



# Manchester Indoor Open Meetings Entry Form

Winter 2023/2024 under UKA Rules. UKA Permit IND23/073.

All races with electronic timing

Organised by Sale Harriers Manchester at Sportcity

|           |   |
|-----------|---|
| Name:     | Tel No. Day:  |
| Club:     | Tel No. Eve:  |
| Address:  | Date of Birth:  |
|           | Age (on 31/08/24):                                      |
|           | Email:  |
| Postcode: | Male <input type="radio"/> Female <input type="radio"/> |

|            | Sun 10 <sup>th</sup><br>Dec 2023 | Sun 7 <sup>th</sup><br>Dec 2023 | Sun 7 <sup>th</sup><br>Jan 2024 | Sun 28 <sup>th</sup><br>Jan 2024 | Sun 18 <sup>th</sup><br>Feb 2024 | Sun 10 <sup>th</sup><br>Mar 2024 |
|------------|----------------------------------|---------------------------------|---------------------------------|----------------------------------|----------------------------------|----------------------------------|
|            | U15<br>U17<br>U20<br>SEN         | U15<br>U17<br>U20<br>SEN        | U15<br>U17<br>U20<br>SEN        | U15<br>U17<br>U20<br>SEN         | U15<br>U17<br>U20<br>SEN         | U15<br>U17<br>U20<br>SEN         |
|            | 10.30am<br>start                 | 10.30am<br>start                | 10.30am<br>start                | 10.30am<br>start                 | 10.30am<br>start                 | 10.30am<br>start                 |
| 60MH       | <input type="radio"/>            | <input type="radio"/>           | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 60M        | <input type="radio"/>            | <input type="radio"/>           | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 200M       |                                  |                                 | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            |                                  |
| 300M       | <input type="radio"/>            | <input type="radio"/>           |                                 |                                  |                                  | <input type="radio"/>            |
| 600M       | <input type="radio"/>            | <input type="radio"/>           | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| Pole Vault | <input type="radio"/>            | <input type="radio"/>           | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| Long Jump  | <input type="radio"/>            | <input type="radio"/>           | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| High Jump  | <input type="radio"/>            | <input type="radio"/>           | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| Shot Putt  | <input type="radio"/>            | <input type="radio"/>           | <input type="radio"/>           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |

PV (A) SH at 2 metres to start 10.30am. Pool (B) SH at 3m 20cm starting approx. 13.15pm.

LJ Pool (A) under 5 metres to start 10.30am. Pool (B) over 5 metres at 12.30pm.

Shot Putt - U15 and U17's only. Athletes enter 1 age category only. LIMITED NUMBER COMPETITORS IN FIELD EVENTS. Pre-entries guaranteed a place.

### Entry Fees

£8 per event, spectators £2, free for coaches with current licence.

Cheques/ postal order (no cash) made payable to: **Sale Harriers Manchester.**

Entries to: City of Manchester Open, 16 Delahays Road, Altrincham, WA15 8DS.

Amount of entry fee enclosed \_\_\_\_\_  Cheque  Postal order

Further Details on [www.saleharriersmanchester.com](http://www.saleharriersmanchester.com) to download Entry Forms - Directions - Time/Table.

For further information contact [jamesfrost226@gmail.com](mailto:jamesfrost226@gmail.com) Online Entries: Sportsoft ([www.race-results.co.uk](http://www.race-results.co.uk))

### WORLD ATHLETICS PERMIT GRANTED

ALL ENTRIES CLOSED TUESDAY PRIOR TO MEETING

Parking: Use Gate 2 on Alan Turing Way and Park at the Tennis Courts/Media Centre

### Note from UKA

All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of the UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of the event, whether or not the entrant is a citizen of, or resident in, the UK.