

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	WEST	
DIVISION	West 2	
MATCH	3	
P/FINISH	NO	1

Date 09/07/2023

Venue Sports City, Manchester

Host Club Manchester Harriers & AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Border H/Seaton AC	BorSe	55	199.0	26.0	203.0	483.0
2	Burnley AC	Burn	25	80.0	20.0	81.0	206.0
3	Deeside AAC	Dees					
4	Leigh Harriers & AC	Leigh	55	195.0	30.0	215.0	495.0
5	Manchester Harriers & AC	Manc H	55	165.0	21.0	106.0	347.0
6	Pendle AC	Pend	10	74.0		79.0	163.0
7	Salford Metropolitan AC	Salf M	25	17.0		46.0	88.0
8	St. Helens Sutton AC	SHS	25	220.0	34.0	152.0	431.0

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L
1	Leigh Harriers & AC	495.0	8.0			495.0	8.0
2	Border H/Seaton AC	483.0	7.0			483.0	7.0
3	St. Helens Sutton AC	431.0	6.0			431.0	6.0
4	Manchester Harriers & AC	347.0	5.0			347.0	5.0
5	Burnley AC	206.0	4.0			206.0	4.0
6	Pendle AC	163.0	3.0			163.0	3.0
7	Salford Metropolitan AC	88.0	2.0			88.0	2.0
8	Deeside AAC		1.0				1.0

TOTAL EVENTS	40
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	38
REMAINING	<u>1</u>

**West 2 Sports City, Manchester**

**Match 3 09/07/2023**

**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	4	Jake NUTSEY (U17)	Leigh	11.1	
2	5	Osaretin EKHORAGBON (U20)	Manc H	11.3	
3	8	Paul BIELBY	SHS	11.9	
4	2	Reece LAWRENCE	Burn	12.1	
5	7	Danny SAVIN	Salf M	12.1	
6	1	Alfie CUBBY (U17)	BorSe	12.8	
7					
8					

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	44	Nathan DENT (U20)	Leigh	11.5	
2	22	Joshua WADDINGTON	Burn	12.2	
3	66	Harvey VAN GEFFEN	Pend	13.1	
4	88	Adrian PACZOSKU	SHS	13.6	
5	55	Rio BOOTHE	Manc H	14.2	
6	11	Peter CAMPBELL	BorSe	16.2	
7					
8					

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	5	Osaretin EKHORAGBON (U20)	Manc H	22.7	
2	4	Jake NUTSEY (U17)	Leigh	23.2	
3	2	Osasu AGHO-PETER (U20)	Burn	23.5	
4	8	Paul BIELBY	SHS	24.8	
5	1	Dale CLARK (U17)	BorSe	25.9	
6					
7					
8					

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Joshua WADDINGTON	Burn	24.8	
2	44	Matthew WEBSTER (U17)	Leigh	25.0	
3	11	James CAMPBELL (U17)	BorSe	26.8	
4	55	Andrew PARSONAGE	Manc H	28.4	
5	88	Paul BROWNBILL	SHS	28.8	
6					
7					
8					

**400m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	2	Osasu AGHO-PETER (U20)	Burn	51.4	
2	4	Daniel VENABLES	Leigh	52.5	
3	1	James CAMPBELL (U17)	BorSe	60.6	
4	8	Paul BROWNBILL	SHS	65.6	
5	5	Glen GANDY	Manc H	75.9	
6					
7					
8					

**400m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Reece LAWRENCE	Burn	54.0	
2	88	Adrian PACZOSKU	SHS	63.7	
3					
4					
5					
6					
7					
8					

**800m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	2	Danny FLEMING	Burn	02:04.7	
2	8	Joseph BUCKLEY	SHS	02:09.0	
3	5	Andrew PARSONAGE	Manc H	02:28.9	
4	6	Pete BAISTOW	Pend	02:40.7	
5	4	Brian COPPER	Leigh	02:59.4	
6					
7					
8					

**800m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	88	Christopher BIRKETT	SHS	02:35.0	
2	44	Gary SANDERSON	Leigh	02:59.4	
3					
4					
5					
6					
7					
8					

**West 2 Sports City, Manchester**

**Match 3 09/07/2023**

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	8	Gabriel MULLEN (U17)	SHS	04:13.7
2	55	Tom FARRELLY (U17)	Manc H	04:49.4
3	1	Clem COADY	BorSe	04:53.9
4	6	Pete BAISTOW	Pend	05:32.0
5				
6				
7				
8				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	88	Joseph BUCKLEY	SHS	04:17.4
2	5	Andrew PARSONAGE	Manc H	04:55.2
3	11	Peter CAMPBELL	BorSe	06:53.5
4				
5				
6				
7				
8				

**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	7	Khaleb DJESA	Salf M	16:37.8
2	5	Joseph FARRELLY	Manc H	17:21.8
3	8	Matt BLAKE	SHS	17:49.5
4	1	Clem COADY	BorSe	17:51.9
5	6	Pete BAISTOW	Pend	20:40.7
6	44	Brian COPPER	Leigh	23:33.8
7				
8				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	55	Glen GANDY	Manc H	19:45.8
2	88	Martin JOHNSON	SHS	23:42.2
3	11	Peter CAMPBELL	BorSe	24:55.5
4				
5				
6				
7				
8				

**3km S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	8	Steven ANDERS	SHS	11:34.6
2	4	John INDRICKS	Leigh	13:29.4
3	1	Peter CAMPBELL	BorSe	16:03.1
4				
5				
6				
7				
8				

**3km S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	88	Christopher BIRKETT	SHS	12:07.7
2	44	Brian COPPER	Leigh	16:12.4
3				
4				
5				
6				
7				
8				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	1	James CAMPBELL (U17)	BorSe	67.1
2	2	Simon MORTON	Burn	69.1
3	4	Alexander URMSTON	Leigh	71.0
4	8	Steven ANDERS	SHS	72.6
5				
6				
7				
8				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	22	John LINAKE	Burn	74.3
2	44	John INDRICKS	Leigh	81.3
3	88	Christopher BIRKETT	SHS	85.1
4				
5				
6				
7				
8				

**West 2 Sports City, Manchester**

**Match 3 09/07/2023**

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	6	James BLACKBURN	Pend	20.7
2	4	Daniel VENABLES	Leigh	21.3
3				
4				
5				
6				
7				
8				

Wind

Club

Pend

Leigh

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	44	Nathan DENT (U20)	Leigh	22.0
2				
3				
4				
5				
6				
7				
8				

Wind

Club

Leigh

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf
1	44	Daniel Venables	Leigh	11.8
2				
3				
4				
5				
6				
7				
8				

Wind

Club

Leigh

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf
1	98			
2				
3				
4				
5				
6				
7				
8				

Wind

Club

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	5	Michael FENNELL	Manc H	6.22
2	6	James BLACKBURN	Pend	6.03
3	4	Thomas WHITEHILL	Leigh	5.43
4	1	Dale CLARK (U17)	BorSe	5.06
5	8	Michael DUFFY (U20)	SHS	5.02
6	2	Steve GOODWILL	Burn	4.55
7				
8				

Club

Manc H

Pend

Leigh

BorSe

SHS

Burn

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Harvey VAN GEFFEN	Pend	4.86
2	44	Nathan DENT (U20)	Leigh	4.75
3	11	Alfie CUBBY (U17)	BorSe	4.53
4	88	Adrian PACZOSKU	SHS	4.40
5	55	Rio BOOTHE	Manc H	4.29
6				
7				
8				

Club

Pend

Leigh

BorSe

SHS

Manc H

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	1	Alfie CUBBY (U17)	BorSe	1.65
2	4	Karran KAPUR-WALTON	Leigh	1.65
3	6	James BLACKBURN	Pend	1.60
4	8	Phil ROBINSON	SHS	1.45
5	2	Steve GOODWILL	Burn	1.45

Club

BorSe

Leigh

Pend

SHS

Burn

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	44	Daniel VENABLES	Leigh	1.40

Club

Leigh

**West 2 Sports City, Manchester**

**Match 3 09/07/2023**

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	8	Michael DUFFY (U20)	SHS	10.93
2	44	Daniel VENABLES	Leigh	10.35
3	2	Steve GOODWILL	Burn	10.04
4				
5				
6				
7				
8				

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	22	John LINAKE	Burn	8.85
2				
3				
4				
5				
6				
7				
8				

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	4	Karran KAPUR-WALTON	Leigh	4.40
2	8	Phil ROBINSON	SHS	2.95

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
1	44	Daniel VENABLES	Leigh	2.85

**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	4	Joshua KNOX	Leigh	10.03
2	1	Joe MOORE	BorSe	9.66
3	66	James BLACKBURN	Pend	9.14
4	7	John ISHERWOOD	Salf M	9.09
5	88	Phil ROBINSON	SHS	8.60
6	55	Michael FENNELL	Manc H	7.47
7	2	Steve GOODWILL	Burn	7.17
8				

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	44	Simon FORSTER	Leigh	9.32
2	6	Andrew HIGGINBOTTOM	Pend	8.66
3	8	Ian CONWAY	SHS	8.30
4	77	Kristian MARSH	Salf M	7.46
5	22	John LINAKE	Burn	6.49
6	5	Osaretin EKHORAGBON (U20)	Manc H	5.85
7				
8				

**Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	4	Joshua KNOX	Leigh	34.83
2	77		Salf M	27.58
3	88	Ray VOSE	SHS	27.02
4	11	Joe MOORE	BorSe	26.16
5	22	John LINAKE	Burn	22.17
6	6	Andrew HIGGINBOTTOM	Pend	21.42
7	5	Andrew PARSONAGE	Manc H	16.68
8				

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	44	Simon FORSTER	Leigh	24.78
2	1	Christopher JACK	BorSe	22.73
3	2	Steve GOODWILL	Burn	22.07
4	8	Phil ROBINSON	SHS	19.03
5				
6				
7				
8				

**West 2 Sports City, Manchester**

**Match 3 09/07/2023**

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	7	Hanlo NAUDE	Salf M	44.15
2	4	Shaun LIVETT	Leigh	43.95
3	1	Christopher JACK	BorSe	34.02
4	6	Andrew HIGGINBOTTOM	Pend	30.04
5	8	Ian CONWAY	SHS	22.35
6	55	Michael FENNELL	Manc H	11.64
7				
8				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	11	Joe MOORE	BorSe	33.96
2	44	Joshua KNOX	Leigh	28.45
3	88	Ray VOSE	SHS	16.64
4	5	Kes SALMON	Manc H	9.37
5				
6				
7				
8				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	4	Lewis FORSTER (U20)	Leigh	55.15
2	1	Kian MARTIN	BorSe	49.66
3	77	Ellis COOPER	Salf M	34.93
4	6	Andrew HIGGINBOTTOM	Pend	30.78
5	88	Ray VOSE	SHS	28.12
6	2	John LINAKE	Burn	25.73
7	5	Andrew PARSONAGE	Manc H	21.47
8				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	44	Jordan WALTERS	Leigh	49.50
2	11	Dale CLARK (U17)	BorSe	44.82
3	7	John ISHERWOOD	Salf M	32.10
4	8	Phil ROBINSON	SHS	19.65
5	22	Simon MORTON	Burn	15.27
6				
7				
8				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	4	Leigh	Matthew WEBSTER (U17) Jake NUTSEY (U17) Daniel VENABLES Nathan DE	46.0
2	2	Burn	Simon MORTON Steve GOODWILL Reece LAWRENCE Joshua WADDINGTON	49.4
3	8	SHS	Paul BIELBY Michael DUFFY (U20) Paul BROWNBILL Joseph BUCKLEY	52.1
4	5	Manc H	Rio BOOTHE Osaretin EKHORAGBON (U20) Andrew PARSONAGE Tom FARRI	54.0
5	1	BorSe	James CAMPBELL (U17) Dale CLARK (U17) Peter CAMPBELL Joe MOORE	58.7
6				
7				
8				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	2	Burn	John LINAKE Simon MORTON Osasu AGHO-PETER (U20) Reece LAWRENCE	03:55.8
2	8	SHS	Steven ANDERS Christopher BIRKETT Matt BLAKE Gabriel MULLEN (U17)	04:12.8
3				
4				
5				
6				
7				
8				

**West 2 Sports City, Manchester**

**Match 3 09/07/2023**

**100m Women A**

Posn	No.	Athlete	Club	Perf
1	5	Dalola KAJOPAYE (U17)	Manc H	12.8
2	4	Isabel WEEKES (U17)	Leigh	13.3
3	1	Melissa BILLS	BorSe	13.4
4	6	Anita SAUNDERS	Pend	14.0
5	8	Abigail NEWMAN (U17)	SHS	14.4
6				
7				
8				

**100m Women B**

Posn	No.	Athlete	Club	Perf
1	11	Lara TURNER	BorSe	13.2
2	44	Sophie CUNLIFFE (U17)	Leigh	13.5
3	55	Millie EVERETT (U20)	Manc H	13.7
4	66	Caitlin BOWDEN (U20)	Pend	14.2
5	88	Karen MARSH	SHS	16.2
6				
7				
8				

**200m Women A**

Posn	No.	Athlete	Club	Perf
1	5	Dalola KAJOPAYE (U17)	Manc H	25.9
2	4	Isabel WEEKES (U17)	Leigh	27.7
3	1	Melissa BILLS	BorSe	28.2
4	6	Anita SAUNDERS	Pend	29.0
5	8	Abigail NEWMAN (U17)	SHS	29.1
6				
7				
8				

**200m Women B**

Posn	No.	Athlete	Club	Perf
1	44	Sophie CUNLIFFE (U17)	Leigh	27.7
2	11	Lauren PARR	BorSe	28.6
3	88	Sophie BRENNAN (U17)	SHS	29.0
4	55	Helen HOLME	Manc H	43.3
5				
6				
7				
8				

**400m Women A**

Posn	No.	Athlete	Club	Perf
1	1	Ebony BLACKWELL (U20)	BorSe	61.5
2	4	Isabel WEEKES (U17)	Leigh	64.6
3	5	Caroline BABA	Manc H	78.2
4	8	Karen MARSH	SHS	83.7
5				
6				
7				
8				

**400m Women B**

Posn	No.	Athlete	Club	Perf
1	11	Jemma ATKINSON	BorSe	67.3
2	88	Helena MCGOLDRICK	SHS	99.6
3	55	Deborah BERESFORD	Manc H	113.0
4				
5				
6				
7				
8				

**800m Women A**

Posn	No.	Athlete	Club	Perf
1	1	Ebony BLACKWELL (U20)	BorSe	02:21.1
2	4	Katie SANDERSON	Leigh	03:02.9
3	8	Sarah BIRKETT	SHS	03:10.1
4	5	Helen HOLME	Manc H	03:40.5
5				
6				
7				
8				

**800m Women B**

Posn	No.	Athlete	Club	Perf
1	11	Jemma ATKINSON	BorSe	02:31.7
2	44	Diane DENNEY	Leigh	03:58.8
3	55	Deborah BERESFORD	Manc H	04:10.8
4				
5				
6				
7				
8				

West 2 Sports City, Manchester

Match 3 09/07/2023

1500m Women A

Posn	No.	Athlete	Club	Perf
1	1	Jemma ATKINSON	BorSe	05:54.0
2	6	Caitlin BOWDEN (U20)	Pend	05:55.4
3	8	Sarah BIRKETT	SHS	06:30.5
4	5	Caroline BABA	Manc H	06:36.4
5	44	Debbie COPPER	Leigh	08:14.3
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	11	Teressa MEDLEY	BorSe	06:20.3
2	55	Lindsey FARRELLY	Manc H	07:21.6
3	4	Diane DENNEY	Leigh	08:37.2
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	1	Teressa MEDLEY	BorSe	12:30.8
2	6	Caitlin BOWDEN (U20)	Pend	12:52.7
3	8	Sonya MONAGHAN	SHS	12:56.6
4	5	Caroline BABA	Manc H	13:11.2
5	4	Katie SANDERSON	Leigh	13:25.3
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	88	Susan JOHNSON	SHS	13:17.0
2	55	Lindsey FARRELLY	Manc H	14:26.5
3	44	Eileen CASTLEDINE	Leigh	15:48.2
4				
5				
6				
7				
8				

3Km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	98		No Compete	
2				
3				
4				
5				
6				
7				
8				

3Km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	1	Melissa BILLS	BorSe	76.6
2	8	Karen MARSH	SHS	89.3
3				
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	88	Sarah BIRKETT	SHS	94.4
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	
1	1	Melissa BILLS	BorSe	19.5
2	8	Karen MARSH	SHS	20.1
3				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	11	Natalie STANTON	BorSe	
2				
3				



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4	4
5	5
6	6
7	7
8	8

**West 2 Sports City, Manchester**

**Match 3 09/07/2023**

**100m N/S Women A**

Posn	No.	Athlete	Wind	Perf
1	11	Marcia Smith	Border	16.1
2				
3				
4				
5				
6				
7				
8				

**100m N/S Women B**

Posn	No.	Athlete	Wind	Perf
1	98			
2				
3				
4				
5				
6				
7				
8				

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	11	Lauren PARR	BorSe	4.73
2	5	Millie EVERETT (U20)	Manc H	4.64
3	6	Anita SAUNDERS	Pend	4.52
4	8	Karen MARSH	SHS	3.51
5	4	Diane DENNEY	Leigh	2.26
6				
7				
8				

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	1	Melissa BILLS	BorSe	4.67
2	55	Helen HOLME	Manc H	2.26
3	88	Helena MCGOLDRICK	SHS	2.23
4				
5				
6				
7				
8				

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	1	Natalie STANTON	BorSe	1.25

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	11	Lauren PARR	BorSe	1.10

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	1	Lauren PARR	BorSe	9.86
2				
3				
4				
5				
6				
7				
8				

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	11	Jemma ATKINSON	BorSe	8.02
2				
3				
4				
5				
6				
7				
8				

West 2 Sports City, Manchester

Match 3 09/07/2023

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
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Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	4	Holly BENSON	Leigh	10.40
2	1	Natalie STAINTON	BorSe	7.55
3	8	Lauren TAYLOR	SHS	7.47
4	5	Millie EVERETT (U20)	Manc H	6.93
5	6	Anita SAUNDERS	Pend	6.16
6				
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	44	Carla WINSTANLEY	Leigh	9.26
2	11	Marcia SMITH	BorSe	6.99
3	88	Abigail NEWMAN (U17)	SHS	6.85
4	66	Caitlin BOWDEN (U20)	Pend	6.07
5	55	Caroline LACEY	Manc H	4.14
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	4	Jess ARNISON	Leigh	25.68
2	5	Dalola KAJOPAYE (U17)	Manc H	23.51
3	2	Helen GOODWILL	Burn	20.46
4	1	Natalie STAINTON	BorSe	14.23
5	88	Lauren TAYLOR	SHS	14.00
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	44	Holly BENSON	Leigh	20.92
2	8	Julia HAYES	SHS	11.04
3	11	Jemma ATKINSON	BorSe	11.04
4	55	Lindsey FARRELLY	Manc H	10.31
5				
6				
7				
8				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	4	Scarlett MOSS-TURNER (U20)	Leigh	42.15
2	1	Lucie MARTIN (U20)	BorSe	32.29
3	2	Helen GOODWILL	Burn	20.61
4	8	Julia HAYES	SHS	18.38
5	55	Linda CROSS	Manc H	11.07
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	44	Jess ARNISON	Leigh	37.22
2	11	Karen TURNER	BorSe	18.62
3	88	Lauren TAYLOR	SHS	15.73
4	5	Jean SKITT	Manc H	10.31
5				
6				
7				
8				

West 2 Sports City, Manchester

Match 3 09/07/2023

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	4	Holly BENSON	Leigh	30.37
2	1	Natalie STAINTON	BorSe	29.23
3	2	Helen GOODWILL	Burn	19.44
4	8	Lauren TAYLOR	SHS	19.17
5	55	Linda CROSS	Manc H	15.17
6				
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	11	Lara TURNER	BorSe	17.80
2	5	Caroline BABA	Manc H	10.90
3	88	Sonya MONAGHAN	SHS	7.37
4				
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	4	Leigh	Isabel WEEKES (U17) Sophie CUNLIFFE (U17) Scarlett MOSS-TURNER (U20)	54.4
2	1	BorSe	Lauren PARR Lara TURNER Natalie STAINTON Marcia SMITH	56.3
3	8	SHS	Lauren TAYLOR Abigail NEWMAN (U17) Karen MARSH Helena MCGOLDRICK	64.6
4	5	Manc H	Lindsey FARRELLY Caroline BABA Helen HOLME Dalola KAJOPAYE (U17)	72.2
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	1	BorSe	Ebony BLACKWELL (U20) Lauren PARR Jemma ATKINSON Melissa BILLS	04:57.8
2	8	SHS	Sarah BIRKETT Karen MARSH Susan JOHNSON Helena MCGOLDRICK	05:55.7
3	4	Leigh	Eileen CASTLEDINE Debbie COPPER Diane DENNEY Katie SANDERSON	06:47.3
4	5	Manc H	Linda CROSS Caroline LACEY Helen HOLME Lindsey FARRELLY	07:10.4
5				
6				
7				
8				