

Present the 2023 MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

Qualifying event for the ERRA 12 Stage Championships

Under UKA Rules: Licence No. 2023-45156

Saturday 1st April 2023 at Coast Road, Redcar 12.00 pm start

Stages 1, 3, 5, 7, (4 x Long Legs) are approximately 9.5K

Stages 2, 4, 6, 8, 9, 10, 11 & 12 (8 x Short Legs) are approximately 5K

Medals will be awarded to the first three clubs to finish

Plus fastest long leg & fastest short leg

Bronze Medals will be awarded to the first 'B' team to finish

CLUB VESTS OF THE SAME COLOUR & DESIGN MUST BE WORN

Entry on line only - <http://www.race-results.co.uk>

Only N. A. affiliated clubs will be accepted for this Championship

Late or incorrectly submitted entries will be rejected

There is no restriction on the number of teams a club may enter.

Clubs may submit a maximum of 36 names per team

Team declaration and changes must be done ONLY on line by team managers

Team declarations and changes are allowed up to 12.00 on the day of the race on line ONLY via the personalized link which will be sent to team managers on the Wednesday prior to the race (no additional new names will be accepted)

REGISTRATION HAS NO FACILITIES FOR TEAM DECLARATIONS OR TEAM CHANGES

Minimum age: 17 years and over at midnight 31st August / 1st September 2022

Closing date for entries Friday 18th March

Entry Fees - £120 per team

IMPORTANT NOTES

- Entries from Clubs will only be accepted if the Club is currently affiliated to England Athletics and Northern Athletics. Team members **MUST** be first claim members of the club **AND** registered with England Athletics for the current competition year. **EA Registration Numbers MUST be included. Athletes without registration numbers will not be entered.**
- Any Foreign Athletes in the team **MUST** also be currently registered with UKA as Foreign Athletes. All team and athlete affiliation will be verified prior to the event. A club can enter as many foreign athletes as they wish but only 2 may run. This applies to both 'A' & 'B' teams
- Entries must be submitted via the online entry system and fees paid on entry
Acknowledgement of entry will be by return email and final instructions will be emailed prior to the event.
- Clubs that run ineligible or unregistered runners will be disqualified and may have their entry refused for the 2024 event

The first 25 'A' Team finishers plus any 'B' teams finishing before the 25th A team, will be eligible to compete in the 2023 ERRA Championships but **no more than TWO Teams from the same Club** Entry forms for ERRA Championships will be e mailed to successful clubs