

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East 1N	
MATCH	3	
P/FINISH	NO	1

Date 09/07/2023

Venue University of York Sports Centre, York

Host Club Harrogate Harriers & AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Harrogate Harriers & AC	H'ogate	40	138.0	22.0	95.5	295.5
2	Holmfirth Harriers AC	Holm	35	130.0	24.0	73.0	262.0
3	Leeds City AC	Leeds C	25	120.0	7.0	172.0	324.0
4	Pontefract AC	Pont	30	73.0	15.0	130.5	248.5
5	Skyrac AC	Sky	55	128.0	11.0	84.0	278.0
6	Spensorborough & District AC	Spensor	55	109.0	23.0	143.0	330.0
-							
-							

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L
1	Spensorborough & District AC	330.0	6.0			330.0	6.0
2	Leeds City AC	324.0	5.0			324.0	5.0
3	Harrogate Harriers & AC	295.5	4.0			295.5	4.0
4	Skyrac AC	278.0	3.0			278.0	3.0
5	Holmfirth Harriers AC	262.0	2.0			262.0	2.0
6	Pontefract AC	248.5	1.0			248.5	1.0

TOTAL EVENTS	40
NO COMPETITORS/EVENT CANCELLED/NMR	2
EVENT SCORED	37
REMAINING	<u>1</u>

East 1N University of York Sports Centre, York

Match 3 09/07/2023

100m Men A

Posn	No.	Athlete	Club	Wind	Perf
1	2	William LANDER	Holm		11.7
2	1	Samuel ARTHUR (U20)	H'ogate		11.8
3	4	Luke MURPHY	Pont		12.0
4	6	Tyler COSSINS	Spen		12.7
5	3	Denar DOUGLAS	Leeds C		DQ
6					
7					
8					

100m Men B

Posn	No.	Athlete	Club	Wind	Perf
1	33	Bright BOATENG (U20)	Leeds C		12.2
2	11	Dawid SAWARYN (U20)	H'ogate		12.3
3	22	Craig SHEARD	Holm		12.4
4	44	Zane TAM-MCMILLAN (U20)	Pont		12.9
5					
6					
7					
8					

200m Men A

Posn	No.	Athlete	Club	Wind	Perf
1	2	William LANDER	Holm		23.7
2	1	Samuel ARTHUR (U20)	H'ogate		23.9
3	3	Moshood YUSUF	Leeds C		24.5
4	4	Luke MURPHY	Pont		25.7
5	55	Frankie CURRAN (U17)	Sky		26.0
6	6	Tyler COSSINS	Spen		26.8
7					
8					

200m Men B

Posn	No.	Athlete	Club	Wind	Perf
1	33	Royce ANGELO (U17)	Leeds C		24.2
2	22	Lavell PIERRE	Holm		25.8
3	44	Zane TAM-MCMILLAN (U20)	Pont		25.9
4					
5					
6					
7					
8					

400m Men A

Posn	No.	Athlete	Club	Wind	Perf
1	2	William LANDER	Holm		51.7
2	1	George COUTTIE (U20)	H'ogate		52.1
3	4	Luke MURPHY	Pont		54.7
4	5	Lukas BROOKFIELD (U17)	Sky		57.9
5	6	Kieran O'BRIEN	Spen		63.6
6					
7					
8					

400m Men B

Posn	No.	Athlete	Club	Wind	Perf
1	11	Tom MITCHELL	H'ogate		54.6
2	55	Frankie CURRAN (U17)	Sky		55.1
3	22	Lavell PIERRE	Holm		57.6
4	44	Chris PRATCHETT	Pont		64.0
5					
6					
7					
8					

800m Men A

Posn	No.	Athlete	Club	Wind	Perf
1	3	Eddie HUNTER	Leeds C		01:53.5
2	1	George COUTTIE (U20)	H'ogate		01:54.7
3	5	Abdimajiid DAROOD (U20)	Sky		02:01.4
4	2	Jack SUNDERLAND (U17)	Holm		02:21.1
5	4	Matthew BELL	Pont		02:21.5
6	6	Kieran O'BRIEN	Spen		02:28.4
7					
8					

800m Men B

Posn	No.	Athlete	Club	Wind	Perf
1	33	John ASHCROFT	Leeds C		02:02.2
2	11	Tom MITCHELL	H'ogate		02:04.2
3	55	Frankie CURRAN (U17)	Sky		02:10.7
4	22	Lavell PIERRE	Holm		02:16.5
5					
6					
7					
8					

East 1N University of York Sports Centre, York

Match 3 09/07/2023

1500m Men A

Posn	No.	Athlete	Club	Perf
1	3	Ossama MESLEK	Leeds C	04:06.5
2	5	Abdimajiid DAROOD (U20)	Sky	04:07.5
3	2	Kai SUNMAN	Holm	04:11.3
4	1	Ben HOLMES	H'ogate	04:26.6
5	4	Matthew BELL	Pont	05:10.7
6				
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	22	Gary GRAHAM	Holm	04:55.6
2	11	Ben TETLEY (U17)	H'ogate	04:58.2
3	33	Jack ALLISON	Leeds C	05:02.3
4	44	Chris QUIRKE	Pont	05:20.6
5	55	Lukas BROOKFIELD (U17)	Sky	05:26.6
6				
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	3	John ASHCROFT	Leeds C	16:40.3
2	1	Rob GARBUTT	H'ogate	17:47.8
3	2	Damian MCQUEEN	Holm	18:49.2
4	5	Chris DOVE	Sky	19:26.5
5	44	Chris PRATCHETT	Pont	20:29.3
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	22	Adam SUNDERLAND	Holm	20:40.6
2	4	Andrew LANES	Pont	21:02.0
3				
4				
5				
6				
7				
8				

3km S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	5	Todd STEWART	Sky	12:53.6
2	22	Lavell PIERRE	Holm	13:19.4
3				
4				
5				
6				
7				
8				

3km S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	2	Adam SUNDERLAND	Holm	DQ
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	1	Mark CARNAGHAN	H'ogate	65.0
2	55	Lukas BROOKFIELD (U17)	Sky	73.4
3				
4				
5				
6				
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	5	Todd STEWART	Sky	88.4
2				
3				
4				
5				
6				
7				
8				

East 1N University of York Sports Centre, York

Match 3 09/07/2023

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	6	Glenn ASPINDLE	Spenn	18.3
2	1	Dawid SAWARYN (U20)	H'ogate	21.3
3				
4				
5				
6				
7				
8				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	66	Jake DARBY	Spenn	22.6
2				
3				
4				
5				
6				
7				
8				

100m N/S Men A

Posn	No.	Athlete	Club	Perf
1	33			11.7
2	11			12.8
3				
4				
5				
6				
7				
8				

100m N/S Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	4	Luke MURPHY	Pont	6.36
2	3	Ian MAHOP (U20)	Leeds C	6.32
3	6	Glenn ASPINDLE	Spenn	5.82
4	1	Dawid SAWARYN (U20)	H'ogate	4.55
5	2	Jack SUNDERLAND (U17)	Holm	4.43
6	5	Todd STEWART	Sky	3.61
7				
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	33	Moshood YUSUF	Leeds C	5.69
2	66	Tyler COSSINS	Spenn	5.24
3	44	Zane TAM-MCMILLAN (U20)	Pont	4.88
4	22	Lavell PIERRE	Holm	4.06
5	55		Sky	x
6				
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	1	Harry ROBERTS (U17)	H'ogate	1.76
2	6	Glenn ASPINDLE	Spenn	1.70
3	2	Soljai WATERMAN (U20)	Holm	1.50
4	4	Zane TAM-MCMILLAN (U20)	Pont	1.40

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	66	Jake DARBY	Spenn	1.40

East 1N University of York Sports Centre, York

Match 3 09/07/2023

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	1	Harry ROBERTS (U17)	H'ogate	11.71
2	3	Bright BOATENG (U20)	Leeds C	11.24
3	22	Craig SHEARD	Holm	10.53
4	6	Jake DARBY	Spenn	10.08
5	4	Richard HOWES	Pont	9.12
6	55	Todd STEWART	Sky	x
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	33	Thomas HART	Leeds C	10.16
2	11	Tom MITCHELL	H'ogate	9.87
3	2	Kai SUNMAN	Holm	9.32
4	44		Pont	x
5	66		Spenn	x
6	5	Ian COTTON	Sky	x
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	6	Glenn ASPINDLE	Spenn	3.91
2	3	Alexander BALFE	Leeds C	3.60
3	1	Harry ROBERTS (U17)	H'ogate	3.20
4	4	William CARTER	Pont	3.00

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	33	Colin HAYTON	Leeds C	x

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	3	Albert GRAHAM	Leeds C	11.81
2	5	Stephen MEALY	Sky	10.31
3	2	Soljai WATERMAN (U20)	Holm	10.19
4	4	William CARTER	Pont	9.83
5	6	Jake DARBY	Spenn	9.68
6	11	Mark CARNAGHAN	H'ogate	8.49
7				
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	33	Steve LINSELL	Leeds C	8.27
2	1	Janusz BALCERZAK	H'ogate	8.25
3	44	Richard HOWES	Pont	7.90
4	55	Ian COTTON	Sky	7.75
5	22	Craig SHEARD	Holm	7.67
6	66	James BELL (U20)	Spenn	7.24
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	4	William CARTER	Pont	31.99
2	3	Albert GRAHAM	Leeds C	30.64
3	1	Janusz BALCERZAK	H'ogate	27.46
4	6	Jake DARBY	Spenn	27.34
5	2	Soljai WATERMAN (U20)	Holm	27.12
6	5	Stephen MEALY	Sky	23.36
7				
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	33	Thomas HART	Leeds C	29.93
2	44	Richard HOWES	Pont	21.96
3	11	Mark CARNAGHAN	H'ogate	20.01
4	66	Connor BELL	Spenn	18.95
5	55	Ian COTTON	Sky	17.16
6	22		Holm	x
7				
8				

East 1N University of York Sports Centre, York

Match 3 09/07/2023

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	6	Jake DARBY	Spennithorne	34.29
2	3	Steve LINSELL	Leeds City	30.35
3	1	Janusz BALCERZAK	Hogate	25.73
4	4	William CARTER	Pontefract	20.20
5	2	Soljai WATERMAN (U20)	Holmby	18.36
6	55	Graham DUNHAM	Sky	15.58
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	66	Connor BELL	Spennithorne	31.58
2	44	Richard HOWES	Pontefract	17.19
3	11	Phillip CHADWICK	Hogate	15.37
4	22	Craig SHEARD	Holmby	13.97
5	33		Leeds City	x
6	5	Ian COTTON	Sky	x
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	3	Aaron CRAWFORD	Leeds City	53.08
2	6	Glenn ASPINDLE	Spennithorne	48.47
3	4	William CARTER	Pontefract	38.39
4	5	Stephen MEALY	Sky	35.81
5	2	Soljai WATERMAN (U20)	Holmby	34.55
6	1	Janusz BALCERZAK	Hogate	32.93
7				
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	44	Richard HOWES	Pontefract	31.67
2	66	James BELL (U20)	Spennithorne	30.81
3	22	Craig SHEARD	Holmby	27.19
4	11	Nathan SMITH	Hogate	25.66
5	33	Steve LINSELL	Leeds City	24.89
6	55	Ian COTTON	Sky	15.98
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	2	Holmby	Jack SUNDERLAND (U17) Lavell PIERRE William LANDER Craig SHEARD	48.0
2	6	Spennithorne	Tyler COSSINS Glenn ASPINDLE Kieran O'BRIEN James BELL (U20)	50.6
3	4	Pontefract	Luke MURPHY Zane TAM-MCMILLAN (U20) Chris PRATCHETT William CARTER	50.9
4				
5				
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	2	Holmby	Kai SUNMAN Jack SUNDERLAND (U17) Lavell PIERRE William LANDER	03:47.8
2	1	Hogate	Tom MITCHELL Rob GARBUTT Ben TETLEY (U17) George COUTTIE (U20)	03:52.5
3	5	Sky	Frankie CURRAN (U17) Lukas BROOKFIELD (U17) Andrew MESKELL Abdima	04:00.0
4	4	Pontefract	Luke MURPHY Matthew BELL Chris QUIRKE Andrew LANES	04:22.3
5				
6				
7				
8				

East 1N University of York Sports Centre, York

Match 3 09/07/2023

100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	6	Molly WARING	Spen	13.0	
2	3	Edidiong ETON (U17)	Leeds C	13.3	
3	2	Eve DUTTON (U20)	Holm	13.5	
4	1	Kensa CAROLAN (U20)	H'ogate	14.1	
5	5	Hannah STUBBS	Sky	15.1	
6					
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	66	Soraya CRODDEN	Spen	13.8	
2	11	Lucy COWLEY (U20)	H'ogate	13.9	
3	33	Tiyamike GADI (U20)	Leeds C	14.3	
4	55	Molly KEEFE	Sky	16.4	
5					
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	6	Isabel WHITE (U20)	Spen	26.0	
2	3	Edidiong ETON (U17)	Leeds C	28.2	
3	2	Eve DUTTON (U20)	Holm	28.3	
4	1	Kensa CAROLAN (U20)	H'ogate	29.3	
5	5	Hannah STUBBS	Sky	31.8	
6					
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	66	Molly WARING	Spen	26.7	
2	11	Lucy COWLEY (U20)	H'ogate	30.3	
3	55	Claire SHEPHERD	Sky	33.1	
4					
5					
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	1	Eleanor COLBOURN (U20)	H'ogate	55.9	
2	6	Molly WARING	Spen	60.8	
3	5	Amy HARTLEY	Sky	72.3	
4					
5					
6					
7					
8					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Seren MELLING (U17)	H'ogate	64.6	
2	55	Claire SHEPHERD	Sky	73.8	
3	66	Estelle WILLIAMS (U17)	Spen	77.8	
4					
5					
6					
7					
8					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Ruby SYKES	Holm	02:19.5	
2	4	Johanna SUTCLIFFE	Pont	02:33.1	
3	5	Amy HARTLEY	Sky	02:36.4	
4	3	Celia DE MARIA	Leeds C	02:39.7	
5	1	Davina ELLIS	H'ogate	02:40.2	
6	66	Emily SHARP (U17)	Spen	03:14.2	
7					
8					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Seren MELLING (U17)	H'ogate	02:40.5	
2	55	Elizabeth STEWART	Sky	02:41.2	
3	22	Lauren HIRST (U20)	Holm	03:22.3	
4	44	Christine MCCARTHY	Pont	03:25.1	
5					
6					
7					
8					

East 1N University of York Sports Centre, York

Match 3 09/07/2023

1500m Women A

Posn	No.	Athlete	Club	Perf
1	3	Katrina BALLANTYNE	Leeds C	05:01.1
2	22	Helena CROFT	Holm	05:11.8
3	55	Elizabeth STEWART	Sky	05:16.1
4	4	Johanna SUTCLIFFE	Pont	05:20.7
5	1	Davina ELLIS	H'ogate	05:24.6
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	33	Charlotte VAN ZELST	Leeds C	05:11.1
2	2	Claire LEAVER-HEWITT	Holm	05:15.6
3	5	Amy HARTLEY	Sky	05:50.6
4	44	Christine MCCARTHY	Pont	07:13.0
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	3	Katrina BALLANTYNE	Leeds C	10:30.3
2	22	Helena CROFT	Holm	10:50.2
3	4	Johanna SUTCLIFFE	Pont	11:20.1
4	1	Angela WHATMUFF	H'ogate	11:29.1
5	5	Amy HARTLEY	Sky	12:19.8
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	33	Charlotte VAN ZELST	Leeds C	10:49.1
2	2	Claire LEAVER-HEWITT	Holm	11:29.3
3	11	Georgie BEEDEN	H'ogate	12:04.0
4	55	Elizabeth STEWART	Sky	13:16.5
5	44	Christine MCCARTHY	Pont	14:08.7
6				
7				
8				

3Km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	99		Event Canc	
2				
3				
4				
5				
6				
7				
8				

3Km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	6	Molly WARING	Spenn	66.1
2	5	Molly KEEFE	Sky	90.5
3				
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	66	Soraya CRODDEN	Spenn	74.3
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	66 Estelle WILLIAMS (U17)	Spenn	19.4	
2	3 Sara HENDERSON	Leeds C	19.5	
3	5 Elizabeth STEWART	Sky	23.0	

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	6	Soraya CRODDEN	Spenn	19.9	
2					
3					

East 1N University of York Sports Centre, York

Match 3 09/07/2023

4	4
5	5
6	6
7	7
8	8

East 1N University of York Sports Centre, York

Match 3 09/07/2023

100m N/S Women A

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind

Perf

100m N/S Women B

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind

Club

Perf

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	6	Olivia REAH	Spn	5.23
2	33	Sara HENDERSON	Leeds C	4.96
3	4	Beatrice CUNNINGHAM (U17)	Pont	4.65
4	1	Scarlette SMITH (U20)	H'ogate	4.34
5	2	Eve DUTTON (U20)	Holm	3.91
6	5	Amy HARTLEY	Sky	3.12
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	3	Mia THORNTON (U20)	Leeds C	4.92
2	66	Soraya CRODDEN	Spn	4.22
3	22	Lauren HIRST (U20)	Holm	3.06
4	11		H'ogate	x
5	55	Hannah STUBBS	Sky	x
6	44		Pont	x
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	3	Mia THORNTON (U20)	Leeds C	1.50
2=	4	Beatrice CUNNINGHAM (U17)	Pont	1.45
2=	1	Scarlette SMITH (U20)	H'ogate	1.45
4	6	Molly WARING	Spn	1.40
5	2	Eve DUTTON (U20)	Holm	1.20

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	33	Sara HENDERSON	Leeds C	1.45
2	66	Estelle WILLIAMS (U17)	Spn	1.30

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	6	Olivia REAH	Spn	11.51
2	3	Eve HAIGH (U20)	Leeds C	10.50
3	4	Beatrice CUNNINGHAM (U17)	Pont	9.38
4	5	Claire SHEPHERD	Sky	8.95
5	2	Ruby SYKES	Holm	7.99
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	55	Hannah STUBBS	Sky	8.0
2				
3				
4				
5				
6				
7				
8				

East 1N University of York Sports Centre, York

Match 3 09/07/2023

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	98		No Compete	

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
------	-----	---------	------	------

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	3	Sara HENDERSON	Leeds C	8.09
2	1	Scarlette SMITH (U20)	H'ogate	7.01
3	5	Claire SHEPHERD	Sky	6.82
4	4	Georgie KIDD	Pont	6.62
5	6	Emily SHARP (U17)	Spennithorne	5.33
6	2	Lauren HIRST (U20)	Holm	5.27
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	33	Hazel BARKER	Leeds C	6.76
2	66	Catriona GENTLEMAN	Spennithorne	5.24
3	55	Elizabeth STEWART	Sky	4.87
4	44		Pont	x
5	22		Holm	x
6	11		H'ogate	x
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	3	Hazel BARKER	Leeds C	20.43
2	44	Elizabeth TEECE (U17)	Pont	17.57
3	5	Molly KEEFE	Sky	17.25
4	66	Catriona GENTLEMAN	Spennithorne	15.02
5	11		H'ogate	x
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	33	Celia DE MARIA	Leeds C	18.47
2	55	Elizabeth STEWART	Sky	15.09
3	4	Georgie KIDD	Pont	14.35
4	6	Soraya CRODDEN	Spennithorne	14.29
5	1		H'ogate	x
6				
7				
8				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	66	Catriona GENTLEMAN	Spennithorne	24.11
2	55	Claire SHEPHERD	Sky	18.38
3	3	Hazel BARKER	Leeds C	17.07
4	44	Elizabeth TEECE (U17)	Pont	17.05
5	2	Lauren HIRST (U20)	Holm	15.62
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	4	Georgie KIDD	Pont	16.59
2	5	Molly KEEFE	Sky	15.52
3				
4				
5				
6				
7				
8				

East 1N University of York Sports Centre, York

Match 3 09/07/2023

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	1	Scarlette SMITH (U20)	H'ogate	27.43
2	3	Sara HENDERSON	Leeds C	23.30
3	44	Elizabeth TEECE (U17)	Pont	21.65
4	55	Claire SHEPHERD	Sky	15.83
5	66	Emily SHARP (U17)	Spen	13.62
6	22		Holm	x
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	33	Hazel BARKER	Leeds C	14.42
2	4	Georgie KIDD	Pont	13.15
3	5	Amy HARTLEY	Sky	11.76
4	6		Spen	x
5	11		H'ogate	x
6	2		Holm	x
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	6	Spen	Soraya CRODDEN Molly WARING Estelle WILLIAMS (U17) Isabel WHITE (U20)	52.2
2	3	Leeds C	Sara HENDERSON Tiyamike GADI (U20) Edidiong ETON (U17) Mia THORNTC	52.9
3	1	H'ogate	Davina ELLIS Lucy COWLEY (U20) Seren MELLING (U17) Kensa CAROLAN (U	55.6
4				
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	1	H'ogate	Scarlette SMITH (U20) Seren MELLING (U17) Kensa CAROLAN (U20) Eleano	04:25.0
2	6	Spen	Emily SHARP (U17) Molly WARING Isabel WHITE (U20) Soraya CRODDEN	04:44.1
3	2	Holm	Eve DUTTON (U20) Lauren HIRST (U20) Helena CROFT Ruby SYKES	04:53.6
4	5	Sky	Amy HARTLEY Molly KEEFE Claire SHEPHERD Elizabeth STEWART	05:05.7
5	4	Pont	Beatrice CUNNINGHAM (U17) Johanna SUTCLIFFE Christine MCCARTHY Eliz	05:45.0
6				
7				
8				