

**Changes**

**Confirmed**

Updated Wednesday, 24 July 2024 Venue confirmed Post Code

**EAST PREMIER**

1	City of Sheffield & Dearne AC
2	City of York AC
3	Derby AC
4	Leeds City AC
5	Lincoln Wellington AC
6	Wakefield District H & AC

<b>Divisional Secretary:</b>		Terry Bailey	N/A	
1	18 May 2024	City of York AC	University of York Sports Centre	YO10 5NA
2	15 June 2024	Derby AC	Moorways Athletics Stadium	DE24 9HY
3	14 July 2024	Derby AC	Moorways Athletics Stadium	DE24 9HY
4	17 August 2024	Wakefield District H & AC	Eco-Power Stadium, Doncaster	DN4 5JW

**East 1N**

1	Bingley Harriers & AC
2	Harrogate Harriers & AC
3	Holmfirth Harriers & AC
4	Longwood Harriers & AC
5	Skyrac AC
6	Spenborough & District AC

<b>Divisional Secretary:</b>		Gordon Agar	Skyrac AC	
1	18 May 2024	Holmfirth Harriers & AC	Princess Mary Athletic Stadium	WF15 6LW
2	15 June 2024	Bingley Harriers & AC	Princess Mary Athletic Stadium	WF15 6LW
3	14 July 2024	Longwood Harriers & AC	Princess Mary Athletic Stadium	WF15 6LW
4	17 August 2024	Skyrac AC	Princess Mary Athletic Stadium	WF15 6LW

**East 1S**

1	Boston & District AC
2	Chesterfield & District AC
3	Doncaster AC
4	Kingston upon Hull AC
5	Mansfield Harriers
6	Rotherham Harriers & AC

<b>Divisional Secretary:</b>		John Brant	Kingston upon Hull	
1	18 May 2024	Chesterfield & District AC	Eco-Power Stadium, Doncaster	DN4 5JW
2	15 June 2024	Kingston upon Hull AC	Costello Stadium	HU4 6XQ
3	14 July 2024	Mansfield Harriers	Berry Hill Park Athletic Track	NG18 4JR
4	17 August 2024	Rotherham Harriers & AC	Herringthorpe Stadium	S65 2HR

**East 2**

1	Barnsley AC
2	Bradford Airedale AC
3	Grantham AC
4	Hallamshire Harriers Sheffield
5	Newark AC
6	Pontefract AC
7	Rushcliffe AC
8	Worksop Harriers & AC

<b>Divisional Secretary:</b>		Will Carter	Pontefract AC	
1	18 May 2024	Hallamshire Harriers Sheffield	SHU City Athletic Stadium (Woodbourn Road)	S9 3HL
2	15 June 2024	Newark AC	Newark Sports Village	NG24 4FH
3	14 July 2024	Rushcliffe AC	Newark Sports Village	NG24 4FH
4	17 August 2024	Worksop Harriers & AC	Newark Sports Village	NG24 4FH

**West Premier**

1	Blackburn Harriers & AC
2	Bury AC
3	Sale Harriers Manchester
4	Southport Waterloo AC
5	West Cheshire AC
6	Wirral AC

<b>Divisional Secretary:</b>		David Brown CBE	Sale Harriers Manchester	
1	18 May 2024	Blackburn Harriers & AC	Witton Park Track	BB2 2TP
2	15 June 2024	Southport Waterloo AC	Litherland Athletics Track	L21 7NN
3	14 July 2024	Bury AC	Market Street Athletics Track	BL9 9FX
4	17 August 2024	West Cheshire AC	Ellesmere Port Sports Village	CH65 9LB

**West 1N**

1	Blackpool, Wyre & Fylde AC
2	Bolton United Harriers & AC
3	Border Harriers & AC/Seaton AC ©
4	East Cheshire Harriers & T. AC
5	Preston Harriers
6	Trafford AC

<b>Divisional Secretary:</b>				
1	18 May 2024	Trafford AC	Longford Park Athletics Stadium	M21 9TA
2	15 June 2024	Border Harriers & AC/Seaton AC ©	Sheepmount Athletics Stadium	CA3 8XL
3	14 July 2024	Preston Harriers	UCLan Sports Arena - Preston	PR2 1SG
4	17 August 2024	Blackpool, Wyre & Fylde AC	Stanley Park Athletics Arena	FY3 9HQ

**West 1S**

1	Crewe & Nantwich AC
2	Liverpool Harriers & AC
3	Liverpool Pembroke & Sefton AC
4	St. Helens Sutton AC
5	Team Isle of Man ©
6	Wrexham AAC

<b>Divisional Secretary:</b>		David Brown	Liverpool Pembroke & Sefton AC	
1	18 May 2024	Crewe & Nantwich AC	Macclesfield Athletics Track	SK10 4AF
2	15 June 2024	St. Helens Sutton AC	Leigh Sports Village	WN7 4GX
3	14 July 2024	Wrexham AAC	Queensway International Stadium	LL13 8UH
4	17 August 2024	Liverpool Harriers & AC	Wavertree Athletic Track	L15 4LE

**West 2N**

1	Burnley AC
2	Horwich RMI / Chorley ©
3	Kendal AAC
4	Leigh Harriers & AC
5	Wigan & District Harriers & AC

<b>Divisional Secretary:</b>		Margaret Grayston	Wigan & District Harriers & AC	
1	18 May 2024	Kendal AAC	Salt Ayre Sports Centre	LA1 5JS
2	15 June 2024	Burnley AC	Witton Park, Blackburn	BB2 2TP
3	14 July 2024	Leigh Harriers & AC	Leigh Sports Village	WN7 4GX
4	17 August 2024	Horwich RMI / Chorley ©	Witton Park, Blackburn	BB2 2TP

**West 2S**

1	Deeside AAC
2	Macclesfield Harriers & AC
3	Manchester Harriers & AC
4	Menai Track & Field
5	Salford Metropolitan AC

<b>Divisional Secretary:</b>				
1	18 May 2024	Deeside AAC	Deeside Stadium	CH5 4BR
2	15 June 2024	Macclesfield Harriers & AC	Macclesfield Athletics Track	SK10 4AF
3	14 July 2024	Manchester Harriers & AC	Sports City, Manchester	M11 3FF
4	17 August 2024		**	**

**Grand Regional Final**

07 September 2024	Northern T&F League		0	0
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