

## Northern Athletics

# Under 15 & Under 17 5k ROAD CHAMPIONSHIPS

Under UKA Rules: Permit 2023-45156

**Saturday 1<sup>st</sup> April 2023**  
**Coast Road, Redcar**  
**11.00 am start**

Medals will be awarded to the first three individuals and the first three club teams as well as the first B team in each race (Male & Female).

**CLUB VESTS OF THE SAME COLOUR & DESIGN MUST BE WORN**

Entry on line only - <http://www.race-results.co.uk>

Only N.A. affiliated clubs will be accepted for this Championship.

**U15 - Minimum age: 13 years and over at midnight 31<sup>st</sup> August / 1<sup>st</sup> September 2022**

**U17 - Minimum age 15 years and over at midnight 31<sup>st</sup> August/ 1<sup>st</sup> September 2022**

**Closing date for entries –18<sup>th</sup> March 2023**

**Entry Fees - £9 per athlete**

### **IMPORTANT NOTES**

Athletes **MUST** be first claim members of an NA affiliated club AND registered with England Athletics for the current competition year. **EA Registration Numbers MUST be included. Athletes without registration numbers will not be entered.**

- Entries must be submitted via the online entry system and fees paid on entry
- Late & incorrectly submitted entries will not be accepted and will be returned
- Acknowledgement of entry will be by return email and final instructions will be emailed prior to the event.
- 3 athletes per team to count, no limit on the number of teams entered per club.
- Individual winners will receive free entry to the ERRA National 5K Championship event.