

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East 1N	
MATCH	4	
P/FINISH	NO	1

Date 06/08/2022
Venue PRINCESS MARY ATHLETIC STADIUM
Host Club Spenborough & District AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Bingley Harriers & AC	Bing	25	122.0	14.0	87.0	248.0
2	Hallamshire Harriers Sheffield	Hallam	45	133.0	26.0	131.0	335.0
3	Harrogate Harriers & AC	H'ogate	30	84.0	7.0	69.0	190.0
4	Kingston upon Hull AC	KuH	35	104.0		174.0	313.0
5	Scarborough AC	Scar		52.0		65.0	117.0
6	Skyrac AC	Sky	30	120.0	6.0	59.0	215.0
7	Spenborough & District AC	Spen	45	169.0	38.0	142.0	394.0
-				5.0			5.0

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Spenborough & District AC	394.0	7.0	1000	17	1394.0	24.0	2
2	Hallamshire Harriers Sheffield	335.0	6.0	825	11.5	1160.0	17.5	3
3	Kingston upon Hull AC	313.0	5.0	1337	21	1650.0	26.0	1
4	Bingley Harriers & AC	248.0	4.0	573	7	821.0	11.0	6
5	Skyrac AC	215.0	3.0	649	10	864.0	13.0	5
6	Harrogate Harriers & AC	190.0	2.0	924	14.5	1114.0	16.5	4
7	Scarborough AC	117.0	1.0	285	3	402.0	4.0	7

TOTAL EVENTS	39
NO COMPETITORS/EVENT CANCELLED/NMR	2
EVENT SCORED	37
REMAINING	-

East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	4	Joe COOPER	KuH	11.3	
2	3	Simba OSCAR MADIMUTSA	H'ogate	11.4	
3	2	Nathaniel DYAS (U20)	Hallam	11.6	
4	1	Jonathan TOMES	Bing	12.4	
5	7	Tyler COSSINS (U20)	Spennithorne	12.4	
6	5	David FIELD	Scarborough	15.7	
7					
8					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	44	Andre ADDISON (U20)	KuH	11.3	
2	33	Samuel ARTHUR (U17)	H'ogate	11.7	
3	22	Harry STEVENS (U17)	Hallam	12.3	
4	77	Elliot HOYLAND (U17)	Spennithorne	12.7	
5	11	Daniel LOGAN (U20)	Bing	13.1	
6					
7					
8					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	4	Joe COOPER	KuH	22.9	
2	3	Simba OSCAR MADIMUTSA	H'ogate	23.0	
3	2	Leo COSSHAM	Hallam	24.0	
4	7	Tyler COSSINS (U20)	Spennithorne	25.4	
5	1	Jonathan TOMES	Bing	26.1	
6					
7					
8					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	44	Andre ADDISON (U20)	KuH	23.3	
2	33	Samuel ARTHUR (U17)	H'ogate	24.0	
3	11	Daniel LOGAN (U20)	Bing	27.5	
4	22	Oscar BRYCE	Hallam	30.3	
5					
6					
7					
8					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Leo COSSHAM	Hallam	53.5	
2	4	Finlay SOUTHCOAT (U17)	KuH	56.1	
3	3	Samuel ARTHUR (U17)	H'ogate	57.7	
4	1	Paul LEMMON	Bing	76.7	
5	5	David FIELD	Scarborough	77.7	
6					
7					
8					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Charlie SENDROWSKI	Bing	83.9	
2					
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800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Kieron SEXTON	Hallam	01:57.1	
2	7	Joe SAGAR	Spennithorne	01:58.8	
3	1	Jack MUIR	Bing	01:59.8	
4	6	Abdimajiid DAROOD (U17)	Sky	02:01.3	
5	4	Gregan CLARKSON	KuH	02:19.1	
6					
7					
8					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Ben REES (U20)	Bing	02:16.1	
2	66	Rory HOPSON (U20)	Sky	02:24.4	
3	77	Ian OGDEN	Spennithorne	02:52.8	
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East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

1500m Men A

Posn	No.	Athlete	Club	Perf
1	7	Joe SAGAR	Spennithorne	04:02.4
2	3	Ben HOLMES	Hogate	04:16.9
3	6	Abdimajiid DAROOD (U17)	Sky	04:26.4
4	1	Paul LEMMON	Bing	05:39.3
5	5	Kevin ARCHER	Scarborough	05:52.3
6				
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	77	Ian OGDEN	Spennithorne	05:36.7
2				
3				
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7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	2	Euan BROWN	Hallam	15:33.0
2	7	Tom DART	Spennithorne	16:25.5
3	1	Matthew LEEDHAM	Bing	16:32.9
4	6	Chris DOVE	Sky	19:08.2
5	5	David FIELD	Scarborough	21:37.1
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	22	James HARTLEY	Hallam	18:03.4
2	77	Kevin OGDEN	Spennithorne	20:11.0
3	66	Mark BEAUMONT	Sky	21:09.2
4				
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7				
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3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	2	James HARTLEY	Hallam	11:09.9
2	1	Ben REES (U20)	Bing	11:27.2
3	4	Gregan CLARKSON	Kuonine	12:20.4
4				
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6				
7				
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3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	11	Charlie SENDROWSKI	Bing	13:49.6
2				
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8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	2	Thomas HUGHES	Hallam	69.6
2	6	Adam BROOKS	Sky	70.6
3	4	Gregan CLARKSON	Kuonine	85.8
4				
5				
6				
7				
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400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
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7				
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East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	7	Glenn ASPINDLE	Spennitham	17.2
2	2	Jack WARD	Hallam	18.7
3	6	Adam BROOKS	Sky	21.7
4				
5				
6				
7				
8				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	77	Jake DARBY	Spennitham	22.7
2	22	Thomas HUGHES	Hallam	25.7
3				
4				
5				
6				
7				
8				

100m N/S Men A

Posn	No.	Athlete	Club	Perf
1				98.0
2				
3				
4				
5				
6				
7				
8				

100m N/S Men B

Posn	No.	Athlete	Club	Perf
1				
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3				
4				
5				
6				
7				
8				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	3	Simba OSCAR MADIMUTSA	H'ogate	6.29
2	2	Thomas HUGHES	Hallam	6.18
3	44	Tim MAY (U17)	KuH	5.36
4	7	Jake DARBY	Spennitham	5.07
5	11	Mathew SAVAGE	Bing	4.38
6				
7				
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	22	Harry STEVENS (U17)	Hallam	5.36
2	4	William RUSLING (U17)	KuH	5.34
3	77	Elliot HOYLAND (U17)	Spennitham	4.43
4	1	Charlie SENDROWSKI	Bing	4.17
5				
6				
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	2	Thomas HUGHES	Hallam	1.90
2	44	Tim MAY (U17)	KuH	1.65
3	7	Glenn ASPINDLE	Spennitham	1.65

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	4	Finlay SOUTHCOAT (U17)	KuH	1.60
2	77	Tyler COSSINS (U20)	Spennitham	1.45
3	22	Samuel CHUBB	Hallam	x

East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	44	Tim MAY (U17)	KuH	12.53
2	3	Simba OSCAR MADIMUTSA	H'ogate	12.42
3	77	Reuben BYFIELD (U17)	Spenn	11.95
4	2	Thomas HUGHES	Hallam	11.08
5	11	Charlie SENDROWSKI	Bing	9.40
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	7	Glenn ASPINDLE	Spenn	11.56
2	4	William RUSLING (U17)	KuH	11.51
3	22	Samuel CHUBB	Hallam	x
4	1	Jonathan TOMES	Bing	x
5				
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	99		Event Canc	

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
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Shot Men A

Posn	Bib	Athlete	Club	Perf
1	2	Jack WARD	Hallam	13.24
2	44	John TWIDDLE	KuH	12.55
3	11	Mathew SAVAGE	Bing	10.81
4	7	Jake DARBY	Spenn	9.61
5	6	Stephen MEALY	Sky	9.32
6	5	Matthew BURKE	Scar	8.21
7	3	Phillip CHADWICK	H'ogate	7.64
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	4	Greg PELL	KuH	11.41
2	22	Oscar BRYCE	Hallam	11.20
3	1	James TATE	Bing	9.24
4	77	Connor BELL	Spenn	8.22
5	66	Graham DUNHAM	Sky	7.83
6	33	Simba OSCAR MADIMUTSA	H'ogate	7.17
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	2	Jack WARD	Hallam	37.25
2	4	Shaun KERRY	KuH	36.50
3	1	James TATE	Bing	33.87
4	5	Matthew BURKE	Scar	30.00
5	6	Stephen MEALY	Sky	28.56
6	7	Jake DARBY	Spenn	25.99
7	3	Phillip CHADWICK	H'ogate	17.49
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	44	John TWIDDLE	KuH	34.99
2	22	Oscar BRYCE	Hallam	34.96
3	11	Phillip JONES	Bing	33.12
4	66	Graham DUNHAM	Sky	18.49
5	77	Connor BELL	Spenn	18.08
6	33	Jonathan IRELAND	H'ogate	17.41
7				
8				

East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	4	Shaun KERRY	KuH	55.22
2	2	Oscar BRYCE	Hallam	41.58
3	11	Phillip JONES	Bing	36.56
4	7	Jake DARBY	Spen	32.03
5	5	Matthew BURKE	Scar	21.24
6	66	Graham DUNHAM	Sky	16.71
7	3	Phillip CHADWICK	H'ogate	15.91
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	44	John TWIDDLE	KuH	40.71
2	1	James TATE	Bing	33.69
3	77	Connor BELL	Spen	29.41
4	22	Mark BRYCE	Hallam	18.02
5	33	Jonathan IRELAND	H'ogate	13.25
6	6	Ian COTTON	Sky	x
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	7	Glenn ASPINDLE	Spen	44.95
2	5	Matthew BURKE	Scar	37.67
3	11	Mathew SAVAGE	Bing	37.63
4	4	Gabriel LI LA-VIGARS (U20)	KuH	37.59
5	6	Stephen MEALY	Sky	36.23
6	22	Oscar BRYCE	Hallam	30.48
7	33	Jonathan IRELAND	H'ogate	21.47
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	44	Alex CHIVERS (U20)	KuH	35.34
2	1	Richard DAWSON	Bing	33.15
3	2	Thomas HUGHES	Hallam	27.82
4	3	Phillip CHADWICK	H'ogate	17.70
5	77	Jake DARBY	Spen	14.72
6	66	Adam BROOKS	Sky	14.67
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	7	Spen	Tyler COSSINS (U20) Glenn ASPINDLE Joe SAGAR Jake DARBY	49.1
2	2	Hallam	Harry STEVENS (U17) Jack WARD Oscar BRYCE Thomas HUGHES	50.1
3	1	Bing	Daniel LOGAN (U20) Mathew SAVAGE Charlie SENDROWSKI Jonathan TOME	51.9
4				
5				
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	2	Hallam	Jack WARD Euan BROWN Craig WOLSTENHOLME James HARTLEY	04:26.4
2	7	Spen	Joe SAGAR Kevin OGDEN Ian OGDEN Glenn ASPINDLE	04:40.7
3	1	Bing	Daniel LOGAN (U20) Charlie SENDROWSKI Jonathan TOMES Richard DAWSON	04:52.0
4				
5				
6				
7				
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East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	4	Megan HOULT	KuH	13.5	545
2	7	Isabel WHITE (U20)	Spen	13.7	509
3	5	Julia HUBBARD	Scar	14.2	424
4	3	Nancy DUNSFORD (U17)	H'ogate	14.2	424
5	6	Harriet BEAUMONT (U20)	Sky	14.9	320
6	1	Stephanie ROBSON	Bing	19.0	15
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	77	Soraya CRODDEN (U20)	Spen	13.4	564
2	66	Hannah STUBBS (U20)	Sky	15.2	280
3	55	Nikki CARR WALLS	Scar	15.2	280
4	33	Fransisca DEBRAH (U17)	H'ogate	16.1	180
5					
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Millie HARDY (U17)	Hallam	26.0	704
2	7	Molly WARING	Spen	26.8	626
3	3	Samantha BAKER-JONES	H'ogate	28.3	494
4	5	Julia HUBBARD	Scar	29.1	431
5	4	Megan HOULT	KuH	30.4	341
6	6	Harriet BEAUMONT (U20)	Sky	31.1	298
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	22	Saskia HUXHAM	Hallam	27.1	598
2	77	Holly MARTIN	Spen	27.3	579
3	33	Nancy DUNSFORD (U17)	H'ogate	30.5	335
4	55	Nikki CARR WALLS	Scar	31.5	275
5	66	Hannah STUBBS (U20)	Sky	32.2	237
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Saskia HUXHAM	Hallam	59.3	707
2	4	Jess CAPPLEMAN	KuH	63.7	547
3	7	Isabel WHITE (U20)	Spen	66.3	462
4	1	Grace DAWSON (U20)	Bing	67.6	423
5	6	Amy HARTLEY	Sky	68.9	385
6	5	Nikki CARR WALLS	Scar	75.1	232
7	3	Honor WORRELL (U17)	H'ogate	76.8	197
8					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	77	Estelle WILLIAMS (U17)	Spen	74.4	247
2	66	Molly KEEFE	Sky	78.0	175
3	11		Bing	88.0	42
4					
5					
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7					
8					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	4	Jess CAPPLEMAN	KuH	02:21.1	701
2	66	Amy HARTLEY	Sky	02:37.3	461
3	7	Ellie HOLDEN (U20)	Spen	02:49.6	313
4					
5					
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7					
8					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	44	Tabitha FORD (U17)	KuH	02:20.6	709
2	77	Summer HAYNES (U20)	Spen	03:05.0	170
3	-			X	
4					
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7					
8					

East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

1500m Women A

Posn	No.	Athlete	Club	Perf
1	1	Grace DAWSON (U20)	Bing	05:40.0 368
2	66	Amy HARTLEY	Sky	05:55.7 285
3	7	Summer HAYNES (U20)	Spn	06:30.6 139
4				
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7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	11	Stephanie ROBSON	Bing	06:17.0 190
2	6	Jenny BEAUMONT	Sky	06:23.1 166
3				
4				
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6				
7				
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3000m Women A

Posn	No.	Athlete	Club	Perf
1	66	Amy HARTLEY	Sky	11:31.7 490
2	3	Georgie BEEDEN	H'ogate	11:39.2 468
3	1	Stephanie ROBSON	Bing	12:10.0 380
4				
5				
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	6	Jenny BEAUMONT	Sky	13:09.8 234
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	7	Molly WARING	Spn	66.4 737
2	3	Samantha BAKER-JONES	H'ogate	68.8 671
3	55		Scar	85.2 291
4	6	Molly KEEFE	Sky	86.5 266
5	1	Olivia FRANCIS	Bing	87.9 240
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	77	Soraya CRODDEN (U20)	Spn	70.9 616
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf
1	2 Erin LOBLEY (U20)	Hallam	15.5 757
2	7 Molly WARING	Spn	16.8 631
3			
4			
5			
6			
7			
8			

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1				
2				
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7				
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East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

100m N/S Women A

Posn	No.	Athlete	Wind	Perf
1	90	Holly Martin	Spen	13.2 603
2	92	Estelle Williams	Spen	14.5 377
3				
4				
5				
6				
7				
8				

100m N/S Women B

Posn	No.	Athlete	Wind	Perf
1				
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4				
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6				
7				
8				

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Kristie ARCHER (U20)	Hallam	5.40 788
2	4	Eve ANDERSON (U20)	KuH	4.59 595
3	7	Molly WARING	Spen	4.42 555
4	3	Honor WORRELL (U17)	H'ogate	4.01 459
5	6	Harriet BEAUMONT (U20)	Sky	3.57 358
6				
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Millie HARDY (U17)	Hallam	5.29 762
2	77	Estelle WILLIAMS (U17)	Spen	4.17 497
3	66	Hannah STUBBS (U20)	Sky	3.45 330
4	33	Fransisca DEBRAH (U17)	H'ogate	2.11 39
5				
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Erin LOBLEY (U20)	Hallam	1.66 809
2	4	Eve ANDERSON (U20)	KuH	1.40 531
3	7	Molly WARING	Spen	1.35 477

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	77	Summer HAYNES (U20)	Spen	1.20 317

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	1	Joanna LAWLER-RHODES	Bing	10.99 751
2	4	Eve ANDERSON (U20)	KuH	9.91 631
3	3	Honor WORRELL (U17)	H'ogate	8.98 524
4				
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	33	Nancy DUNSFORD (U17)	H'ogate	X
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3				
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6				
7				
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East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	99		Event Canc	

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	4	Holly ADAMS (U20)	KuH	11.10 758
2	7	Megan ASCOUGH	Spen	9.32 641
3	5	Jenna WHEATMAN	Scar	9.02 620
4	6	Molly KEEFE	Sky	5.77 351
5	2		Hallam	x
6				
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	55	Victoria LOCKEY	Scar	6.42 413
2				
3				
4				
5				
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	4	Holly ADAMS (U20)	KuH	38.71 789
2	7	Megan ASCOUGH	Spen	29.00 656
3	1	Olivia FRANCIS	Bing	23.79 571
4	6	Molly KEEFE	Sky	18.96 478
5	5	Julia HUBBARD	Scar	16.21 416
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	5	Jenna WHEATMAN	Scar	49.02 836
2	7	Megan ASCOUGH	Spen	41.24 747
3	4	Holly ADAMS (U20)	KuH	18.91 428
4	6	Molly KEEFE	Sky	15.06 353
5				
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	55	Victoria LOCKEY	Scar	17.33 399
2				
3				
4				
5				
6				
7				
8				

East 1N PRINCESS MARY ATHLETIC STADIUM

Match 4 06/08/2022

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	2	Erin LOBLEY (U20)	Hallam	33.40 720
2	4	Holly ADAMS (U20)	KuH	32.28 704
3	3	Samantha BAKER-JONES	H'ogate	29.35 662
4	1	Olivia FRANCIS	Bing	23.78 574
5	7	Megan ASCOUGH	Spen	18.70 481
6	5	Julia HUBBARD	Scar	14.32 384
7	6	Molly KEEFE	Sky	13.71 368
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	22	Kristie ARCHER (U20)	Hallam	26.54 619
2	44	Megan HOULT	KuH	19.87 504
3	77	Soraya CRODDEN (U20)	Spen	11.62 310
4	33	Fransisca DEBRAH (U17)	H'ogate	10.29 266
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	7	Spen	Isabel WHITE (U20) Holly MARTIN Molly WARING Soraya CRODDEN (U20)	51.7
2	2	Hallam	Erin LOBLEY (U20) Saskia HUXHAM Kristie ARCHER (U20) Millie HARDY (U17)	52.6
3	3	H'ogate	Fransisca DEBRAH (U17) Honor WORRELL (U17) Nancy DUNSFORD (U17) Samant	59.1
4	6	Sky	Harriet BEAUMONT (U20) Sophie MCILROY (U20) Amy HARTLEY Hannah STUBBS	61.5
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	7	Spen	Summer HAYNES (U20) Estelle WILLIAMS (U17) Isabel WHITE (U20) Molly WARIN	04:55.7
2				
3				
4				
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