



## **President's Foreword**

As President of Northern Athletics I would like to welcome all athletes, spectators and officials to the 2024 Northern Cross Country Championships in Sedgefield's East Park.

As President it is an honour to be involved in my first 'outdoor' meeting of the 2024 season, usually my first 'outdoor' events start from April onwards.

We must all appreciate the work involved in the preparation, organising the involvement of other parties so that the Championships run as smoothly as possible on the day. Also the organisation carried out by Northern Office with regards to the entries, results along with many other tasks to allow the event to be a success.

I hope all the athletes have a good competition and a safe journey home to everyone.

***Dave Allen***

Northern Athletics President 2023-2024

## **Acknowledgements**

Sedgefield Harriers & AC

Start Fitness

Salus Medical

Durham County Council

Sport Soft

FR Systems

Sedgefield Cricket Club

Fox Audio

Fox Engravers

No. 4 Tea Shop