

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East 1N	
MATCH	4	
P/FINISH	NO	1

Date 17/08/2024

Venue Princess Mary Stadium, Cleckheaton

Host Club Skyrac AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Bingley Harriers & AC	Bing	35	133.0	23.0	113.0	304.0
2	Harrogate Harriers & AC	H'ogate	30	146.0	22.0	87.0	285.0
3	Holmfirth Harriers AC	Holm	25	179.0	28.0	145.5	377.5
4	Longwood Harriers AC	Longw	35	75.0	17.0	80.5	207.5
5	Skyrac AC	Sky	55	100.0	9.0	85.0	249.0
6	Spensorough & District AC	Spensor	55	152.0	24.0	179.0	410.0
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Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Spensorough & District AC	410.0	6.0			410.0	6.0	1
2	Holmfirth Harriers AC	377.5	5.0			377.5	5.0	2
3	Bingley Harriers & AC	304.0	4.0			304.0	4.0	3
4	Harrogate Harriers & AC	285.0	3.0			285.0	3.0	4
5	Skyrac AC	249.0	2.0			249.0	2.0	5
6	Longwood Harriers AC	207.5	1.0			207.5	1.0	6

TOTAL EVENTS (Including 2x Non-Scoring 100m)	40
NO COMPETITORS/EVENT CANCELLED or NOT IN THIS ROUND/NMR	1
RESULTS IN	37
REMAINING	<u>2</u>

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**100m Men A**

Posn	No.	Athlete	Club	Perf
1	1	Demetric NELSON	Bing	11.4
2	3	William LANDER	Holm	11.6
3	2	Samuel ARTHUR (U20)	H'ogate	11.8
4	6	Joe TREVETT (U17)	Spen	12.0
5	5	Ben OATES (U17)	Sky	12.0
6	4	James MCNALLY	Longw	12.5
7				
8				

**100m Men B**

Posn	No.	Athlete	Club	Perf
1	22	Corey BURRETT (U17)	H'ogate	12.1
2	11	Billy LEPHERD (U17)	Bing	12.1
3	33	Craig SHEARD	Holm	12.7
4	55	Samuel COLE	Sky	12.9
5	66	Tyler COSSINS	Spen	13.0
6	44	Steven PALMER	Longw	16.3
7				
8				

**200m Men A**

Posn	No.	Athlete	Club	Perf
1	3	William LANDER	Holm	23.2
2	2	Samuel ARTHUR (U20)	H'ogate	23.5
3	1	Demetric NELSON	Bing	23.8
4	4	James WOOD (U17)	Longw	23.9
5	5	Ben OATES (U17)	Sky	24.4
6	6	Joe TREVETT (U17)	Spen	24.7
7				
8				

**200m Men B**

Posn	No.	Athlete	Club	Perf
1	55	Rafferty MIRFIN (U17)	Sky	23.7
2	11	Billy LEPHERD (U17)	Bing	24.6
3	22	Corey BURRETT (U17)	H'ogate	25.4
4	33	Lavell PIERRE	Holm	26.4
5	66	Tyler COSSINS	Spen	27.3
6	44	Markus TAYLOR (U20)	Longw	28.3
7				
8				

**400m Men A**

Posn	No.	Athlete	Club	Perf
1	5	Rafferty MIRFIN (U17)	Sky	49.9
2	3	William LANDER	Holm	50.7
3	2	Abdoul GIMMA (U17)	H'ogate	56.6
4	6	Robert HARNESS (U17)	Spen	59.4
5	1	Edward CHAFER	Bing	65.7
6	4	Richard GAYLE	Longw	82.3
7				
8				

**400m Men B**

Posn	No.	Athlete	Club	Perf
1	11	Demetric NELSON	Bing	55.3
2	22	Tom MITCHELL	H'ogate	55.6
3	33	Lavell PIERRE	Holm	58.1
4	55	Rob GASCOYNE	Sky	63.0
5	44	Alexander WHITEHEAD (U17)	Longw	64.9
6	66	Ethan WILSON (U20)	Spen	75.2
7				
8				

**800m Men A**

Posn	No.	Athlete	Club	Perf
1	3	Kai SUNMAN	Holm	01:59.7
2	2	Tom MITCHELL	H'ogate	02:04.0
3	5	Joe REED (U17)	Sky	02:08.1
4	6	Robert HARNESS (U17)	Spen	02:14.6
5	4	Alexander WHITEHEAD (U17)	Longw	02:18.6
6	1	Quentin EMERY	Bing	02:31.2
7				
8				

**800m Men B**

Posn	No.	Athlete	Club	Perf
1	22	George WASTLING (U17)	H'ogate	02:12.7
2	66	Ian WILSON	Spen	02:27.6
3	33	Gary GRAHAM	Holm	02:29.8
4	44	Steven PALMER	Longw	02:33.6
5	11	David GILLIAN	Bing	02:40.2
6				
7				
8				

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	2	Luke SHACKLOCK (U17)	H'ogate	04:13.7
2	5	Joe REED (U17)	Sky	04:18.0
3	11	Ben COOPER (U20)	Bing	04:42.0
4	3	James WASHINGTON	Holm	04:56.2
5	6	Ian WILSON	Spen	05:15.2
6	4	Craig MITCHELL	Longw	05:38.6
7				
8				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	22	Tom MATTHEWS (U17)	H'ogate	04:13.9
2	1	James HARGREAVES	Bing	04:47.7
3	33	Adam SUNDERLAND	Holm	05:25.6
4	66	Glenn ASPINDLE	Spen	06:17.4
5	44	Adam TAYLOR	Longw	06:23.4
6				
7				
8				

**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	5	Abdimajjid DAROOD (U20)	Sky	15:21.3
2	1	James HARGREAVES	Bing	17:10.4
3	3	Patrick NEEDHAM	Holm	17:27.1
4	2	Ben SHACKLOCK	H'ogate	18:42.1
5	6	Kevin OGDEN	Spen	18:49.6
6	4	Steven PALMER	Longw	19:36.1
7				
8				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	33	Philip HEWITT	Holm	18:24.2
2	11	David GILLIAN	Bing	20:36.2
3	44	Simon CROOK	Longw	22:16.6
4	66	Glenn ASPINDLE	Spen	23:22.4
5				
6				
7				
8				

**3km S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	97		Event Not	
2				
3				
4				
5				
6				
7				
8				

**3km S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	3	Eddie HINCHLIFFE	Holm	67.7
2	5	Rob GASCOYNE	Sky	69.1
3	6	Kieran O'BRIEN	Spen	72.6
4	2	Dan TAYLOR CHADWICK (U17)	H'ogate	76.5
5	1	Daniel CROSBY	Bing	95.4
6				
7				
8				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	66	Seb BARTOCHA (U17)	Spen	72.9
2	33	Joey MCLAUGHLAN (U17)	Holm	78.6
3				
4				
5				
6				
7				
8				

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	Eddie HINCHLIFFE	Holm	21.1	
2	6	Jake DARBY	Spen	22.3	
3	33	Patrick NEEDHAM	Holm	25.1	
4	66	Kieran O'BRIEN	Spen	31.7	
5					
6					
7					
8					

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	399			15.6	
2					
3					
4					
5					
6					
7					
8					

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf	Wind
1	44	James WOOD (U17)	Longw	5.86	
2	6	Ethan WILLIAMS (U17)	Spen	5.45	
3	5	Ben OATES (U17)	Sky	5.10	
4	3	Patrick NEEDHAM	Holm	5.06	
5	11	Edward CHAFER	Bing	4.68	
6	22	Dan TAYLOR CHADWICK (U17)	H'ogate	4.49	
7					
8					

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf	Wind
1	4	James MCNALLY	Longw	5.07	
2	55	Samuel COLE	Sky	4.74	
3	33	Lavell PIERRE	Holm	4.56	
4	2	Jakub BALCERZAK (U17)	H'ogate	4.46	
5	66	Kieran O'BRIEN	Spen	4.36	
6	1	Tom CLOUGH	Bing	3.21	
7					
8					

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf	Wind
1	1	Daniel CROSBY	Bing	X	

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf	Wind

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	6	Ethan WILLIAMS (U17)	Spenn	11.25
2	3	Eddie HINCHLIFFE	Holm	10.97
3	5	Rob GASCOYNE	Sky	10.50
4	2	Abdoul GIMMA (U17)	H'ogate	10.50
5	11	James TATE	Bing	8.63
6	44	Richard GAYLE	Longw	8.60
7				
8				

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Seb BARTOCHA (U17)	Spenn	11.14
2	33	Kai SUNMAN	Holm	9.81
3	4	James MCNALLY	Longw	8.26
4				
5				
6				
7				
8				

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	6	Glenn ASPINDLE	Spenn	3.10
2	3	Eddie HINCHLIFFE	Holm	2.90
3	2	Joshua KEAY (U17)	H'ogate	2.70

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf

**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	11	Mathew SAVAGE	Bing	10.61
2	6	Jake DARBY	Spenn	10.25
3	3	Soljai WATERMAN (U20)	Holm	8.38
4	22	Phillip CHADWICK	H'ogate	8.08
5	4	Richard GAYLE	Longw	7.15
6	5	Ian COTTON	Sky	X
7				
8				

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	1	James TATE	Bing	10.33
2	66	Connor BELL	Spenn	8.24
3	2	Janusz BALCERZAK	H'ogate	7.89
4	33	Craig SHEARD	Holm	7.08
5	44	Edward BERRY	Longw	5.43
6				
7				
8				

**Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	1	James TATE	Bing	39.97
2	6	Jake DARBY	Spenn	29.09
3	2	Janusz BALCERZAK	H'ogate	26.78
4	3	Soljai WATERMAN (U20)	Holm	25.89
5	4	Richard GAYLE	Longw	23.27
6	5	Ian COTTON	Sky	16.38
7				
8				

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	11	Mathew SAVAGE	Bing	32.26
2	66	Connor BELL	Spenn	18.95
3	22	Jonathan IRELAND	H'ogate	14.89
4	44	Edward BERRY	Longw	14.30
5	33	Craig SHEARD	Holm	14.01
6				
7				
8				

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	1	James TATE	Bing	39.45
2	6	Jake DARBY	Spenn	35.77
3	4	Richard GAYLE	Longw	31.19
4	2	Janusz BALCERZAK	H'ogate	23.54
5	3	Soljai WATERMAN (U20)	Holm	20.34
6	5	Ian COTTON	Sky	X
7				
8				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	66	Connor BELL	Spenn	30.05
2	11	Mathew SAVAGE	Bing	28.29
3	33	Craig SHEARD	Holm	20.17
4	44	Edward BERRY	Longw	13.02
5	22	Jonathan IRELAND	H'ogate	12.90
6				
7				
8				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	33	Eddie HINCHLIFFE	Holm	47.93
2	66	Seb BARCOTCHA (U17)	Spenn	42.10
3	2	Jakub BALCERZAK (U17)	H'ogate	38.49
4	11	Mathew SAVAGE	Bing	37.59
5	4	James MCNALLY	Longw	29.69
6	5	Ian COTTON	Sky	16.19
7				
8				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	3	Soljai WATERMAN (U20)	Holm	34.51
2	22	Janusz BALCERZAK	H'ogate	28.65
3	6	Glenn ASPINDLE	Spenn	27.57
4	1	Tom CLOUGH	Bing	25.40
5	55	Alexander WIRSZYLA (U17)	Sky	x
6	44	Craig MITCHELL	Longw	x
7				
8				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	2	H'ogate	Samuel ARTHUR (U20) Corey BURRETT (U17) Tom MITCHELL Abdoul GIMMA	47.6
2	1	Bing	Edward CHAFER Demetric NELSON Billy LEPHERD (U17) James TATE	49.2
3	3	Holm	Joey MCLAUGHLAN (U17) Lavell PIERRE William LANDER Craig SHEARD	49.4
4	4	Longw	Markus TAYLOR (U20) James MCNALLY Richard GAYLE James WOOD (U17)	50.7
5	6	Spenn	Tyler COSSINS Joe TREVETT (U17) Robert HARNESS (U17) Jake DARBY	51.0
6				
7				
8				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	5	Sky	Joe REED (U17) Alexander WIRSZYLA (U17) Abdimajiid DAROOD (U20) Raffae	03:37.8
2	2	H'ogate	Samuel ARTHUR (U20) Tom MITCHELL Tom MATTHEWS (U17) Luke SHACKLO	03:43.6
3	3	Holm	Kai SUNMAN Lavell PIERRE Craig SHEARD William LANDER	04:01.7
4	1	Bing	Edward CHAFER Demetric NELSON Ben COOPER (U20) Ian EATON	04:38.8
5	6	Spenn	Ethan WILSON (U20) Ian WILSON Kevin OGDEN Kieran O'BRIEN	04:40.9
6	4	Longw	Steven PALMER Adam TAYLOR Markus TAYLOR (U20) Richard GAYLE	04:49.9
7				
8				

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	5	Neveah COPELAND (U17)	Sky	13.4	
2	6	Soraya CRODDEN	Spen	13.5	
3	3	Eve DUTTON (U20)	Holm	13.8	
4	2	Freya DUNSEATH (U17)	H'ogate	13.9	
5	4	Debra CASSON	Longw	16.2	
6	1	Laura FIRTH	Bing	17.2	
7					
8					

**100m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	66	Olivia MYERS (U17)	Spen	13.6	
2	55	Jessica RAWSTRON (U17)	Sky	13.6	
3	33	Shauna EDGE (U20)	Holm	16.0	
4	11	Jo BUCKLEY	Bing	19.0	
5	44	Susanne PICKERSGILL	Longw	23.0	
6					
7					
8					

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	6	Molly WARING	Spen	26.2	
2	5	Neveah COPELAND (U17)	Sky	27.3	
3	3	Eve DUTTON (U20)	Holm	28.2	
4	2	Freya DUNSEATH (U17)	H'ogate	29.6	
5	4	Ruby DEARDEN (U17)	Longw	30.5	
6	1	Ami-jayne HARGREAVES	Bing	35.9	
7					
8					

**200m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	66	Soraya CRODDEN	Spen	27.8	
2	22	Seren MELLING (U20)	H'ogate	28.8	
3	55	Jessica RAWSTRON (U17)	Sky	29.4	
4	33	Julia JAGGER	Holm	31.7	
5	44	Debra CASSON	Longw	34.0	
6	11	Suzanne NOON	Bing	43.1	
7					
8					

**400m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	2	Seren MELLING (U20)	H'ogate	64.8	
2	3	Maya WINTER (U17)	Holm	68.8	
3	6	Estelle WILLIAMS (U20)	Spen	74.7	
4	1	Ami-jayne HARGREAVES	Bing	83.1	
5	4	Danielle SELBY	Longw	83.7	
6					
7					
8					

**400m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	33	Sophie MAYES (U17)	Holm	73.0	
2	22	Cara DANIEL (U17)	H'ogate	73.1	
3	66	Summer HAYNES	Spen	78.8	
4	11	Suzanne NOON	Bing	90.0	
5	44	Rebecca CUNDY	Longw	117.3	
6					
7					
8					

**800m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	Ruby SYKES	Holm	02:17.8	
2	2	Hazel FORREST (U20)	H'ogate	02:29.0	
3	1	Jo BUCKLEY	Bing	02:45.1	
4	5	Jane HALLORAN	Sky	02:47.7	
5	4	Danielle SELBY	Longw	03:23.2	
6	6	Emily SHARP (U20)	Spen	03:32.8	
7					
8					

**800m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	India HARBY (U17)	H'ogate	02:41.4	
2	33	Maya WINTER (U17)	Holm	02:43.0	
3	11	Suzanne NOON	Bing	03:17.6	
4	44	Rebecca CUNDY	Longw	04:01.1	
5					
6					
7					
8					

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	3	Julia JAGGER	Holm	05:01.9
2	2	Niamh ROBINSON (U17)	H'ogate	05:11.5
3	1	Laura FIRTH	Bing	06:05.4
4	5	Sara HENDERSON	Sky	06:33.7
5	4	Lindsay ROBERTS	Longw	06:55.9
6	6	Siobhan MASKILL	Spen	07:17.5
7				
8				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	33	Florence JONES (U17)	Holm	05:42.0
2	22	India HARBY (U17)	H'ogate	05:44.5
3	11	Cheryl JEPSON	Bing	07:09.8
4	44	Rebecca CUNDY	Longw	08:05.5
5				
6				
7				
8				

**3000m Women A**

Posn	No.	Athlete	Club	Perf
1	22	Hazel FORREST (U20)	H'ogate	10:52.5
2	3	Claire LEAVER-HEWITT	Holm	11:28.3
3	1	Jo BUCKLEY	Bing	11:59.5
4	4	Danielle SELBY	Longw	14:09.1
5				
6				
7				
8				

**3000m Women B**

Posn	No.	Athlete	Club	Perf
1	2	Niamh ROBINSON (U17)	H'ogate	11:31.0
2	11	Suzanne NOON	Bing	14:06.4
3	44	Karen MITCHELL	Longw	15:37.6
4				
5				
6				
7				
8				

**2km S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	1	Jo BUCKLEY	Bing	09:09.8
2	6	Summer HAYNES	Spen	10:43.3
3				
4				
5				
6				
7				
8				

**2km S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1	11	Ami-jayne HARGREAVES	Bing	09:47.3
2				
3				
4				
5				
6				
7				
8				

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	6	Molly WARING	Spen	66.5
2	66	Soraya CRODDEN	Spen	71.1
3	3	Sophie MAYES (U17)	Holm	85.9
4	33	Shauna EDGE (U20)	Holm	91.6
5				
6				
7				
8				

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				



**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**100m Hurdles Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	6	Molly WARING	Spen	16.9	
2	66	Estelle WILLIAMS (U20)	Spen	19.5	
3	5	Sara HENDERSON	Sky	20.6	
4					
5					
6					
7					
8					

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**100m N/S Women A**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**100m N/S Women B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	Wind
1	3	Chloe LAW (U17)	Holm	4.66	
2	6	Soraya CRODDEN	Spen	4.63	
3	1	Joanna LAWLER-RHODES	Bing	4.54	
4	5	Sara HENDERSON	Sky	4.53	
5	2	Freya DUNSEATH (U17)	H'ogate	4.21	
6					
7					
8					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	Wind
1	55	Jessica RAWSTRON (U17)	Sky	4.13	
2	66	Estelle WILLIAMS (U20)	Spen	4.06	
3	33	Eve DUTTON (U20)	Holm	3.46	
4	11	Jo BUCKLEY	Bing	2.10	
5					
6					
7					
8					

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf	Wind
1	6	Molly WARING	Spen	1.40	
2	5	Sara HENDERSON	Sky	1.35	
3=	4	Debra CASSON	Longw	1.10	
3=	3	Eve DUTTON (U20)	Holm	1.10	

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf	Wind
1	55	Neveah COPELAND (U17)	Sky	1.25	
2	66	Summer HAYNES	Spen	1.25	
3	33	Shauna EDGE (U20)	Holm	1.10	

**East 1N Princess Mary Stadium, Cleckheaton**

**Match 4 17/08/2024**

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	1	Joanna LAWLER-RHODES	Bing	10.69
2	3	Chloe LAW (U17)	Holm	10.07
3	6	Olivia MYERS (U17)	Spen	10.04
4	4	Ruby DEARDEN (U17)	Longw	8.89
5				
6				
7				
8				

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	66	Soraya CRODDEN	Spen	9.25
2	33	Ruby SYKES	Holm	8.41
3				
4				
5				
6				
7				
8				

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	2	India HARBY (U17)	H'ogate	2.10
2	6	Siobhan MASKILL	Spen	1.90

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
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**Shot Women A**

Posn	Bib	Athlete	Club	Perf
1	5	Alice TYRER (U17)	Sky	9.86
2	6	Megan ASCOUGH	Spen	9.60
3	2	Ella MCINTOSH (U17)	H'ogate	7.30
4	1	Francesca BROOKES	Bing	7.16
5	3	Daisy HINCHLIFFE	Holm	5.07
6	4	Susanne PICKERSGILL	Longw	4.52
7				
8				

**Shot Women B**

Posn	Bib	Athlete	Club	Perf
1	55	Sara HENDERSON	Sky	7.52
2	22	Cara DANIEL (U17)	H'ogate	6.00
3	66	Catriona GENTLEMAN	Spen	5.38
4	11	Cheryl JEPSON	Bing	5.35
5	33	Claire LEAVER-HEWITT	Holm	3.45
6	44	Debra CASSON	Longw	3.20
7				
8				

**Discus Women A**

Posn	Bib	Athlete	Club	Perf
1	6	Megan ASCOUGH	Spen	27.56
2	5	Alice TYRER (U17)	Sky	25.18
3	1	Francesca BROOKES	Bing	20.66
4	3	Maya WINTER (U17)	Holm	19.68
5	44	Susanne PICKERSGILL	Longw	11.98
6				
7				
8				

**Discus Women B**

Posn	Bib	Athlete	Club	Perf
1	33	Daisy HINCHLIFFE	Holm	17.72
2	66	Catriona GENTLEMAN	Spen	14.87
3	11	Cheryl JEPSON	Bing	11.55
4	4	Debra CASSON	Longw	11.19
5				
6				
7				
8				

East 1N Princess Mary Stadium, Cleckheaton

Match 4 17/08/2024

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	2	Ella MCINTOSH (U17)	H'ogate	44.62
2	6	Megan ASCOUGH	Spenn	41.04
3	5	Alice TYRER (U17)	Sky	34.28
4	1	Francesca BROOKES	Bing	17.31
5	3	Chloe LAW (U17)	Holm	16.20
6	4	Susanne PICKERSGILL	Longw	14.08
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	66	Catriona GENTLEMAN	Spenn	22.00
2	33	Shauna EDGE (U20)	Holm	9.50
3				
4				
5				
6				
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	3	Florence JONES (U17)	Holm	23.52
2	5	Sara HENDERSON	Sky	21.35
3	6	Molly WARING	Spenn	17.91
4	1	Francesca BROOKES	Bing	14.86
5	4	Susanne PICKERSGILL	Longw	10.59
6				
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	33	Daisy HINCHLIFFE	Holm	20.33
2	66	Siobhan MASKILL	Spenn	14.92
3	11	Cheryl JEPSON	Bing	9.76
4	44	Debra CASSON	Longw	6.25
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	6	Spenn	Estelle WILLIAMS (U20) Molly WARING Olivia MYERS (U17) Soraya CRODDEN	52.9
2	3	Holm	Eve DUTTON (U20) Sophie MAYES (U17) Ruby SYKES Julia JAGGER	58.1
3	1	Bing	Suzanne NOON Cheryl JEPSON Laura FIRTH Joanna LAWLER-RHODES	72.3
4	4	Longw	Debra CASSON Susanne PICKERSGILL Danielle SELBY Karen MITCHELL	86.4
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	3	Holm	Julia JAGGER Ruby SYKES Claire LEAVER-HEWITT Florence JONES (U17)	04:39.1
2	6	Spenn	Summer HAYNES Estelle WILLIAMS (U20) Soraya CRODDEN Molly WARING	04:44.0
3	2	H'ogate	Cara DANIEL (U17) Seren MELLING (U20) Hazel FORREST (U20) Niamh ROBIN	05:07.9
4	1	Bing	Laura FIRTH Jo BUCKLEY Suzanne NOON Cheryl JEPSON	06:01.9
5	4	Longw	Lindsay ROBERTS Danielle SELBY Debra CASSON Karen MITCHELL	06:41.3
6				
7				
8				