Sunday 15th January 2023						
Event No.	Call Room in	Warm Up	Start Time	Event	Age Group and Gender	Stage
F15	10.OO	10.15	10.45	High Jump	U17 Women	Final
F16	10.OO	10.15	10.45	High Jump	U17 Men	Final
F17	10.OO	10.15	10.45	Long Jump	Senior Men	Final
F18	10.OO	10.15	11.OO	Pole Vault	Senior Women	Final
F19	10.OO	10.15	11.OO	Pole Vault	U20 Women	Final
F20	11.OO	11.15	11.45	Long Jump	U20 Men	Final
F21	11.45	12.OO	12.3O	Shot Putt	U17 Women	Final
F22	12.05	12.2O	12.5O	Triple Jump	SeniorWomen	Final
F23	12.3O	12.45	13.15	High Jump	U20 Women	Final
F24	12.3O	12.45	13.15	High Jump	U20 Men	Final
F25	13.OO	13.15	14.00	Pole Vault	U17 Women	Final
F26	13.25	13.4O	14.1O	Long Jump	U20 Women	Final
F27	13.55	14.1O	14.4O	Triple Jump	U17 Women	Final
F28	14.3O	14.45	15.15	Shot Putt	U17 Men	Final
F29	14.4O	14.55	15.25	High Jump	Senior Men	Final
F30	14.4O	14.55	15.25	High Jump	Senior Women	Final