

REGION	NORTHERN TRACK & FIELD LEAGUE	Track Events Start in Lane
AREA	EAST	
DIVISION	East 2	
MATCH	4	
P/FINISH	NO	1

Date 17/08/2024

Venue Newark Sports Village, Newark

Host Club Worksop Harriers & AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Barnsley AC	Barns	55	198.0	37.0	115.0	405.0
2	Bradford Airedale AC	Brad	20	35.0	11.0	47.0	113.0
3	Grantham AC	Gran	50	84.0		244.5	378.5
4	Hallamshire Harriers Sheffield	Hallam	30	198.0	29.0	178.0	435.0
5	Newark AC	Newk	55	137.0	15.0	161.5	368.5
6	Pontefract AC	Pont	35	80.0		130.0	245.0
7	Rushcliffe AC	Rush	50	137.0	8.0	64.0	259.0
8	Worksop Harriers	Works	25	64.0			89.0

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Hallamshire Harriers Sheffield	435.0	8.0			435.0	8.0	1
2	Barnsley AC	405.0	7.0			405.0	7.0	2
3	Grantham AC	378.5	6.0			378.5	6.0	3
4	Newark AC	368.5	5.0			368.5	5.0	4
5	Rushcliffe AC	259.0	4.0			259.0	4.0	5
6	Pontefract AC	245.0	3.0			245.0	3.0	6
7	Bradford Airedale AC	113.0	2.0			113.0	2.0	7
8	Worksop Harriers	89.0	1.0			89.0	1.0	8

TOTAL EVENTS (Including 2x Non-Scoring 100m)	40
NO COMPETITORS/EVENT CANCELLED or NOT IN THIS ROUND/NMR	2
RESULTS IN	36
REMAINING	<u>2</u>

East 2 Newark Sports Village, Newark

Match 4 17/08/2024

100m Men A

Posn	No.	Athlete	Club	Perf
1	4	Allan MAHUTU (U17)	Hallam	12.1
2	2	Jasper EDEM (U17)	Brad	12.1
3	7	Teodor GRIGOROV (U20)	Rush	12.3
4	5	Cameron SHIVAS (U17)	Newk	12.4
5	1	Christopher GILLOTT	Barns	12.4
6	6	Harrison CARTER (U20)	Pont	15.3
7				
8				

100m Men B

Posn	No.	Athlete	Club	Perf
1	77	Roshan HALLEN (U17)	Rush	12.9
2	22	David EKE	Brad	13.1
3	55	Jason LUDLUM	Newk	14.1
4	44	Craig WOLSTENHOLME	Hallam	14.6
5	11	Tony RICHARDS-VARDY	Barns	16.2
6				
7				
8				

200m Men A

Posn	No.	Athlete	Club	Perf
1	1	Christopher GILLOTT	Barns	24.8
2	7	Teodor GRIGOROV (U20)	Rush	25.6
3	4	Jack FLETCHER-LINNELL (U17)	Hallam	25.6
4	8	Ethan ELLERY (U20)	Works	25.8
5	5	Eric UNAIGWE (U17)	Newk	26.2
6				
7				
8				

200m Men B

Posn	No.	Athlete	Club	Perf
1	44	Allan MAHUTU (U17)	Hallam	25.5
2	88	James LONSDALE	Works	27.9
3	77	Aiden WOOTTON	Rush	28.8
4	55	Jason LUDLUM	Newk	29.7
5	11	Tony RICHARDS-VARDY	Barns	36.4
6				
7				
8				

400m Men A

Posn	No.	Athlete	Club	Perf
1	8	Ethan ELLERY (U20)	Works	57.3
2	7	James SCOTT	Rush	58.0
3	5	Eric UNAIGWE (U17)	Newk	58.3
4	4	Jack FLETCHER-LINNELL (U17)	Hallam	58.9
5	6	Ryan BYRNE (U17)	Pont	60.1
6	1	Christopher GILLOTT	Barns	65.6
7	3	Paul DAVIS	Gran	92.9
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	44	Maxim JOHNSON (U17)	Hallam	59.0
2	88	James LONSDALE	Works	59.1
3	77	Aiden WOOTTON	Rush	63.7
4	55	Jason LUDLUM	Newk	67.6
5	11	Tony RICHARDS-VARDY	Barns	83.3
6				
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	4	Oliver MUSCROFT (U20)	Hallam	02:01.3
2	7	Marcus WOOTTON (U17)	Rush	02:02.7
3	5	William TUCKER	Newk	02:02.9
4	2	Gareth RICHARDSON	Brad	02:18.2
5	1	Joe COX (U17)	Barns	02:19.1
6	6	Matthew BELL	Pont	02:34.0
7	3	Paul DAVIS	Gran	03:26.2
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	55	George HATTON	Newk	02:06.6
2	44	Rhys CAUDWELL (U17)	Hallam	02:34.3
3	77	Paul PHILLIPSON	Rush	02:49.5
4	22	Paul BAPTY	Brad	02:59.2
5	11	Tony RICHARDS-VARDY	Barns	03:06.7
6				
7				
8				

East 2 Newark Sports Village, Newark

Match 4 17/08/2024

1500m Men A

Posn	No.	Athlete	Club	Perf
1	4	James MCCRAE	Hallam	04:02.4
2	1	Christopher GILLOTT	Barns	04:16.9
3	8	Dominic FIELDING	Works	04:27.0
4	5	William TUCKER	Newk	04:43.7
5	6	Matthew BELL	Pont	05:22.5
6	7	Paul PHILLIPSON	Rush	06:03.0
7	3	Paul DAVIS	Gran	06:33.9
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	44	Hugh MACKIE	Hallam	04:14.9
2	55	Robert LINDSAY	Newk	04:44.7
3	11	Joe COX (U17)	Barns	04:55.5
4	77	Jagjit RAI	Rush	06:40.0
5				
6				
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	4	Andrew HEYES	Hallam	14:44.9
2	8	Ben RHODES	Works	16:09.7
3	5	Oliver CRAMPTON	Newk	17:07.4
4	2	Gareth RICHARDSON	Brad	17:26.8
5	3	Paul DAVIDSON	Gran	22:55.1
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	44	Christian BATTERSBY	Hallam	16:05.9
2	88	Nicholas MOORE	Works	17:10.7
3	55	Adrian DIX	Newk	18:16.6
4	33	David ELDRIDGE	Gran	28:42.0
5				
6				
7				
8				

3km S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	97		Event Not	
2				
3				
4				
5				
6				
7				
8				

3km S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	77	James SCOTT	Rush	62.4
2	5	Timothy BAGGULEY	Newk	91.0
3				
4				
5				
6				
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	7	Teodor GRIGOROV (U20)	Rush	62.7
2				
3				
4				
5				
6				
7				
8				

East 2 Newark Sports Village, Newark

Match 4 17/08/2024

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	Wind
1	4	Josh CHUBB	Hallam	DQ	
2					
3					
4					
5					
6					
7					
8					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Men A

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Men B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	44	Allan MAHUTU (U17)	Hallam	5.96
2	22	Jasper EDEM (U17)	Brad	5.86w
3	6	Ryan BYRNE (U17)	Pont	5.23
4	5	Cameron SHIVAS (U17)	Newk	5.03
5	7	Marcus WOOTTON (U17)	Rush	4.61
6	3	Christopher BAINBRIDGE	Gran	4.07w
7	11	Tony RICHARDS-VARDY	Barns	3.41
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	4	Samuel CHUBB	Hallam	5.83w
2	2	Paul BAPTY	Brad	4.68
3	55	Eric UNAIGWE (U17)	Newk	4.35
4	66	Richard HOWES	Pont	3.99
5	33	Paul DAVIS	Gran	3.45
6	1	Ray ARCHER	Barns	1.14
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	4	Samuel CHUBB	Hallam	1.65w
2=	5	Timothy BAGGULEY	Newk	1.40w
2=	3	Christopher BAINBRIDGE	Gran	1.40

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	44	Josh CHUBB	Hallam	1.40
2	55	Robert LINDSAY	Newk	x

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Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	4	Samuel CHUBB	Hallam	12.12w
2	7	James SCOTT	Rush	11.59w
3	5	Cameron SHIVAS (U17)	Newk	9.85w
4	3	Christopher BAINBRIDGE	Gran	8.14
5				
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	55	Andrew HUGHES	Newk	7.74
2				
3				
4				
5				
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	4	Maxim JOHNSON (U17)	Hallam	3.20

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
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Shot Men A

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	12.47
2	4	Oscar BRYCE	Hallam	10.68
3	5	Martin HAYES	Newk	10.31
4	11	Dominic BRENNAN	Barns	9.54
5	6	Harrison CARTER (U20)	Pont	9.07
6	7	James SCOTT	Rush	7.80
7	2	Chris HAINSWORTH	Brad	6.59
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	33	Mark ATKIN	Gran	9.89
2	44	Josh CHUBB	Hallam	9.59
3	66	Richard HOWES	Pont	7.37
4	55	Andrew HUGHES	Newk	7.20
5	22	Paul BAPTY	Brad	5.97
6	77	Aiden WOOTTON	Rush	5.59
7	1	Ray ARCHER	Barns	5.07
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	42.05
2	11	Dominic BRENNAN	Barns	38.00
3	4	Oscar BRYCE	Hallam	30.84
4	5	Martin HAYES	Newk	29.00
5	66	Richard HOWES	Pont	22.56
6	2	Chris HAINSWORTH	Brad	14.24
7	7	Aiden WOOTTON	Rush	13.11
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	33	Philip GARNER	Gran	22.24
2	44	Josh CHUBB	Hallam	21.10
3	6	Harrison CARTER (U20)	Pont	17.67
4	55	Andrew HUGHES	Newk	17.20
5	1	Ray ARCHER	Barns	12.70
6	22	Paul BAPTY	Brad	12.44
7	77	Jagjit RAI	Rush	10.63
8				

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Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	42.88
2	5	Martin HAYES	Newk	40.70
3	4	Oscar BRYCE	Hallam	39.80
4	7	James SCOTT	Rush	22.85
5	6	Harrison CARTER (U20)	Pont	19.77
6	2	Chris HAINSWORTH	Brad	14.79
7	1	Ray ARCHER	Barns	13.51
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	33	Philip GARNER	Gran	28.53
2	55	Andrew HUGHES	Newk	27.46
3	44	Mark BRYCE	Hallam	15.46
4	66	Richard HOWES	Pont	14.86
5				
6				
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	3	Christopher BAINBRIDGE	Gran	40.45
2	11	Dominic BRENNAN	Barns	34.65
3	66	Richard HOWES	Pont	29.59
4	55	Andrew HUGHES	Newk	27.41
5	4	Oscar BRYCE	Hallam	26.67
6	22	Paul BAPTY	Brad	22.97
7	7	Paul PHILLIPSON	Rush	10.61
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	33	Mark ATKIN	Gran	35.54
2	5	Timothy BAGGULEY	Newk	22.48
3	6	Harrison CARTER (U20)	Pont	19.96
4	2	Chris HAINSWORTH	Brad	15.65
5	1	Ray ARCHER	Barns	14.32
6	44	Rhys CAUDWELL (U17)	Hallam	12.21
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	2	Brad	Paul BAPTY David EKE Gareth RICHARDSON Jasper EDEM (U17)	51.3
2	4	Hallam	James MCCRAE Samuel CHUBB Maxim JOHNSON (U17) Craig WOLSTENHOLMI	52.7
3	7	Rush	Aiden WOOTTON James SCOTT Paul PHILLIPSON Teodor GRIGOROV (U20)	52.9
4	5	Newk	Gareth OWENS Eric UNAIGWE (U17) Jason LUDLUM Cameron SHIVAS (U17)	53.9
5	1	Barns	Christopher GILLOTT Dominic BRENNAN Tony RICHARDS-VARDY Ray ARCHER	82.6
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	4	Hallam	Josh CHUBB James MCCRAE Hugh MACKIE Rhys CAUDWELL (U17)	04:06.4
2	1	Barns	Christopher GILLOTT Joe COX (U17) Dominic BRENNAN Tony RICHARDS-VAR	04:21.4
3	5	Newk	Timothy BAGGULEY Andrew HUGHES Gareth OWENS Adrian DIX	05:03.9
4				
5				
6				
7				
8				

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100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	7	Cerys PHILLIPSON (U17)	Rush	13.0	
2	3	Sofia DANIELE (U20)	Gran	13.4	
3	4	Alice PLATT (U17)	Hallam	13.6	
4	6	Katie KELLY (U20)	Pont	13.9	
5	1	Neve SIMMONS (U17)	Barns	15.5	
6					
7					
8					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Evie DONALDSON (U17)	Barns	13.4	
2	66	Emily KELLY (U17)	Pont	14.1	
3	44	Sienna MORRISON (U17)	Hallam	14.9	
4	33	Natalie DRINKWATER	Gran	15.4	
5					
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	1	Amelie SPICER (U17)	Barns	27.0	
2	7	Cerys PHILLIPSON (U17)	Rush	27.4	
3	4	Grace INGLE (U17)	Hallam	27.8	
4	5	Kate LUDLAM	Newk	36.9	
5					
6					
7					
8					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Evie DONALDSON (U17)	Barns	27.5	
2	66	Emily KELLY (U17)	Pont	30.7	
3	44	Sienna MORRISON (U17)	Hallam	31.7	
4	77	Annelise FRENCH (U20)	Rush	31.9	
5					
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	1	Vanessa NDAMBAKUWA (U17)	Barns	64.4	
2	4	Grace INGLE (U17)	Hallam	66.9	
3	6	Katie KELLY (U20)	Pont	67.1	
4	5	Kate LUDLAM	Newk	84.9	
5	3	Caroline DAVIS	Gran	106.0	
6					
7					
8					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Amelie SPICER (U17)	Barns	64.7	
2	44	Lyra BAKER (U17)	Hallam	69.1	
3	66	Emily KELLY (U17)	Pont	75.7	
4	33	Natalie DRINKWATER	Gran	83.9	
5					
6					
7					
8					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	1	Emily RICHARDSON (U20)	Barns	02:31.9	
2	4	Lyra BAKER (U17)	Hallam	02:40.9	
3	5	Alice GIBBS	Newk	02:59.8	
4	3	Caroline DAVIS	Gran	03:43.0	
5					
6					
7					
8					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	11	Vicky SHAW	Barns	03:15.9	
2					
3					
4					
5					
6					
7					
8					

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1500m Women A

Posn	No.	Athlete	Club	Perf
1	4	Lauren HEYES	Hallam	04:33.1
2	1	Vicky SHAW	Barns	05:45.1
3	5	Alice GIBBS	Newk	06:06.9
4	6	Christine MCCARTHY	Pont	06:29.0
5	33	Janice DAVIDSON	Gran	06:37.4
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	11	Gail COLVILLE	Barns	05:56.5
2	44	Esther INGLE	Hallam	06:34.5
3	3	Caroline DAVIS	Gran	07:20.7
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	4	Lauren HEYES	Hallam	09:38.9
2	1	Vicky SHAW	Barns	12:06.0
3	8	Madeleine SPENCER	Works	12:32.7
4	6	Christine MCCARTHY	Pont	13:25.1
5	3	Janice DAVIDSON	Gran	14:12.5
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	11	Gail COLVILLE	Barns	12:30.4
2				
3				
4				
5				
6				
7				
8				

2km S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	11	Gail COLVILLE	Barns	09:24.3
2	4	Veronica BODEN	Hallam	10:45.9
3	5		Newk	11:25.8
4				
5				
6				
7				
8				

2km S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	1	Vicky SHAW	Barns	09:24.3
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	3	Elizabeth THORNTON (U20)	Gran	79.0
2	7	Annelise FRENCH (U20)	Rush	87.6
3	5	Tilly OWENS	Newk	98.9
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

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100m Hurdles Women A

Posn	No.	Athlete	Club	Perf	Wind
1	7	Annelise FRENCH (U20)	Rush	20.0	
2	6	Abigail TEECE (U17)	Pont	20.6	
3	1	Daisy jo MARLEY (U17)	Barns	22.1	
4					
5					
6					
7					
8					

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Women A

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Women B

Posn	No.	Athlete	Club	Perf	Wind
1	18	Vanessa NDAMBAKUWA (U17)	Barnsley	12.3	
2	17	Emily RICHARDSON (U20)	Barnsley	13.0	
3	14	Amelie SPICER (U17)	Barnsley	13.0	
4	15	Daisy jo MARLEY (U17)	Barnsley	14.7	
5					
6					
7					
8					

Long Jump Women A

Posn	Bib	Athlete	Club	Perf	Wind
1	3	Sofia DANIELE (U20)	Gran	5.01	
2	6	Abigail TEECE (U17)	Pont	4.31	
3	7	Cerys PHILLIPSON (U17)	Rush	4.24	
4	1	Daisy jo MARLEY (U17)	Barns	3.95	
5	55	Elsa BROADBERRY (U20)	Newk	3.59	
6	4	Julia JOHNSON	Hallam	2.60	
7					
8					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	Wind
1	33	Natalie DRINKWATER	Gran	3.37	
2	11	Neve SIMMONS (U17)	Barns	3.35	
3	5	Ruth SHIVAS	Newk	2.79	
4	66	Jane WILLIAMS	Pont	1.85	
5					
6					
7					
8					

High Jump Women A

Posn	Bib	Athlete	Club	Perf	Wind
1	33	Penelope THORNTON (U17)	Gran	1.35	
2	1	Emily RICHARDSON (U20)	Barns	1.30	
3	6	Abigail TEECE (U17)	Pont	1.25	
4	4	Lauren HEYES	Hallam	1.10	

High Jump Women B

Posn	Bib	Athlete	Club	Perf	Wind
1	3	Natalie DRINKWATER	Gran	1.20	

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Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	3	Sofia DANIELE (U20)	Gran	9.59
2				
3				
4				
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	33	Natalie DRINKWATER	Gran	7.69w
2				
3				
4				
5				
6				
7				
8				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	98		No Compet	

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	3	Helen GILBERT	Gran	8.49
2	5	Elsa BROADBERRY (U20)	Newk	7.10
3	7	Annelise FRENCH (U20)	Rush	6.35
4	4	Veronica BODEN	Hallam	5.95
5	6	Jane WILLIAMS	Pont	5.38
6	1	Caroline SPENSLEY	Barns	5.35
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	33	Grace MARSHALL (U17)	Gran	7.48
2	44	Julia JOHNSON	Hallam	5.80
3	55	Ruth SHIVAS	Newk	5.18
4	11	Sarah BURTON	Barns	4.98
5				
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	3	Grace MARSHALL (U17)	Gran	27.25
2	5	Elsa BROADBERRY (U20)	Newk	16.77
3	66	Niamh FRASER (U17)	Pont	15.60
4	1	Caroline SPENSLEY	Barns	12.25
5	4	Julia JOHNSON	Hallam	11.54
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	33	Sage GARNER	Gran	18.95
2	6	Jane WILLIAMS	Pont	13.25
3	55	Ruth SHIVAS	Newk	12.67
4	11	Sarah BURTON	Barns	11.64
5	44	Veronica BODEN	Hallam	9.36
6				
7				
8				

East 2 Newark Sports Village, Newark

Match 4 17/08/2024

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	3	Helen GILBERT	Gran	36.15
2	5	Elsa BROADBERRY (U20)	Newk	19.22
3	11	Sarah BURTON	Barns	17.88
4	66	Niamh FRASER (U17)	Pont	15.28
5	4	Julia JOHNSON	Hallam	13.75
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	33	Penelope THORNTON (U17)	Gran	33.40
2	44	Veronica BODEN	Hallam	13.47
3	6	Jane WILLIAMS	Pont	13.33
4	1	Caroline SPENSLEY	Barns	13.31
5	55	Ruth SHIVAS	Newk	9.94
6				
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	33	Penelope THORNTON (U17)	Gran	29.54
2	5	Elsa BROADBERRY (U20)	Newk	25.17
3	7	Annelise FRENCH (U20)	Rush	22.92
4	66	Niamh FRASER (U17)	Pont	20.87
5	4	Alice PLATT (U17)	Hallam	19.99
6	1	Caroline SPENSLEY	Barns	15.71
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	3	Natalie DRINKWATER	Gran	24.58
2	44	Julia JOHNSON	Hallam	19.36
3	11	Sarah BURTON	Barns	14.16
4	6	Jane WILLIAMS	Pont	12.65
5	55	Ruth SHIVAS	Newk	11.99
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	1	Barns	Amelie SPICER (U17) Neve SIMMONS (U17) Vanessa NDAMBAKUWA (U17) Dai:	54.3
2	4	Hallam	Grace INGLE (U17) Lyra BAKER (U17) Alice PLATT (U17) Sienna MORRISON (I	55.8
3				
4				
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	1	Barns	Evie DONALDSON (U17) Emily RICHARDSON (U20) Vanessa NDAMBAKUWA (U	04:30.1
2				
3				
4				
5				
6				
7				
8				