

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East 2	
MATCH	3	
P/FINISH	NO	1

Date 10/07/2022
Venue PRINCESS MARY ATHLETIC STADIUM
Host Club Longwood Harriers AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Barnsley AC	Barns	66	162.0	23.0	113.0	364.0
2	Bradford Airedale AC	Brad	45	94.0	7.0	104.8	250.8
3	Longwood Harriers AC	Longw	55	157.0	28.0	164.8	404.8
4	Mansfield Harriers	Mans	45	206.0	35.0	151.8	437.8
5	Penistone Footpath Runners & AC	PFP	35	83.0	6.0	74.8	198.8
6	Pontefract AC	Pont	45	177.0	35.0	199.0	456.0
7	Worksop Harriers	Works	30			29.0	59.0
-							

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Pontefract AC	456.0	7.0			456.0	7.0	1
2	Mansfield Harriers	437.8	6.0			437.8	6.0	2
3	Longwood Harriers AC	404.8	5.0			404.8	5.0	3
4	Barnsley AC	364.0	4.0			364.0	4.0	4
5	Bradford Airedale AC	250.8	3.0			250.8	3.0	5
6	Penistone Footpath Runners & AC	198.8	2.0			198.8	2.0	6
7	Worksop Harriers	59.0	1.0			59.0	1.0	7

TOTAL EVENTS	39
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	36
REMAINING	<u>2</u>

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

100m Men A

Posn	No.	Athlete	Club	Perf
1	4	Oliver SALMON (U20)	Mans	11.6
2	6	Luke MURPHY	Pont	11.8
3	2	David EKE (U20)	Brad	12.8
4	1	Dan BRADBURY (U20)	Barns	13.0
5	5	Patrick NEEDHAM	PFP	13.2
6	3	Craig MITCHELL	Longw	16.2
7				
8				

100m Men B

Posn	No.	Athlete	Club	Perf
1	11	Dominic BRENNAN (U20)	Barns	12.3
2	66	Zane TAM-MCMILLAN (U17)	Pont	12.7
3	22	Zahid KHAN	Brad	13.6
4	33	Matthew TATE	Longw	14.4
5	55	Oliver PIKE	PFP	15.4
6	44	Aaron APLIN	Mans	16.3
7				
8				

200m Men A

Posn	No.	Athlete	Club	Perf
1	4	Matthew YOUNG (U17)	Mans	23.4
2	6	Luke MURPHY	Pont	24.0
3	3	Tiger STEEL (U20)	Longw	24.2
4	2	David EKE (U20)	Brad	27.1
5	5	Tom FRYERS	PFP	30.9
6	1	Darrell HARRISON	Barns	34.9
7				
8				

200m Men B

Posn	No.	Athlete	Club	Perf
1	66	Zane TAM-MCMILLAN (U17)	Pont	26.8
2	44	Jordan BOAM	Mans	31.3
3	33	Craig MITCHELL	Longw	38.3
4	11	Ray ARCHER	Barns	42.4
5				
6				
7				
8				

400m Men A

Posn	No.	Athlete	Club	Perf
1	3	Tiger STEEL (U20)	Longw	59.7
2	2	Takudzwa JINJIKA (U17)	Brad	62.0
3	4	Paul WRIGHT	Mans	63.5
4	6	Zane TAM-MCMILLAN (U17)	Pont	63.9
5	5	Malcolm ROSE	PFP	75.9
6	1	Darrell HARRISON	Barns	78.6
7				
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	44	Jordan BOAM	Mans	66.2
2	33	Craig MITCHELL	Longw	71.7
3	66	Harrison CARTER (U17)	Pont	88.1
4	11	Ray ARCHER	Barns	93.2
5				
6				
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	4	Paul WRIGHT	Mans	02:20.4
2	1	Stuart WILSON	Barns	02:23.1
3	3	Philip MITCHELL	Longw	02:25.1
4	5	Oliver FRANCE (U17)	PFP	02:32.3
5	6	Conor HARRISON	Pont	02:52.2
6				
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	44	Jordan BOAM	Mans	02:22.8
2	11	Michael SLACK	Barns	02:29.7
3	33	Craig MITCHELL	Longw	02:37.0
4	55	Oliver PIKE	PFP	02:38.6
5	66	Kevin WAITE	Pont	03:03.5
6				
7				
8				

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

1500m Men A

Posn	No.	Athlete	Club	Perf
1	4	Paul WRIGHT	Mans	04:43.3
2	2	Matt NOWELL	Brad	04:47.0
3	1	Stuart WILSON	Barns	04:48.7
4	6	Carl POINTER	Pont	04:50.1
5	3	Philip MITCHELL	Longw	05:02.6
6	5	Oliver FRANCE (U17)	PFP	05:30.2
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	44	Jordan BOAM	Mans	04:45.1
2	22	Luke VEEVERS	Brad	04:53.9
3	11	Michael SLACK	Barns	05:09.4
4	33	Matthew TATE	Longw	05:23.9
5	55	Patrick NEEDHAM	PFP	05:34.7
6	66	Conor HARRISON	Pont	05:58.3
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	4	Jordan BOAM	Mans	17:41.9
2	2	Matt NOWELL	Brad	17:59.9
3	1	Stuart WILSON	Barns	18:15.8
4	6	Carl POINTER	Pont	18:49.7
5	33	Craig MITCHELL	Longw	20:08.4
6	5	Malcolm ROSE	PFP	20:11.6
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	44	James MEE	Mans	18:26.0
2	11	Michael SLACK	Barns	18:51.3
3	22	Luke VEEVERS	Brad	19:14.9
4	66	Alan BOYD	Pont	20:38.4
5	3	Matthew TATE	Longw	21:46.2
6				
7				
8				

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	5	Tom FRYERS	PFP	12:25.1
2	1	Michael SLACK	Barns	12:44.6
3	3	Philip MITCHELL	Longw	13:02.1
4	6	Conor HARRISON	Pont	14:21.1
5				
6				
7				
8				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	55	Oliver PIKE	PFP	13:50.1
2	33	Adam TAYLOR	Longw	15:22.1
3	11	Ray ARCHER	Barns	17:37.0
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	4	Stefan WILCOCKSON	Mans	61.4
2	1	Stuart WILSON	Barns	70.7
3				
4				
5				
6				
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	4	Stefan WILCOCKSON	Mans	17.3
2	6	William CARTER	Pont	22.3
3	5	Patrick NEEDHAM	PFP	23.6
4				
5				
6				
7				
8				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men A

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	6	Luke MURPHY	Pont	6.44
2	4	Oliver SALMON (U20)	Mans	6.37
3	11	Dominic BRENNAN (U20)	Barns	5.54
4	5	Tom FRYERS	PFP	5.15
5	3	Graham BICKERDIKE	Longw	4.54
6	2	Ashley COLLEY	Brad	4.21
7				
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	66	Jack HOLMES (U17)	Pont	5.09
2	44	Stefan WILCOCKSON	Mans	4.80
3	1	Dan BRADBURY (U20)	Barns	4.70
4	22	Nathan MARKEY	Brad	4.02
5	55	Oliver PIKE	PFP	3.95
6	33	Adam TAYLOR	Longw	3.16
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1===	5	Patrick NEEDHAM	PFP	160.0
1===	3	Graham BICKERDIKE	Longw	155.0
1===	4	Stefan WILCOCKSON	Mans	150.0
1===	2	Ashley COLLEY	Brad	145.0
	5	6 Jack HOLMES (U17)	Pont	x

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	55	Oliver FRANCE (U17)	PFP	140.0

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	4	Oliver SALMON (U20)	Mans	13.04
2	6	William CARTER	Pont	11.09
3	5	Patrick NEEDHAM	PFP	10.81
4	1	Stuart WILSON	Barns	9.16
5	3	Philip MITCHELL	Longw	7.78
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	44	Stefan WILCOCKSON	Mans	10.79
2	66	Richard HOWES	Pont	9.21
3	55	Oliver PIKE	PFP	8.20
4	33	Adam TAYLOR	Longw	7.28
5	11	Ray ARCHER	Barns	7.0
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	6	William CARTER	Pont	3.20

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
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Shot Men A

Posn	Bib	Athlete	Club	Perf
1	3	Graham BICKERDIKE	Longw	11.90
2	6	William CARTER	Pont	10.18
3	22	Zahid KHAN	Brad	9.40
4	4	Martin WHITE	Mans	7.03
5	1	Darrell HARRISON	Barns	6.95
6	5	Paul FRYERS	PFP	6.14
7				
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	33	Christopher SAMPSON	Longw	10.46
2	66	Richard HOWES	Pont	8.10
3	2	Richard BURKE	Brad	7.61
4	11	Lee SPENSLEY	Barns	6.86
5				
6				
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	3	Graham BICKERDIKE	Longw	37.82
2	11	Dominic BRENNAN (U20)	Barns	33.19
3	6	William CARTER	Pont	31.09
4	22	Zahid KHAN	Brad	26.27
5	4	Martin WHITE	Mans	18.82
6	55	Paul FRYERS	PFP	18.34
7				
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	33	Christopher SAMPSON	Longw	26.37
2	66	Richard HOWES	Pont	21.78
3	1	Dan BRADBURY (U20)	Barns	19.09
4	2	Richard BURKE	Brad	17.68
5	5	Tom FRYERS	PFP	16.72
6	44	Paul WRIGHT	Mans	10.18
7				
8				

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	3	Christopher SAMPSON	Longw	34.99
2	6	William CARTER	Pont	20.05
3	2	Richard BURKE	Brad	17.70
4	11	Ray ARCHER	Barns	16.78
5	55	Paul FRYERS	PFP	16.24
6				
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	33	Graham BICKERDIKE	Longw	27.09
2	66	Richard HOWES	Pont	17.48
3	22	Chris HAINSWORTH	Brad	14.11
4	5	Tom FRYERS	PFP	9.21
5	1	Darrell HARRISON	Barns	x
6				
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	4	Matthew YOUNG (U17)	Mans	49.21
2	1	Dan BRADBURY (U20)	Barns	48.35
3	3	Graham BICKERDIKE	Longw	45.68
4	6	Richard HOWES	Pont	32.89
5	2	Nathan MARKEY	Brad	29.97
6	5	Tom FRYERS	PFP	21.78
7				
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	11	Dominic BRENNAN (U20)	Barns	38.46
2	22	Zahid KHAN	Brad	27.76
3	33	Christopher SAMPSON	Longw	21.72
4	66	Harrison CARTER (U17)	Pont	18.86
5	44	Jordan BOAM	Mans	11.46
6	55	Oliver PIKE	PFP	11.44
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	4	Mans	Oliver SALMON (U20) Matthew YOUNG (U17) Stefan WILCOCKSON Paul WR	47.5
2	6	Pont	Zane TAM-MCMILLAN (U17) Harrison CARTER (U17) Luke MURPHY William	52.0
3	2	Brad	Takudzwa JINJIKA (U17) David EKE (U20) Luke VEEVERS Zahid KHAN	52.8
4	1	Barns	Dan BRADBURY (U20) Dominic BRENNAN (U20) Stuart WILSON Darrell HARI	56.0
5	3	Longw	Philip MITCHELL Graham BICKERDIKE Tiger STEEL (U20) Adam TAYLOR	56.6
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	4	Mans	Matthew YOUNG (U17) Oliver SALMON (U20) Stefan WILCOCKSON Paul WR	03:49.8
2	3	Longw	Matthew TATE Craig MITCHELL Philip MITCHELL Tiger STEEL (U20)	04:28.3
3	6	Pont	Luke MURPHY Carl POINTER Alan BOYD Conor HARRISON	04:29.3
4	5	PFP	Oliver FRANCE (U17) Tom FRYERS Patrick NEEDHAM Oliver PIKE	04:47.7
5	1	Barns	Stuart WILSON Michael SLACK Darrell HARRISON Ray ARCHER	05:00.2
6				
7				
8				

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Paris KAUR	Brad	12.6	729
2	4	Jessica LAKE	Mans	13.2	603
3	3	Demi leigh THOMPSON (U20)	Longw	13.5	545
4	6	Isobel SUTTON (U17)	Pont	14.2	424
5	1	Rebecca SPENSLEY	Barns	18.3	35
6	5	Heather LINDLEY	PFP	18.8	20
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	44	Donna APLIN	Mans	13.8	491
2	66	Evie ALLEN (U17)	Pont	14.2	424
3	33	Debra CASSON	Longw	15.3	268
4	11	Jayne MANLEY	Barns	21.4	
5					
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Paris KAUR	Brad	26.4	664
2	6	Katie KELLY (U17)	Pont	27.3	579
3	4	Donna APLIN	Mans	29.0	439
4	3	Demi leigh THOMPSON (U20)	Longw	29.3	417
5	1	Christina LAKING	Barns	33.7	168
6	5	Heather LINDLEY	PFP	41.1	9
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	66	Isobel SUTTON (U17)	Pont	28.9	446
2	44	Jemima WALLER (U17)	Mans	29.6	395
3	33	Debra CASSON	Longw	31.3	286
4	11	Jayne MANLEY	Barns	45.3	
5					
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	6	Katie KELLY (U17)	Pont	63.6	550
2	3	Francesca ROBERTSON	Longw	66.6	453
3	4	Jemima WALLER (U17)	Mans	68.3	402
4	1	Christina LAKING	Barns	73.9	259
5	5	Heather LINDLEY	PFP	93.6	8
6					
7					
8					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	44	Beverley ARMSTRONG	Mans	73.1	277
2	66	Vicki HARRIS	Pont	76.8	197
3	33	Debra CASSON	Longw	77.7	180
4	11	Jayne MANLEY	Barns	1.41.4	
5					
6					
7					
8					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	6	Johanna SUTCLIFFE	Pont	02:29.5	570
2	3	Lucy FAIRBURN (U17)	Longw	02:36.1	477
3	4	Sophie TOYN (U20)	Mans	02:39.5	432
4	1	Vicky SHAW	Barns	02:46.3	350
5					
6					
7					
8					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Christina LAKING	Barns	02:40.6	418
2	44	Beverley ARMSTRONG	Mans	02:47.2	340
3	33	Lindsay ROBERTS	Longw	03:27.9	38
4					
5					
6					
7					
8					

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

1500m Women A

Posn	No.	Athlete	Club	Perf
1	6	Johanna SUTCLIFFE	Pont	05:14.4 526
2	3	Roisin MCGRATH (U20)	Longw	05:24.6 460
3	11	Gail COLVILLE	Barns	05:40.3 366
4	4	Sophie TOYN (U20)	Mans	05:42.9 352
5	2	Rachel MCCUSKER	Brad	05:55.7 285
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	44	Kirsty HUNTINGTON	Mans	05:45.6 337
2	66	Vicki HARRIS	Pont	05:46.7 331
3	1	Vicky SHAW	Barns	05:49.0 319
4	22	Sarah FERRIES	Brad	07:01.1 54
5	33	Karen MITCHELL	Longw	08:10.0
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	11	Gail COLVILLE	Barns	11:48.8 439
2	4	Kirsty HUNTINGTON	Mans	11:50.7 434
3	3	Lucy FAIRBURN (U17)	Longw	12:00.1 407
4	2	Rachel MCCUSKER	Brad	12:47.2 285
5				
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	1	Vicky SHAW	Barns	11:50.9 433
2	22	Sarah FERRIES	Brad	14:18.9 108
3	33	Karen MITCHELL	Longw	16:31.8
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	4	Jessica LAKE	Mans	67.6 704
2	6	Eleanor BIRDEN (U20)	Pont	81.7 361
3	3	Francesca ROBERTSON	Longw	83.8 318
4	5	Heather LINDLEY	PFP	1:47.7
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	66	Beatrice CUNNINGHAM (U17)	Pont	78.9 422
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	6 Eleanor BIRDEN (U20)	Pont	18.7 466	
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

100m N/S Women A

Posn	No.	Athlete	Wind	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women B

Posn	No.	Athlete	Wind	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	4	Jessica LAKE	Mans	5.14 726
2	6	Eleanor BIRDEN (U20)	Pont	4.55 586
3	3	Francesca ROBERTSON	Longw	4.47 567
4	22	Jolanta BUCZEL	Brad	3.52 346
5	1	Rebecca SPENSLEY	Barns	3.51 344
6	5	Heather LINDLEY	PFP	2.92 211
7	7	Alicia WELLS (U17)	Works	x
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	44	Rachel WILCOCKSON	Mans	3.78 406
2	66	Evie ALLEN (U17)	Pont	3.72 392
3	33	Rachel SCHOLES	Longw	2.78 180
4	2	Joanna COLLEY	Brad	2.61 143
5	11	Jayne MANLEY	Barns	1.79
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	6	Beatrice CUNNINGHAM (U17)	Pont	1.45 584
2	4	Jessica LAKE	Mans	1.35 477
3	3	Francesca ROBERTSON	Longw	1.20 317
4	7	Alicia WELLS (U17)	Works	x

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	44	Sophie TOYN (U20)	Mans	1.35 477
2	66	Elizabeth TEECE (U17)	Pont	1.30 424

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	6	Eleanor BIRDEN (U20)	Pont	9.85 624
2	4	Sophie TOYN (U20)	Mans	8.87 512
3	3	Demi leigh THOMPSON (U20)	Longw	8.17 429
4				
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	66	Beatrice CUNNINGHAM (U17)	Pont	9.79 617
2	33	Francesca ROBERTSON	Longw	8.12 424
3	44	Rachel WILCOCKSON	Mans	x
4				
5				
6				
7				
8				

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	98		No Compet	

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	6	Faye RHODES	Pont	9.41 647
2	4	Rachel WILCOCKSON	Mans	8.55 586
3	3	Rachel SCHOLES	Longw	8.32 569
4	7	Georgina PAGE	Works	8.22 561
5	2	Jolanta BUCZEL	Brad	6.69 437
6	11	Caroline SPENSLEY	Barns	4.67 226
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	22	Rachel SWINGLER	Brad	5.60 333
2	44	Donna APLIN	Mans	5.09 278
3	66	Isobel SUTTON (U17)	Pont	3.58
4	1	Rebecca SPENSLEY	Barns	3.48
5	33	Karen MITCHELL	Longw	3.43
6	77	Emma O'CONNER	Works	x
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	6	Faye RHODES	Pont	35.29 745
2	7	Georgina PAGE	Works	27.04 626
3	3	Rachel SCHOLES	Longw	24.12 577
4	4	Rachel WILCOCKSON	Mans	24.03 575
5	11	Caroline SPENSLEY	Barns	15.06 386
6	2	Joanna COLLEY	Brad	12.34 305
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	1	Rebecca SPENSLEY	Barns	14.92 383
2	33	Debra CASSON	Longw	11.96 292
3	22	Rachel SWINGLER	Brad	10.09 214
4	77	Emma O'CONNER	Works	x
5				
6				
7				
8				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	4	Rachel WILCOCKSON	Mans	51.83 866
2	7	Georgina PAGE	Works	41.98 756
3	6	Faye RHODES	Pont	36.50 689
4	3	Rachel SCHOLES	Longw	28.02 575
5	5	Heather LINDLEY	PFP	15.14 355
6	22	Rachel SWINGLER	Brad	13.85 327
7	11	Caroline SPENSLEY	Barns	11.24 265
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	66	Elizabeth TEECE (U17)	Pont	13.65 323
2	33	Susanne PICKERSGILL	Longw	9.97 230
3	1	Rebecca SPENSLEY	Barns	9.91 229
4	77	Emma O'CONNER	Works	x
5	2	Jolanta BUCZEL	Brad	x
6				
7				
8				

East 2 PRINCESS MARY ATHLETIC STADIUM

Match 3 10/07/2022

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	6	Faye RHODES	Pont	22.26 548
2	4	Rachel WILCOCKSON	Mans	21.00 525
3	7	Georgina PAGE	Works	17.70 460
4	11	Caroline SPENSLEY	Barns	17.16 449
5	3	Rachel SCHOLES	Longw	17.10 448
6	22	Jolanta BUCZEL	Brad	16.68 439
7	5	Heather LINDLEY	PFP	9.63 242
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	66	Elizabeth TEECE (U17)	Pont	21.15 528
2	44	Jessica LAKE	Mans	16.11 426
3	1	Rebecca SPENSLEY	Barns	10.43 271
4	2	Joanna COLLEY	Brad	10.30 267
5	33	Susanne PICKERSGILL	Longw	9.94 254
6	77	Emma O'CONNER	Works	x
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	6	Pont	Evie ALLEN (U17) Isobel SUTTON (U17) Eleanor BIRDEN (U20) Katie KELLY (U17)	54.0
2	4	Mans	Donna APLIN Jemima WALLER (U17) Rachel WILCOCKSON Jessica LAKE	54.9
3	3	Longw	Lucy FAIRBURN (U17) Demi Leigh THOMPSON (U20) Roisin MCGRATH (U20) Franc	57.3
4	1	Barns	Vicky SHAW Christina LAKING Gail COLVILLE Jayne MANLEY	73.3
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	6	Pont	Katie KELLY (U17) Beatrice CUNNINGHAM (U17) Johanna SUTCLIFFE Vicki HARR	04:38.8
2	3	Longw	Debra CASSON Lucy FAIRBURN (U17) Roisin MCGRATH (U20) Francesca ROBERTS	04:44.0
3	4	Mans	Beverley ARMSTRONG Sophie TOYN (U20) Kirsty HUNTINGTON Jessica LAKE	04:46.4
4	1	Barns	Vicky SHAW Christina LAKING Rebecca SPENSLEY Gail COLVILLE	05:26.7
5				
6				
7				
8				