

NORTHERN ATHLETICS SEN/U20/U17 INDOOR CHAMPIONSHIPS					
DAY 1-SATURDAY 13TH JANUARY 2024					
FIELD					
	Event			Warm-up Start	Event Start
F1a	Long Jump	U17W	Pool A and Final	10:00	10:30
F1b	Long Jump	U17W	Pool B	10:00	10:30
F2	Pole Vault	SenM	Final	10:00	10:45
F3	Shot Put	U20M	Final	10:10	10:30
F4	Triple Jump	U20M	Final	12:10	12:40
F5	Triple Jump	SenM	Final		
F6	Shot Put	SenW	Final	12:10	12:30
F7	Long Jump	U17M	Final	12:20	12:50
F8	Triple Jump	U20W	Final	14:05	14:35
F9	Shot Put	U20W	Final	14:10	14:30
F10	Pole Vault	U17M	Final	14:40	15:25
F11	Pole Vault	U20M	Final		
F12	Long Jump	SenW	Final	15:40	16:10
F13	Shot Put	SenM	Final	15:55	16:15
F14	Triple Jump	U17M	Final	16:05	16:35

NORTHERN ATHLETICS SEN/U20/U17 INDOOR CHAMPIONSHIPS					
DAY 1-SATURDAY 13TH JANUARY 2024					
TRACK					
	Event	Gender	Age Group	Stage	Start
T1	60m Hurdles	Women	U17	Heats	10:00
T2	60m Hurdles	Men	U17	Heats	10:15
T3	60m Hurdles	Women	U20	Heats	10:25
T4	60m Hurdles	Women	Sen	Heats	10:31
T5	60m Hurdles	Men	Sen	Heats	10:40
T6	300m	Women	U17	Heats	10:50
T7	400m	Women	U20	Heats	11:10
T8	400m	Women	Sen	Heats	11:25
T9	60m Hurdles	Women	U17	SF	11:35
T10	400m	Men	U17	Heats	11:45
T11	400m	Men	U20	Heats	12:00
T12	400m	Men	Sen	Heats	12:15
T13	60m Hurdles	Men	U17	Final	12:40
T14	60m Hurdles	Men	U20	Final	12:50
T15	60m Hurdles	Men	Sen	Final	12:58
T16	60m Hurdles	Women	Sen	Final	13:06
T17	60m Hurdles	Women	U20	Final	13:11
T18	60m Hurdles	Women	U17	Final	13:20
T19	300m	Women	U17	SF	13:30
T20	400m	Women	U20	SF	13:40
T21	400m	Men	U17	SF	13:48
T22	400m	Men	U20	SF	13:56
T23	400m	Men	Sen	SF	14:04
T24	60m	Women	U17	Heats	14:18
T25	60m	Women	U20	Heats	14:40
T26	60m	Women	Sen	Heats	14:52
T27	60m	Men	U17	Heats	15:04
T28	60m	Men	U20	Heats	15:22
T29	60m	Men	Sen	Heats	15:35
T30	300m	Women	U17	Final	15:55
T31	400m	Women	U20	Final	16:02
T32	400m	Women	Sen	Final	16:06
T33	400m	Men	U17	Final	16:10
T34	400m	Men	U20	Final	16:14
T35	400m	Men	Sen	Final	16:18
T36	60m	Women	U17	SF	16:25
T37	60m	Women	U20	SF	16:35
T38	60m	Women	Sen	SF	16:42
T39	60m	Men	U17	SF	16:50
T40	60m	Men	U20	SF	17:00
T41	60m	Men	Sen	SF	17:08
T42	1500m	Women	U17	Final	17:20
T43	1500m	Women	U20	Final	
T44	1500m	Women	Sen	Final	17:27
T45	1500m	Men	U17	Final	17:33
T46	1500m	Men	U20	Final	17:38
T47	1500m	Men	Sen	Final	17:43
T48	60m	Women	U17	Final	17:50
T49	60m	Women	U20	Final	17:53
T50	60m	Women	Sen	Final	17:56
T51	60m	Men	U17	Final	17:59
T52	60m	Men	U20	Final	18:02
T53	60m	Men	Sen	Final	18:05