

**Saturday 14th January 2023**

Event No.	Call Room in	Start Time	Event	Age Group and Gender	Stage
T1	9.50	10.00	60m Hurdles	U17 Women	Heats
T2	10.10	10.20	60m Hurdles	U20 Women	Heats
T3	10.22	10.32	60m Hurdles	U17 Men	Heats
T4	10.35	10.45	300m	U17 Women	Heats
T5	10.55	11.05	400m	U20 Women	Heats
T6	11.07	11.17	400m	Senior Women	Heats
T7	11.19	11.29	400m	U17 Men	Heats
T8	11.35	11.45	60m Hurdles	U17 Women	Semi Finals
T9	11.48	11.58	400m	U20 Men	Heats
T10	12.00	12.10	400m	Senior Men	Heats
T11	12.20	12.30	60m Hurdles	U17 Men	Final
T12	12.29	12.39	60m Hurdles	U20 Men	Final
T13	12.38	12.48	60m Hurdles	Senior Men	Final
T14	12.47	12.57	60m Hurdles	Senior Women	Final
T15	12.51	13.01	60m Hurdles	U20 Women	Final
T16	13.00	13.10	60m Hurdles	U17 Women	Final
T17	13.09	13.19	300m	U17 Women	Semi Finals
T18	13.19	13.29	400m	Senior Men	Semi Finals
T19	13.32	13.42	60m	U17 Women	Heats
T20	13.56	14.06	60m	U20 Women	Heats
T21	14.08	14.18	60m	Senior Women	Heats
T22	14.20	14.30	60m	U17 Men	Heats
T23	14.40	14.50	60m	U20 Men	Heats
T24	14.52	15.02	60m	Senior Men	Heats
T25	15.21	15.31	300m	U17 Women	Final
T26	15.27	15.37	400m	U20 Women	Final
T27	15.31	15.41	400m	Senior Women	Final
T28	15.35	15.45	400m	U17 Men	Final
T29	15.39	15.49	400m	U20 Men	Final
T30	15.43	15.53	400m	Senior Men	Final
T31	15.53	16.03	60m	U17 Women	Semi Finals
T32	16.05	16.15	60m	U17 Men	Semi Finals
T33	16.17	16.27	60m	Senior Men	Semi Finals
T34	16.34	16.44	1500m	U17 Women	Final
T35	16.40	16.50	1500m	U20 Women	Final
T36	16.46	16.56	1500m	Senior Women	Final
T37	16.52	17.02	1500m	U17 Men	Final
T38	16.58	17.08	1500m	U20 Men	Final
T39	17.04	17.14	1500m	Senior Men	Final
T40	17.15	17.25	60m	U17 Women	Final
T41	17.19	17.29	60m	U20 Women	Final
T42	17.23	17.33	60m	Senior Women	Final
T43	17.27	17.37	60m	U17 Men	Final
T44	17.31	17.41	60m	U20 Men	Final
T45	17.35	17.45	60m	Senior Men	Final