York	03:01.38
4				
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7				
8				

East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

1500m Women A

Posn	No.	Athlete	Club	Perf
1	5	Samantha HUGHES	Roth	05:04.90 592
2	3	Annie MCLEAN (U17)	Holm	05:10.01 556
3	6	Suzanne BROOKE (U20)	Wake	05:16.65 511
4	2	Chrissie DOVER	York	05:43.39 349
5				
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	55	Olivia HARE (U20)	Roth	05:12.40 540
2	22	Therese JANSSON	York	05:45.65 337
3				
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	4	Leila ARMOUSH	Leeds C	10:17.24 744
2	5	Ellen MCLEOD	Roth	10:42.07 654
3	66	Suzanne BROOKE (U20)	Wake	10:55.62 607
4	3	Helena CROFT	Holm	11:33.03 486
5	2	Chrissie DOVER	York	11:49.83 436
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	6	Charlotte KNOWLES	Wake	11:06.90 569
2	55	Mel DRIVER	Roth	12:02.58 400
3	22	Lucy GASKIN (U20)	York	12:41.34 299
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	2	Chelsea WALKER	York	59.79 930
2	6	Tegan HAMILTON-ADAMS (U2)	Wake	72.20 582
3				
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	1	Rebecca JOHNS	14.89 820	0.0
2	6	Tegan HAMILTON-ADAMS (U2)	16.84 628	
3				
4				
5				
6				
7				
8				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

100m N/S Women A

Posn	No.	Athlete	Wind	00.10	Perf
1	500	Grace Gannon	York	13.47	551
2	498	Esme Pounder	York	13.52	542
3	499	Grace Green-Hemmings	York	13.78	495
4					
5					
6					
7					
8					

100m N/S Women B

Posn	No.	Athlete	Wind	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	6	Amy HUNT (U20)	Wake	5.12 721
2	2	Esme POUNDER (U17)	York	5.01 695
3	3	Lauren HIRST (U20)	Holm	3.27 290
4				
5				
6				
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	66	Lynsie WHYKE	Wake	4.74 631
2	22	Grace GREEN-HEMMINGS (U1)	York	4.52 579
3				
4				
5				
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	4	Gabrielle GARBER (U20)	Leeds C	1.70 852
2	6	Chloe KAYE (U20)	Wake	1.50 638
3	2	Grace GANNON (U17)	York	1.45 584

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1=	66	Amy HUNT (U20)	Wake	1.40 531
1=	22	Esme POUNDER (U17)	York	1.40 531

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	4	Lucy REYNOLDS	Leeds C	10.48 694
2	6	Lynsie WHYKE	Wake	10.16 659
3	2	Louisa BIRCH (U17)	York	9.21 551
4	3	Lydia THROSSELL (U20)	Holm	8.42 459
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
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Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	5	Emma DAKIN	Roth	12.35 835
2	6	Lucy HOLMES	Wake	12.35 835
3	2	Maria SCHOFIELD	York	11.93 810
4	11	Jasmine WATERS	Sheff+D	10.42 715
5	3	Lauren HIRST (U20)	Holm	5.29 300
6				
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	1	Caitlin RIMMER	Sheff+D	10.31 708
2	22	Kathryn CLAGUE (U17)	York	9.93 683
3	66	Alyce MCCURDIE	Wake	9.80 674
4				
5				
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	5	Emma DAKIN	Roth	35.45 747
2	2	Maria SCHOFIELD	York	35.42 747
3	1	Caitlin RIMMER	Sheff+D	35.21 744
4	6	Hannah YATES	Wake	29.46 663
5	3	Lauren HIRST (U20)	Holm	11.28 266
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	11	Jasmine WATERS	Sheff+D	33.47 721
2	22	Kathryn CLAGUE (U17)	York	24.91 591
3	66	Jennifer IBBITSON	Wake	23.81 572
4				
5				
6				
7				
8				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	2	Maria SCHOFIELD	York	51.61 864
2	5	Emma DAKIN	Roth	30.05 603
3	6	Hannah YATES	Wake	28.61 583
4	1	Caitlin RIMMER	Sheff+D	24.96 529
5	3	Lauren HIRST (U20)	Holm	16.64 385
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	66	Jennifer IBBITSON	Wake	25.43 536
2	11	Jasmine WATERS	Sheff+D	18.75 425
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4				
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East Premier THORNES PARK ATHLETICS STADIUM

Match 3 10/07/2022

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	2	Kathryn CLAGUE (U17)	York	29.91 670
2	6	Lucy HOLMES	Wake	28.09 643
3	1	Caitlin RIMMER	Sheff+D	26.41 617
4	5	Emma DAKIN	Roth	25.91 609
5				
6				
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	22	Grace GREEN-HEMMINGS (U1)	York	27.12 628
2	11	Jasmine WATERS	Sheff+D	18.15 470
3	66	Jennifer IBBITSON	Wake	17.26 451
4				
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	2	York	Esme POUNDER (U17) Charlotte STAMP Floella THOMPSON (U17) Chelsea WALKI	50.68
2	6	Wake	Amy HUNT (U20) Lucy HOLMES Millie POWELL (U17) Amanda POTTER	53.43
3	3	Holm	Eve DUTTON (U17) Lydia THROSSELL (U20) Lauren HIRST (U20) Jessica TRAFFOI	60.15
4	5	Roth	Nicole NORTON Mel DRIVER Ellen MCLEOD Olivia HARE (U20)	64.49
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	2	York	Ruth HIRST Charlotte STAMP Libby COURTNEY (U20) Chelsea WALKER	04:15.68
2	5	Roth	Nicole NORTON Mel DRIVER Olivia HARE (U20) Ellen MCLEOD	04:48.24
3	3	Holm	Eve DUTTON (U17) Jessica TRAFFORD (U17) Annie MCLEAN (U17) Lydia THROSS	04:57.50
4				
5				
6				
7				
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