

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	WEST	
DIVISION	West Premier	
MATCH	4	
P/FINISH	YES	2

Date 19/08/2023
Venue Longford Park Stadium, Trafford
Host Club Trafford AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Blackburn Harriers & AC	Bburn	55	126.0	13.0	124.0	318.0
2	Sale Harriers Manchester	Sale	55	187.0	36.0	208.0	486.0
3	Team Isle of Man ©	T IOM	55	117.0	14.0	135.5	321.5
4	Trafford AC	Traff	55	143.0	21.0	129.5	348.5
5	West Cheshire AC	W Ches	55	127.0	20.0	108.0	310.0
6	Wirral AC	Wirr	55	167.0	22.0	134.0	378.0
-							
-							

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L
1	Sale Harriers Manchester	486.0	6.0			486.0	6.0
2	Wirral AC	378.0	5.0			378.0	5.0
3	Trafford AC	348.5	4.0			348.5	4.0
4	Team Isle of Man ©	321.5	3.0			321.5	3.0
5	Blackburn Harriers & AC	318.0	2.0			318.0	2.0
6	West Cheshire AC	310.0	1.0			310.0	1.0

TOTAL EVENTS	40
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	39
REMAINING	-

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

100m Men A

Posn	No.	Athlete	Club	Perf	Wind
				+2.0	
1	2	Marcus MCLEAN	Sale	10.76	
2	6	Harvey DARROCH	Wirr	11.27	
3	3	Daniel STEWART-CLAGUE	T IOM	11.42	
4	4	Samuel ASHADU (U20)	Traff	11.45	
5	5	Alex RUTHERFORD (U17)	W Ches	11.81	
6	1	Samuel MUTOMBO (U20)	Bburn	11.86	
7					
8					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
					0.0
1	22	Alex LEADBEATER (U20)	Sale	11.25	
2	33	George SKIDMORE	T IOM	11.96	
3	66	Daniel POOLE (U20)	Wirr	12.06	
4	11	James TIERNEY (U17)	Bburn	12.37	
5	44	Esam AFTAB (U20)	Traff	12.50	
6	55	Patrick OLOUGHLIN (U17)	W Ches	12.98	
7					
8					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Marcus MCLEAN	Sale	22.07	
2	4	Samuel ASHADU (U20)	Traff	23.38	
3	3	Daniel STEWART-CLAGUE	T IOM	23.74	
4	5	Alex RUTHERFORD (U17)	W Ches	24.03	
5	6	Daniel POOLE (U20)	Wirr	25.03	
6	1	James TIERNEY (U17)	Bburn	25.14	
7					
8					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	22	Theo DANQUAH	Sale	23.19	
2	44	Luke CRAMPTON	Traff	23.71	
3	33	George SKIDMORE	T IOM	24.15	
4	66	Samuel HEATHCOTE	Wirr	24.82	
5	11	Codie DEWHURST (U20)	Bburn	25.75	
6	55	Patrick OLOUGHLIN (U17)	W Ches	25.97	
7					
8					

400m Men A

Posn	No.	Athlete	Club	Perf
1	2	Tom HUNTER	Sale	48.97
2	4	Reece INGLEY	Traff	50.77
3	3	George SKIDMORE	T IOM	54.67
4	1	Codie DEWHURST (U20)	Bburn	55.27
5	5	Andrew PARKER	W Ches	55.60
6	6	Samuel HEATHCOTE	Wirr	58.65
7				
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	22	Jacob LINGARD	Sale	51.25
2	55	Bradley SPURDENS	W Ches	53.87
3	11	Hayden MERCER (U20)	Bburn	55.71
4	44	Rian ALEX	Traff	56.16
5	33	Sebastien SGOURADITIS (U20)	T IOM	59.02
6	66	Jack STRICKLEY (U20)	Wirr	DQ 17.3.1
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	1	Daniel BEBBINGTON	Bburn	01:53.92
2	2	Adetomiwa OLADITI	Sale	01:55.38
3	6	William STRICKLEY (U20)	Wirr	01:58.71
4	4	Harry SINCLAIR	Traff	01:58.91
5	5	Matthew JONES (U17)	W Ches	02:05.63
6	3	Dominic DUNWELL (U17)	T IOM	02:11.62
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	11	Ben MAKIN	Bburn	02:00.88
2	22	Phil RICHARDSON	Sale	02:01.22
3	44	Laurence SKIDMORE	Traff	02:05.97
4	55	Paul MORRISON	W Ches	02:08.86
5	66	Jack STRICKLEY (U20)	Wirr	02:11.07
6	33	Jamie HAYES	T IOM	02:37.13
7				
8				

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

1500m Men A

Posn	No.	Athlete	Club	Perf
1	1	Daniel BEBBINGTON	Bburn	03:58.92
2	66	Samuel TEMPEST	Wirr	04:10.85
3	4	Harry SINCLAIR	Traff	04:16.97
4	2	George NOBLE (U20)	Sale	04:25.65
5	5	Matthew JONES (U17)	W Ches	04:32.25
6	3	Dominic DUNWELL (U17)	T IOM	04:42.46
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	11	Dominic WALTON	Bburn	03:59.37
2	6	William STRICKLEY (U20)	Wirr	04:19.68
3	44	Laurence SKIDMORE	Traff	04:28.86
4	22	Ben REES	Sale	04:32.53
5	55	Paul MORRISON	W Ches	04:48.80
6	33	Jamie HAYES	T IOM	05:18.20
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	1	Matthew RAMSDEN	Bburn	15:45.58
2	2	Philip ROBERTSON	Sale	15:47.85
3	6	William SUTCLIFFE (U20)	Wirr	16:41.54
4	4	Stephen LUNN	Traff	17:06.63
5	3	Jamie HAYES	T IOM	18:46.36
6	5	Andrew MANSON	W Ches	19:25.17
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	22	Robbie RIGBY (U20)	Sale	15:56.29
2	44	Michael MELARKEY	Traff	17:54.44
3	33	John HALLIGAN	T IOM	18:55.40
4	66	Richard FARRAR	Wirr	19:27.08
5				
6				
7				
8				

3km S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	99		Event Canc	
2				
3				
4				
5				
6				
7				
8				

3km S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	6	Aodhan CORR (U20)	Wirr	59.19
2	2	Darius SHELTON	Sale	59.86
3	1	Codie DEWHURST (U20)	Bburn	63.98
4	3	Daniel STEWART-CLAGUE	T IOM	63.99
5	4	Rian ALEX	Traff	65.95
6	5	John PUGHE	W Ches	106.59
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	44	Simon O'MEARA	Traff	67.82
2	33	Kyle MARTIN	T IOM	69.45
3	55	Andrew PARKER	W Ches	69.79
4	22	Nahom ABRAHAM	Sale	69.87
5				
6				
7				
8				

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	Wind
				-3.2	
1	2	Alex PARKINSON	Sale	15.7	
2	4	Rik YATES	Traff	16.4	
3	3	Daniel STEWART-CLAGUE	T IOM	17.9	
4	6	Aodhan CORR (U20)	Wirr	20.4	
5					
6					
7					
8					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	Wind
				-2.8	
1	66	Kresten CALVERT (U20)	Wirr	22.5	
2	22	Nathan BOOTH	Sale	23.2	
3	33	John HALLIGAN	T IOM	28.6	
4					
5					
6					
7					
8					

100m N/S Men A

Posn	No.	Athlete	Club	Perf	Wind
1	91	Ahmed Simeen	Trafford	11.77	
2					
3					
4					
5					
6					
7					
8					

100m N/S Men B

Posn	No.	Athlete	Club	Perf	Wind
					-00.60
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	2	Samuel EBONINE	Sale	6.45
2	33	Sebastien SGOURADITIS (U20)	T IOM	6.35
3	11	Kail STURGESS	Bburn	5.80
4	66	Kresten CALVERT (U20)	Wirr	5.68
5	44	Harry MILLER-REEDMAN	Traff	5.35
6	5	David MCKAY	W Ches	4.17
7				
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	3	Regan CORRIN (U17)	T IOM	6.17
2	22	Faisal OTHMAN	Sale	5.67
3	1	Samuel MUTOMBO (U20)	Bburn	5.43
4	6	Harvey DARROCH	Wirr	5.37
5	4	Jamie ANDERTON (U17)	Traff	5.04
6	55	Bradley SPURDENS	W Ches	4.15
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	2	Samuel EBONINE	Sale	2.0
2	3	Regan CORRIN (U17)	T IOM	1.95
3	6	Kresten CALVERT (U20)	Wirr	1.80
4	55	William SCOTT	W Ches	1.65
5	4	Jamie ANDERTON (U17)	Traff	1.55
6	1	Codie DEWHURST (U20)	Bburn	1.50

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	22	Martins OGEDENBE DOBIES (L)	Sale	1.80
2	66	Aodhan CORR (U20)	Wirr	1.65
3	5	Alan LITTLER	W Ches	1.60
4	44	Gadary BARZEY (U17)	Traff	1.55
5	33	John HALLIGAN	T IOM	1.45

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	22	Emmanuel ODUBANJO	Sale	13.69
2	1	Samuel MUTOMBO (U20)	Bburn	11.96
3	6	Aodhan CORR (U20)	Wirr	11.86
4	33	Kyle MARTIN	T IOM	9.78
5	4	Rian ALEX	Traff	9.67
6	55	William SCOTT	W Ches	9.23
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	2	Samuel EBONINE	Sale	12.91
2	11	Kail STURGESS	Bburn	11.47
3	66	Harvey DARROCH	Wirr	11.30
4	44	Simon O'MEARA	Traff	8.91
5	5	David MCKAY	W Ches	8.26
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	22	Harry LORD	Sale	3.80
2	6	Donald DARROCH	Wirr	3.00
3	1	Hayden MERCER (U20)	Bburn	2.90
4	3	Kyle MARTIN	T IOM	2.80
5	44	Ian SCHOLES	Traff	2.60

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	2	Andrew ASHURST	Sale	3.10
2	33	John HALLIGAN	T IOM	2.30
3=	66	Kresten CALVERT (U20)	Wirr	2.10
3=	4	Jamie ANDERTON (U17)	Traff	2.10

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	44	Cameron UNSWORTH (U20)	Traff	13.80
2	2	Kamel BENISSAD	Sale	13.45
3	1	Anthony KENT	Bburn	11.70
4	5	David MCKAY	W Ches	11.12
5	6	Andrew PORTER	Wirr	9.27
6	3	George SKIDMORE	T IOM	9.22
7				
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	22	Harry LORD	Sale	12.35
2	4	Caden UZOIGWE (U20)	Traff	12.09
3	55	William SCOTT	W Ches	9.34
4	11	Tony BALKO	Bburn	9.10
5	66	Howie ASHTON	Wirr	8.03
6	33	John HALLIGAN	T IOM	7.10
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	44	Caden UZOIGWE (U20)	Traff	45.88
2	2	Kamel BENISSAD	Sale	42.42
3	1	Anthony KENT	Bburn	39.51
4	55	William SCOTT	W Ches	33.05
5	3	George SKIDMORE	T IOM	27.06
6	6	Andrew PORTER	Wirr	23.22
7				
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	22	William SCHOFIELD	Sale	39.78
2	4	Roger BATE	Traff	37.09
3	5	Will RATTRAY	W Ches	26.80
4	11	Tony BALKO	Bburn	26.45
5	33	Kyle MARTIN	T IOM	24.03
6	66	Howie ASHTON	Wirr	17.49
7				
8				

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	1	Anthony KENT	Bburn	48.91
2	44	Joseph FLITCROFT	Traff	46.83
3	22	William SCHOFIELD	Sale	42.98
4	5	David MCKAY	W Ches	41.45
5	3	Kyle MARTIN	T IOM	21.88
6	6	Andrew PORTER	Wirr	20.63
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	4	Roger BATE	Traff	46.60
2	2	Nathan BOOTH	Sale	30.99
3	11	Tony BALKO	Bburn	28.56
4	55	Will RATTRAY	W Ches	26.67
5	66	Steven PETERS	Wirr	15.55
6	33	John HALLIGAN	T IOM	15.37
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	5	David MCKAY	W Ches	45.48
2	44	Harry MILLER-REEDMAN	Traff	42.87
3	3	Daniel STEWART-CLAGUE	T IOM	41.07
4	2	Joshua MOULAND	Sale	34.85
5	6	Andrew PORTER	Wirr	34.32
6	1	Anthony KENT	Bburn	32.70
7				
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	4	Jacob FLETCHER	Traff	41.53
2	55	William SCOTT	W Ches	39.10
3	33	Kyle MARTIN	T IOM	33.82
4	22	Nathan BOOTH	Sale	33.44
5	66	Ben GRANTHAM (U17)	Wirr	32.06
6	11	Tony BALKO	Bburn	27.17
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	2	Sale	Theo DANQUAH Marcus MCLEAN Alex PARKINSON Alex LEADBEATER (U20)	42.79
2	4	Traff	Laurence SKIDMORE Samuel ASHADU (U20) Reece INGLE Y Ahmed SIMEEN	46.45
3	5	W Ches	Patrick OLOUGHLIN (U17) Alex RUTHERFORD (U17) Andrew PARKER Bradley	48.00
4	6	Wirr	Daniel POOLE (U20) Donald DARROCH Kresten CALVERT (U20) Harvey DARR	50.00
5				50.12
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	2	Sale	Jacob LINGARD Darius SHELTON Cameron DUFF Tom HUNTER	03:24.85
2	4	Traff	Reece INGLE Y Rik YATES Harry SINCLAIR Luke CRAMPTON	03:26.43
3	1	Bburn	Dominic WALTON Ben MAKIN Matthew RAMSDEN Daniel BEBBINGTON	03:27.22
4	6	Wirr	Jack STRICKLEY (U20) Aodhan CORR (U20) Samuel TEMPEST William STRICKLEY	03:33.19
5	5	W Ches	Bradley SPURDENS Alan LITTLER Andrew PARKER Matthew JONES (U17)	03:45.28
6	3	T IOM	Daniel STEWART-CLAGUE George SKIDMORE Regan CORRIN (U17) Kyle MAR	03:46.84
7				
8				

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

100m Women A

Posn	No.	Athlete	Club	Perf	Wind
				-2.6	
1	6	Niamh LE'GALL (U17)	Wirr	12.30	
2	3	Meghan PILLEY	T IOM	12.64	
3	2	Sasha BYROM	Sale	12.75	
4	4	Chiara RAMPONI	Traff	13.22	
5	5	Imogen PUGHE (U20)	W Ches	13.48	
6	1	Amy WIGGANS	Bburn	13.97	
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
				-5.3	
1	33	Carla TEECE (U20)	T IOM	13.29	
2	22	Naana ADUSEI	Sale	13.57	
3	66	Kelsey-Lili OGEDENGBE (U20)	Wirr	13.62	
4	44	Louise SMITH	Traff	13.86	
5	55	Elizabeth MCMAHON	W Ches	14.28	
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	6	Niamh LE'GALL (U17)	Wirr	24.87	
2	3	Meghan PILLEY	T IOM	25.98	
3	2	Freya DOCKERTY (U20)	Sale	25.99	
4	5	Ruby WISBEY (U20)	W Ches	26.74	
5	4	Chiara RAMPONI	Traff	27.52	
6	1	Amy WIGGANS	Bburn	28.70	
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	22	Sasha BYROM	Sale	26.11	
2	55	Carys MANSON (U17)	W Ches	29.02	
3	44	Millie BAYMAN (U20)	Traff	29.43	
4	66	Abigail STEWART (U17)	Wirr	29.98	
5					
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf
1	2	Hermione MASON (U20)	Sale	57.67
2	1	Charlie COY	Bburn	59.79
3	5	Imogen PUGHE (U20)	W Ches	62.81
4	6	Lucy HIGNETT	Wirr	68.87
5	3	Helen TAYLOR	T IOM	90.79
6				
7				
8				

400m Women B

Posn	No.	Athlete	Club	Perf
1	22	Olivia BROWN (U20)	Sale	58.80
2	55	Elizabeth MCMAHON	W Ches	64.77
3	11	Keira HAXTON (U20)	Bburn	65.62
4	33	Sarah HALLIGAN	T IOM	70.11
5	66	Tara MURRAY	Wirr	101.19
6				
7				
8				

800m Women A

Posn	No.	Athlete	Club	Perf
1	4	Elena BARTALOTTA (U17)	Traff	02:12.46
2	2	Mia GIBBONS	Sale	02:16.72
3	1	Maddie ELLIOTT	Bburn	02:17.28
4	6	Fiona NUTTALL	Wirr	02:24.22
5	5	Imogen PUGHE (U20)	W Ches	02:29.85
6	3	Laura DICKINSON	T IOM	02:32.28
7				
8				

800m Women B

Posn	No.	Athlete	Club	Perf
1	11	Keira HAXTON (U20)	Bburn	02:25.91
2	22	Rosangela TERIM	Sale	02:29.40
3	66	Lucy HIGNETT	Wirr	02:35.31
4	55	Jodi BEMAND (U20)	W Ches	02:36.44
5	44	Zoe STORR	Traff	02:48.20
6	33	Ella CROWE (U20)	T IOM	
7				
8				

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

1500m Women A

Posn	No.	Athlete	Club	Perf
1	6	Juliet HODDER	Wirr	04:33.88
2	1	Maddie ELLIOTT	Bburn	04:47.64
3	4	Nicola MASON (U20)	Traff	05:03.75
4	22	Sarah GOULDEN	Sale	05:42.33
5	55	Joy HICKMAN	W Ches	06:19.20
6	3	Helen TAYLOR	T IOM	06:28.13
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	66	Isabel HODDER	Wirr	04:57.54
2	11	Isabel HOLT (U20)	Bburn	04:58.76
3	44	Amelia WILLIAMS	Traff	05:34.29
4	2	Georgia elizabeth HEATH (U; Sale		05:58.32
5	33	Ashleigh SCHREUDER (U17) T IOM		06:53.60
6	5	Debra BEMAND	W Ches	07:10.66
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	66	Juliet HODDER	Wirr	10:20.42
2	11	Evie TAYLOR (U20)	Bburn	11:01.52
3	3	Laura DICKINSON	T IOM	11:08.00
4	44	Vicki CRONIN	Traff	11:20.02
5	2	Anne CHINOY	Sale	11:24.01
6	5	Emma NUTT	W Ches	11:39.25
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	6	Fay HUGHES	Wirr	10:46.95
2	1	Ellen SAGAR-HESKETH	Bburn	11:32.80
3	4	Amelia WILLIAMS	Traff	12:34.91
4	55	Joy HICKMAN	W Ches	13:15.63
5	22	Debbie MCEVOY	Sale	14:29.10
6				
7				
8				

3Km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	5	Jodi BEMAND (U20)	W Ches	12:32.03
2	4	Zoe STORR	Traff	13:43.69
3				
4				
5				
6				
7				
8				

3Km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	55	Debra BEMAND	W Ches	17:07.42
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	5	Elizabeth MCMAHON	W Ches	71.15
2	6	Abigail STEWART (U17)	Wirr	71.86
3	2	Sofija DRAGISIC WOOD (U20)	Sale	76.24
4	1	Charlie COY	Bburn	76.47
5	4	Zoe STORR	Traff	76.66
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	55	Carys MANSON (U17)	W Ches	75.79
2	44	Kate MEESON	Traff	83.13
3	66	Sarah THEOBALD (U17)	Wirr	87.91
4				
5				
6				
7				
8				

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
				-4.1
1	2 Freya DOCKERTY (U20)	Sale	15.20	
2	6 Scarlet ASHTON (U20)	Wirr	18.98	
3	3 Imogen COOK	T IOM	20.12	
4	4 Zoe STORR	Traff	21.54	
5	5 Ruby WISBEY (U20)	W Ches	DNF	
6	1	Bburn		
7				
8				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
					-1.6
1	55	Carys MANSON (U17)	W Ches	19.80	
2	66	Amelia JORDAN (U20)	Wirr	20.52	
3	33	Ashleigh SCHREUDER (U17)	T IOM	23.91	
4	22	Ellise FRYER-FRANCIS (U20)	Sale	DQ 22.6	
5					
6					
7					
8					

100m N/S Women A

Posn	No.	Athlete	Club	Perf	Wind
					-00.60
1	93	Chichi Agwu	Trafford	13.31	
2					
3					
4					
5					
6					
7					
8					

100m N/S Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Stephanie JONES (U20)	Sale	5.58
2	6	Kelsey-Lili OGEDENGBE (U20)	Wirr	5.23
3	4	Louise SMITH	Traff	4.99
4	1	Millie COY	Bburn	4.85
5	5	Danielle ERSKINE	W Ches	4.69
6	3	Imogen COOK	T IOM	4.52
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Seren REDFERN (U17)	Sale	5.05
2	66	Scarlet ASHTON (U20)	Wirr	4.62
3	33	Ashleigh SCHREUDER (U17)	T IOM	4.23
4	11	Amy WIGGANS	Bburn	4.14
5	55	Abigail CARTWRIGHT (U20)	W Ches	3.65
6	44	Jemma BATE	Traff	2.54
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Ellise FRYER-FRANCIS (U20)	Sale	1.61
2	6	Scarlet ASHTON (U20)	Wirr	1.55
3	33	Ella CROWE (U20)	T IOM	1.45
4	11	Charlie COY	Bburn	1.40
5	55	Emma NUTT	W Ches	1.30
6	4	Kate MEESON	Traff	1.25

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Seren REDFERN (U17)	Sale	1.50
2=	3	Molly PHILLIPS (U17)	T IOM	1.40
2=	66	Amelia JORDAN (U20)	Wirr	1.40
4	1	Millie COY	Bburn	1.35
5	5	Danielle ERSKINE	W Ches	1.15
6	44		Traff	1.10

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	5	Danielle ERSKINE	W Ches	10.18
2	6	Scarlet ASHTON (U20)	Wirr	10.10
3	22	Shona WILKINSON (U20)	Sale	10.04
4	3	Imogen COOK	T IOM	9.59
5	1	Millie COY	Bburn	9.24
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	66	Amelia JORDAN (U20)	Wirr	9.86
2	33	Ashleigh SCHREUDER (U17)	T IOM	9.0
3	55	Abigail CARTWRIGHT (U20)	W Ches	8.18
4	2	Daisy KEIGHER (U20)	Sale	x
5				
6				
7				
8				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	2	Shona WILKINSON (U20)	Sale	3.10
2	6	Sarah THEOBALD (U17)	Wirr	2.10
3	3	Imogen COOK	T IOM	X

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	66	Tara MURRAY	Wirr	X

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	2	Shaunna THOMPSON	Sale	15.16
2	4	Jemma BATE	Traff	9.56
3	3	Holly CHARMER (U17)	T IOM	9.13
4	6	Kelsey-Lili OGEDENGBE (U20)	Wirr	8.86
5	55	Ruby WISBEY (U20)	W Ches	8.56
6	1	Grace BONTOFT (U20)	Bburn	8.14
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	22	Annabel AMADIN (U20)	Sale	13.29
2	44	Kerrie BUCKLEY	Traff	9.50
3	66	Lucy MOORE (U20)	Wirr	8.48
4	33	Megan LOCKWOOD	T IOM	8.01
5	5	Megan KETTLE	W Ches	7.76
6	11	Abi BROWN	Bburn	6.71
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	2	Annabel AMADIN (U20)	Sale	40.75
2	3	Tazmin FAYLE	T IOM	36.27
3	1	Sarah HENTON	Bburn	34.85
4	4	Jemma BATE	Traff	34.73
5	6	Charlotte FARRAR (U20)	Wirr	22.68
6	55	Sharon STOLL	W Ches	13.92
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	33	Megan LOCKWOOD	T IOM	31.08
2	22	Shaunna THOMPSON	Sale	28.86
3	11	Abi BROWN	Bburn	26.06
4	44	Kerrie BUCKLEY	Traff	21.65
5	66	Uyai IKPATT	Wirr	13.74
6	5	Megan KETTLE	W Ches	11.62
7				
8				

West Premier Longford Park Stadium, Trafford

Match 4 19/08/2023

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	2	Jasmine RICHARDSON (U20)	Sale	44.23
2	1	Emma HARRISON (U20)	Bburn	40.14
3	3	Tazmin FAYLE	T IOM	38.36
4	4	Jemma BATE	Traff	38.28
5	5	Megan KETTLE	W Ches	34.67
6	6	Lucy MOORE (U20)	Wirr	30.05
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	11	Grace BONTOFT (U20)	Bburn	31.88
2	44	Kerrie BUCKLEY	Traff	31.12
3	33	Megan LOCKWOOD	T IOM	27.17
4	66	Charlotte FARRAR (U20)	Wirr	23.80
5	55	Debra ERSKINE	W Ches	18.32
6	22	Shona WILKINSON (U20)	Sale	14.80
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	22	Ellise FRYER-FRANCIS (U20)	Sale	28.34
2	6	Fiona NUTTALL	Wirr	28.29
3	1	Millie COY	Bburn	27.96
4	3	Megan LOCKWOOD	T IOM	26.67
5	5	Danielle ERSKINE	W Ches	24.12
6	4	Jemma BATE	Traff	22.57
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	33	Holly CHARMER (U17)	T IOM	25.25
2	55	Ruby WISBEY (U20)	W Ches	23.01
3	11	Kady THOMPSON (U17)	Bburn	22.23
4	2	Seren REDFERN (U17)	Sale	17.61
5	44	Kerrie BUCKLEY	Traff	16.81
6	66	Karen JORDAN	Wirr	12.79
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	2	Sale	Naana ADUSEI Freya DOCKERTY (U20) Seren REDFERN (U17) Ellise FRYER-FI	50.89
2	3	T IOM	Imogen COOK Meghan PILLEY Carla TEECE (U20) Molly PHILLIPS (U17)	51.60
3	6	Wirr	Kelsey-Lili OGEDENGBE (U20) Lucy MOORE (U20) Scarlet ASHTON (U20) Nia	51.89
4	5	W Ches	Imogen PUGHE (U20) Ruby WISBEY (U20) Elizabeth MCMAHON Danielle ERS	52.25
5	4	Traff	Chiara RAMPONI Chidinma AGWU Louise SMITH Esther GOMEZ (U17)	54.75
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	2	Sale	Hermione MASON (U20) Olivia BROWN (U20) Sasha BYROM Rosangela TERIW	04:01.56
2	1	Bburn	Charlie COY Maddie ELLIOTT Isabel HOLT (U20) Keira HAXTON (U20)	04:21.62
3	6	Wirr	Juliet HODDER Abigail STEWART (U17) Fiona NUTTALL Isabel HODDER	04:23.20
4	5	W Ches	Jodi BEMAND (U20) Imogen PUGHE (U20) Elizabeth MCMAHON Carys MANSC	04:31.10
5	3	T IOM	Meghan PILLEY Carla TEECE (U20) Sarah HALLIGAN Carla TEECE (U20)	04:37.76
6	4	Traff	Elena BARTALOTTA (U17) Nicola MASON (U20) Daria DWYER-ROSS (U17) Est	05:01.16
7				
8				