

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East 1N	
MATCH	3	
P/FINISH	NO	1

Date 14/07/2024

Venue Princess Mary Stadium, Cleckheaton

Host Club Longwood Harriers & AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Bingley Harriers & AC	Bing	40	104.0	16.0	125.0	285.0
2	Harrogate Harriers & AC	H'ogate	45	176.0	30.0	129.0	380.0
3	Holmfirth Harriers AC	Holm	45	197.0	29.0	142.0	413.0
4	Longwood Harriers AC	Longw	45	91.0	19.0	65.0	220.0
5	Skyrac AC	Sky	55	93.0	7.0	76.5	231.5
6	Spensorough & District AC	Spensor	55	127.0	13.0	198.5	393.5
-							
-							

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Holmfirth Harriers AC	413.0	6.0			413.0	6.0	1
2	Spensorough & District AC	393.5	5.0			393.5	5.0	2
3	Harrogate Harriers & AC	380.0	4.0			380.0	4.0	3
4	Bingley Harriers & AC	285.0	3.0			285.0	3.0	4
5	Skyrac AC	231.5	2.0			231.5	2.0	5
6	Longwood Harriers AC	220.0	1.0			220.0	1.0	6

TOTAL EVENTS (Including 2x Non-Scoring 100m)	40
NO COMPETITORS/EVENT CANCELLED or NOT IN THIS ROUND/NMR	2
RESULTS IN	39
REMAINING	<u>1</u>

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	2	Eddie JOSEPH (U17)	H'ogate	11.2	
2	1	Demetric NELSON	Bing	11.6	
3	3	William LANDER	Holm	11.7	
4	6	Joe TREVETT (U17)	Spen	11.9	
5	5	Ben OATES (U17)	Sky	12.0	
6	4	Charlie STYLIANOU (U17)	Longw	12.1	
7					
8					

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Samuel ARTHUR (U20)	H'ogate	11.8	
2	11	Billy LEPHERD (U17)	Bing	12.0	
3	66	Seb BARTOCHA (U17)	Spen	12.3	
4	33	Craig SHEARD	Holm	12.6	
5					
6					
7					
8					

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	2	Eddie JOSEPH (U17)	H'ogate	22.8	
2	1	Demetric NELSON	Bing	23.1	
3	3	William LANDER	Holm	23.5	
4	5	Ben OATES (U17)	Sky	24.4	
5	6	Joe TREVETT (U17)	Spen	24.5	
6	4	Charlie STYLIANOU (U17)	Longw	25.2	
7					
8					

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Samuel ARTHUR (U20)	H'ogate	23.9	
2	11	Billy LEPHERD (U17)	Bing	24.7	
3	33	Craig SHEARD	Holm	26.1	
4	44	William VARLEY (U17)	Longw	27.5	
5					
6					
7					
8					

**400m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	William LANDER	Holm	55.0	
2	2	Oliver HOLT (U17)	H'ogate	55.3	
3	4	Alexander WHITEHEAD (U17)	Longw	58.1	
4	6	Robert HARNESS (U17)	Spen	59.2	
5	1	Ian EATON	Bing	82.8	
6					
7					
8					

**400m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Abdoul GIMMA (U17)	H'ogate	55.2	
2	44	Richard GAYLE	Longw	64.0	
3	33	Lavell PIERRE	Holm	68.4	
4	66	Jake DARBY	Spen	68.5	
5	11	Paul LEMMON	Bing	88.4	
6					
7					
8					

**800m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	Kai SUNMAN	Holm	02:03.3	
2	2	Tom MITCHELL	H'ogate	02:03.9	
3	4	Alexander WHITEHEAD (U17)	Longw	02:07.7	
4	5	Jacob PALMER (U17)	Sky	02:09.4	
5	6	Robert HARNESS (U17)	Spen	02:13.1	
6	1	Quentin EMERY	Bing	02:40.7	
7					
8					

**800m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Oliver HOLT (U17)	H'ogate	02:09.4	
2	33	Ayan SINHA (U17)	Holm	02:32.3	
3	44	Carl MENDEL	Longw	02:51.5	
4	11	Paul LEMMON	Bing	03:05.0	
5					
6					
7					
8					

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	55	Jacob PALMER (U17)	Sky	04:15.3
2	2	Tom MATTHEWS (U17)	H'ogate	04:18.2
3	3	Patrick NEEDHAM	Holm	04:41.3
4	4	John BENTON	Longw	04:55.6
5	1	Quentin EMERY	Bing	05:39.9
6				
7				
8				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	5	Joe REED (U17)	Sky	04:25.9
2	22	Ben HOLMES	H'ogate	04:30.9
3	33	James WASHINGTON	Holm	05:05.0
4	44	Carl MENDEL	Longw	05:46.8
5	11	Paul LEMMON	Bing	06:04.6
6				
7				
8				

**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	2	Rob GARBUTT	H'ogate	17:11.7
2	3	Philip HEWITT	Holm	17:53.4
3	4	John BENTON	Longw	18:23.2
4	1	Quentin EMERY	Bing	20:22.6
5				
6				
7				
8				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	33	Damian MCQUEEN	Holm	18:55.8
2	44	Richard POLLARD	Longw	20:01.7
3	22	Michael GILL	H'ogate	21:58.9
4				
5				
6				
7				
8				

**3km S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	1	Tom GOMERSALL	Bing	11:42.8
2	3	Paul SAMMONDS	Holm	11:45.8
3				
4				
5				
6				
7				
8				

**3km S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	33	Adam SUNDERLAND	Holm	12:45.2
2				
3				
4				
5				
6				
7				
8				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	3	Eddie HINCHLIFFE	Holm	65.8
2	5	Rob GASCOYNE	Sky	66.2
3	6	Kieran O'BRIEN	Spen	75.1
4	1	Daniel CROSBY	Bing	76.2
5	2	Dan TAYLOR CHADWICK (U17)	H'ogate	76.3
6				
7				
8				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	66	Jake DARBY	Spen	76.7
2	33	Joey MCLAUGHLAN (U17)	Holm	77.7
3				
4				
5				
6				
7				
8				

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	6	Glenn ASPINDLE	Spen	17.4
2	3	Eddie HINCHLIFFE	Holm	19.7
3	2	Harry ROBERTS (U20)	H'ogate	20.4
4				
5				
6				
7				
8				

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	66	Jake DARBY	Spen	22.5
2	33	Patrick NEEDHAM	Holm	22.9
3				
4				
5				
6				
7				
8				

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf
1	7			12.3
2	8			12.3
3	9			12.7
4				
5				
6				
7				
8				

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf
1	77			13.2
2	33			13.4
3				
4				
5				
6				
7				
8				

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	5	Ben OATES (U17)	Sky	5.31
2	6	Ethan WILLIAMS (U17)	Spen	5.09
3	4	James MCNALLY	Longw	5.02
4	3	Patrick NEEDHAM	Holm	4.98
5	1	Daniel CROSBY	Bing	4.80
6	2	Jakub BALCERZAK (U17)	H'ogate	4.73
7				
8				

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Kieran O'BRIEN	Spen	4.34
2	33	Lavell PIERRE	Holm	4.32
3	22	Dan TAYLOR CHADWICK (U17)	H'ogate	4.31
4	44	Andrei CHETTY (U17)	Longw	4.05
5				
6				
7				
8				

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	2	Harry ROBERTS (U20)	H'ogate	1.70
2	6	Glenn ASPINDLE	Spen	1.65
3	3	Patrick NEEDHAM	Holm	1.50
4	1	Daniel CROSBY	Bing	1.45
5	4	Andrei CHETTY (U17)	Longw	x

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Ethan WILLIAMS (U17)	Spen	1.50
2	22	Jakub BALCERZAK (U17)	H'ogate	1.50
3	33	Soljai WATERMAN (U20)	Holm	1.45

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	2	Harry ROBERTS (U20)	H'ogate	11.98
2	6	Ethan WILLIAMS (U17)	Spenn	11.18
3	3	Eddie HINCHLIFFE	Holm	10.78
4	4	Richard GAYLE	Longw	8.90
5	11	James TATE	Bing	8.43
6				
7				
8				

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Seb BARTOCHA (U17)	Spenn	11.06
2	22	Filip BALCERZAK (U17)	H'ogate	10.63
3	33	Kai SUNMAN	Holm	9.88
4				
5				
6				
7				
8				

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	6	Glenn ASPINDLE	Spenn	4.22
2	2	Harry ROBERTS (U20)	H'ogate	3.10
3	3	Eddie HINCHLIFFE	Holm	2.80
4	1	Daniel CROSBY	Bing	x

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Kieran O'BRIEN	Spenn	2.10

**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	11	Mathew SAVAGE	Bing	10.62
2	6	Jake DARBY	Spenn	10.09
3	4	Christopher SAMPSON	Longw	9.11
4	3	Soljai WATERMAN (U20)	Holm	8.81
5	5	Ian COTTON	Sky	8.26
6	2	Janusz BALCERZAK	H'ogate	7.99
7				
8				

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	1	James TATE	Bing	10.52
2	66	Connor BELL	Spenn	8.51
3	22	Phillip CHADWICK	H'ogate	7.92
4	33	Craig SHEARD	Holm	7.15
5	44	Richard POLLARD	Longw	6.48
6				
7				
8				

**Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	1	James TATE	Bing	37.53
2	6	Jake DARBY	Spenn	29.06
3	3	Soljai WATERMAN (U20)	Holm	27.44
4	2	Janusz BALCERZAK	H'ogate	26.71
5	4	Christopher SAMPSON	Longw	24.49
6	5	Ian COTTON	Sky	20.26
7				
8				

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	11	Phillip JONES	Bing	30.61
2	66	Connor BELL	Spenn	19.36
3	33	Robert HINCHLIFFE-SMITH	Holm	18.41
4	22	Jonathan IRELAND	H'ogate	18.36
5				
6				
7				
8				

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	11	Phillip JONES	Bing	38.43
2	6	Jake DARBY	Spenn	35.44
3	4	Christopher SAMPSON	Longw	31.90
4	5	Ian COTTON	Sky	25.48
5	2	Janusz BALCERZAK	H'ogate	22.16
6	3	Soljai WATERMAN (U20)	Holm	21.78
7				
8				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	1	James TATE	Bing	34.78
2	66	Connor BELL	Spenn	29.22
3	33	Craig SHEARD	Holm	17.37
4	22	Jonathan IRELAND	H'ogate	17.08
5				
6				
7				
8				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	6	Glenn ASPINDLE	Spenn	45.50
2	2	Jakub BALCERZAK (U17)	H'ogate	35.94
3	3	Soljai WATERMAN (U20)	Holm	35.37
4	11	Tom CLOUGH	Bing	34.68
5	4	James MCNALLY	Longw	30.16
6	55	Alexander WIRSZYLA (U17)	Sky	25.43
7				
8				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Seb BARTOCHA (U17)	Spenn	37.21
2	33	Robert HINCHLIFFE-SMITH	Holm	32.54
3	22	James DICKINSON (U17)	H'ogate	28.89
4	44	William VARLEY (U17)	Longw	27.62
5	1	Mathew SAVAGE	Bing	27.47
6				
7				
8				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	2	H'ogate	Samuel ARTHUR (U20) Filip BALCERZAK (U17) James DICKINSON (U17) Abdo	47.1
2	3	Holm	Sam EADE (U17) Eddie HINCHLIFFE William LANDER Craig SHEARD	48.8
3	1	Bing	Billy LEPHERD (U17) Tom CLOUGH Ian EATON Demetric NELSON	53.4
4	4	Longw	Andrei CHETTY (U17) William VARLEY (U17) Charlie STYLIANOU (U17) Richa	53.6
5	6	Spenn	Joe TREVETT (U17) Robert HARNESS (U17) Connor BELL Jake DARBY	53.7
6				
7				
8				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	2	H'ogate	Eddie JOSEPH (U17) Samuel ARTHUR (U20) Tom MATTHEWS (U17) Oliver HC	03:41.0
2	3	Holm	Kai SUNMAN Sam EADE (U17) Craig SHEARD William LANDER	04:00.1
3	4	Longw	Richard POLLARD John BENTON Richard GAYLE Alexander WHITEHEAD (U17)	04:25.7
4				
5				
6				
7				
8				

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	5	Neveah COPELAND (U17)	Sky	13.2	
2	4	Mischa GENTLES (U17)	Longw	13.5	
3	6	Soraya CRODDEN	Spenn	13.6	
4	3	Eve DUTTON (U20)	Holm	13.7	
5	2	Chloe ANDERSON (U17)	H'ogate	14.0	
6	1	Suzanne NOON	Bing	19.7	
7					
8					

**100m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	66	Adaeze ULEBOR (U20)	Spenn	13.7	
2	55	Jessica RAWSTRON (U17)	Sky	13.7	
3	22	Alexandra DALE	H'ogate	13.8	
4	33	Sophie MAYES (U17)	Holm	14.7	
5	44	Debra CASSON	Longw	15.6	
6	11	Francesca BROOKES	Bing	18.7	
7					
8					

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	6	Molly WARING	Spenn	26.1	
2	5	Abbie JONES (U17)	Sky	26.1	
3	3	Eve DUTTON (U20)	Holm	28.3	
4	2	Alexandra DALE	H'ogate	28.4	
5	4	Debra CASSON	Longw	32.1	
6	1	Stephanie ROBSON	Bing	40.5	
7					
8					

**200m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	55	Neveah COPELAND (U17)	Sky	27.2	
2	66	Adaeze ULEBOR (U20)	Spenn	28.6	
3	22	Harriet SMITH (U17)	H'ogate	29.4	
4	33	Eleanor WALKER (U17)	Holm	33.4	
5	11	Cheryl JEPSON	Bing	40.8	
6	44	Karen MITCHELL	Longw	48.2	
7					
8					

**400m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	6	Soraya CRODDEN	Spenn	64.0	
2	5	Sophie leigh MCILROY	Sky	64.3	
3	2	Seren MELLING (U20)	H'ogate	66.0	
4	3	Florence JONES (U17)	Holm	68.3	
5	4	Debra CASSON	Longw	80.0	
6	1	Stephanie ROBSON	Bing	81.1	
7					
8					

**400m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Cara DANIEL (U17)	H'ogate	71.1	
2	66	Estelle WILLIAMS (U20)	Spenn	73.0	
3	33	Isobel COULSON (U17)	Holm	73.2	
4	55	Molly KEEFFE	Sky	78.6	
5	44	Danielle SELBY	Longw	84.5	
6	11	Cheryl JEPSON	Bing	92.0	
7					
8					

**800m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	Ruby SYKES	Holm	02:18.0	
2	5	Sophie leigh MCILROY	Sky	02:24.8	
3	2	Niamh ROBINSON (U17)	H'ogate	02:29.6	
4	1	Stephanie ROBSON	Bing	02:50.3	
5	4	Lindsay ROBERTS	Longw	03:22.8	
6					
7					
8					

**800m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Seren MELLING (U20)	H'ogate	02:41.3	
2	33	Eleanor WALKER (U17)	Holm	02:43.8	
3	11	Shona STONE	Bing	03:08.1	
4	44	Karen MITCHELL	Longw	03:58.3	
5					
6					
7					
8					

East 1N Princess Mary Stadium, Cleckheaton

Match 3 14/07/2024

1500m Women A

Posn	No.	Athlete	Club	Perf
1	3	Julia JAGGER	Holm	04:53.1
2	22	Hazel FORREST (U20)	H'ogate	04:53.7
3	5	Sophie leigh MCILROY	Sky	06:02.1
4	1	Shona STONE	Bing	06:03.4
5	4	Lindsay ROBERTS	Longw	06:52.4
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	2	Niamh ROBINSON (U17)	H'ogate	04:59.7
2	33	Claire LEAVER-HEWITT	Holm	05:25.6
3	11	Suzanne NOON	Bing	06:33.4
4	44	Karen MITCHELL	Longw	07:48.4
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	3	Katie WALSHAW	Holm	10:50.5
2	1	Stephanie ROBSON	Bing	11:54.4
3	2	India HARBY (U17)	H'ogate	12:21.9
4	4	Danielle SELBY	Longw	13:28.9
5				
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	33	Helena CROFT	Holm	11:31.1
2	11	Shona STONE	Bing	12:30.4
3	22	Sarah GILL	H'ogate	12:34.5
4	44	Lindsay ROBERTS	Longw	14:03.3
5				
6				
7				
8				

2km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	97		Event Not	
2				
3				
4				
5				
6				
7				
8				

2km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	6	Molly WARING	Spn	65.8
2	2	Scarlette SMITH (U20)	H'ogate	77.5
3	3	Helena CROFT	Holm	84.8
4	5	Molly KEEFE	Sky	87.3
5				87.3
6				93.3
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	66	Soraya CRODDEN	Spn	70.6
2	33	Shauna EDGE (U20)	Holm	93.0
3				
4				
5				
6				
7				
8				



**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**100m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	6	Molly WARING	Spen	16.7
2	2	Scarlette SMITH (U20)	H'ogate	19.6
3	3	Helena CROFT	Holm	21.0
4				
5				
6				
7				
8				

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	66	Estelle WILLIAMS (U20)	Spen	20.0
2				
3				
4				
5				
6				
7				
8				

**100m N/S Women A**

Posn	No.	Athlete	Club	Perf
1	99			14.3
2	88			14.3
3				
4				
5				
6				
7				
8				

**100m N/S Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	2	Scarlette SMITH (U20)	H'ogate	4.79
2	1	Joanna LAWLER-RHODES	Bing	4.58
3	5	Neveah COPELAND (U17)	Sky	4.53
4	6	Molly WARING	Spen	4.35
5	3	Eve DUTTON (U20)	Holm	3.84
6				
7				
8				

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	55	Sara HENDERSON	Sky	4.43
2	66	Estelle WILLIAMS (U20)	Spen	4.0
3	33	Lauren HIRST	Holm	2.96
4	11	Cheryl JEPSON	Bing	1.96
5				
6				
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**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	2	Scarlette SMITH (U20)	H'ogate	1.45
2=	6	Molly WARING	Spen	1.40
2=	5	Sara HENDERSON	Sky	1.40
4	3	Jessica MARTINDALE (U17)	Holm	1.25

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	33	Eve DUTTON (U20)	Holm	1.15

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 3 14/07/2024**

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	1	Joanna LAWLER-RHODES	Bing	10.59
2	6	Olivia MYERS (U17)	Spen	10.28
3	2	Chloe ANDERSON (U17)	H'ogate	9.70
4	4	Ruby DEARDEN (U17)	Longw	9.27
5	3	Jessica MARTINDALE (U17)	Holm	8.51
6				
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**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	66	Soraya CRODDEN	Spen	8.99
2	33	Ruby SYKES	Holm	8.12
3				
4				
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6				
7				
8				

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	2	India HARBY (U17)	H'ogate	2.30
2	6	Siobhan MASKILL	Spen	2.10

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
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**Shot Women A**

Posn	Bib	Athlete	Club	Perf
1	6	Olivia MYERS (U17)	Spen	7.96
2	5	Sara HENDERSON	Sky	7.77
3	11	Francesca BROOKES	Bing	6.92
4	2	Alexandra DALE	H'ogate	6.59
5	3	Chloe LAW (U17)	Holm	6.39
6	4	Susanne PICKERSGILL	Longw	4.67
7				
8				

**Shot Women B**

Posn	Bib	Athlete	Club	Perf
1	66	Estelle WILLIAMS (U20)	Spen	6.00
2	1	Lucy HALL	Bing	5.70
3	55	Molly KEEFE	Sky	5.45
4	33	Lauren HIRST	Holm	5.27
5	22	Cara DANIEL (U17)	H'ogate	5.03
6	44	Karen MITCHELL	Longw	3.10
7				
8				

**Discus Women A**

Posn	Bib	Athlete	Club	Perf
1	22	Alexandra DALE	H'ogate	18.01
2	11	Francesca BROOKES	Bing	17.10
3	55	Sara HENDERSON	Sky	16.97
4	66	Soraya CRODDEN	Spen	16.06
5	33	Sophie MAYES (U17)	Holm	15.88
6	44	Susanne PICKERSGILL	Longw	11.20
7				
8				

**Discus Women B**

Posn	Bib	Athlete	Club	Perf
1	5	Molly KEEFE	Sky	16.61
2	3	Chloe LAW (U17)	Holm	15.08
3	1	Lucy HALL	Bing	12.72
4	6	Siobhan MASKILL	Spen	12.09
5	4	Debra CASSON	Longw	10.66
6	2	Niamh ROBINSON (U17)	H'ogate	10.50
7				
8				

East 1N Princess Mary Stadium, Cleckheaton

Match 3 14/07/2024

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	6	Olivia MYERS (U17)	Spenn	22.92
2	3	Lauren HIRST	Holm	16.49
3	11	Francesca BROOKES	Bing	14.44
4	4	Susanne PICKERSGILL	Longw	13.98
5				
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	66	Soraya CRODDEN	Spenn	15.95
2	1	Lucy HALL	Bing	12.14
3	33	Shauna EDGE (U20)	Holm	8.90
4				
5				
6				
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	5	Sara HENDERSON	Sky	23.81
2	33	Florence JONES (U17)	Holm	23.21
3	66	Molly WARING	Spenn	21.45
4	1	Lucy HALL	Bing	17.76
5	2	Alexandra DALE	H'ogate	12.64
6	4	Susanne PICKERSGILL	Longw	10.19
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	3	Jessica MARTINDALE (U17)	Holm	20.52
2	6	Siobhan MASKILL	Spenn	13.09
3	44	Debra CASSON	Longw	7.29
4	11	Cheryl JEPSON	Bing	x
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	6	Spenn	Estelle WILLIAMS (U20) Molly WARING Adaeze ULEBOR (U20) Soraya CRODDEN	52.8
2	5	Sky	Abbie JONES (U17) Neveah COPELAND (U17) Charlotte RAWSTRON (U20) Je	53.3
3	3	Holm	Eve DUTTON (U20) Sophie MAYES (U17) Ruby SYKES Florence JONES (U17)	55.7
4	2	H'ogate	Harriet SMITH (U17) Chloe ANDERSON (U17) Alexandra DALE Hazel FORREST	57.2
5	1	Bing	Stephanie ROBSON Joanna LAWLER-RHODES Shona STONE Suzanne NOON	74.4
6	4	Longw	Danielle SELBY Debra CASSON Susanne PICKERSGILL Lindsay ROBERTS	78.5
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	3	Holm	Julia JAGGER Ruby SYKES Isobel COULSON (U17) Eleanor WALKER (U17)	04:41.5
2	2	H'ogate	Cara DANIEL (U17) Hazel FORREST (U20) India HARBY (U17) Seren MELLING	04:49.0
3	1	Bing	Shona STONE Cheryl JEPSON Suzanne NOON Stephanie ROBSON	06:01.3
4	4	Longw	Debra CASSON Lindsay ROBERTS Danielle SELBY Karen MITCHELL	06:12.0
5				
6				
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8				