

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	WEST	
DIVISION	West 1S	
MATCH	4	
P/FINISH	NO	1

Date 19/08/2023

Venue Queensway Stadium, Wrexham

Host Club Wrexham AAC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Crewe & Nantwich AC	C&N	45	62.0	7.0	73.0	187.0
2	Liverpool Harriers & AC	Liv H	55	132.0	30.0	111.5	328.5
3	Liverpool Pembroke & Sefton H AC	Lpem	35	73.0	19.0	163.0	290.0
4	Macclesfield Harriers & AC	Macc	15	38.0		79.0	132.0
5	Southport Waterloo AC	S'port W	55	212.0	35.0	179.0	481.0
6	Wigan & District H & AC	Wigan	30	38.0		101.5	169.5
7	Wrexham AAC	Wrex	55	147.0	27.0	168.0	397.0
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Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L
1	Southport Waterloo AC	481.0	7.0			481.0	7.0
2	Wrexham AAC	397.0	6.0			397.0	6.0
3	Liverpool Harriers & AC	328.5	5.0			328.5	5.0
4	Liverpool Pembroke & Sefton H AC	290.0	4.0			290.0	4.0
5	Crewe & Nantwich AC	187.0	3.0			187.0	3.0
6	Wigan & District H & AC	169.5	2.0			169.5	2.0
7	Macclesfield Harriers & AC	132.0	1.0			132.0	1.0

TOTAL EVENTS	40
NO COMPETITORS/EVENT CANCELLED/NMR	3
EVENT SCORED	37
REMAINING	-

West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

100m Men A

Posn	No.	Athlete	Club	Perf	Wind
					-1.7
1	1	Andrew SALMON (U20)	C&N	11.7	
2	7	Mannie THOMAS (U17)	Wrex	11.8	
3	2	James DAVIS (U17)	Liv H	12.0	
4	5	Bill STEEL (U20)	S'port W	12.9	
5	3	Mark LINE	Lpem	13.7	
6	6	Ian MCPHAIL	Wigan	14.9	
7					
8					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
					-0.3
1	77	Jacob EDGHILL (U20)	Wrex	12.0	
2	11	Joel HENRY (U17)	C&N	12.7	
3	55	Christopher BURGESS	S'port W	12.9	
4	33	Paul WHITE	Lpem	14.5	
5	22	Terence MACKLIN	Liv H	15.3	
6					
7					
8					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
					-01.2
1	7	Mannie THOMAS (U17)	Wrex	23.7	
2	2	James DAVIS (U17)	Liv H	24.0	
3	1	Andrew SALMON (U20)	C&N	24.3	
4	3	Jared NICHOLLS (U20)	Lpem	24.8	
5	5	Graham BOREHAM	S'port W	25.4	
6					
7					
8					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
					-00.7
1	55	Christopher BURGESS	S'port W	26.1	
2	33	Jake DICKINSON	Lpem	26.1	
3	11	Joel HENRY (U17)	C&N	26.1	
4	77	Mehdi GARMi	Wrex	27.3	
5	22	Terence MACKLIN	Liv H	31.5	
6					
7					
8					

400m Men A

Posn	No.	Athlete	Club	Perf
1	6	Adam HARVEY	Wigan	51.2
2	5	Graham BOREHAM	S'port W	53.1
3	7	Oliver EDWARDS	Wrex	53.3
4	4	Laurence MANLEY	Macc	53.4
5	2	Thomas CROFT	Liv H	54.4
6	3	Jared NICHOLLS (U20)	Lpem	54.6
7	1	Neil FOWLER	C&N	72.8
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	22	Christian WOODS	Liv H	56.1
2	55	Adam BYRNE (U17)	S'port W	60.1
3	77	Mehdi GARMi	Wrex	60.7
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5				
6				
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	6	Joseph REES GARA (U20)	Wigan	01:56.5
2	44	Philip GOODFELLOW (U20)	Macc	01:59.0
3	2	Dan THURGOOD (U20)	Liv H	01:59.3
4	5	Graham BOREHAM	S'port W	02:07.7
5	7	Steven JONES	Wrex	02:30.2
6				
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	4	Laurence MANLEY	Macc	01:59.8
2	55	Ken LENNON	S'port W	02:20.3
3	22	Hywel CARE	Liv H	02:23.5
4	77	Glyn thomas WISE	Wrex	02:39.0
5				
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7				
8				

West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

1500m Men A

Posn	No.	Athlete	Club	Perf
1	2	Dan THURGOOD (U20)	Liv H	04:18.6
2	7	Luke NORTHALL	Wrex	04:19.5
3	3	Jake DICKINSON	Lpem	04:22.4
4	4	Chris EDWARDSON	Macc	04:46.1
5	5	Andrew VEEVERS	S'port W	04:55.9
6				
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	22	Hywel CARE	Liv H	04:47.9
2	55	Ken LENNON	S'port W	04:56.5
3	77	Richard WESTWOOD	Wrex	04:58.2
4				
5				
6				
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	2	Jon-jo DOHERTY	Liv H	15:38.5
2	5	David HAMILTON	S'port W	17:27.6
3	7	Thomas SPENCE	Wrex	18:20.3
4	3	Mark HUDSON	Lpem	20:43.2
5				
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	55	Andrew VEEVERS	S'port W	18:19.6
2	77	Richard WESTWOOD	Wrex	21:30.8
3	33	Neil ROBERTS	Lpem	22:32.6
4				
5				
6				
7				
8				

3km S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	99		Event Canc	
2				
3				
4				
5				
6				
7				
8				

3km S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	5	Sam COUPLAND (U20)	S'port W	72.7
2	77	Glyn thomas WISE	Wrex	74.8
3				
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400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	7	Neil EDWARDS	Wrex	94.8
2	55	Lee COUPLAND	S'port W	104.1
3				
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6				
7				
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West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
			Wind	-1.6
1	5	Sam COUPLAND (U20)	S'port W	18.3
2	7	Neil EDWARDS	Wrex	23.0
3				
4				
5				
6				
7				
8				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
			Wind	
1	77	Glyn thomas WISE	Wrex	30.2
2	55	Lee COUPLAND	S'port W	34.4
3				
4				
5				
6				
7				
8				

100m N/S Men A

Posn	No.	Athlete	Club	Perf
			Wind	-00.3
1	55x	Frank Lennon	S'port W	19.0
2				
3				
4				
5				
6				
7				
8				

100m N/S Men B

Posn	No.	Athlete	Club	Perf
			Wind	
1				
2				
3				
4				
5				
6				
7				
8				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	77	Thomas WALLEY	Wrex	6.81
2	4	Hayden BLUNN (U20)	Macc	5.95
3	55	Adam BYRNE (U17)	S'port W	5.68
4	66	George MACKENZIE (U20)	Wigan	5.45
5	33	Sandy CLARKSON	Lpem	4.73
6	1	Neil FOWLER	C&N	3.51
7				
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	7	Jacob EDGHILL (U20)	Wrex	6.44
2	3	Mark LINE	Lpem	4.57
3	5	John BYRNE	S'port W	4.38
4				
5				
6				
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	3	Sandy CLARKSON	Lpem	1.95
2	4	Hayden BLUNN (U20)	Macc	1.80
3	55	Adam BYRNE (U17)	S'port W	1.70
4	6	George MACKENZIE (U20)	Wigan	1.65

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	5	Sam COUPLAND (U20)	S'port W	1.65

West 1S Queensway Stadium, Wrexham

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Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	7	Thomas WALLEY	Wrex	13.68
2	5	Sam COUPLAND (U20)	S'port W	11.38
3				
4				
5				
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	77	Glyn thomas WISE	Wrex	9.56
2	55	Lee COUPLAND	S'port W	8.46
3				
4				
5				
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	7	Thomas WALLEY	Wrex	5.22
2=	2	Corey BEECHALL (U17)	Liv H	3.60
2=	6	George MACKENZIE (U20)	Wigan	3.60
4	44	Ashley PRITCHARD	Macc	3.40
5	5	Sam COUPLAND (U20)	S'port W	3.20
6	3	Mark LINE	Lpem	2.70

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	77	Neil EDWARDS	Wrex	2.70
2	4	Hayden BLUNN (U20)	Macc	2.50
3	33	Mark CROMPTON	Lpem	2.40
4	55	Lee COUPLAND	S'port W	2.30
5	66	Ian MCPHAIL	Wigan	2.10

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	5	Bill STEEL (U20)	S'port W	14.68
2	7	Nicholas YOUNG	Wrex	13.24
3	1	Dean VALENTINE	C&N	10.62
4	4	Jasyn SAVAGE	Macc	9.91
5	2	Patrick MANCHESTER	Liv H	9.60
6	3	Paul WHITE	Lpem	8.52
7	66	Karl HOPPER	Wigan	7.53
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	77	Neil EDWARDS	Wrex	10.10
2	44	Ashley PRITCHARD	Macc	9.75
3	55	John BYRNE	S'port W	7.62
4	22	Matthew AFFUL	Liv H	6.81
5	33	Mark CROMPTON	Lpem	6.77
6	6	Philip HAYTON	Wigan	6.70
7	11	Neil FOWLER	C&N	6.46
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	22	Nick WEDDERMAN	Liv H	45.80
2	5	Bill STEEL (U20)	S'port W	43.90
3	7	Nicholas YOUNG	Wrex	42.86
4	4	Ashley PRITCHARD	Macc	33.17
5	3	Mark LINE	Lpem	29.63
6	1	Dean VALENTINE	C&N	24.53
7	6	Ian MCPHAIL	Wigan	19.14
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	2	Patrick MANCHESTER	Liv H	31.34
2	77	Neil EDWARDS	Wrex	30.64
3	44	Jasyn SAVAGE	Macc	29.41
4	33	Paul WHITE	Lpem	24.75
5	55	Lee COUPLAND	S'port W	20.33
6	11	Neil FOWLER	C&N	17.78
7	66	Karl HOPPER	Wigan	15.37
8				

West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	3	Paul WHITE	Lpem	33.09
2	7	Neil EDWARDS	Wrex	30.37
3	1	Dean VALENTINE	C&N	28.84
4	4	Ashley PRITCHARD	Macc	24.32
5	5	John BYRNE	S'port W	16.59
6	6	Philip HAYTON	Wigan	12.33
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	33	Mark LINE	Lpem	31.18
2	77	Steven THOMAS-SPIRES	Wrex	15.67
3	55	Lee COUPLAND	S'port W	14.92
4	11	Neil FOWLER	C&N	13.25
5				
6				
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	5	Bill STEEL (U20)	S'port W	53.11
2	2	Sam BANNON	Liv H	51.71
3	3	William HYND	Lpem	42.57
4	4	Hayden BLUNN (U20)	Macc	38.23
5	77	Neil EDWARDS	Wrex	38.00
6	1	Dean VALENTINE	C&N	30.23
7	6	Ian MCPHAIL	Wigan	26.08
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	33	Mark LINE	Lpem	37.49
2	44	Ashley PRITCHARD	Macc	33.60
3	55	Lee COUPLAND	S'port W	26.26
4	7	Nicholas YOUNG	Wrex	26.08
5	66	Philip HAYTON	Wigan	23.00
6	22	Terence MACKLIN	Liv H	21.59
7	11	Neil FOWLER	C&N	16.82
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	7	Wrex	Mannie THOMAS (U17) Evan WILLIAMS Jacob EDGHILL (U20) Oliver EDWAR	45.7
2	5	S'port W	Christopher BURGESS Graham BOREHAM Bill STEEL (U20) Adam BYRNE (U1	49.0
3	3	Lpem	Mark LINE William HYND Jared NICHOLLS (U20) Paul WHITE	51.2
4	2	Liv H	Christian WOODS James DAVIS (U17) Terence MACKLIN Thomas CROFT	51.9
5				
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	7	Wrex	Oliver EDWARDS Evan WILLIAMS Jacob EDGHILL (U20) Thomas WALLEY	03:47.6
2	2	Liv H	Christian WOODS Terence MACKLIN Thomas CROFT James DAVIS (U17)	03:58.3
3	5	S'port W	Graham BOREHAM Andrew VEEVERS Ken LENNON David HAMILTON	04:20.8
4	3	Lpem	Mark HUDSON Jared NICHOLLS (U20) Neil ROBERTS Jake DICKINSON	04:25.1
5				
6				
7				
8				

West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

100m Women A

Posn	No.	Athlete	Club	Perf	Wind
					-0.2
1	55	Amber HUGHES (U20)	S'port W	12.7	
2	2	Rebecca BOWDEN	Liv H	13.5	
3	1	Abbey BATE (U20)	C&N	14.2	
4	3	Katelyn SWIFT (U20)	Lpem	15.0	
5					
6					
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
					-0.2
1	5	Sierra JALLOH (U20)	S'port W	13.1	
2	33	Bethany SWIFT	Lpem	18.7	
3					
4					
5					
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
					-0.3
1	5	Sierra JALLOH (U20)	S'port W	26.4	
2	2	Rebecca BOWDEN	Liv H	27.8	
3	1	Georgia DONALD (U20)	C&N	28.7	
4	3	Katelyn SWIFT (U20)	Lpem	30.0	
5					
6					
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
					-0.3
1	55	Katy COUPLAND	S'port W	36.9	
2	33	Bethany SWIFT	Lpem	40.0	
3					
4					
5					
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf
1	5	Amber HUGHES (U20)	S'port W	64.6
2	2	Christiana KELLEY (U17)	Liv H	66.7
3	1	Abbey BATE (U20)	C&N	67.1
4	3	Sharon ROBERTS	Lpem	87.3
5				
6				
7				
8				

400m Women B

Posn	No.	Athlete	Club	Perf
1	55	Lauren BYRNE (U17)	S'port W	67.4
2	22	Micaela TRACEY-RAMOS	Liv H	68.0
3				
4				
5				
6				
7				
8				

800m Women A

Posn	No.	Athlete	Club	Perf
1	4	Faye SHARPLEY	Macc	02:24.4
2	7	Sioned CORDINER	Wrex	02:43.2
3	5	Niamh PROCTER (U20)	S'port W	03:15.1
4				
5				
6				
7				
8				

800m Women B

Posn	No.	Athlete	Club	Perf
1	55	Katy COUPLAND	S'port W	03:36.1
2	77	Jennifer MOSS	Wrex	04:12.0
3				
4				
5				
6				
7				
8				

West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

1500m Women A

Posn	No.	Athlete	Club	Perf
1	2	Sarah HOWARD	Liv H	05:11.8
2	7	Sioned CORDINER	Wrex	05:37.2
3				
4				
5				
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	2	Abigail PREECE	Liv H	11:16.5
2	77	Claire PURDIE	Wrex	12:08.1
3				
4				
5				
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	7	Immy JONES (U17)	Wrex	12:31.9
2				
3				
4				
5				
6				
7				
8				

3Km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	99		Event Canc	
2				
3				
4				
5				
6				
7				
8				

3Km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	5	Apphia KEENAN (U17)	S'port W	76.0
2	2	Micaela TRACEY-RAMOS	Liv H	76.3
3	66	Micaela BRINDLE	Wigan	91.3
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	55	Jessica KEENAN (U20)	S'port W	82.8
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	1 Georgia DONALD (U20)	C&N	17.4	-0.2
2	5 Amber HUGHES (U20)	S'port W	18.0	
3	66 Micaela BRINDLE	Wigan	19.7	

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	55	Niamh PROCTER (U20)	S'port W	22.1	-0.2
2					
3					

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4	4
5	5
6	6
7	7
8	8

West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

100m N/S Women A

Posn	No.	Athlete
1	99	
2		
3		
4		
5		
6		
7		
8		

Wind

Perf

100m N/S Women B

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind

Club

Perf

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Sophie HAMPSON (U20)	Liv H	5.58
2	66	Rebekah HOPPER	Wigan	4.58
3	5	Niamh PROCTER (U20)	S'port W	4.54
4	3	Katelyn SWIFT (U20)	Lpem	3.99
5	7	Amanda COOK	Wrex	3.94
6	1	Wendy VALENTINE	C&N	3.15
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Elizabeth HENSHALL	Liv H	4.72
2	55	Apphia KEENAN (U17)	S'port W	4.39
3	33	Bethany SWIFT	Lpem	2.03
4				
5				
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	5	Apphia KEENAN (U17)	S'port W	1.55
2	3	Deborah DASSE	Lpem	1.52
3	2	Elizabeth HENSHALL	Liv H	1.46
4	6	Eleanor HOPPER (U20)	Wigan	1.25

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	55	Jessica KEENAN (U20)	S'port W	1.40

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Sophie HAMPSON (U20)	Liv H	11.66
2	5	Niamh PROCTER (U20)	S'port W	9.21
3	7	Amanda COOK	Wrex	9.12
4				
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Elizabeth HENSHALL	Liv H	10.23
2				
3				
4				
5				
6				
7				
8				

West 15 Queensway Stadium, Wrexham

Match 4 19/08/2023

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	2	Elizabeth HENSHALL	Liv H	2.90
2	6	Eleanor HOPPER (U20)	Wigan	2.30

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	10.84
2	55	Amber HUGHES (U20)	S'port W	9.77
3	6	Rebekah HOPPER	Wigan	9.37
4	77	Isabelle COLLINS	Wrex	8.89
5	2	Elizabeth HENSHALL	Liv H	8.71
6	11	Deborah FOWLER	C&N	6.86
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	5	Lauren BYRNE (U17)	S'port W	9.37
2	66	Micaela BRINDLE	Wigan	8.63
3	7	Ellie COLLINS	Wrex	8.32
4	1	Wendy VALENTINE	C&N	5.72
5	33	Bethany SWIFT	Lpem	5.57
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	38.46
2	6	Rebekah HOPPER	Wigan	29.70
3	7	Ellie COLLINS	Wrex	26.78
4	5	Katy COUPLAND	S'port W	25.24
5	11	Deborah FOWLER	C&N	19.21
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	33	Rebecca MITCHELL (U20)	Lpem	28.06
2	77	Isabelle COLLINS	Wrex	20.40
3	1	Wendy VALENTINE	C&N	18.96
4	66	Micaela BRINDLE	Wigan	15.18
5	55	Jessica KEENAN (U20)	S'port W	9.19
6				
7				
8				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	4	Charlotte BIRD	Macc	35.90
2	33	Anna PEERS	Lpem	32.13
3	77	Isabelle COLLINS	Wrex	27.13
4	1	Wendy VALENTINE	C&N	19.63
5	5	Katy COUPLAND	S'port W	16.74
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	3	Katelyn SWIFT (U20)	Lpem	31.13
2	7	Ellie COLLINS	Wrex	22.94
3	11	Deborah FOWLER	C&N	18.08
4				
5				
6				
7				
8				

West 1S Queensway Stadium, Wrexham

Match 4 19/08/2023

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	33	Rebecca MITCHELL (U20)	Lpem	36.97
2	6	Rebekah HOPPER	Wigan	30.77
3	77	Isabelle COLLINS	Wrex	25.78
4	2	Lauren BANNON (U20)	Liv H	24.20
5	5	Lauren BYRNE (U17)	S'port W	22.89
6	11	Deborah FOWLER	C&N	22.47
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	36.49
2	7	Ellie COLLINS	Wrex	25.34
3	66	Eleanor HOPPER (U20)	Wigan	17.58
4	55	Katy COUPLAND	S'port W	16.36
5	22	Elizabeth HENSHALL	Liv H	14.44
6	1	Wendy VALENTINE	C&N	10.53
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	5	S'port W	Amber HUGHES (U20) Sierra JALLOH (U20) Olivia MORGAN (U20) Lauren B	51.0
2	2	Liv H	Rebecca BOWDEN Elizabeth HENSHALL Micaela TRACEY-RAMOS Christiana	55.2
3	1	C&N	Abbey BATE (U20) Georgia DONALD (U20) Deborah FOWLER Wendy VALEN	63.9
4	3	Lpem	Sharon ROBERTS Rebecca MITCHELL (U20) Katelyn SWIFT (U20) Bethany S	64.7
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	5	S'port W	Sierra JALLOH (U20) Olivia MORGAN (U20) Jessica KEENAN (U20) Niamh PI	04:32.5
2	2	Liv H	Micaela TRACEY-RAMOS Christiana KELLEY (U17) Abigail PREECE Rebecca	04:38.9
3	7	Wrex	Sioned CORDINER Immy JONES (U17) Isabelle COLLINS Claire PURDIE	05:29.6
4				
5				
6				
7				
8				