

Saturday 13th January 2024

Event No.	Call Room in	Call Room out	Start Time	Event	Age Group and Gender	Stage		Event No.	Call Room in	Start Time	Event	Age Group and Gender	Stage
T1	09:50	09:57	10:00	60m Hurdles	Women	U17	Heats	F1 A	9.45	10.30	Long Jump	U17 Women	Final
T2	10:05	10:12	10:15	60m Hurdles	Men	U17	Heats	F1 B	9.45	10.30	Long Jump	U17 Women	Final
T3	10:15	10:22	10:25	60m Hurdles	Women	U20	Heats	F2	9.45	10.45	Pole Vault	Senior Men	Final
T4	10:21	10:28	10:31	60m Hurdles	Women	Sen	Heats	F3	9.55	10.30	Shot Put	U20 Men	Final
T5	10:30	10:37	10:40	60m Hurdles	Men	Sen	Heats	F4	12.00	12.40	Triple Jump	U20 Men	Final
T6	10:40	10:47	10:50	300m	Women	U17	Heats	F5	12.00	12.40	Triple Jump	Senior Men	Final
T7	11:00	11:07	11:10	400m	Women	U20	Heats	F6	12.00	12.30	Shot Put	Senior Women	Final
T8	11:15	11:22	11:25	400m	Women	Sen	Heats	F7	12.10	12.50	Long Jump	U17 Men	Final
T9	11:25	11:32	11:35	60m Hurdles	Women	U17	Semi	F8	13.55	14.35	Triple Jump	U20 Women	Final
T10	11:35	11:42	11:45	400m	Men	U17	Heats	F9	14.00	14.30	Shot Put	U20 Women	Final
T11	11:50	11:57	12:00	400m	Men	U20	Heats	F10	14.30	15.25	Pole Vault	U17 Men	Final
T12	12:05	12:12	12:15	400m	Men	Sen	Heats	F11	14.30	15.25	Pole Vault	U20 Men	Final
T12	12:13	12:20	12:23	400m	Men	Sen	Heats	F12	15.30	16.10	Long Jump	Senior Women	Final
T13	12:30	12:37	12:40	60m Hurdles	Men	U17	Final	F13	15.45	16.15	Shot Put	Senior Men	Final
T14	12:40	12:47	12:50	60m Hurdles	Men	U20	Final	F14	15.55	16.35	Triple Jump	U17 Men	Final
T15	12:48	12:55	12:58	60m Hurdles	Men	Sen	Final						
T16	12:56	13:03	13:06	60m Hurdles	Women	Sen	Final						
T17	13:01	13:08	13:11	60m Hurdles	Women	U20	Final						
T18	13:10	13:17	13:20	60m Hurdles	Women	U17	Final						
T19	13:20	13:27	13:30	300m	Women	U17	Semi						
T20	13:30	13:37	13:40	400m	Women	U20	Semi						
T21	13:38	13:45	13:48	400m	Men	U17	Semi						
T22	13:46	13:53	13:56	400m	Men	U20	Semi						
T23	13:54	14:01	14:04	400m	Men	Sen	Semi						
T24	14:08	14:15	14:18	60m	Women	U17	Heats						
T25	14:30	14:37	14:40	60m	Women	U20	Heats						
T26	14:42	14:49	14:52	60m	Women	Sen	Heats						
T27	14:54	15:01	15:04	60m	Men	U17	Heats						
T28	15:12	15:19	15:22	60m	Men	U20	Heats						
T29	15:25	15:32	15:35	60m	Men	Sen	Heats						
T30	15:45	15:52	15:55	300m	Women	U17	Final						
T31	15:52	15:59	16:02	400m	Women	U20	Final						
T32	15:56	16:03	16:06	400m	Women	Sen	Final						
T33	16:00	16:07	16:10	400m	Men	U17	Final						
T34	16:04	16:11	16:14	400m	Men	U20	Final						
T35	16:08	16:15	16:18	400m	Men	Sen	Final						
T36	16:15	16:22	16:25	60m	Women	U17	Semi						
T37	16:25	16:32	16:35	60m	Women	U20	Semi						
T38	16:32	16:39	16:42	60m	Women	Sen	Semi						
T39	16:40	16:47	16:50	60m	Men	U17	Semi						
T40	16:50	16:57	17:00	60m	Men	U20	Semi						
T41	16:58	17:05	17:08	60m	Men	Sen	Semi						
T42	17:10	17:17	17:20	1500m	Women	U17	Final						
T43	17:10	17:17	17:20	1500m	Women	U20	Final						
T44	17:17	17:24	17:27	1500m	Women	Sen	Final						
T45	17:23	17:30	17:33	1500m	Men	U17	Final						
T46	17:28	17:35	17:38	1500m	Men	U20	Final						
T47	17:33	17:40	17:43	1500m	Men	Sen	Final						
T48	17:40	17:47	17:50	60m	Women	U17	Final						
T49	17:43	17:50	17:53	60m	Women	U20	Final						
T50	17:46	17:53	17:56	60m	Women	Sen	Final						
T51	17:49	17:56	17:59	60m	Men	U17	Final						
T52	17:52	17:59	18:02	60m	Men	U20	Final						
T53	17:55	18:02	18:05	60m	Men	Sen	Final						

