

Dear Competitor

Northern Athletics/Start Fitness Indoor Track & Field Championships 2024
English Institute of Sport - Sheffield

Please accept this letter as acknowledgement of your entry into the Northern Athletics Indoor Championships being held at the above venue on Saturday & Sunday 13/14 January 2024.

Information for this event will be updated on the following webpage:

www.northernathletics.co.uk/events/northern-sen-u20-u17-indoor-championships-2024/

Timetables will be updated by Friday January 5th with callroom schedules being updated next week.

Please ensure that you arrive early enough to register at least 60 mins prior to your event and declare **every** event in which you intend to compete. If you have equipment which needs to be weighed, please arrive at least one hour before your event to ensure enough time for this procedure. **You must also register your attendance on day two, if you are competing on both days.** Registration will be situated along the bottom corridor, accessed via the door on the left past the staircase in the EIS foyer.

All athletes will be required to report to **callroom** before their event. Please take note of the callroom schedule and ensure that you attend at the correct time. Callroom is located in the far back left corner of the arena, when viewed from the spectator stand.

Athletes taking part in track events involving rounds, should pay attention to information regarding **qualification** to the next round placed on the seeding notice boards at the back of the spectator stand.

Club, county, area or national vests must be worn, with bib numbers worn as issued with no folding or cutting.

Stadium blocks only are to be used. Electronic distance measuring systems will be used. Spikes must be limited to a length of 6mm with no needle spikes allowed.

In field events, even in the case of ties, only three medals will be awarded.

We have been advised that car parking will be extremely tight at EIS and **we strongly advise athletes to park at either Meadowhall or Nunnery Square Park & Ride and travel with the tram to the Arena / Olympic Legacy Park stop.**

We look forward to a successful and enjoyable competition and would like to take this opportunity to thank you for your entry and wish you good luck in your event.

If you are likely to be late registering for your event but still intend to compete, please call Malcolm Fletcher on 07787522109.

Yours sincerely

Northern Athletics