



5 January 2022

Dear Competitor

Northern Athletics/Start Fitness November Indoor Open 2023
English Institute of Sport - Sheffield

Please accept this letter as acknowledgement of your entry into the Northern Athletics November Indoor Open 2023, on Saturday November 25th.

We have been advised that car parking will be extremely tight on November 25th and ***we strongly advise athletes to park at either Meadowhall or Nunnery Square Park & Ride and travel with the tram to the Arena / Olympic Legacy Park stop.***

A timetable is also contained in this letter.

Please ensure that you arrive early enough to register at least 60 mins prior to your event and declare every event in which you intend to compete. If you have equipment which needs to be weighed, please arrive at least one hour before your event to ensure enough time for this procedure.

Registration will be situated on the ground floor in the corridor to the left of reception. **To prevent congestion, please can we ask that only athletes queue for registration.**

All athletes should listen carefully for announcements and be prepared to report to their events 30 minutes in advance for field events and 20 minutes in advance for track events, for which athletes are to report to the callroom/seeding area.

Stadium blocks only can be used.

If you are likely to be late registering for your event but still intend to compete, please call Malcolm Fletcher on 07787522109.

Yours sincerely

Northern Office



NORTHERN ATHLETICS INDOOR OPEN MEETING - SATURDAY, 25th NOVEMBER 2023 - TIMETABLE									
Event no.	Event	Age Group and Gender	Pools	Start Time	Event no.	Event	Age Group and Gender	Start Time	
F1	Shot	Senior/U20/U17 Women	Final	10:15	T1	60m	U15/U13 Boys and Girls	10:15	
F2	Triple Jump	Senior/U20/U17 Men	Final	10:15	T2	60m	Senior/U20/U17 Men and Women	11:05	
F3 (Pool 1 - PB lowed that 3m)	Pole Vault	Mixed	Pool A	10:45	T3	1000m	U15/U13 Boys and Girls	12:40	
F4	Shot	Senior/U20/U17 Men	Final	11:30	T4	1000m	Senior/U20/U17 Men and Women	12:45	
F5	Long Jump	U15/U13 Boys	Final	11:30	T5	600m	U15/U13 Boys and Girls	13:10	
F6	Triple Jump	Senior/U20/U17 Women	Final	12:00	T6	2000m	Senior/U20/U17 Men and Women	13:30	
F7	Shot	U15/U13 Boys	Final	12:45	T7	150m	Senior/U20/U17 Men and Women	14:00	
F8	Shot	U13 Girls	Final	13:30					
F9	Shot	U15 Girls	Final	14:15					
F10	Long Jump	U15/U13 Girls	Final	14:00					
F11 (Pool 2 - PB Higher than 3m)	Pole Vault	Mixed	Pool B	14:00					

