

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	WEST	
DIVISION	West 1S	
MATCH	3	
P/FINISH	NO	1

Date 14/07/2024

Venue Queensway Stadium, Wrexham

Host Club Wrexham AAC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Crewe & Nantwich AC	C&N	40	78.0		81.0	199.0
2	Liverpool Harriers & AC	Liv H	55	157.0	27.0	113.0	352.0
3	Liverpool Pembroke & Sefton H AC	Lpem	45	95.0	15.0	133.0	288.0
4	St. Helens Sutton AC	SHS	40	95.0	7.0	61.0	203.0
5	Team Isle of Man ©	T IOM	55	184.0	22.0	145.0	406.0
6	Wrexham AAC	Wrex	55	107.0	16.0	118.0	296.0
-							
-							

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Team Isle of Man ©	406.0	6.0			406.0	6.0	1
2	Liverpool Harriers & AC	352.0	5.0			352.0	5.0	2
3	Wrexham AAC	296.0	4.0			296.0	4.0	3
4	Liverpool Pembroke & Sefton H AC	288.0	3.0			288.0	3.0	4
5	St. Helens Sutton AC	203.0	2.0			203.0	2.0	5
6	Crewe & Nantwich AC	199.0	1.0			199.0	1.0	6

TOTAL EVENTS (Including 2x Non-Scoring 100m)	40
NO COMPETITORS/EVENT CANCELLED or NOT IN THIS ROUND/NMR	1
RESULTS IN	35
REMAINING	<u>4</u>

West 1S Queensway Stadium, Wrexham

Match 3 14/07/2024

100m Men A

Posn	No.	Athlete	Club	Perf
			Wind	
1	6	Evan WILLIAMS	Wrex	11.0
2	5	Daniel STEWART-CLAGUE	T IOM	11.2
3	2	Quinton MAHONEY (U20)	Liv H	11.2
4	1	Oliver JOHNSON (U17)	C&N	11.3
5	4	Paul BIELBY	SHS	11.4
6	3	James READ (U20)	Lpem	12.2
7				
8				

100m Men B

Posn	No.	Athlete	Club	Perf
			Wind	
1	66	Liam MCGIVERN	Wrex	11.1
2	44	Ethan VINE (U17)	SHS	11.5
3	33	Ciaran SCROGGIE	Lpem	11.8
4	11	Tom THOMAS (U20)	C&N	11.8
5	22	Terence MACKLIN	Liv H	15.6
6	-			
7				
8				

200m Men A

Posn	No.	Athlete	Club	Perf
			Wind	
1	6	Liam MCGIVERN	Wrex	22.4
2	2	Quinton MAHONEY (U20)	Liv H	22.6
3	5	Daniel STEWART-CLAGUE	T IOM	22.9
4	1	Oliver JOHNSON (U17)	C&N	23.1
5	4	Paul BIELBY	SHS	23.8
6	3	Ciaran SCROGGIE	Lpem	24.5
7				
8				

200m Men B

Posn	No.	Athlete	Club	Perf
			Wind	
1	44	James ASSON (U17)	SHS	23.4
2	55	Alan STOBART (U17)	T IOM	23.5
3	33	Matthew HUGHES	Lpem	23.8
4	66	Daniel WILLIAMS	Wrex	24.0
5	11	Tom THOMAS (U20)	C&N	24.3
6	22	Terence MACKLIN	Liv H	31.8
7				
8				

400m Men A

Posn	No.	Athlete	Club	Perf
1	1	Benjamin VERBICKAS	C&N	49.9
2	3	Matthew HUGHES	Lpem	50.6
3	6	Oliver EDWARDS	Wrex	51.8
4	5	Dominic DUNWELL (U20)	T IOM	54.0
5	2	Christian WOODS	Liv H	55.8
6	4	Ethan VINE (U17)	SHS	56.4
7				
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	66	Evan WILLIAMS	Wrex	54.2
2	11	Drew BRADLEY	C&N	54.3
3	33	Jonathon BRIDE	Lpem	55.7
4	22	Andrew SPINK	Liv H	59.4
5	44	Ian CONWAY	SHS	104.0
6	-			
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	4	Gabriel MULLEN (U20)	SHS	01:55.7
2	5	Corrin LEEMING	T IOM	02:05.1
3	3	Daniel PROCTER (U17)	Lpem	02:15.2
4	6	Thomas POVAH	Wrex	02:32.4
5	1	Neil FOWLER	C&N	02:38.6
6				
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	55	Dominic DUNWELL (U20)	T IOM	02:06.2
2	33	Jared NICHOLLS	Lpem	02:23.8
3	44	Will VOSE (U17)	SHS	02:26.9
4	66	Richard WESTWOOD	Wrex	02:46.9
5				
6				
7				
8				

West 1S Queensway Stadium, Wrexham

Match 3 14/07/2024

1500m Men A

Posn	No.	Athlete	Club	Perf
1	22	Alister RUTHERFORD	Liv H	04:02.4
2	3	Se LOUGHLIN	Lpem	04:05.4
3	5	Ryan CORRIN (U20)	T IOM	04:09.3
4	6	Luke NORTHALL	Wrex	04:33.9
5	4	Will VOSE (U17)	SHS	04:41.6
6				
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	2	Matthew HUGHES	Liv H	04:22.0
2	55	Corbyn SCHADE (U20)	T IOM	04:23.6
3	33	Daniel PROCTER (U17)	Lpem	04:37.9
4	44	Michael BRUSSELS	SHS	05:22.7
5				
6				
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	5	Corrin LEEMING	T IOM	14:45.5
2	2	Hywel CARE	Liv H	16:07.6
3	6	Luke NORTHALL	Wrex	16:54.8
4	44	Jake HEALY	SHS	20:34.3
5	3	Neil ROBERTS	Lpem	21:33.6
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	22	Ben MOORCROFT	Liv H	16:11.2
2	55	Jamie HAYES	T IOM	17:25.6
3	66	Thomas SPENCE	Wrex	17:59.4
4				
5				
6				
7				
8				

3km S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	2	Ethan DUNN	Liv H	10:43.6
2	6	Luke NORTHALL	Wrex	11:47.8
3	4	Michael BRUSSELS	SHS	13:27.1
4				
5				
6				
7				
8				

3km S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	1	Benjamin VERBICKAS	C&N	54.9
2	5	Kyle MARTIN	T IOM	67.1
3	6	Glyn thomas WISE	Wrex	70.8
4				
5				
6				
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	11	Drew BRADLEY	C&N	58.4
2	66	Jamie LEWIS	Wrex	94.5
3				
4				
5				
6				
7				
8				

West 1S Queensway Stadium, Wrexham

Match 3 14/07/2024

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
			Wind	
1	6	Neil EDWARDS	Wrex	23.7
2	55	James MARGRAVE	T IOM	24.4
3	5	Kyle MARTIN	T IOM	27.3
4	66	Glyn thomas WISE	Wrex	32.3
5				
6				
7				
8				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
			Wind	
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men A

Posn	No.	Athlete	Club	Perf
			Wind	
1				
2	6	Oliver Edwards	Wrex	11.5
3	5	Alan Stobart	T IOM	11.7
4				
5				
6				
7				
8				

100m N/S Men B

Posn	No.	Athlete	Club	Perf
			Wind	
1				
2	66	Daniel Williams	Wrex	11.8
3	55	Sebastian Sgouraditis	T IOM	12.7
4				
5				
6				
7				
8				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	5	Sebastien SGOURADITIS (U20)	T IOM	6.47
2	2	Elliott GRIFFITHS (U17)	Liv H	5.88
3	4	Michael DUFFY	SHS	5.29
4	6	Glyn thomas WISE	Wrex	4.46
5	11	Neil FOWLER	C&N	3.54
6				
7				
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	66	Jamie LEWIS	Wrex	4.04
2	55	Rory TURNER (U17)	T IOM	3.40
3	44	Will VOSE (U17)	SHS	3.35
4				
5				
6				
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	5	James MARGRAVE	T IOM	1.80
2	2	Elliott GRIFFITHS (U17)	Liv H	1.75
3	44	Darren SCOTT	SHS	1.60
4	66	Neil DAVIES	Wrex	1.40

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	4	Phil ROBINSON	SHS	x

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Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	2	Sam DUNCAN	Liv H	12.84
2	5	Sebastien SGOURADITIS (U20 T IOM		12.52
3	33	Jared NICHOLLS	Lpem	10.53
4	4	Michael DUFFY	SHS	10.32
5	6	Glyn thomas WISE	Wrex	9.53
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	3	Daniel PROCTER (U17)	Lpem	8.42
2	66	Jamie LEWIS	Wrex	7.84
3				
4				
5				
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
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Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
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Shot Men A

Posn	Bib	Athlete	Club	Perf
1	1	Dean VALENTINE	C&N	10.96
2	2	Nicholas WEDDERMAN	Liv H	10.92
3	6	Neil EDWARDS	Wrex	9.83
4	3	David BROWN	Lpem	8.79
5	4	Phil ROBINSON	SHS	8.65
6	5	Kyle MARTIN	T IOM	8.17
7				
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	33	Paul WHITE	Lpem	8.71
2	44	Ian CONWAY	SHS	8.10
3	66	Neil DAVIES	Wrex	7.65
4	22	Ethan STOPFORD	Liv H	6.91
5	11	Gavin REEDER	C&N	6.34
6	55	Max MOORE-LEES	T IOM	X
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	2	Nicholas WEDDERMAN	Liv H	53.23
2	3	Jordan KELLY	Lpem	36.30
3	6	Neil EDWARDS	Wrex	30.20
4	55	Kyle MARTIN	T IOM	27.28
5	1	Dean VALENTINE	C&N	27.24
6	4	Phil ROBINSON	SHS	23.82
7				
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	33	Paul WHITE	Lpem	23.60
2	66	Neil DAVIES	Wrex	22.39
3	5	Daniel STEWART-CLAGUE	T IOM	20.66
4	11	Gavin REEDER	C&N	18.51
5	44	Ian CONWAY	SHS	12.89
6				
7				
8				

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Match 3 14/07/2024

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	3	Paul WHITE	Lpem	32.04
2	1	Dean VALENTINE	C&N	30.90
3	5	Kyle MARTIN	T IOM	24.53
4	6	Neil EDWARDS	Wrex	24.31
5	44	Phil ROBINSON	SHS	24.30
6				
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	55	Daniel STEWART-CLAGUE	T IOM	21.77
2	33	David BROWN	Lpem	19.32
3	4	Ian CONWAY	SHS	18.96
4	66	Jamie LEWIS	Wrex	16.33
5				
6				
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	5	Daniel STEWART-CLAGUE	T IOM	44.77
2	3	Jordan KELLY	Lpem	42.42
3	6	Neil EDWARDS	Wrex	35.78
4	4	Darren SCOTT	SHS	33.24
5	1	Dean VALENTINE	C&N	30.22
6	2	Andrew SPINK	Liv H	29.84
7				
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	55	Kyle MARTIN	T IOM	36.17
2	33	David BROWN	Lpem	32.41
3	44	Phil ROBINSON	SHS	31.50
4	66	Jamie LEWIS	Wrex	27.36
5	22	Terence MACKLIN	Liv H	19.34
6				
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	6	Wrex	Daniel WILLIAMS Liam MCGIVERN Oliver EDWARDS Evan WILLIAMS	44.6
2	4	SHS	Paul BIELBY James ASSON (U17) Michael DUFFY Ethan VINE (U17)	46.2
3	2	Liv H	Terence MACKLIN Ethan STOPFORD Alister RUTHERFORD Quinton MAHONEY	53.0
4	-			
5				
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	3	Lpem	Matthew HUGHES James READ (U20) Se LOUGHLIN Jonathon BRIDE	03:39.6
2	6	Wrex	Glyn thomas WISE Oliver EDWARDS Liam MCGIVERN Evan WILLIAMS	03:44.8
3	5	T IOM	Daniel STEWART-CLAGUE Kyle MARTIN Ryan CORRIN (U20) Corbyn SCHADE (03:46.2
4	2	Liv H	Ethan DUNN Andrew SPINK Tom CLARKE Christian WOODS	03:54.3
5				
6				
7				
8				

West 1S Queensway Stadium, Wrexham

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100m Women A

Posn	No.	Athlete	Club	Perf
1	2	Taylor HARRY	Liv H	12.4
2	5	Carla TEECE (U20)	T IOM	12.6
3	1	Emma FOWLER	C&N	12.9
4	4	Heather DRILLINGCOURT	SHS	13.6
5	3	Emily LEASON (U17)	Lpem	13.8
6				
7				
8				

100m Women B

Posn	No.	Athlete	Club	Perf
1	55	Molly PHILLIPS (U20)	T IOM	13.3
2	22	Cory WILSON	Liv H	13.7
3	11	Elizabeth SCOTT (U20)	C&N	14.5
4	33	Michelle DURNEY	Lpem	17.7
5				
6				
7				
8				

200m Women A

Posn	No.	Athlete	Club	Perf
1	2	Taylor HARRY	Liv H	25.2
2	5	Carla TEECE (U20)	T IOM	26.2
3	1	Emma FOWLER	C&N	26.6
4	4	Abigail NEWMAN (U20)	SHS	29.7
5	3	Sharon ROBERTS	Lpem	40.9
6				
7				
8				

200m Women B

Posn	No.	Athlete	Club	Perf
1	55	Molly PHILLIPS (U20)	T IOM	27.9
2	22	Cory WILSON	Liv H	28.2
3	11	Elizabeth SCOTT (U20)	C&N	30.9
4	33	Michelle DURNEY	Lpem	42.3
5				
6				
7				
8				

400m Women A

Posn	No.	Athlete	Club	Perf
1	2	Obi CURRY	Liv H	58.1
2	5	Ewelina HAND	T IOM	69.9
3	3	Sharon ROBERTS	Lpem	88.4
4				
5				
6				
7				
8				

400m Women B

Posn	No.	Athlete	Club	Perf
1	22	Lexi ELLIS (U17)	Liv H	62.6
2	33	Michelle DURNEY	Lpem	103.9
3				
4				
5				
6				
7				
8				

800m Women A

Posn	No.	Athlete	Club	Perf
1	4	Lucy CLITHEROE (U20)	SHS	02:21.5
2	2	Katie WILLIAMS (U20)	Liv H	02:27.1
3	5	Neve MADDEN (U17)	T IOM	02:36.4
4	6	Immy JONES (U20)	Wrex	02:51.2
5	3	Lisa PROCTER	Lpem	02:58.3
6				
7				
8				

800m Women B

Posn	No.	Athlete	Club	Perf
1	22	Mia MORRISROE	Liv H	02:44.1
2	55	Helen TAYLOR	T IOM	02:55.3
3	44	Siobhan MASSEY	SHS	03:05.2
4	33	Sharon ROBERTS	Lpem	03:33.8
5				
6				
7				
8				

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1500m Women A

Posn	No.	Athlete	Club	Perf
1	2	Rachael BURNS	Liv H	04:46.4
2	4	Lucy CLITHEROE (U20)	SHS	05:05.5
3	5	Laura DICKINSON	T IOM	05:16.6
4	3	Lisa PROCTER	Lpem	06:06.7
5				
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	22	Hannah HUGHES	Liv H	05:40.1
2	55	Helen TAYLOR	T IOM	05:56.8
3	44	Siobhan MASSEY	SHS	06:29.4
4	33	Sharon ROBERTS	Lpem	07:09.8
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	5	Dawn ATHERTON	T IOM	10:58.7
2	2	Abigail PREECE	Liv H	11:40.1
3	6	Immy JONES (U20)	Wrex	11:53.6
4	4	Siobhan MASSEY	SHS	13:40.4
5	3	Michelle DURNEY	Lpem	15:26.9
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	55	Laura DICKINSON	T IOM	11:29.8
2				
3				
4				
5				
6				
7				
8				

2km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	97		Event Not	
2				
3				
4				
5				
6				
7				
8				

2km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	5	Aimee CHRISTIAN	T IOM	65.2
2	2	Mia MORRISROE	Liv H	71.6
3				
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	55	Lucy CARTWRIGHT (U17)	T IOM	79.0
2				
3				
4				
5				
6				
7				
8				

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100m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	1	Olivia FOWLER	C&N	14.9
2	2	Elizabeth HENSHALL	Liv H	18.7
3	5	Lara SMITH (U17)	T IOM	19.9
4				
5				
6				
7				
8				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	55	Imogen COOK	T IOM	20.1
2				
3				
4				
5				
6				
7				
8				

100m N/S Women A

Posn	No.	Athlete	Club	Perf
1				
2	5	Ewelina Hand	T IOM	14.5
3	2	Emma Spink	Liv H	15.0
4				
5				
6				
7				
8				

100m N/S Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	6	Lucy JONES (U17)	Wrex	5.0
2	2	Elizabeth HENSHALL	Liv H	4.75
3	5	Imogen COOK	T IOM	4.72
4	3	Emily LEASON (U17)	Lpem	4.60
5	1	Wendy VALENTINE	C&N	3.13
6				
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	55	Ewelina HAND	T IOM	4.18
2				
3				
4				
5				
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Sadie MADIGAN (U17)	Liv H	1.50
2	5	Molly PHILLIPS (U20)	T IOM	1.45
3	3	Emily LEASON (U17)	Lpem	1.35
4	1	Wendy VALENTINE	C&N	1.15

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Elizabeth HENSHALL	Liv H	1.45
2	55	Lara SMITH (U17)	T IOM	1.45

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Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Sadie MADIGAN (U17)	Liv H	10.76
2	6	Lucy JONES (U17)	Wrex	10.51
3	55	Ewelina HAND	T IOM	9.46
4	3	Lisa PROCTER	Lpem	x
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	22	Ruby EVANS (U17)	Liv H	10.46
2	5	Imogen COOK	T IOM	9.22
3				
4				
5				
6				
7				
8				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
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Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	11.16
2	1	Emma FOWLER	C&N	9.15
3	6	Isabelle COLLINS	Wrex	9.01
4	22	Sadie MADIGAN (U17)	Liv H	8.86
5	55	Ewelina HAND	T IOM	7.35
6	4	Abigail NEWMAN (U20)	SHS	5.73
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	2	Elizabeth HENSHALL	Liv H	8.68
2	66	Ellie COLLINS	Wrex	8.23
3	5	Orla GODDARD (U20)	T IOM	7.01
4	33	Shannon MCGARRY	Lpem	6.02
5	11	Wendy VALENTINE	C&N	5.76
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	39.53
2	66	Ellie COLLINS	Wrex	27.65
3	55	Lucy CARTWRIGHT (U17)	T IOM	26.32
4	11	Wendy VALENTINE	C&N	19.45
5	2	Emily ROWE	Liv H	19.05
6	4	Abigail NEWMAN (U20)	SHS	12.12
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	33	Shannon MCGARRY	Lpem	20.53
2	6	Isabelle COLLINS	Wrex	20.13
3	5	Jasmine DORRINGTON (U20)	T IOM	15.85
4	1	Emma FOWLER	C&N	14.54
5				
6				
7				
8				

West 1S Queensway Stadium, Wrexham

Match 3 14/07/2024

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	36.95
2	2	Emily ROWE	Liv H	31.67
3	6	Isabelle COLLINS	Wrex	28.19
4	1	Emma FOWLER	C&N	25.49
5	55	Orla GODDARD (U20)	T IOM	19.92
6	4	Julia HAYES	SHS	18.49
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	11	Wendy VALENTINE	C&N	21.10
2	5	Jasmine DORRINGTON (U20)	T IOM	18.32
3	33	Shannon MCGARRY	Lpem	14.43
4				
5				
6				
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	3	Anna PEERS	Lpem	35.27
2	1	Emma FOWLER	C&N	33.00
3	5	Lucy CARTWRIGHT (U17)	T IOM	29.42
4	6	Isabelle COLLINS	Wrex	25.48
5	2	Emily ROWE	Liv H	16.85
6				
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	33	Shannon MCGARRY	Lpem	24.88
2	55	Orla GODDARD (U20)	T IOM	24.52
3	66	Ellie COLLINS	Wrex	21.29
4	11	Wendy VALENTINE	C&N	11.91
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	5	T IOM	Carla TEECE (U20) Molly PHILLIPS (U20) Aimee CHRISTIAN Lara SMITH (U17)	52.4
2	2	Liv H	Emma SPINK Taylor HARRY Cory WILSON Elizabeth HENSHALL	52.9
3	3	Lpem	Lisa PROCTER Sharon ROBERTS Michelle DURNEY Shannon MCGARRY	71.5
4				
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	2	Liv H	Mia MORRISROE Lexi ELLIS (U17) Micaela TRACEY-RAMOS Obi CURRY	04:15.7
2	5	T IOM	Aimee CHRISTIAN Ewelina HAND Neve MADDEN (U17) Dawn ATHERTON	04:40.6
3				
4				
5				
6				
7				
8				