

2023 NORTH OF ENGLAND TRACK AND FIELD CHAMPIONSHIPS - MANCHESTER
SATURDAY 3RD JUNE 2023 - DAY 1



EVENT NO	TIME	EVENT	AGE GROUP	EVENT NO	TIME	EVENT	AGE GROUP
T01	11.30	400M	SM	F1	10.30	HAMMER	SM FINAL
T02	11.45	400M	SW	F2	10.30	HAMMER	SW FINAL
T03	11.55	400M	U20M	F3	10.30	HIGH JUMP	SW FINAL
T04	12.05	400M	U20W	F4	11.00	TRIPLE JUMP	SM FINAL
T05	12.20	1500M	U20M	F5	11.00	TRIPLE JUMP	SW FINAL
T06	12.30	100M	SM	F6	11.00	POLE VAULT	U20M FINAL
T07	12.55	100M	SW	F7	12.15	LONG JUMP	U20W FINAL
T08	13.05	100M	U20M	F8	12.40	SHOT	SW FINAL
T09	13.20	100M	U20W	F9	12.40	DISCUS	U20W FINAL
T10	13.30	5000M	SM	F10	12.40	DISCUS	U20M FINAL
T11	13.50	110M HURDLES	SM	F11	13.45	LONG JUMP	U20M FINAL
T12	14.00	110M HURDLES	U20M	F12	14.00	POLE VAULT	U20W FINAL
T13	14.10	100M HURDLES	SW	F13	14.50	JAVELIN	U20W FINAL
T14	14.20	100M HURDLES	U20W	F14	14.50	JAVELIN	U20M FINAL
T15	14.30	400M	SM	F15	15.00	SHOT	SM FINAL
T16	14.40	1500M	U20W	F16	15.10	HIGH JUMP	SM FINAL
T17	14.45	1500M	U20M				
T18	14.50	1500M	SW				
T19	14.55	1500M	SM				
T20	15.00	100M	SM				
T21	15.20	3000M STEEPLE CHASE	SM				
T22	15.40	400M	U20W				
T23	15.45	400M	SW				
T24	15.50	400M	U20M				
T25	15.55	400M	SM				
T26	16.05	100M	U20W				
T27	16.10	100M	U20M				
T28	16.15	100M	SW				
T29	16.20	100M	SM				

Numbers must be collected from the stewards at least 60 minutes before the start of your event.

Please ensure that you declare for each event in which you intend to compete - failure to do so may result in you being excluded from the event. Please inform the steward if you wish to withdraw from an event so that seeders may be informed .

Stadium blocks must be used.

Timing of events may be adjusted dependant on numbers of athletes declaring for the event.

NB: If you qualify for a final (track or field) you must take part unless you have a valid reason which has been approved bt the appropriate Referee - saving yourself for another event is not a valid reason and failure to take part is likely to result in your disqualification from all further events over the 2 days of THE CHAMPIONSHIPS

This is an open Championship, only the top 8 will receive 3 further trials in field events.