

NORTH of ENGLAND INDOOR CHAMPIONSHIPS 2023 (Promoted by Northern Athletics under UKA Rules)

Sunday 5th February at EIS, Sheffield

Closing Date: 16th January 2023

U15 Boys 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump, Pole Vault

U15 Girls 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump, Pole Vault

U13 Boys 60m: 200m: 800m: Shot: High Jump: Long Jump

U13 Girls 60m: 200m: 800m: Shot: High Jump: Long Jump

(NB:U15 & U13 athletes may compete in a maximum of 3 events in one day)

ENTRY IS ONLY AVAILABLE ONLINE AT www.race-results.co.uk – all information will be posted on our website via the link on the NA website www.northernathletics.co.uk

Fees: £13.00 1st event & £8 per additional event

2023 AGE GROUPS

Under 15 Boys & Girls

Born 1.9.08 to 31.8.10

Under 13 Boys & Girls

Born 1.9.10 to 31.8.12

REGULATIONS for ENTRY TO TERRITORIAL CHAMPIONSHIPS

1. UKA RULES : All events are subject to the current 'UKA Rules for Competition'.
2. ELIGIBILITY: All events are confined to amateurs who either (a) were born in the Northern Athletics Territory (inc. Derbyshire & Lincs , OR (b) have lived within the Territorial boundary for at least nine months immediately prior to the date of competition ***AND are 1st claim members of a club affiliated to Northern Athletics for 2022/23***
3. NORTHERN ATHLETICS TERRITORY: Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr. Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.
4. EVENT RESTRICTIONS: The Committee reserves the right to modify the number and timing of events and the heats for track events to take account of the size of entry.
5. CLUB MEMBERSHIP & CLOTHING: After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to the National Governing Body. Athletes who are club members must wear club vests or alternatively a County, Area or National vest. Other athletes must wear a plain vest approved by the Referee. All athletes are reminded that all clothing must be clean and so designed and worn as not to be objectionable, even if wet.
6. EQUIPMENT: The organisers will provide the implements for throwing events. Stadium blocks only may be used. U15 & U13 athletes may compete without the use of blocks if they so wish.
7. ENTRIES : The organisers reserve the right to refuse any entry. A minimum of three entries may be required for an event to be held. Entry is via www.race-results.co.uk ONLY. All online entries will be acknowledged automatically on receipt of entry All information, start lists, timetables etc will be displayed on our website at www.northernathletics.co.uk. Late entries will not be accepted, all entries MUST be online and the organisers cannot be held responsible for any entries which are not entered via the correct platform. Athletes (or if under 16, their parent or guardian) should check the details on the Sportsoft entry receipt before approving it, since errors may not be corrected after the closing date.

8. STARTING HEIGHTS: **NB: Starting Heights will be strictly adhered to**
High Jump: U15B - 1.40m: U15G - 1.30m: U13B – 1.25: U13G – 1.20.
Pole Vault: U15B - 2.00: U15G – 1.70

