



ANNUAL REPORT

2021/22

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INDEX

| REPORT | PAGE |
|---|-------------------------|
| President | 3 |
| Chairman | 4 |
| Honorary Treasurer | 6 |
| Cross Country | 9 |
| Road Running | 13 |
| Track & Field | 19 |
| Tri-Regional Officials Report | 23 |
| Track & Field Champions | 25 |
| Northern Athletics Executive Board 2021/22 | |
| President | Margaret Brooks |
| Chairman | Tony Wood |
| Treasurer | Nigel Orr |
| Cross Country representatives | Steve Gaines |
| | Arwel Williams |
| Road Running representatives | Bob Brimage |
| | Ken Smith |
| Track & Field representatives | Malcolm Fletcher |
| | Elaine Williams |
| Administration staff | Mark Tallon |
| | Judith Temperton |
| | Pat Schofield |

OBITUARIES

Northern Athletics would like to extend condolences to the families of friends and colleagues who have passed away during the year, including:

Diedre Clayton
John Howley

Charles Gains
Roger Lawton

PRESIDENT'S REPORT

When Tony phoned me and asked me if I would accept the post of President of Northern Athletics for the year I was very surprised but deeply honoured.

Sadly, in early 2022, I only made one road relay meeting and that was the 12 & 6 Stage event in Birkenhead which was held alongside the more recently introduced and very successful young athletes 5K road championships, all of which made a very enjoyable day. The weather was fine and the athletes performed well in a beautiful setting. I was sorry not to be able to attend many of the other NA cross country/road races during the winter.

On more familiar territory for me were the Track and Field Indoor meetings at the EIS in Sheffield of which I managed to attend both of them. The two meetings were well attended and supported and I managed to perform a dual role of field officiating and when free presenting medals. Both meetings were superb and all officials worked hard as usual.

The outdoor Inter County meeting in York and the two Championships in Liverpool again saw me field judging whilst presenting medals which I found a very enjoyable experience. My thanks go to Pat and Eileen for supporting me in the presenting and for being so well organised.

Towards the end of the 2022 season saw me once again outdoors but this time for the 4 and 6 stage road relays at Sports City, Manchester. The weather remained fine all day for the record number of athletes. The number of competitors greatly impressed me as did the number of spectators and support given to all. It was a very enjoyable day and probably the highlight of my Presidential year.

The 4 and 6 stage cross country relays held at Graves Park, Sheffield was my last duty as President. It's many years since I attended one of these events – the last being when my son was running cross countries for City of Hull AC many years ago.

It has been a very enjoyable year and has been my privilege to have been selected for the role. I must give a big thank you to all the Board members who warmly welcomed me to the committee and made me feel part of the team. My best wishes go to my very deserving follower.

Margaret Brooks
2021/22 President

CHAIRMAN'S REPORT

The past 12 months have been a story of our sport opening its doors again and being able to produce in full a programme of track and field, cross country, road and fell running without any inhibition from the obstacles that have plagued us since March 2020. The athletes have returned to competition and Northern Athletics have been here welcoming them back. The numbers we are now seeing in our championship events is clear evidence we are heading very close to normality again and in some categories reaching record entry levels.

Sadly, the pandemic has had an impact on clubs and leagues in that they have been unable to count on all the stalwarts they had previously. This has highlighted the need to seek out new recruits to officiate, organise and administer. If this is not achieved, then it places in jeopardy the future of grassroots athletics. Even now clubs and leagues are desperately looking for volunteers to take on secretary, treasurer and committee posts and in the interim those left have to fill in the gaps until new volunteers can be found. No matter how much money is spent on wages at your national governing bodies, in the latest accounts of England Athletics the figure was over £2.5 million, they are unable to help in any effective way with these difficulties on the ground. We are acutely aware of this at Northern Athletics and over the course of the year, in order to respond we have co-opted three new Board members to help us support and mould our organisation in the coming years. This will be a continuous exercise to keep us energised and motivated but it is an issue that we are honest enough to say is reflected across our sport.

We have been assisted in that task by welcoming Mark Tallon as our new full time administrator. Alongside our loyal and long standing treasurer Nigel Orr, Mark is also a Darlington man. He is a passionate grassroots supporter with club links in the North East as well as being a highly rated starter. Working alongside Judith Temperton, they have formed a formidable partnership and Mark with his commercial background is introducing new ideas and methods to the office to increase efficiency and to aid communication with our clubs, athletes and officials. I am sure many of you already know him and those who are coming across him for the first time are no doubt taken by his enthusiasm for athletics and his desire to continue to make Northern Athletics a success.

In accordance with our pledge given when we set up the affiliation scheme we continue to try to spread our championships across the Northern area. Last year, as always, our indoor and cross country relay events were at Sheffield and our cross country championship were at Pontefract. These venues, for many, are at the centre of our area. However our road relays were at opposite ends of the North. The spring relays were at Birkenhead and last year the autumn relays were in Redcar. This year's autumn relays were back at Sportcity Manchester and the spring relays next year will return to Redcar. Our cross country championships in 2023 will be at Blackburn whilst Northern Athletics, who will have the onerous task of hosting the National cross country championships in 2023, will hold the event at Bolesworth outside of Chester. The senior and junior track and field championships were at Liverpool and it is hoped that venues for 2023 will reflect our desire to spread our events around. Social media occasionally reveals that persistent phenomena of the key board warrior. Comments are made without sometimes thinking about how

difficult it is to find new venues or even return to old venues when much can change over the course of three or four years. Of course we ask those within our sport to contact us if you have venues that can host our championships. We are always open to new ideas and we will explore them with you if you contact us.

Northern Athletics continues to thrive as a result of the support of our clubs something that has been illustrated in the past month by you all continuing to back our affiliation scheme which in turn gives us the financial security to move onwards and upwards. If there are any issues that need raising please do not hesitate to contact our office. We pride ourselves on being able to have a continuing dialogue with our clubs and counties as well as the leagues around the area. Long may that continue.

Finally could I take this opportunity of thanking athletes, administrators and officials for all their hard work over the past year and let us all look forward to another successful chapter in the long history of Northern Athletics.

Tony Wood
Chairman

HONORARY TREASURER'S REPORT

2021/22

The income and expenditure account shows a net surplus for the year of £9,409, (2020-21 = £19,175 deficit; 2019-20 = £5,503 surplus) and the balance sheet shows that on 31st March 2022 the value of the net assets of Northern Athletics was £286,810, (2020-21 = £277,401).

From April 2021, athletics competition was able to recommence following a full year of pandemic-induced absence and a full range of championship events were promoted successfully during the year.

Having decided to suspend the Club Affiliation Scheme in October 2020, whilst there were no competition events, we were able to recommence the Scheme from October 2021. The income received from October was £53,591, which is lower than October 2019 when we received £67,478. This reduction seems to reflect the general fall in Club membership levels following the pandemic. (The income shown in the accounts relating to the financial year 2021-22 is £60,535, which is 50% of the income carried forward from October 2019 plus 50% of the income received in October 2021)

In 2019-20 England Athletics provided a sum of £33,000 to be used for a multi-year "Officials' Development" project, the main purpose of which is the training and development of new and existing officials. At the end of each year the balance of unspent funds, (£22,957 at the end of 2021-22), is carried forward as a "Restricted Fund" as shown in the balance sheet.

The income and expenditure account includes £3,000 from Start Fitness, an internet and retail-based sportswear supplier and manufacturer, who continue to provide valuable and much appreciated support and sponsorship for the track and field and cross-country championships. This sponsorship deal recommenced from January 2022.

The welcome return of athletics competition was appreciated by athletes, officials and organisers alike. Financial returns from the championship events were lower than previous years, largely because of significantly increased costs associated with organising all events. The success of the events is primarily down to the great efforts of the teams of volunteers and staff who promote, organise and facilitate the events.

In summary, the net surplus of £9,409 is a welcome outcome of a lot of hard work by a lot of people throughout the organisation. The excellent support and affiliation fees from our clubs for the Affiliation Scheme provides the basis of an independent and sustainable source of income, which provides a significant and sound platform for planning future competition provision and support to clubs, athletes and officials throughout the North.

Once again, my personal thanks and appreciation go to Judith and Pat, along with Mark as a very welcome recent addition to the office team, and a team of volunteers throughout the North who contribute hugely to the smooth running of the financial activities of Northern Athletics.

Nigel Orr
Hon Treasurer

Draft Income and Expenditure Account for the year ended 31st March 2022

| | 2021-22 | | 2020-21 | |
|---|----------------|----------------|----------------------|----------------------|
| | Income | Expenditure | Net Inc. / (Exp.) | Net Inc. / (Exp.) |
| | £ | £ | £ | £ |
| Income:- | | | | |
| Sponsorship:- | | | | |
| - Start Fitness | 3,000 | 0 | 3,000 | 0 |
| Affiliation Fees | 60,535 | 0 | 60,535 | 0 |
| Covid Grant - Kirklees Council | 0 | 0 | 0 | 10,000 |
| Bank interest | 1,337 | 0 | 1,337 | 641 |
| England Athletics Competition Grant | 2,000 | 0 | 2,000 | 0 |
| Hire of equipment / Other | 5,478 | 1,979 | 3,499 | 578 |
| | 72,350 | 1,979 | 70,371 | 11,219 |
| Expenditure:- | | | | |
| Staffing | 1,602 | 28,763 | (27,161) | (11,990) |
| Premises | 0 | 9,817 | (9,817) | (9,447) |
| Office expenses | 75 | 11,422 | (11,347) | (7,985) |
| Board expenses | 0 | 819 | (819) | (212) |
| Equipment and stock | 0 | 9,424 | (9,424) | (480) |
| Corporation Tax payable | 0 | 377 | (377) | (122) |
| Depreciation | 0 | 118 | (118) | (158) |
| | 1,677 | 60,740 | (59,063) | (30,394) |
| Championships:- | | | | |
| - Track & Field - | | | | |
| - Senior Outdoors | 7,020 | 9,781 | (2,761) | 0 |
| - Junior Outdoors | 10,740 | 12,290 | (1,550) | 0 |
| - Senior Indoors | 9,631 | 12,166 | (2,535) | 0 |
| - Junior Indoors | 4,814 | 6,116 | (1,302) | 0 |
| | 32,205 | 40,353 | (8,148) | 0 |
| - Road Running - | | | | |
| - 6/4 Stage & Young Athletes | 9,552 | 4,130 | 5,422 | 0 |
| - 12/6 Stage | 9,486 | 9,133 | 353 | 0 |
| | 19,038 | 13,263 | 5,775 | 0 |
| - Cross Country - | | | | |
| - Championships | 18,290 | 19,075 | (785) | 0 |
| - Relays | 7,817 | 5,958 | 1,859 | 0 |
| | 26,107 | 25,033 | 1,074 | 0 |
| Teams, Open Events & Matches:- | | | | |
| - Track & Field | 9,945 | 6,560 | 3,385 | 0 |
| - Road Running | 0 | 2,574 | (2,574) | 0 |
| - Cross Country | 0 | 1,411 | (1,411) | 0 |
| | 9,945 | 10,545 | (600) | 0 |
| Total | 161,322 | 151,913 | 9,409 | (19,175) |

Draft Balance Sheet @ 31 March 2022

| | 31 March 2022 | 31 March 2021 |
|---|-----------------------|-----------------------|
| Net assets brought forward | 277,401 | 296,576 |
| Surplus/(Deficit) for the year | <u>9,409</u> | <u>(19,175)</u> |
| | <u>286,810</u> | <u>277,401</u> |
| Represented by: | | |
| Office equipment at 1 April 2021 | 473 | 631 |
| Addition | 0 | 0 |
| Less: depreciation | <u>(118)</u> | <u>(158)</u> |
| | 355 | 473 |
| Debtors | 2,379 | 269 |
| Bank deposits | | |
| NatWest Account | 36,939 | 37,061 |
| Insignis - Cash Accounts | 302,048 | 300,713 |
| Imprest balances | <u>287</u> | <u>649</u> |
| | 339,274 | 338,423 |
| Restricted Fund - Officials' Development Project | (22,957) | (26,140) |
| Receipts in advance - Affiliation Fees | (26,795) | (33,739) |
| Creditors | <u>(5,446)</u> | <u>(1,885)</u> |
| | <u>286,810</u> | <u>277,401</u> |

CROSS COUNTRY REPORT 2022

Northern Cross Country Championships; Pontefract Park, Pontefract; 29th January

This was the fourth time the Northern Championships had used this venue in the last 10 years, and the location & access makes it popular with a widely spread number of affiliated clubs

The location usually results in a high number of entries (total entries in 2019 when the event was last held here, were 3060) but the entry level was significantly affected by the effect that the Covid pandemic had had – both on club athlete numbers and on athletes and spectators confidence to safely attend large gatherings.

The total number of entries was 2115 . with reductions in senior and all young athletes races. One encouraging factor was that both the junior fields were up against the last championships held – at Bedale in 2020. I am happy to report that the 2019 decision to reduce junior team sizes to 3 (at the 2019 AGM) has contributed to the increased entry and growing number of complete teams.

The low entries, (Entry fees in 2022 were down over £5000 against 2019) coupled with the increasing costs of organising large events, meant that the event lost money. However, we hope that this is due to the pandemic and that we will see a continuing growth in the event entry as club numbers grow.

The underfoot conditions on the day were good, but conditions for the athletes (and the officials and spectators!) were difficult with winds that I estimate were around 70 – 80 mph, making it difficult for the athletes, and impossible for club tents to be erected. The winds were so strong that we had to dismantle the 20m x 10 metre large marquee, early in the day to prevent it blowing away. Thankfully no injuries occurred.

Thanks to all the officials, particularly to Ron Needham - Clerk of Course and also President presenting the awards Dave Paver & Bob Jackson and their valued team of course setters and marshals for making the event a success and ensuring that all athletes got round the course routes safely.

Again a high level (75%) of entered runners finished (This figure has increased every year since 2007 when it was 49%). Another encouraging statistic was that no major injuries or accidents were reported with only a single figure number of runners reporting minor strains / injuries.

All the races were of the usual high standard, and the event programme ran perfectly to time, a testament to the goodwill of, and teamwork between all those involved in the event. The senior men's team race was one of the closest finishes we have seen for many years.

Results are included below

NORTHERN ATHLETICS CROSS COUNTRY CHAMPIONSHIPS -Results
Pontefract Park 29th January 2022

Senior Men

1 Hugo Milner (Derby AC)
 2 Nigel Martin (Sale Harriers Manchester)
 3 Daniel Howarth (MatlockAC)

Teams

1 Salford Harriers 141pts
 2 Leeds City AC 149pts
 3 Hallamshire Harriers Sheffield 151pts

U/20 Men

1 Joshua Dickinson (Leeds City AC)
 2 Rhys Ashton (Lancaster & Morecambe)
 3 Max Creasey (Middlesbrough AC)

Teams

1 Chesterfield & District AC 32pts
 2 Trafford AC 57pts
 3 Vale Royal AC 67pts

U/17 Men

1 Jacob Deacon (Chorley Athl & Tri club)
 2 Brandon Pye (Houghton H & AC)
 3 James Knockton (Trafford AC)

Teams

1 Wirral AC 76pts
 2 Morpeth Harriers & AC 143pts
 3 Gosforth Harriers & AC 174pts

U/15 Boys

1 Robert Price (Vale Royal AC)
 2 Oscar Schofield (Sale Harriers Manchester)
 3 Matthew Clark (Preston Harriers)

Teams

1 Wirral AC 117pts
 2 Vale Royal AC 152pts
 3 Keighley & Craven AC 157pts

U/13 Boys

1 Evan Grime (Salford Harriers)
 2 Charlie Jnoes (Middlesbrough AC)
 3 Thomas Amaral (Leigh Harriers & AC)

Teams

1 Trafford AC 58pts
 2 Wirral AC 95pts
 3 Sale Harriers Manchester 106pts

Senior Women

1 Eleanor Bolton (Ribble Valley Harriers)
 2 Sophie Tarver (Wirral AC)
 3 Georgia Taylor- Browne (Sale Harriers)

Teams

1 Vale Royal AC 72pts
 2 Hallamshire Harriers Sheffield 74pts
 3 Sale Harriers Manchester 116pts

U/20 Women

1 Abbey Brooke (Wakefield & District AC)
 2 Samantha Mason (Salford Harriers AC)
 3 Ellen Kearney (Wirral AC)

Teams

1 Liverpool Harriers & AC 51pts
 2 Salford Harriers & AC 64pts
 3 Houghton Harriers & AC 73pts

U/17 Women

1 Jess Bailey (Leven Valley AC)
 2 Ella Greenway (Cleethorpes AC)
 3 Rebecca Flaherty (Bingley Harriers & AC)

Teams

1 Vale Royal AC 115pts
 2 Rotherham Harriers & AC 134pts
 3 North Shield Polytechnic 204pts

U/15 Girls

1 Lotte Langan (City of York AC)
 2 Lilia Harris (Rotherham H & AC)
 3 Isabella Waugh (Rotherham H & AC)

Teams

1 Rotherham Harriers & AC 30pts
 2 Stockport Harriers & AC 103pts
 3 Salford Harriers & AC 133pts

U/13 Girls

1 Grace Igoe (Rotherham H & AC)
 2 Bailey Hughes (Liverpool Harriers & AC)
 3 Molly Carvell (Liverpool Harriers & AC)

Teams

1 Liverpool Harriers & AC 23pts
 2 Rotherham H & AC 45pts
 3 Sale Harriers Manchester 80pts

Northern Athletics Cross Country Relays 2022

The 12th running of the event took place at Graves Park Sheffield on the 22nd October, This was the second event held after the pandemic and while we hoped for an increase in numbers entering, we were unsure of quite what to expect. The result was that Senior team entry numbers were at the highest levels we have ever had, but young athlete team numbers were well down on pre-pandemic years, but increased over 2021.

YA teams

2019 entered 325; complete teams finished 312

2021 entered 199; complete teams finished 143

2022 entered 244; complete teams finished 188

Seniors

2019 entered 129; complete teams finished 94

2021 entered 117; complete teams finished 100

2022 entered 146; complete teams finished 117.

It was good to welcome back clubs who have always supported the event, and also some newly formed and affiliated clubs who were here for the first time. Weather on the day was excellent – warm, sunny and dry, and the ground conditions were good. We did have access to the pavilion for registration, and officials sign in, and presentations on the balcony. All races started on time & all course dismantling was completed by 4:30.

Thanks are again due to the host club – Sheffield Running Club - for their help with course design & operation; and to all the Northern Officials who helped on the day.

Congratulations to City of York (men) and Hallamshire Harriers (women) for their senior wins. Particularly to the Hallamshire last leg runner –Lauren McNeil, who gained 3 places to win, and set the days fastest time of 11:44 for the hilly 2 mile leg. Angus McMillan set the day's fastest time on the opening leg, in the men's race, with 9:55.

Results

U11 races (not championship events)

U/11 Girls

1 Liverpool Harriers & AC "A"

2 Hallamshire Harriers Sheffield

3 Liverpool Harriers & AC "B"

Fastest Leg

Jessica Thake Hallamshire Harriers

U/13 Girls

1 Birtley AC

2 Rotherham Harriers & AC "A"

3 Sale Harriers Manchester "A"

1st B team: Liverpool Harriers & AC 'B' (6th)

Fastest Leg

Maya Schofield Rotherham Harriers & AC

U/15 Girls

1 Rotherham Harriers & AC "A"

2 Sale Harriers Manchester "A"

3 Liverpool Harriers & AC "A"

1st B team: : Liverpool Harriers & AC 'B' (13th)

Fastest Leg

Eva Jha Vale Royal AC

U/11 Boys

1 Liverpool Harriers & AC "A"

2 Wirral AC "A"

3 Liverpool Harriers & AC "B"

Fastest Leg

Jacob Dawe Hallamshire Harriers

U/13 Boys

1 Hallamshire Harriers Sheffield "A"

2 Wirral AC

3 Macclesfield Harriers & AC

1st B team: Hallamshire Harriers "B" (5th)

Fastest Leg

Thomas Thake Hallamshire Harriers

U/15 Boys

1 Salford Harriers & AC "A"

2 Blackburn Harriers & AC

3 Trafford AC "A"

1st B team: Trafford AC "B" (11th)

Fastest Leg

Evan Grime Salford Harriers & AC

U/17 Women

- 1 Rotherham Harriers & AC "A"
- 2 Trafford AC "A"
- 3 City of York AC
- 1st B team: Rotherham Harriers & AC "B" (9th)

Fastest Leg

Freya Murdoch Stockport Harriers

Junior / Senior Women

- 1 Hallamshire Harriers Sheffield "A"
- 2 Lincoln Wellington AC
- 3 Vale Royal AC "A"
- 1st B team: Hallamshire Harriers Sheffield "B" (7th)

Fastest Leg

Nell McNeil Hallamshire Harriers

U/17 Men

- 1 Vale Royal AC "A"
- 2 Salford Harriers "A"
- 3 Lincoln Wellington AC
- 1st B team Liverpool Harriers & AC "B" (8th)

Fastest Leg

Robert Price Vale Royal AC

Junior / Senior Men

- 1 City of York AC
- 2 Hallamshire Harriers Sheffield "A"
- 3 Leeds City AC "A"
- 1st B team: Leeds City AC "B" (8th)

Fastest Leg

Angus McMillan City of York AC

Steve Gaines and Arwel Williams

Executive Board Members, Cross Country

ROAD RUNNING REPORT

The Championship road events commenced with the Preston 10 Mile event in November then quickly moved to the popular and fast Ribble Valley 10k championship in December.

The 12 and 6 stage Championship road relays were back after a 2 year absence, but for the men, little had changed with Leeds City remaining dominant at Birkenhead Park and retaining the championship.

The championship road races then moved to the midweek 5K at Sunderland's Silksworth park, and a well supported and fiercely contested traffic free event this always is.

The Combined Autumn relays returned to Sportcity Manchester with record senior entries for this popular venue.

Reports and Results for each event are below:

Results

Men's 6 Stage

| | |
|-------------------------|------------------------|
| 1 Leeds City AC 'A' | 1:46.55 |
| <i>Andrew Smith</i> | <i>David Mullarkey</i> |
| <i>Joshua Dickinson</i> | <i>Matthew Grieve</i> |
| <i>John Beattie</i> | <i>Richard Allen</i> |

| | |
|---------------------------|----------------------|
| 2 Salford Harriers & AC | 1:48.09 |
| <i>Thomas Cornthwaite</i> | <i>Marc Brown</i> |
| <i>Robert Smyk</i> | <i>David Barrett</i> |
| <i>Gary Priestley</i> | <i>Chris Livesey</i> |

| | |
|--|------------------------|
| 3 Blackburn Harriers & AC | 1:49.39 |
| <i>Tim Raynes</i> | <i>Matthew Ramsden</i> |
| <i>Callum Davidson</i> | <i>Ben Fish</i> |
| <i>Ben Makin</i> | <i>Nick McCormick</i> |
| 1 st 'B' Team – Leeds City AC 'B' | 1:50.49 |

Fastest Legs

| | |
|--|-------|
| <i>Richard Allen</i> Leeds City AC 'A' | 17.24 |
|--|-------|

Young Athletes 3 Stage Relays

Under 13 Girls

| | |
|---|-------|
| 1 Liverpool H & AC 'A' | 33.23 |
| 2 Rotherham H & AC 'A' | 33.59 |
| 3 Wakefield & DHAC | 35.40 |
| 1 st 'B' Team - Liverpool H & AC 'B' | 35.01 |

Fastest Legs

| | |
|---------------------------------------|-------|
| <i>Bailey Hughes</i> Liverpool H & AC | 10.55 |
|---------------------------------------|-------|

Under 15 Girls

| | |
|---|-------|
| 1 Rotherham H & AC 'A' | 31.55 |
| 2 Salford H & AC 'A' | 33.44 |
| 3 Sale HM | 34.44 |
| 1 st 'B' Team - Rotherham H & AC 'B' | 34.29 |

Fastest Legs

Women's 4 Stage

| | |
|-------------------------|-----------------------------|
| 1 Salford Harriers & AC | 1:24.52 |
| <i>Sinead Bent</i> | <i>Ty Brockley-Langford</i> |
| <i>Ruth Jones</i> | <i>Anna Bracegirdle</i> |

| | |
|---------------------------|------------------------|
| 2 Rotherham Harriers & AC | 1:25.39 |
| <i>Sophie Cowper</i> | <i>Mya Taylor</i> |
| <i>Nicola Devine</i> | <i>Samantha Hughes</i> |

| | |
|----------------------------------|-------------------------|
| 3 Hallamshire Harriers Sheffield | 1:28.32 |
| <i>Laura Jane Smith</i> | <i>Hannah Metherall</i> |
| <i>Nicola Squires</i> | <i>Katie Palfreeman</i> |

| | |
|--|---------|
| 1 st 'B' Team – Salford Harriers AC 'B' | 1:29.28 |
|--|---------|

| | |
|--|-------|
| <i>Anna Bracegirdle</i> Salford H & AC | 20.24 |
|--|-------|

Under 13 Boys

| | |
|--------------------|-------|
| 1 Blackburn H & AC | 33.21 |
| 2 Liverpool H & AC | 33.41 |
| 3 Trafford AC | 33.49 |

| | |
|----------------------------------|-------|
| <i>Evan Grime</i> Salford H & AC | 10.23 |
|----------------------------------|-------|

Under 15 Boys

| | |
|--|-------|
| 1 Wirral AC 'A' | 31.01 |
| 2 Morpeth H & AC | 31.33 |
| 3 Liverpool H & AC 'A' | 31.43 |
| 1 st 'B' Team – Wirral AC 'B' | 33.19 |

Freya Murdoch Stockport H & AC 10.25

Isaac Stabler City of York AC 10.07

Under 17 Women

1 Blackburn H & AC 'A' 41.11
2 Rotherham H & AC 'A' 41.58
3 Wakefield DH & AC 42.38

Under 17 Men

1 Wirral AC 'A' 33.41
2 Morpeth H & AC 'A' 34.33
3 Rotherham H & AC 'A' 35.05

Fastest Legs

Isabelle Holt Blackburn H & AC 13.06

Josh Blevins Gateshead H & AC 11.02

NORTHERN ATHLETICS 12 & 6 STAGE ROAD RELAY & YOUNG ATHLETES 5K

It has been 3 years since this event was last held, and that was also at Birkenhead Park. Birkenhead Park Sunday 27th March 2022.

Birkenhead Park is flat, with wide, well surfaced paths, so no wonder the experienced Leeds City athlete Mick Hill described the venue as "one of the best in the North." Add to that the mild sunny weather that always appears on relay days and you have ideal conditions for racing. First races of the day are the 5k Young Athletes, under 15 and under 17 age groups. Since their introduction, these races have become grown in popularity and give a chance for young athletes to experience the spring relay atmosphere, whilst racing themselves over a certified 5k course.

First away were the **U17 men**.

Gateshead Harrier Joshua Blevins was always at the front, winning in a time of 15.11.

The winning team was Wirral, something that would be repeated in these Y.A races.

Under 17 Women

Not surprisingly the winner was the talented Vale Royal athlete Holly Weedall, but she was well tracked by East Cheshire's Emilia Platt.

Blackburn Harriers, under the watchful eye of George Davies, won the team.

Under 15 Boys

Oscar Schofield is a very talented athlete who, under the guidance of coach Trevor Painter, will progress to a high level in athletics. Oscar won the race, but was pushed hard by Freddie Meredith, one of the talented group of young athletes from Trafford, guided by Neil Canham. Making his area competitive debut for Salford was Alfie Simons, eldest son of international athlete Bev Simons, nee Jenkins. Wirral won the team race as well as the B Team award.

Under 15 Girls.

Stockport's Freya Murdoch won by some 28 seconds over the Leven Valley athlete Georgia Bell, with Salford picking up the team gold.

Women's 6 Stage

The current championship holders, 2019 winners Rotherham Harriers, finished 11th on that first long leg. Jenny Blizzard running the short 2nd leg pulled up one place, but the Yorkshire club were not to retain their crown finishing in 6th position.

Vale Royal were not even at the 2019 event, yet they were 1st back on leg 1. Abigail Howarth had the 2nd fastest long leg time of the day 26.33, and were never out of the top 2 positions after that, to finish winners by 36 seconds.

Hallamshire Harriers were an incomplete team in 2019, but since then have clearly improved. 5th on the first leg they moved into the top 3 places for the remainder of the race, holding 2nd position for the

last 3 legs, with their 6th leg runner Lauren Heyes pulling out the equal fastest short leg time of the day 12.38. The last leg also producing the same fastest time for Wirral athlete Sophie Tarver as she moved her club up 3 places into 7th place.

The final podium position was taken by Salford Harriers, as they continue to build impressively. 5th in 2019, their youthful team anchored around Samantha Mason, and coached by her dad Duncan, held 3rd place for the last 3 legs, finishing some 95 seconds ahead of 4th placed Liverpool Harriers.

Fastest long leg of the day belonged to Blackburn's Jessica Judd on 4th leg, with a time of 25.25, 18 seconds faster than her 2019 time. Her efforts pulled Blackburn up some 9 places into 9th where they finished.

The absence of a Leeds women's team was somewhat surprising, but they will no doubt appear at the National on April 9th,

Men's 12 Stage

The impressive stats about Leeds City A.C men's 12 stage team. They won this event in 2019 heading the field in every one of the last 11 stages. Their winning time was 3.0643 and they had the fastest short time by Phillip Sesemann on leg 11, 10.54 and the fastest long leg times by Emile Caires on leg 5, 22.46. Fast forward three years and again they were first to finish in the last 11 stages, and had an overall faster time by over 2 minutes than their 2019 performance. However they were only fastest on the long leg, Phillip Sesemann on the 7th leg, 22.26. Sale's Nigel Martin had the fastest short leg 11 .02 just ahead of Harry Wakefield, Salford, 11.07. (Leeds did have 3 athletes in the top 10 short leg fastest times). Interesting that their B team, 9th in 2019, improved to 8th this year and were just under 2 minutes faster.

It was Liverpool Harrier David Devine who broke the Leeds monopoly, winner of that first leg in 22.47 before the team slowly dropped back finishing 6th.

The experienced Salford team, reinforced by Harry Wakefield, achieved 2nd place in 10 of the 12 stages, Thomas Cornthwaite 9th on leg 1, Michael Clayton 5th on leg 2 being the exceptions. Salford were 3rd in 2019, so they continue to improve and return the club to the mantle it held in the glory days of Stan Curran and Bev Jenkins.

The top 2 clubs continued to pull away but behind them was a battle for that final podium position. Blackburn held that position for 6 of the stages with Hallamshire close to them and Morpeth finishing strongly, then a gap to Liverpool and Sale.

Leg 9 had Blackburn slip to 4th as Morpeth passed them, and Hallamshire 5th. No change on leg 10, but with the finish fast approaching, leg 11 had significant changes, as Hallamshire moved up from 5th to 4th and Blackburn down to 5th.

The last leg was all change again. Morpeth lost 2 places to finish 5th. Blackburn had Tim Raynes move up one place to 4th and Hallamshire, so often trailing these other 2 clubs, had Euan Brown's 4th fastest short leg of the day to move them into the bronze medal position for the first and only time in the race.

Northern Athletics President Margaret Brooks made the presentation to the 3 winning teams before they went away to fill in their entry for the ERRA Nation on April 9th.

Whilst Leeds City and Salford dominate the North, they face tough opposition at the National. In the Midlands the Notts 12 stage team matched Leeds by winning 11 of the 12 stages and there is always the challenge of the strong Southern clubs.

Leeds are holders of the English 12 stage Championship and on April 9th they can also challenge for the British Championship, as the top 3 clubs from Wales, Scotland and Northern Ireland have been

invited to Sutton Park, with podium medals to be won, as well as bragging rights.

NORTHERN ATHLETICS 10 MILE CHAMPIONSHIP

Sunday 21st November 2021

Women's race

The mild weather of the week before had been replaced on race day by bright sunshine and a cold northerly wind. Ideal for endurance running but leaving supporters and officials keen to be standing in the sunshine. The prerace favourite was clearly Rotherham's Sophie Cowper with Leigh's Dionne Allen and perhaps one of the Sale athletes in contention. On the start line however there was a look of determination from Sophie as she kept her focus on staying on that first row. Quickly away once the starting gun was fired Sophie was never headed as she went through the half way mark in just over 30 minutes, with her nearest challenger Dionne Allen almost a minute behind, and Sale's Helen Armitage a further minute back. The 4th women, Louise Jackson was close behind Helen's Sale vest.

Approaching the finish the black Rotherham kit of Sophie Cowper accelerated to finish in 61.42, second was Dionne Allen 63.09 and third was Sale's Helen Armitage, 65.32, who just managed to hold off Louise Jackson by 12 seconds. The team result never looked in doubt with 3 Wesham Road Runners coming in like a pack run, 10th, 11th and 12th.

Men's Race

Unlike the women there was no clear favourite amongst the male entries, although the unknown new recruit to the Salford ranks showed he will be an asset to his new club.

Harry Wakefield has only recently joined Salford from Highgate Harriers, and at Preston he showed his ability with a win over his fellow Salford athlete Chris Livesey. Harry took the race on from the start, slowly reducing those athletes around him. By the half way point it was single file behind the leader, with Chris Livesey followed by the Cardiff athlete Chris Prior, Preston's Andrew Benson, and another Salford athlete Will Beauchamp. Harry continued to slowly pull away to finish in a time of 50.53. 2nd was Chris Livesey 51.48 and the 3rd Northern Athletics athlete was Preston's Andrew Benson 53.32.

Salford easily won the team with their 3rd counter, Will Beauchamp 4th 53.34. from Preston with Wesham 3rd.

Results.

Women

1st Sophie Cowper Rotherham Harriers 61.42

2ND Dionne Allen Leigh Harriers & A.C 63.09

3rd Helen Armitage Sale Harriers M/c 65.32

Team

1st Wesham Road Runners 33 Points (10, 11, 12)

Men

1st Harry Wakefield Salford Harriers 50.53

2nd Chris Livesey Salford Harriers 51.48

3rd Andrew Benson Preston Harriers 53.32

Teams

1st Salford Harriers 7 points (1, 2, 4,)

2nd Preston Harriers 19 points (3, 5, 11)

3rd Wesham Road Runners 73 points (17, 22, 34)

Ribble Valley 10k Monday 27th December 2021

This popular 10k was along with a lot of other races in doubt for much of 2021, after being cancelled in 2020. However thanks to the tireless effort of organiser George Davies, not only was the race sold out, but the elite entry was packed with top athletes.

This year the weather conditions were ideal, mild, with no rain or wind as the race got under way at 10.00. By 1k the leading men were down to a group of 4, Liverpool Harrier Jonny Mellor, Joshua Griffiths of Swansea, Jake Wightman, Edinburgh, and Woodford Green athlete Ed Shepherd, with a 5 M gap behind them to the chasing group. By 4 k, reached in 12 minutes, Jonny Mellor had a 4m lead over Griffiths, who was 7 m clear of Wightman, and by the turn point the leader was 20m clear of 2nd with Wightman still 3rd.

Jonny Mellor avoided the water station and passed 6k in just under 20 minutes, with Wightman, an 1500 M Olympic athlete, starting to be caught by Richards, Shepherd, and a 2nd Liverpool athlete David Devine. Jonny Mellor was now racing against Marc Scott's course record, with just Swansea's Joshua Griffiths in contention. Jake Wightman had now been passed by Salford's Chris Richards and David Devine.

Jonny Mellor crossed the finishing line in 28.58 with Salford's Chris Richards 2nd Northern Athlete and David Devine 3rd.

In the women's race it was always between Laura Weightman, Morpeth Harriers, who was returning after injury, and the Stockport Harrier Jessica Piasecki, These two were never far apart in the race, but the race sharpness of the Stockport Harrier gave her an edge later in the race, as she finished in 31:37 with Laura some 7 seconds behind in 2nd place. 3rd place went to local Ribble Valley Harrier Eleanor Bolton, 33:11.

Results

Women

| | | |
|----------------------------------|------------------------|-------|
| 1 st Jessica Piasecki | Stockport Harriers | 31:37 |
| 2 nd Laura Weightman | Morpeth Harriers | 31.44 |
| 3 rd Eleanor Bolton | Ribble Valley Harriers | 33:11 |

Men

| | | |
|--------------------------------|--------------------|-------|
| 1 st Jonny Mellor | Liverpool Harriers | 28:58 |
| 2 nd Chris Richards | Salford Harriers | 29.45 |
| 3 rd David Devine | Liverpool Harriers | 29:58 |

Teams

Women

- 1) **Sale** Olivia Green 12th Louise Whittaker 17th Helen Armitage 19th total 48 points
- 2) **Ilkley** Jemma Elgood 4th, Jane McCarthy 22nd Helen Waddington 37th total 63 points
- 3) **Stockport** Jessica Piasecki 1st Mollie Williams 5th Jane Brown 82nd total 88 points

Men

- 1) **Liverpool Harriers** Jonny Mellor 1 David Devine 3 Thomas Rogerson 20 total 24 points
- 2) **Salford Harriers** Chris Richards 2 David Barrett 11th Gary Priestly 18th total 31 points
- 3) **Blackburn Harriers** Matt Ramsden 9 Tim Raynes 10 Ben Fish 31 total 50 points

NORTHERN ATHLETICS 5K CHAMPIONSHIP ROAD RACE.

Following the cancellation of all the Individual Road Race Championship in 2020 we were delighted to return to the Silksworth sports centre, Sunderland, on 22nd July 2021 for the 5K Road Championship.

The 5K Championship was the first road event to return this year, with the Preston 10M, and the Ribble Valley 10k to follow in November and December respectively.

Organised by Sunderland Harriers, the race is over a fast undulating 2 lap course, and is very well supported by the athletes in the North East.

The women's race had the blue vest of Morpeth and the black vest of Rotherham locked together from the start amongst the front group of 6 athletes. At the finish it was local Morpeth Harrier, Catriona MacDonald who crossed the line first in 17.39, followed some 10 seconds later by Rotherham's Sophie Cowper, with Molly Pace of Jesmond third in 18.02.

The team result was a clear win for Tyne Bridge Harriers, in their new 10 year anniversary kit. They finished with 19 points,

Kathryn Stevenson 4th: Rebecca Parkin 7th and Ellen Jeffreys 8th

Second was North Shields Poly, 45 points.

Claire Harlow 13th : Natasha Newson 14th : Natalie Carroll 18th

Elswick Harriers took the bronze position with 54 points

Imogen Bungay 6th; Laura Smith 23rd; Ellie Clark 24th

The winner had completed her warm down before returning to the finish in time to see her mother Margaret complete the race with a time of 27.51.

In the senior men's event local pre race favourite Carl Smith of Tyne Bridge, did not disappoint. His winning time of 14.41, was only 18 seconds outside the course record, with Sunderland's Liam Taylor just 10 seconds behind him, and in third place was North Shields Poly athlete David Green 14.56

The team results had host club Sunderland winners by 6 points

Liam Taylor 2nd : Stephen Jackson 6th : Craig Gunn 14th.

Morpeth 2nd .Ross Floyd 5th : Thomas Straughan 11th : Joe Dixon 12th

Tyne Bridge 3rd Carl Smith 1st : Marc Fenwick 16th Ryan Holt 17th .

There were 8 male athletes sub 15 minutes and a further 24 sub 16 minutes.

We are very much looking forward to welcoming athletes back to Preston an Ribble Valley later this year after the disappointments and cancellations of last year and would like to thank all our clubs, athletes and officials for their continued support during the enforced inactivity.

The 2022 12 & 6 Stage Relays & YA 5K race will be held at Birkenhead Park on Sunday 27th March 2022

Bob Brimage & Ken Smith
Ken Smith

Executive Committee members (Road Running)
Championship Secretary

TRACK AND FIELD REPORT

After a gradual return to Outdoor Competition in 2021 with limited opportunities, it is pleasing to report that NA were able to offer a full programme of both Indoor and Outdoor Track and Field events this year.

This began in January with the Indoor Senior Championships, and was followed in February by the Age Group Indoor Championships. Both competitions took place at the EIS in Sheffield and even though Covid was still with us both were well attended by Athletes, Coaches and Parents. The facilities and equipment at the Arena are very good. There is now a direct link from PF to the Call Room. This allows for quicker transfer of seeding information.

An infield camera was trialed for the 60m track. This was easily installed, never failed, and used frequently. The Stadium staff were praised for their willingness to help with any issues that arose over the three days of both events.

All Chiefs praised their teams of Officials in the different disciplines, emphasising that they all worked well together to ensure the TT ran smoothly on what were two very busy weekends. It was gratifying to welcome the younger athletes and introduce them to Area Competition after a period of uncertainty due to the Pandemic. Most coped admirably providing some excellent performances.

The Outdoor season saw all three main Northern Athletics events return, with both the Senior and Junior Championships taking place at Wavertree, Liverpool, and the Inter Counties at York.

The Inter County date in June had to be rearranged due to clashes, and eventually took place on the Thursday before the Queens Platinum Jubilee Weekend celebrations. Whilst unusual to have an event on during the week this did not deter the participants or spectators. The crowds were second to none and the support they provided for both athletes and officials was very much appreciated. The consensus was that the stadium was well equipped and a good venue for this competition. This event does not incur any fees for the competitors and no gate fees for spectators. All costs are met from Northern Athletics funds.

- Following the change of venue from Wavertree to Leigh in 2021, NA returned to the popular Liverpool venue this year for both Outdoor Championships. The host club, Liverpool Harriers, certainly know how to look after all participants and spectators. The venue is excellent, and both the Stadium and Catering staff must be mentioned for their valuable contribution to two very good events this Summer.

The Senior Championships took place on the 18th/19th June and entries also included a small group of Para athletes competing in both Track and Field events. Liverpool Harriers and Stadium staff ensured that all event sites were set up and ready to use. Whilst Wavertree is an excellent venue there is still an issue with the Pole Vault uprights, which led to some repair work having to be done during competition time. Wavertree and club staff are aware of this, and steps are being taken to remedy the problem for future events.

Whilst the athlete entries were good prior to the competition, the unfortunate number of no shows over the two days led to several timetabling issues with many reduced races on the track, leaving a lot of gaps for the Officials. The Field events were able to finish early, again due to fewer athletes on the day. However, the issue with so many no shows lead to an imbalance between Track and Field which also creates complications with the timetable on the day.

As with the Seniors, the Age Group Championships in August also proved to be a very successful

weekend, despite the extreme weather conditions. Unfortunately, the heat over the two days did have an impact on both the athletes and the Officials, and indeed the competition itself.

The timetable appeared to work well. Several age groups on the track, in particular the Girls U13 and U15's, had large entry numbers and so there were more Heats and Semi's allocated. However, there were a few no shows on both days which meant that some races lost heats and semis and went straight to a Final.

The Field timetable worked well and was able to start on time on both days. Again, due to a few no shows the field events took less time than was allocated, which allowed for suitable breaks for the officials in what were extremely challenging weather conditions. Both U15 boys and girls 1500m races were changed to time trials rather than the normal heats and final. This was a health and safety decision taken before the meeting due to the excessive heat. It was a popular decision as several athletes were concerned about racing over that distance twice in one day in those conditions. This also helped with timing slots on the Track. Unfortunately, due to the nature of the entries and the events on each day, the Track finished an hour earlier than the Field on the Saturday and it was the other way around on the Sunday, with the Track finishing an hour after the Field events. This will be looked at for next year, in particular the nature of the prospectus and allocation of events on each day, although it is not ideal to have too late a finish on the Sunday as people have had a busy weekend and must travel some distance to get home.

Despite the adverse weather conditions, everyone maintained a thoroughly professional attitude to deliver the best championships they could for the athletes. Despite issues previously mentioned, the meeting appeared to be a great success. There were several Championship Best performances, which shows the standard of entries.

Following a successful year of Competition, both indoors and outdoors, Northern Athletics are resolved to further increase the opportunities for athletes, coaches and officials in the North. With this in mind, consideration is being given to looking at alternative venues in the North for our Outdoor Championships next year to make it more accessible for more people and reduce travel times. Also, NA have invested in new technology and equipment to enhance the officiating experience at different levels, which will also be of considerable advantage to the athletes competing in the various events.

Hopefully, the success of the competitions provided by NA this year will continue into the Indoors and Outdoors next year.

Malcolm Fletcher Elaine Williams
Executive Board members Track & Field

Welsh Athletics U20 International, Swansea, August 17th 2022

The Welsh Athletics U20 International took place at Swansea Athletics Stadium on Wednesday August 17th, with competing teams from Wales, Ireland, Scotland and the three regions of England; the South, Midland and North.

Early field competition saw Halle Ferguson of Trafford finish 2nd with a jump of 1.74m in her penultimate competition of the season before going to Poland with the Phoenix Futures elite scheme. In the men's event, Morgan Williams of Leeds City cleared 1.82m, in his first event of the evening. Another early field event was the women's hammer, with Jasmine Richardson of Sale coming a fantastic 3rd with 47.60m, not far off the 47.90m she threw at the English Schools Championships in July where Jasmine also placed 3rd.

In the first track events of the evening, Benjamin Verbickas of Crewe and Nantwich came home 4th in 56.31 secs, while Hermione Mason of Sale also came home 4th in a time of 64.45 secs. Both athletes were seen later in relay action.

The first victory for the Northern Team came in the women's mile, in which Ava Lloyd of Wigan ran away from the pack on the last lap to win by a clear 20 metres in a time of 4:54.85 mins, for her first race over the distance. David Holman of Blackburn maintained the high standard, finishing 3rd in the men's mile in a time of 4:18.53, again racing over the distance for the first time. Alongside the track, the field events continued with Will Foot of Chesterfield competing in the pole vault and James Wordsworth of North Shields completing his first event of the evening, the men's shot, finishing in 3rd place with 15.08m. Lewis Forster of Leigh threw 56.08m to place third in the men's javelin, his third best ever throw behind performances at the English Schools and EA U20 Championships this year.

On the track the 100m sprinters performed well, with Morgan Corcoran of Sheffield placing 5th in 11.18 secs, and Acacia Williams-Hewitt finishing 2nd in 12.36 secs in what was a busy evening for the Hallamshire athlete. Our 400m athletes also put in superb performances, with Middlesbrough's Charlotte Kelsey winning in 55.79 secs, very close to her 55.73 secs pb, and Spensborough's Bayleigh Lawton, still jetlagged from the return journey from the World U20 Championships in Cali, Colombia, winning the men's race in 49.17 secs. Back on the field, James Wordsworth was in action again, securing another win for the team in the men's discus, throwing 49.62m. Holly Fowler of Sheffield placed 3rd in the women's event with 39.38m.

One of the most exciting finishes of the evening on the track came in the women's 800m with Lucy Scothern of Chester le Street finished second in a time of 2:11.23, just 0.05 seconds behind the winner, a PB time for Lucy. Charlie Roberts of St Helens finished 4th in the men's race, with a time of 1:54.65. Our sprint hurdlers also produced great performances, with Liverpool's Meg Corker coming 2nd in 13.98 secs, an equal non-wind assisted PB, and Oliver Adnitt of Kingston upon Hull finished a fantastic 3rd. Acacia Williams-Hewitt was back in action again, finishing 2nd in the 200m in 25.17, while David Chapman of Sheffield, after a late night flight back from Rome, came 4th in the men's race in a time of 22.02 secs. In the final track event before the relays, Jasmine Trott of Rothwell finished 3rd in a time of 10:02.7, before setting off on a scholarship to Rhode Island in the USA for the next four years.

The event reached its climax with the relays, with the women finishing 3rd in the 4x100m with Holly Fowler coming from the discus to support Meg Corker, Charlotte Kelsey and Acacia Williams-Hewitt. The men's team of Morgan Williams, Oliver Adnitt, Morgan Corcoran and David Chapman came home in 3rd place. The highlight of the evening was without doubt the mixed 4x400m relay. The North was the only team to select a lady for the first leg, bravely undertaken by Charlotte

Kelsey with minimum rest after the 4x100m relay. With women and men on opposite legs, Charlotte passed on to Benjamin Verbickas who in turn passed on to Hermione Mason before a storming leg from Bayleigh Lawton brought the team home in 4th place. Despite the high placings of the North throughout the night, the team from the South of England was awarded first place, with the final team standings still to be published. The team conducted themselves perfectly and performed brilliantly, and we look forward to the chance to take part in this event again next year.

Thanks also to the Team Managers Mark Tallon and Sarah taking charge of the team for the first time.

NORTHERN TRI-REGIONAL OFFICIALS' GROUP (T&F)

Report from Hon Secretary 2022

This is the 14th year of operation for the Northern Tri-Regional Group (NTROG), which has responsibility for the following areas:

- (a) Selection of T&F officials to Northern indoor and outdoor championships
- (b) Nominations of T&F officials for National indoor and outdoor appointments
- (c) Nominations of T&F candidates to sit on National Discipline Peer Groups
- (d) Recommendations to Peer Groups for upgrading T&F candidates to Level 4.

The group currently consists of:

Chairman:

Finlay Galloway (NW)

Championship Sec:

Malcolm Fletcher (YH)

Hon Sec:

John Driscoll (NW)

Selectors – Field Group:

Mick Frazer (NE)

Malcolm Rogers (YH)

Dean Williams (NW)

Selectors – Starting Group

David Brown CBE (NW)

Malcolm Dewell (NE)

Clive Young (YH)

Selectors – Timekeeping Group:

Michael Brown (NE)

Kevin Johns (YH)

Ron Scott (NW)

Selector – Photo-finish Group:

Margaret Rushton (NW)

Selectors – Track Group:

Finlay Galloway (NW)

Dr Moira Gallagher MBE (YH)

Tony Livingstone (NE)

State of the Nation – Northern Officials

The total number of active officials (including Endurance and Race Walking not covered by NTROG) on Trinity affiliated to the Northern Group is 1305 (Sept 2022). The total includes 97 trainee officials (those who have completed a L1 course but not yet achieved the qualifying experiences) and 32 Assistant Officials.

The breakdown of disciplines is as follows:

| Discipline | Level 1 | Level 2 | Level 3 | Level 4 | TOTAL | 2021 totals |
|---------------------|----------------|----------------|----------------|----------------|--------------|--------------------|
| Endurance | 148 | 47 | 60 | 25 | 280 | 292 |
| Field | 270 | 194 | 65 | 46 | 575 | 571 |
| Photo-finish | 27 | 8 | 17 | 6 | 58 | 56 |
| Starter | 19 | 15 | 12 | 12 | 58 | 61 |
| Starter's Assistant | 31 | 27 | 12 | 16 | 86 | 87 |
| Timekeeper | 63 | 68 | 28 | 19 | 178 | 181 |
| Track | 107 | 60 | 35 | 34 | 236 | 232 |
| Race-Walking | 12 | 4 | 7 | 4 | 28 | 27 |

NB These totals are higher than the actual number of officials, as many are qualified in several disciplines.

The fact that the total is more than 120 fewer than a year ago, in spite of an active recruitment campaign by England Athletics and widespread availability of training courses, is a matter of concern to many people in the sport, from local to national level. It's clear that several of our older experienced officials retired during the COVID-19 induced break in competition and have not yet been replaced by new recruits.

The level of involvement of each official inevitably varies according to the amount of time they have available and their commitment to school, club, league, county and higher-level events, but a recent survey of Level 4 officials indicates that, on average, they give up 41 days a year to work at 28 different competitions. By contrast, many local officials will only support their club at a handful of open meetings and league competitions. Both extremes are needed and welcomed in the sport.

Officials' Training and Development

Continuing the trend set in 2021, the take-up of virtual training course at L1 has been strong, as these are more accessible and cost-effective than traditional face-to-face (F2F) courses, albeit with obvious shortcomings. Having completed the Level 1 course, each candidate has to provide evidence of having officiated at a minimum of four meetings, so the progression from course attendance to a full licence has been delayed for many. F2F courses have returned this autumn, but virtual courses remain popular.

At the other end of the officials' pathway, at least five Northern officials are currently awaiting the outcome of their submissions for Level 4. These are assessed by the Peer Groups each autumn.

Northern Championships 2022

As in previous years, the U17s were combined with the Seniors and U20s in a two-day event at EIS Sheffield in January while the U15s and U13s had their own one-day championship at EIS in February. Reports from each of the Chief Officials were prepared and sent to the Committee. A total of 21 withdrawals of officials affected the three days of competition. Half of these were COVID-19 related, while the others were due to other health reasons or important commitments. The number of withdrawals was similar to previous years, highlighting the need to appoint plenty of reserves.

The outdoor season included five days of scheduled Regional Championship competition - one day for the Northern Inter-Counties at York, two days for the Senior/U20 Championships at Wavertree and two days for the U13/U15/U17 event, also at Wavertree. Officials were first selected and appointed in January to the technical roles required for these meetings; a change of date for the Inter-Counties due to a diary clash meant a large number of changes for that meeting. In addition, a total of 27 officials withdrew from the three events, some at short notice and with no stated reason. The selectors

National Events 2022

Selection of officials for National events is managed by National Peer Groups on recommendations from the Tri-Regional Officials Groups. The Peer Groups aim to ensure a balance of experienced officials from each Tri-Region at these major events. Northern officials were well represented at the Müller UK Indoor Championships in Birmingham in February and the various EA Championships at Sheffield. With the Alexander Stadium being prepared for the Commonwealth Games, all the EA outdoor events were a long journey away in Bedford, but the Diamond League in Birmingham on 21 May gave Northern officials a taste of what to expect at CG2022. Our officials were also prominent at the Müller British Championships at Manchester on 24-26 June, and the English Schools T&F Championships at the same venue just two weeks later.

Commonwealth Games 2022

This report would not be complete without reference to the role which Northern officials played in making the 2022 Commonwealth Games such a success. It's a tribute to the skill and reputation of our officials that more than 40 Northern officials were appointed in technical roles (from a total of 160 from across the United Kingdom and Commonwealth) with several more of our officials enjoying volunteer roles ranging from access control and buggy driving to athlete support and kit carrying.

Forthcoming Indoor and Outdoor Seasons 2023

Within the next few days, availability invitations for the 2023 indoor season will be sent to L1-L4 officials, except those who have opted out of mailings. NTROG will have selected officials by mid-November. This process will be repeated for the 2023 outdoor season in December/January 2023.

Acknowledgements

Although I'm the contact listed in the UKA Rulebook, the difficult task of selections is handled effectively by the Northern Tri-Regional Group. I'd like to thank Finlay Galloway and the NTROG members for their help and advice. I'm grateful to Mark Tallon and Judith Temperton at the Northern Athletics Office for the administrative help I have received. Finally, I'd like to welcome Cath Hickey as my successor to the role of NTROG Secretary. We've had a detailed handover and I wish her every success in the rewarding voluntary role which underpins the work of the Group.



John Driscoll
Hon Secretary

TRACK & FIELD CHAMPIONS 2022

| Senior Men | Name | Club | Performance |
|----------------|---|--------------------------------|-------------|
| Outdoor | <i>Wavertree Stadium, Liverpool</i> | | |
| | <i>18/19 June 2022</i> | | |
| 100m | David Morgan-Harrison | Kingston upon Hull AC | 10.32 |
| 200m | Reality Osuoha | City of Sheffield & Dearne AC | 21.44 |
| 400m | Robert Shipley | City of York AC | 47.78 |
| 800m | Adetomiwa Oladiti | Sale Harriers Manchester | 01:55.29 |
| 1500m | James McCrae | Hallamshire Harriers Sheffield | 03:55.11 |
| 5000m | Cameron Bell | Hallamshire Harriers Sheffield | 14:43.57 |
| 10000m | <i>Not contested</i> | | |
| 110mH | Curtis Mitchell | Preston H & AC | 14.93 |
| 400mH | James Webster | Liverpool Harriers & AC | 51.53 |
| 3000mS/C | Mohamed Abshir | Leeds City AC | 09:48.25 |
| High Jump | Kaya Walker | City of Sheffield & Dearne AC | 1.85 |
| Pole Vault | Nicolas Cole | City of Sheffield & Dearne AC | 4.50 |
| Long Jump | Harvey Darroch | Wirral AC | 6.88 |
| Triple Jump | Oliver Goldthorpe | Wigan & DHAC | 14.20 |
| Shot Putt | Scott Jones | Trafford AC | 14.18 |
| Discus | Chukwuemeka Osammor | City of Sheffield & Dearne AC | 54.13 |
| Javelin | Sam Bannon | Liverpool H & AC | 53.55 |
| Hammer | Shaun Kerry | Kingston upon Hull AC | 59.95 |
| Indoor | | | |
| 60m | David Morgan-Harrison | Kingston upon Hull AC | 6.67 |
| 200m | Joe Ferguson | Leeds City AC | 21.15 |
| 400m | Ben Higgins | City of Sheffield & Dearne AC | 47.38 |
| 800m | Dominic Walton | Blackburn H & AC | 01:57.96 |
| 1500m | Jonothan Kay | Bolton Utd H & AC | 04:02.23 |
| 3000m | Mark Bostock | Wakefield DH & AC | 08:28.37 |
| 60mH | Curtis Mitchell | Preston H & AC | 8.41 |
| Long Jump | Harvey Darroch | Wirral AC | 7.16 |
| Triple Jump | Oluwaseun Okome | Sale Harriers Manchester | 15.57 |
| High Jump | Kaya Walker | City of Sheffield & Dearne AC | 2.00 |
| Pole Vault | William Lane | City of Sheffield & Dearne AC | 4.50 |
| Shot Putt | Craig Charlton | North Shields Poly Club | 14.72 |
| U20 Men | | | |
| Outdoor | | | |
| 100m | Morgan Corcoran | Bingley H & AC | 10.93 |
| 200m | David Chapman | City of Sheffield & Dearne AC | 21.47 |
| 400m | Bayleigh Lawton | Spensborough AC | 49.19 |

| | | | |
|-------------|----------------------|-------------------------------|----------|
| 800m | Charlie Roberts | St Helens Sutton AC | 01:58.78 |
| 1500m | Dexta Thompson | Blackburn H & AC | 4:07.20 |
| 5000m | Matt Ramsden | Blackburn H & AC | 14:41.91 |
| 110mH | Oliver Adnitt | Kingston upon Hull AC | 14.61 |
| 400mH | Benjamin Verbickas | Crewe & Nantwich AC | 55.89 |
| 3000mS/C | <i>Not contested</i> | | |
| High Jump | James Margrave | Northern (Isle of Man) AC | 1.90 |
| Pole Vault | William Lane | City of Sheffield & Dearne AC | 4.50 |
| Long Jump | Matthew Liu | Liverpool H & AC | 6.77 |
| Triple Jump | Archie Yeo | Kingston upon Hull AC | 15.48 |
| Shot Putt | James Wordsworth | North Shields Poly AC | 15.69 |
| Discus | James Wordsworth | North Shields Poly AC | 49.58 |
| Javelin | Lewis Forster | Leigh Harriers & AC | 50.70 |
| Hammer | Matthew Heywood | Blackburn H & AC | 59.05 |

Indoor

| | | | |
|-------------|-------------------|-------------------------------|----------|
| 60m | Morgan Corcoran | Bingley H & AC | 6.93 |
| 200m | David Chapman | City of Sheffield & Dearne AC | 21.89 |
| 400m | Harry Ross-Hughes | Wirral AC | 49.52 |
| 800m | Sam Stephens | Vale Royal AC | 01:57.63 |
| 1500m | Henry Cullen | Doncaster AC | 04:09.55 |
| 3000m | Matt Ramsden | Blackburn H & AC | 09:11.82 |
| 60mH | David Naylor | Crewe & Nantwich AC | 8.42 |
| Long Jump | Jerel Livingston | Trafford AC | 7.12 |
| Triple Jump | Scott Sinclair | Preston H & AC | 14.71 |
| High Jump | Kresten Calvert | Wirral AC | 2.04 |
| Pole Vault | William Lane | City of Sheffield & Dearne AC | 4.55 |
| Shot Putt | Isaac Delaney | Preston H & AC | 16.08 |

U17 Men

| | | | |
|----------------|---|-------------------------------|--------------------------|
| Outdoor | <i>Wavertree Stadium, Liverpool</i> | | <i>13/14 August 2022</i> |
| 100m | Leonardo Scott | Sale Harriers Manchester | 11.49 |
| 200m | Dindu Elenwa | Oldham & Royton AC | 22.53 |
| 400m | Samael Lunt | Wirral AC | |
| 800m | Josh Redmond | Liverpool H & AC | 01:59.50 |
| 1500m | Dexta Thompson | Blackburn H & AC | 04:07.20 |
| 3000m | Ethan Bond | Gosforth H & AC | 09:22.87 |
| 100mH | Corey Beechall | Liverpool H & AC | 14.63 |
| 400mH | Samael Lunt | Wirral AC | 53.40 |
| 1500mS/C | <i>Not contested</i> | | |
| High Jump | Martins Ogedenbe Donies | Sale Harriers Manchester | 1.96 |
| Pole Vault | Rudi May | City of Sheffield & Dearne AC | 4.00 |
| Long Jump | Jack Hilton | Wigan DH & AC | 6.45 |
| Triple Jump | Jack Hilton | Wigan DH & AC | 14.00 |

| | | | |
|------------------|-----------------|---------------------|-------|
| <i>Shot Putt</i> | Rhys Watson | Stockport H & AC | 11.99 |
| <i>Discus</i> | Edward Gardiner | Morpeth H & AC | 39.54 |
| <i>Javelin</i> | Isaac Henson | City of York AC | 47.13 |
| <i>Hammer</i> | William Lacey | Bolton Utd Harriers | 36.54 |

Indoor

| | | | |
|--------------------|---------------------|-------------------------------|----------|
| <i>60m</i> | Valentine Analogbei | Liverpool H & AC | 7.19 |
| <i>200m</i> | Valentine Analogbei | Liverpool H & AC | 22.31 |
| <i>400m</i> | Samael Lunt | Wirral AC | 50.62 |
| <i>800m</i> | Max Lowery | Salford H & AC | 2:08.17 |
| <i>1500m</i> | Ethan Bond | Gosforth H & AC | 04:13.29 |
| <i>60mH</i> | Samael Lunt | Wirral AC | 8.69 |
| <i>Long Jump</i> | Ryan Rawlinson | Amber Valley & Erewash AC | 6.34 |
| <i>Triple Jump</i> | Jack Hilton | Wigan & DHAC | 14.17 |
| <i>High Jump</i> | Jack Holmes | Pontefract AC | 1.80 |
| <i>Pole Vault</i> | Rudi May | City of Sheffield & Dearne AC | 3.80 |
| <i>Shot Putt</i> | Hayden Blunn | Macclesfield H & AC | 12.29 |
| <i>Heptathlon</i> | | | |

U15 Boys

Outdoor

| | | | |
|--------------------|------------------|--------------------------------|----------|
| <i>100m</i> | Daniel Nuttall | Blackburn H & AC | 11.55 |
| <i>200m</i> | Oliver Nunn | Blackpool, Wyre & Fylde AC | 23.26 |
| <i>300m</i> | Archie Irving | Carlisle Aspatria AC | 38.94 |
| <i>800m</i> | Matthew Clark | Preston H & AC | 02:02.64 |
| <i>1500m</i> | Myles Fraser | Preston H & AC | 04:12.04 |
| <i>80mH</i> | Reece Bradley | Crewe & Nantwich AC | 12.15 |
| <i>High Jump</i> | Luke Pichler | Blyth RC | 1.75 |
| <i>Pole Vault</i> | Maxin Johnson | Hallamshire Harriers Sheffield | 2.60 |
| <i>Long Jump</i> | Luke Pichler | Blyth RC | 6.39 |
| <i>Triple Jump</i> | Archie Irving | Carlisle Aspatria AC | 11.50 |
| <i>Shot Putt</i> | Joseph Perkins | Gateshead H & AC | 12.64 |
| <i>Discus</i> | Joseph Perkins | Gateshead H & AC | 39.52 |
| <i>Javelin</i> | Callum Harrogate | Border H & AC | 41.86 |
| <i>Hammer</i> | Joshua Reibbitt | Carlisle Aspatria AC | 48.25 |

Indoor

| | | | |
|-------------------|--------------------|--------------------------------|----------|
| <i>60m</i> | Daniel Nuttall | Blackburn H & AC | 7.37 |
| <i>200m</i> | Daniel Nuttall | Blackburn H & AC | 23.78 |
| <i>800m</i> | Ruben Stovell | Hallamshire Harriers Sheffield | 02:05.98 |
| <i>60mH</i> | Luke Pichler | Blyth RC | 8.61 |
| <i>Long Jump</i> | Ruben Stovell | Hallamshire Harriers Sheffield | 5.64 |
| <i>High Jump</i> | Nathan Brassington | West Cheshire AC | 1.65 |
| <i>Pole Vault</i> | Ruben Stovell | Hallamshire Harriers Sheffield | 2.90 |
| <i>Shot Putt</i> | Nathan Brassington | West Cheshire AC | 12.10 |

U13 Boys**Outdoor**

| | | | |
|-----------|---------------|--------------------------------|----------|
| 100m | Alfie Dobie | Liverpool H & AC | 13.37 |
| 200m | Alfie Dobie | Liverpool H & AC | 26.53 |
| 800m | Thomas Thake | Hallamshire Harriers Sheffield | 02:11.96 |
| Long Jump | Guy Guttridge | Kingston upon Hull AC | 4.64 |
| Shot Putt | Tomos Cowell | Darlington H & AC | 9.73 |

Indoor

| | | | |
|-----------|-----------------|-------------------------|----------|
| 60m | Joel Ige | Horwich RMI Harriers | 7.91 |
| 200m | Joel Ige | Horwich RMI Harriers | 25.45 |
| 800m | Jack Baranowski | Blackburn H & AC | 02:15.94 |
| High Jump | Eli Adams | North Shields Poly Club | 1.47 |
| Long Jump | Joel Ige | Horwich RMI Harriers | 4.70 |
| Shot Putt | Oliver Delaney | Preston H & AC | 9.08 |

Senior Women**Outdoor**

| | | | |
|-------------|---------------------------|----------------------------------|----------|
| | <i>Wavertree Stadium,</i> | <i>Liverpool 18/19 June 2022</i> | |
| 100m | Ellie Booker | City of Sheffield & Dearne AC | 11.65 |
| 200m | Hannah Kelly | Bolton Utd Harriers | 24.42 |
| 400m | Ella Blakey | Derby AC | 54.90 |
| 800m | Jodie Martin | Kingston upon Hull AC | 2:09.18 |
| 1500m | Rachael Franklin | Manx Harriers | 4:23.06 |
| 5000m | Hannah Cowley | Cheshire Dragons RC | 17:22.73 |
| 10000m | <i>Not contested</i> | | |
| 100mH | Grace Bower | Liverpool H & AC | 14.58 |
| 400mH | Chelsea Walker | City of York AC | 59.51 |
| 2000m S/C | Megan Lewis | E. Cheshire H & T'side AC | 09:09.30 |
| High Jump | <i>Not contested</i> | | |
| Pole Vault | Bethany Woodhead | Sale Harriers Manchester | 1.72 |
| Long Jump | Suzanne Palmer | Derby AC | 5.79 |
| Triple Jump | | | |
| Shot Putt | Shaunna Thompson | Sale Harriers Manchester | 13.89 |
| Discus | Freya Dooner | Wigan & DHAC | 44.34 |
| Javelin | Vikki Adams | Leeds City AC | 39.98 |
| Hammer | Charlotte Williams | Blackburn H & AC | 53.27 |

Indoor

| | | | |
|-------|-----------------|-------------------------------|----------|
| 60m | Leonie Ashmeade | Wakefield & DHAC | 7.58 |
| 200m | Jazmine Moss | Gateshead H & AC | 23.94 |
| 400m | Hannah Kelly | Bolton Utd H & AC | 54.91 |
| 800m | Molly Hudson | Derby AC | 02:12.58 |
| 1500m | Eve Pound | City of Sheffield & Dearne AC | 04:44.28 |
| 3000m | Samantha Mason | Salford H & AC | 09:51.51 |

| | | | |
|--------------------|----------------------|--------------------------|-------|
| <i>60mH</i> | Danielle McGifford | Wigan & DHAC | 8.68 |
| <i>Long Jump</i> | Grace Bower | Sale Harriers Manchester | 5.50 |
| <i>Triple Jump</i> | Holly Aitchison | Stockport T & F | 11.68 |
| <i>High Jump</i> | Hollie Smith | Kingston upon Hull AC | 1.65 |
| <i>Pole Vault</i> | <i>Not contested</i> | | |
| <i>Shot Putt</i> | Shaunna Thompson | Sale Harriers Manchester | 14.43 |

U20 Women

Outdoor

| | | | |
|--------------------|------------------------|-------------------------------|----------|
| <i>100m</i> | Acacia Williams-Hewitt | Hallamshire Harriers | 12.35 |
| <i>200m</i> | Charlotte Kelsey | Middlesbrough AC | 24.49 |
| <i>400m</i> | Charlotte Kelsey | Middlesbrough AC | 55.82 |
| <i>800m</i> | Lucy Scothern | Chester le Street AC | 02:14.05 |
| <i>1500m</i> | Ava Lloyd | Wigan & DHAC | 04:33.06 |
| <i>5000m</i> | Jasmine Trott | Rothwell H & AC | 17:21.88 |
| <i>100mH</i> | Meg Corker | Liverpool H & AC | 13.70 |
| <i>400mH</i> | Hermione Mason | Sale Harriers Manchester | 63.49 |
| <i>2000m S/C</i> | Jodi Bemand | West Cheshire AC | 07:52.35 |
| <i>High Jump</i> | Halle Ferguson | Trafford AC | 1.70 |
| <i>Pole Vault</i> | Bethany Falconer | Chesterfield & DAC | 3.40 |
| <i>Long Jump</i> | Kiikii Brown | Leeds City AC | 5.70 |
| <i>Triple Jump</i> | Kiikii Brown | Leeds City AC | 11.59 |
| <i>Shot Putt</i> | Annabel Amadin | Sale Harriers Manchester | 12.04 |
| <i>Discus</i> | Holly Fowler | City of Sheffield & Dearne AC | 38.88 |
| <i>Javelin</i> | Kacie Calvert | Preston H & AC | 29.89 |
| <i>Hammer</i> | Jasmine Richardson | Sale Harriers Manchester | 45.43 |

Indoor

| | | | |
|--------------------|--------------------|--------------------------|----------|
| <i>60m</i> | Success Eduan | Sale Harriers Manchester | 7.43 |
| <i>200m</i> | Sophie Walton | Horwich RMI Harriers | 24.33 |
| <i>400m</i> | Ashley Nemits | Wigan & DHAC | 57.68 |
| <i>800m</i> | Eleanor Colbourn | Harrogate H & AC | 02:11.52 |
| <i>1500m</i> | Jessica Spilsbury | Trafford AC | 04:40.24 |
| <i>3000m</i> | Ellen Mary Kearney | Wirral AC | 09:55.61 |
| <i>60mH</i> | Meg Corker | Liverpool H & AC | 8.76 |
| <i>Long Jump</i> | Stephanie Jones | Stockport T & F | 5.66 |
| <i>Triple Jump</i> | Maisie French | North Shields Poly Club | 12.12 |
| <i>High Jump</i> | Halle Ferguson | Trafford AC | 1.70 |
| <i>Pole Vault</i> | Bethany Falconer | Chesterfield & DAC | 3.00 |
| <i>Shot Putt</i> | Annabel Amadin | Sale Harriers Manchester | 14.69 |

U17 Women

Outdoor

| | | | |
|-------------|-----------------------|-------------------------------|----------|
| 100m | Queenivette Nguta | Preston H & AC | 12.25 |
| 200m | Queenivette Nguta | Preston H & AC | 25.34 |
| 300m | Freya Vidal | City of York AC | 39.67 |
| 800m | Caitlin McCloy | Rotherham H & AC | 02:14.07 |
| 1500m | Lilia Harris | Rotherham H & AC | 04:34.54 |
| 3000m | Freya Murdoch | Stockport H & A C | 10:10.30 |
| 80mH | Freya Dockerty | Sale Harriers Manchester | 11.72 |
| 300mH | Amber Hughes | Southport Waterloo AC | 46.55 |
| 1500mS/C | Gabrielle Phelan | Wirral AC | 05:06.29 |
| High Jump | Kara Da Costa | Blackburn H & AC | 1.65 |
| Pole Vault | Amy Scott | City of Sheffield & Dearne AC | 3.00 |
| Long Jump | Kelsey-Lili Ogedengbe | Wirral AC | 5.34 |
| Triple Jump | Louise Hirst | Boston & DAC | 10.95 |
| Shot Putt | Annabel Amadin | Sale Harriers Manchester | 14.84 |
| Discus | Annabel Amadin | Sale Harriers Manchester | 42.12 |
| Javelin | Beth Moodie | Kingston upon Hull AC | 36.16 |
| Hammer | Scarlett Moss-Turner | Leigh H & AC | 49.36 |

Indoor

| | | | |
|-------------|--------------------|---------------------------------|----------|
| 60m | Mehitabelle Angelo | Leeds City AC | 7.67 |
| 200m | Lily Murphy | East Cheshire H & T'side AC | 24.80 |
| 300m | Naimh Le Gall | Wirral AC | 40.99 |
| 800m | Anna Gisbourne | Bury AC | 02:13.91 |
| 1500m | Isabelle Bryan | Salford H & AC | 04:56.31 |
| 60mH | Millie Hardy | Hallamshire Harriers Sheffieldd | 8.81 |
| Long Jump | Millie Hardy | Hallamshire Harriers Sheffieldd | 5.48 |
| Triple Jump | Lucy Salter | Stockport H & AC | 10.77 |
| High Jump | Apphia Keenan | Southport Waterloo AC | 1.60 |
| Pole Vault | Amy Scott | City of Sheffield & Dearne AC | 3.20 |
| Shot Putt | Annabel Amadin | Sale Harriers Manchester | 14.69 |

U15 Girls

Outdoor

| | | | |
|-------------|--------------------|-----------------------|----------|
| 100m | Cherie Ufuoma | Bolton Utd H & AC | 12.41 |
| 200m | Vanessa Ndambakuwa | Barnsley AC | 25.95 |
| 300m | Ophelia Jones | Trafford AC | 40.66 |
| 800m | Eden Creasey | Middlesbrough AC | 02:16.99 |
| 1500m | Eden Creasey | Middlesbrough AC | 04:37.03 |
| 75mH | Olivia Tweddle | City of York AC | 12.12 |
| High Jump | Emily Marshall | Kingston upon Hull AC | 1.60 |
| Pole Vault | Gracie Pell | Chesterfield & DAC | 2.65 |
| Long Jump | Amy Hewitt | Wigan DH & AC | 5.02 |
| Triple Jump | Amy Hewitt | Wigan DH & AC | 11.05 |

| | | | |
|------------------|-----------------|------------------|-------|
| <i>Shot Putt</i> | Leila Thompson | Gateshead H & AC | 12.71 |
| <i>Discus</i> | Zara Ogedengbe | Wirral AC | 29.75 |
| <i>Javelin</i> | Harriet Wheeler | West Cheshire AC | 42.80 |
| <i>Hammer</i> | Jessica Higgins | Leigh H & AC | 37.27 |

Indoor

| | | | |
|-------------------|-----------------------|-----------------------|----------|
| <i>60m</i> | Emily Owen | West Cheshire AC | 7.97 |
| <i>200m</i> | Hannah Wilson | Blyth RC | 26.02 |
| <i>800m</i> | Molly Mills | Stockport H & AC | 02:21.01 |
| <i>60mH</i> | Eve Drury | Leeds City AC | 9.15 |
| <i>Long Jump</i> | Eve Drury | Leeds City AC | 5.39 |
| <i>High Jump</i> | Emily Marshall | Kingston upon Hull AC | 1.55 |
| <i>Pole Vault</i> | Martha Hewitt-Chapple | Gateshead H & A C | 2.70 |
| <i>Shot Putt</i> | Leila Thompson | Gateshead H & A C | 11.12 |

U13 Girls

Outdoor

| | | | |
|------------------|----------------|--------------------------------|-------|
| <i>100m</i> | Allyssia May | Bolton Utd H & AC | 13.18 |
| <i>200m</i> | Allyssia May | Bolton Utd H & AC | 27.39 |
| <i>800m</i> | Maya Schofield | Barnsley AC | |
| <i>Long Jump</i> | Jorja Turner | Hallamshire Harriers Sheffield | 4.99 |
| <i>Shot Putt</i> | Zuri Idemudia | Wirral AC | 9.65 |

Indoor

| | | | |
|------------------|--------------------|--------------------------------|----------|
| <i>60m</i> | Allyssia May | Bolton Utd H & AC | 8.28 |
| <i>200m</i> | Jorja Turner | Hallamshire Harriers Sheffield | 28.25 |
| <i>800m</i> | Neve Watson | Hartlepool AC | 02:27.12 |
| <i>Long Jump</i> | Jorja Turner | Hallamshire Harriers Sheffield | 4.68 |
| <i>High Jump</i> | Olwen Isherwood | Hallamshire Harriers Sheffield | 1.43 |
| <i>Shot Putt</i> | Bethany Pendlebury | Horwich RMI Harriers | 9.46 |