

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	NORTH EAST	
DIVISION	North East 1	
MATCH	3	
P/FINISH	NO	1

Date 09/07/2023

Venue Monkton Stadium, Jarrow

Host Club Houghton H / Jarrow AC ©

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Blaydon Harriers/Elswick ©	Blay&El	40	115.0	6.0	105.0	266.0
2	Houghton H/Jarrow & Hebburn AC ©	Hou/J&H	55	101.0	25.0	147.0	328.0
3	Middlesbrough AC (Mandale)	M'bro	35	59.0		56.0	150.0
4	South Shields AC/Birtley AC ©	SS&B	40	90.0	23.0	90.0	243.0
5	Tyne Bridge Harriers	TyneB	30	136.0	21.0	87.0	274.0
6	Wallsend/Blyth ©	WallB	40	191.0	32.0	131.0	394.0
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Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L
1	Wallsend/Blyth ©	394.0	6.0			394.0	6.0
2	Houghton H/Jarrow & Hebburn AC ©	328.0	5.0			328.0	5.0
3	Tyne Bridge Harriers	274.0	4.0			274.0	4.0
4	Blaydon Harriers/Elswick ©	266.0	3.0			266.0	3.0
5	South Shields AC/Birtley AC ©	243.0	2.0			243.0	2.0
6	Middlesbrough AC (Mandale)	150.0	1.0			150.0	1.0

TOTAL EVENTS	40
NO COMPETITORS/ EVENT CANCELLED/NMR	3
EVENT SCORED	36
REMAINING	<u>1</u>

North East 1 Monkton Stadium, Jarrow

Match 3 09/07/2023

100m Men A

Posn	No.	Athlete	Club	Perf
1	6	Jacob NAILEN	WallB	11.8
2	2	Jamie WHITAKER	Hou/J&H	12.7
3	4	Matthew BURTON (U20)	SS&B	13.1
4	1	Fin LEWIS	Blay&EL	13.4
5	5	Stephen KETTLE	TyneB	16.0
6	3	Chieme OKEY (U20)	M'bro	DQ
7				
8				

100m Men B

Posn	No.	Athlete	Club	Perf
1	33	William FIRMAN (U20)	M'bro	11.9
2	66	Robert MORRIS	WallB	12.9
3	11	Ben HALL	Blay&EL	13.6
4	44	Karl WHITE	SS&B	14.3
5	55	Angelo GABRIELE	TyneB	14.8
6	22	Lee STEWART	Hou/J&H	14.8
7				
8				

200m Men A

Posn	No.	Athlete	Club	Perf
1	5	Sparrow MORLEY	TyneB	26.1
2	2	Jamie WHITAKER	Hou/J&H	26.2
3	4	Matthew BURTON (U20)	SS&B	27.4
4	3	Chieme OKEY (U20)	M'bro	DQ
5	1	Charlie KATSIGHIRAS-WELTO	Blay&EL	DQ
6				
7				
8				

200m Men B

Posn	No.	Athlete	Club	Perf
1	33	William FIRMAN (U20)	M'bro	24.6
2	66	Robert MORRIS	WallB	27.0
3	11	Paul TAYLOR	Blay&EL	29.3
4	44	Karl WHITE	SS&B	31.4
5	55	Tyrone MURPHY	TyneB	33.0
6	22	Mark ROBSON	Hou/J&H	35.3
7				
8				

400m Men A

Posn	No.	Athlete	Club	Perf
1	6	Josh FIDDAMAN	WallB	51.9
2	2	Sam GORMAN	Hou/J&H	54.4
3	5	Zak KETTLE (U20)	TyneB	58.5
4	1	Ben HALL	Blay&EL	62.7
5	4	Neil YORSTON	SS&B	82.6
6				
7				
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	66	Martin CROZIER	WallB	56.3
2	55	Anthony TAIT	TyneB	65.0
3	11	Paul TAYLOR	Blay&EL	65.8
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6				
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	6	Josh FIDDAMAN	WallB	02:03.5
2	3	Ethan MARRON (U17)	M'bro	02:07.6
3	5	Sparrow MORLEY	TyneB	02:08.5
4	2	Joshua MCKENNY (U20)	Hou/J&H	02:10.9
5	4	Gavin MULVANEY	SS&B	02:14.3
6	1	Scott BRADY	Blay&EL	02:30.2
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	66	Martin CROZIER	WallB	02:12.4
2	55	Paul O'MARA	TyneB	02:14.9
3	11	James DOUGLAS	Blay&EL	02:34.7
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7				
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North East 1 Monkton Stadium, Jarrow

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1500m Men A

Posn	No.	Athlete	Club	Perf
1	6	Ellis HETHERINGTON	WallB	04:09.9
2	3	Ethan MARRON (U17)	M'bro	04:26.3
3	5	Sparrow MORLEY	TyneB	04:31.0
4	2	Joshua MCKENNY (U20)	Hou/J&H	04:52.2
5	1	James DIAS	Blay&EL	05:06.7
6	44	Graeme SWADDLE	SS&B	05:41.0
7				
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1500m Men B

Posn	No.	Athlete	Club	Perf
1	55	Paul O'MARA	TyneB	04:37.3
2	66	Hugh FENWICK (U17)	WallB	04:38.4
3	4	David AILANO	SS&B	06:22.1
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7				
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5000m Men A

Posn	No.	Athlete	Club	Perf
1	5	Michael HEDLEY	TyneB	15:59.2
2	3	Thomas MCKIE (U20)	M'bro	16:26.4
3	1	Scott BRADY	Blay&EL	18:11.9
4	6	Mark COVELL	WallB	18:46.1
5				
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	11	James DOUGLAS	Blay&EL	18:54.0
2	66	Robin KANE	WallB	20:29.2
3				
4				
5				
6				
7				
8				

3km S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	5	Zak KETTLE (U20)	TyneB	10:30.6
2	11	James DIAS	Blay&EL	11:52.1
3	66	Karl BURTON	WallB	12:43.6
4				
5				
6				
7				
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3km S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	1	James DOUGLAS	Blay&EL	12:22.5
2	6	Reece CALVERT	WallB	12:58.2
3	55	David MOIR	TyneB	13:26.4
4				
5				
6				
7				
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400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	6	Reece CALVERT	WallB	81.3
2	1	James DIAS	Blay&EL	94.0
3	4	Neil YORSTON	SS&B	97.3
4	5	David MOIR	TyneB	1.42.3
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7				
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400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	66	Paul NORVELL	WallB	69.4
2	11	Eric LEWIS	Blay&EL	1.51.2
3				
4				
5				
6				
7				
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North East 1 Monkton Stadium, Jarrow

Match 3 09/07/2023

110m Hurdles Men A

Posn	No.	Athlete	Club	Wind	Perf
1	6	Robert MORRIS	WallB		23.8
2					
3					
4					
5					
6					
7					
8					

110m Hurdles Men B

Posn	No.	Athlete	Club	Wind	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Men A

Posn	No.	Athlete	Club	Wind	Perf
1	L8	Andrew Simpson	M'bro		14.6
2					
3					
4					
5					
6					
7					
8					

100m N/S Men B

Posn	No.	Athlete	Club	Wind	Perf
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Men A

Posn	Bib	Athlete	Club	Wind	Perf
1	3	William FIRMAN (U20)	M'bro		5.39
2	1	Fin LEWIS	Blay&El		4.99
3	44	Karl WHITE	SS&B		4.45
4	6	Reece CALVERT	WallB		4.44
5	22	Lee STEWART	Hou/J&H		4.01
6	5	Stephen KETTLE	TyneB		3.84
7					
8					

Long Jump Men B

Posn	Bib	Athlete	Club	Wind	Perf
1	11	Paul TAYLOR	Blay&El		4.43
2	4	Matthew BURTON (U20)	SS&B		4.37
3	66	Andrew CROZIER	WallB		3.82
4	55	Tyrone MURPHY	TyneB		3.23
5	33	Andrew SIMPSON	M'bro		2.98
6	2	Mark ROBSON	Hou/J&H		2.65
7					
8					

High Jump Men A

Posn	Bib	Athlete	Club	Wind	Perf
1	2	Sam GORMAN	Hou/J&H		1.75
2	11	Grant HENDERSON	Blay&El		1.50
3	6	Robert MORRIS	WallB		1.40

High Jump Men B

Posn	Bib	Athlete	Club	Wind	Perf
1	1	Ben HALL	Blay&El		1.45

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Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	6	Robert MORRIS	WallB	10.94
2	1	Fin LEWIS	Blay&El	10.47
3	4	Matthew BURTON (U20)	SS&B	10.42
4	55	Angelo GABRIELE	TyneB	8.67
5	22	Lee STEWART	Hou/J&H	8.13
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	11	Grant HENDERSON	Blay&El	9.82
2	5	Stephen KETTLE	TyneB	8.31
3	66	Andrew CROZIER	WallB	8.22
4	44	Neil YORSTON	SS&B	7.78
5				
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	98		No Compete	

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
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Shot Men A

Posn	Bib	Athlete	Club	Perf
1	2	Liam REVELEY	Hou/J&H	12.60
2	6	Paul CORRIGAN	WallB	8.89
3	11	Grant HENDERSON	Blay&El	8.50
4	4	Neil YORSTON	SS&B	7.92
5	55	Angelo GABRIELE	TyneB	6.89
6	3	Andrew SIMPSON	M'bro	5.78
7				
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	66	Martin CROZIER	WallB	8.35
2	22	Lee STEWART	Hou/J&H	7.11
3	1	Eric LEWIS	Blay&El	6.97
4	44	Adrian BAILES	SS&B	6.94
5	5	Stephen KETTLE	TyneB	6.60
6				
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	22	Liam REVELEY	Hou/J&H	39.48
2	11	Grant HENDERSON	Blay&El	23.28
3	4	Neil YORSTON	SS&B	21.60
4	6	Richard BICKERTON	WallB	18.88
5	5	David MOIR	TyneB	13.12
6				
7				
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	2	Colin PLEWS	Hou/J&H	27.14
2	1	Eric LEWIS	Blay&El	20.00
3	66	Andrew CROZIER	WallB	17.62
4	44	Adrian BAILES	SS&B	17.39
5	55	Stephen KETTLE	TyneB	12.12
6				
7				
8				

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Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	4	Neil YORSTON	SS&B	25.53
2	22	Lee STEWART	Hou/J&H	24.59
3	6	Paul CORRIGAN	WallB	21.84
4	55	Angelo GABRIELE	TyneB	17.56
5	1	Eric LEWIS	Blay&El	17.07
6				
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	44	Lee HETHERINGTON	SS&B	24.07
2	2	Douglas DOHERTY	Hou/J&H	21.99
3	66	Richard BICKERTON	WallB	15.82
4	5	Stephen KETTLE	TyneB	13.02
5				
6				
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	2	Liam REVELEY	Hou/J&H	38.60
2	1	Grant HENDERSON	Blay&El	36.96
3	4	Matthew BURTON (U20)	SS&B	24.49
4	6	Ian GOWING	WallB	20.04
5	5	Stephen KETTLE	TyneB	18.36
6	3	Andrew SIMPSON	M'bro	16.54
7				
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	11	Eric LEWIS	Blay&El	25.01
2	22	Simon LEONARD	Hou/J&H	24.40
3	44	Neil YORSTON	SS&B	23.15
4	66	Craig HARMON	WallB	18.88
5	55	Tyrone MURPHY	TyneB	X
6				
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	2	Hou/J&H	Jamie WHITAKER Mark ROBSON Sam GORMAN Lee STEWART	50.5
2	6	WallB	Craig HARMON Robert MORRIS Martin CROZIER Josh FIDDAMAN	51.9
3	4	SS&B	Lee HETHERINGTON Karl WHITE Gavin MULVANEY David AILANO	56.3
4	5	TyneB	Angelo GABRIELE Tyrone MURPHY Stephen KETTLE Anthony TAIT	59.7
5	1	Blay&El	Fin LEWIS Ben HALL Paul TAYLOR Charlie KATSIGHIRAS-WELTON	DQ
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	6	WallB	Ian GOWING Andrew CROZIER Martin CROZIER Josh FIDDAMAN	04:02.2
2	5	TyneB	Zak KETTLE (U20) Michael HEDLEY Anthony TAIT Sparrow MORLEY	04:13.6
3	4	SS&B	David AILANO Lee HETHERINGTON Karl WHITE Gavin MULVANEY	04:41.0
4	1	Blay&El	Fin LEWIS Paul TAYLOR Ben HALL Charlie KATSIGHIRAS-WELTON	DQ
5				
6				
7				
8				

North East 1 Monkton Stadium, Jarrow

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100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Alice WOODHOUSE	Hou/J&H	13.0	
2	3	Hayley RICHARDSON	M'bro	13.8	
3	6	Kandis WATSON	WallB	13.9	
4	5	Alison ENNIS	TyneB	15.0	
5	4	Kelly BEARD FODEN	SS&B	17.6	
6	1	Su-wan LEWIS	Blay&El	19.1	
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	22	Hannah HOLMAN	Hou/J&H	14.0	
2	33	Faye WINSPEAR - HEWSON	M'bro	14.0	
3	11	Abby LEWIS	Blay&El	17.6	
4	55	Sarah SILIPO	TyneB	18.0	
5	44	Zoe TOWERS	SS&B	18.8	
6	66	Christine STRETESKY	WallB	19.2	
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	2	Alice WOODHOUSE	Hou/J&H	27.6	
2	3	Hayley RICHARDSON	M'bro	29.8	
3	5	Alison ENNIS	TyneB	31.4	
4	4	Ashleigh DAY	SS&B	32.5	
5	6	Alice DUNGWORTH	WallB	34.4	
6	1	Letha WHITHAM	Blay&El	35.7	
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	22	Hannah HOLMAN	Hou/J&H	29.4	
2	33	Faye WINSPEAR - HEWSON	M'bro	30.2	
3	44	Chloe PRICE	SS&B	30.6	
4	66	Laureen BROWN	WallB	33.8	
5	11	Abby LEWIS	Blay&El	38.7	
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	6	Kandis WATSON	WallB	64.0	
2	4	Kelly BEARD FODEN	SS&B	78.6	
3	2	Jessica HOLMAN	Hou/J&H	81.4	
4	5	Laura GABRIELE	TyneB	82.9	
5	1	Su-wan LEWIS	Blay&El	100.8	
6					
7					
8					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	66	Laureen BROWN	WallB	72.6	
2	22	Lucy TAGUE	Hou/J&H	84.5	
3	44	Zoe TOWERS	SS&B	87.7	
4	55	Yamuna THIRU	TyneB	92.7	
5					
6					
7					
8					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	5	Robyn NAYLOR	TyneB	02:35.5	
2	6	Katie DONALDSON	WallB	02:40.5	
3	1	Letha WHITHAM	Blay&El	02:44.7	
4	4	Kelly BEARD FODEN	SS&B	02:54.4	
5	2	Jessica HOLMAN	Hou/J&H	03:11.2	
6					
7					
8					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	55	Laura GABRIELE	TyneB	03:07.8	
2	44	Zoe TOWERS	SS&B	03:14.0	
3	66	Gemma HARMON	WallB	03:30.7	
4					
5					
6					
7					
8					

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1500m Women A

Posn	No.	Athlete	Club	Perf
1	1	Sophie PIKETT	Blay&El	04:30.7
2	6	Jennifer BERRY	WallB	05:06.9
3	5	Robyn NAYLOR	TyneB	05:09.9
4	2	Jenna KILLOCK	Hou/J&H	05:15.3
5	4	Kelly BEARD FODEN	SS&B	06:08.1
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	66	Emily JAMES	WallB	05:44.7
2	11	Abby LEWIS	Blay&El	05:52.7
3	55	Laura GABRIELE	TyneB	06:52.8
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	6	Jennifer BERRY	WallB	10:50.0
2	1	Letha WHITHAM	Blay&El	11:54.2
3	4	Kelly BEARD FODEN	SS&B	12:28.2
4	5	Yamuna THIRU	TyneB	13:35.8
5				
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	66	Katie DONALDSON	WallB	12:02.1
2	44	Kirsten FARQUHAR	SS&B	12:45.9
3	55	Sarah SILIPO	TyneB	14:08.8
4				
5				
6				
7				
8				

3Km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	99		Event Canc	
2				
3				
4				
5				
6				
7				
8				

3Km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	2	Melissa RAINE	Hou/J&H	78.0
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	22	Emily PORTER	Hou/J&H	DNF
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	6 Millie TRAIN (U20)	WallB	18.0	
2	2 Jessica HOLMAN	Hou/J&H	30.8	
3				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	22	Emily PORTER	Hou/J&H	DNF	
2					
3					

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4	4
5	5
6	6
7	7
8	8

North East 1 Monkton Stadium, Jarrow

Match 3 09/07/2023

100m N/S Women A

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind

Perf

100m N/S Women B

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind

Club

Perf

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Emily PICKLES	Hou/J&H	4.0
2	6	Kandis WATSON	WallB	3.97
3	5	Laura GABRIELE	TyneB	2.72
4	11	Letha WHITHAM	Blay&El	2.45
5	4	Kelly BEARD FODEN	SS&B	2.21
6				
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Rachael WARD	Hou/J&H	2.68
2	1	Su-wan LEWIS	Blay&El	2.39
3	66	Christine STRETESKY	WallB	2.18
4	55	Sarah SILIPO	TyneB	1.74
5				
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	44	Chloe PRICE	SS&B	1.20
2	5	Alison ENNIS	TyneB	1.15

High Jump Women B

Posn	Bib	Athlete	Club	Perf
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Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	6	Millie TRAIN (U20)	WallB	10.36
2	5	Elaine O'MARA	TyneB	X
3	1	Abby LEWIS	Blay&El	X
4				
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

North East 1 Monkton Stadium, Jarrow

Match 3 09/07/2023

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	98		No Compete	

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	3	Faye WINSPEAR - HEWSON	M'bro	8.85
2	6	Millie TRAIN (U20)	WallB	8.40
3	2	Poppy DOHERTY	Hou/J&H	6.91
4	55	Alison ENNIS	TyneB	6.73
5	44	Chloe PRICE	SS&B	4.97
6	1	Su-wan LEWIS	Blay&El	4.29
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	33	Hayley RICHARDSON	M'bro	6.48
2	5	Laura GABRIELE	TyneB	5.68
3	66	Christine STRETESKY	WallB	4.98
4	22	Janet SCOTT	Hou/J&H	3.90
5				
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	22	Poppy DOHERTY	Hou/J&H	23.65
2	33	Faye WINSPEAR - HEWSON	M'bro	17.53
3	5	Alison ENNIS	TyneB	16.12
4	6	Christine STRETESKY	WallB	15.36
5	44	Chloe PRICE	SS&B	13.39
6	1	Su-wan LEWIS	Blay&El	12.03
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	2	Rachael WARD	Hou/J&H	19.62
2	3	Hayley RICHARDSON	M'bro	17.43
3	55	Elaine O'MARA	TyneB	10.88
4	66	Gemma HARMON	WallB	10.48
5	4		SS&B	X
6				
7				
8				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	2	Stephanie BROWN	Hou/J&H	23.21
2	6	Christine STRETESKY	WallB	15.01
3	5	Laura GABRIELE	TyneB	11.24
4	3	Hayley RICHARDSON	M'bro	X
5				
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	22	Janet SCOTT	Hou/J&H	16.23
2	66	Gemma HARMON	WallB	12.52
3				
4				
5				
6				
7				
8				

North East 1 Monkton Stadium, Jarrow

Match 3 09/07/2023

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	22	Melissa RAINE	Hou/J&H	25.72
2	6	Chloe BARRASS	WallB	24.75
3	3	Faye WINSPEAR - HEWSON	M'bro	23.11
4	44	Chloe PRICE	SS&B	14.82
5	1	Su-wan LEWIS	Blay&El	11.67
6	5	Alison ENNIS	TyneB	11.50
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	2	Rachael WARD	Hou/J&H	17.44
2	33	Hayley RICHARDSON	M'bro	13.35
3	66	Christine STRETESKY	WallB	11.71
4	11	Abby LEWIS	Blay&El	7.20
5	55	Elaine O'MARA	TyneB	7.01
6	4	Kelly BEARD FODEN	SS&B	6.71
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	2	Hou/J&H	Melissa RAINE Hannah HOLMAN Emily PORTER Alice WOODHOUSE	58.0
2	6	WallB	Jennifer BERRY Alice DUNGWORTH Laureen BROWN Kandis WATSON	61.8
3	1	Blay&El	Su-wan LEWIS Abby LEWIS Letha WHITHAM Sophie PIKETT	67.3
4	4	SS&B	Ashleigh DAY Chloe PRICE Kirsten FARQUHAR Zoe TOWERS	67.6
5	5	TyneB	Alison ENNIS Sarah SILIPO Laura GABRIELE Robyn NAYLOR	68.2
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	6	WallB	Emily JAMES Laureen BROWN Jennifer BERRY Kandis WATSON	04:49.6
2	2	Hou/J&H	Jenna KILLOCK Jessica HOLMAN Lucy TAGUE Melissa RAINE	05:11.0
3	4	SS&B	Chloe PRICE Ashleigh DAY Kirsten FARQUHAR Zoe TOWERS	05:23.1
4	5	TyneB	Sarah SILIPO Yamuna THIRU Robyn NAYLOR	05:51.5
5				
6				
7				
8				