



ANNUAL REPORT

2023/24

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 Northern Athletics Executive Board 2023/24	
President	Dave Allen
Chairman	Tony Wood
Treasurer	Nigel Orr
Cross Country representatives	Steve Gaines
	Arwel Williams
Road Running representatives	Bob Brimage
	Ken Smith
Track & Field representatives	Malcolm Fletcher
	Tim Hood
Administration staff	Mark Tallon
	Pat Schofield

OBITUARIES

Northern Athletics would like to extend condolences to the families of friends and colleagues who have passed away during the year, including: Judith Temperton, John Irwin, Geoff Clarke, Alan Johnson, Edwin Bellamy, Elizabeth Guite

PRESIDENT'S REPORT

To begin with I would like to thank Northern Athletics for allowing me the privilege of serving as President for 2023/2024. It was an unexpected position that I did not expect to hold.

During my year as President I have been lucky enough to attend all meetings, Outdoor Cross Country/ Road Races/Relays, Indoor Track and Field events along with the Outdoor Track and Field competitions. I have enjoyed this experience in all aspects of athletics, especially the outdoor events. Luckily this year for these meetings the weather has been kind. I have enjoyed being able to mix more with the athletes/coaches/parents and friends at these meetings on a more personal level and visit Sedgefield, Wythenshawe Park and Stanley Park which were all new venues to me. It has been an experience to see the range and abilities of athletes competing, especially at the 'winter' meetings.

Thank you to all at Northern Athletics for their dedication to the sport especially my fellow officials for their help in adjusting my duties at Track and Field meetings to allow me to officiate as a Field Judge as well as perform my role as President and present medals to our athletes at the end of competitions.

I would like to wish my successor, Pat Schofield, 'all the best' in her new role as President this year and hope she has as good an experience as I have had during my term as president.

Finally, I wish to give thanks to Northern Athletics, Fellow officials, athletes, parents, coaches and friends for a most wonderful experience that the position of President gave to me over the past year. It has been a very happy and rewarding year and extremely enjoyable.

Yours in sport

Dave Allen
President 2023/2024

CHAIRMAN'S REPORT

I resolved in my mind that my report this year should be focussed on those aspects of Northern Athletics which are within our control and in particular the things we do very well. We have fought and grafted for almost ten years to get ourselves to a place which we can say is stable and secure. I believe, without being complacent in any way, this is the year we are able finally to say we have reached that position. I have to reflect back almost twelve months ago to our last AGM where soon after we lost our dear Judith Temperton. A loss, as deep as it was, enabled us to look back and say that she was very much part of our journey to this point. Yes, there had been many significant people who had gone before but for many of us she had been part of what we now are for so long. Judith had helped create the new Northern Athletics full of strong individuals and her dedication to the cause was crucial to our success. So we all say thank you to her today and we all know she will never be forgotten. We know she is saying to us now ' Oh just get on with it ! '

One of the memories that she left was her pure enjoyment for our Northern Inter Counties Track and Field Championships which now bears her name. This is a joyous occasion for so many and we are committed to trying to fund it and organise it for as long as we can. It is unique now as the only opportunity for our young athletes to wear a county vest on the track and in the field especially at a time when Inter Counties competition at a national level is hanging on by a knife edge. We all must ensure we can keep it going.

Meanwhile our championships continue to tour the North and I believe this is very much appreciated. Some say we should have set venues, some say we should have venues that are central to most clubs but most support us moving around which is fair in many ways to all our athletes and adds variety to our offerings. It goes without saying that this has to be done taking into account the cost of having these aspirations. Northern Athletics now utilises feedback forms so we can see what people have to say about our events. It has really helped us improve our championships by reacting as best we can to positive suggestions and criticisms. We are unable to get everything right and who does but we are heading in the right direction by the things we have done in the last twelve months alone.

On the road and cross country we have moved to chip timing as a step forward and it has been a success with almost instant results on the day. We have improved our social media presence before, during and after the event via Facebook, Twitter and Instagram. Our feedback tells us the clubs and athletes enjoy this almost immediate connection with the 'on the day' action. Our photographers record the event and have them up within a day. Our entry system for track and field is now through Roster which also standardises our technology and systems on the day of competition. I want to thank Tim Hood for his work in this area – a welcome new member to the Board.

You, of course, will see the current state of our finances, ably overseen by Nigel Orr. The transitions we are making are all carefully watched over by him to ensure we have the money to do it and that we keep within our budgets. Many thanks Nigel for your constant support and dedication. He has been an excellent local link for Mark Tallon, both being Darlington lads. Here I want to mention Mark, our only paid member of staff. Without Mark it would be impossible for Northern Athletics to function. Organising nine championship events plus two open events as well as supporting three road races over such a vast area with so many clubs and athletes involved as well as ensuring officials are appointed and cared for is no mean task. Mark has been excellent and resilient under pressure when it is so easy in this day and age for people to be critical as and when they feel. Mark has overseen many of the changes I have mentioned and in such trying circumstances as you can appreciate over the last year. Thank you Mark.

Finally I want to thank all our loyal officials who have been part of these changes travelling with us far and wide exhibiting professionalism at every event and a final nod to our Board who ensure we tick over month in month out. Area competition is a unique part of our sport providing that link for athletes and officials between club and national athletics. It is a vital link that should never be broken. We will do our best to ensure that does not happen and with your support I am sure we will succeed.

Tony Wood

Chairman

Northern Athletics

REPORT OF HONORARY TREASURER

For the financial year 2023-24, the income and expenditure account shows a net deficit for the year of £13,286 (2022-23 = £27,938 deficit); and the balance sheet shows that on 31st March 2024 the value of the net assets of Northern Athletics was £245,586 (2022-23 = £258,872).

The Northern Athletics Club Affiliation Scheme continues to be well supported by Clubs throughout the North. The income received from October 2023 was £57,089, which is higher than the £54,407 received from October 2022. (The income shown in the accounts relating to the financial year 2023-24 is £55,749, which is 50% of the income carried forward from October 2022 plus 50% of the income received from October 2023).

In 2019-20 England Athletics provided a sum of £33,000 to be used specifically for a multi-year "Officials' Development" project, the main purpose of which is the training, development and support of new and existing officials. During 2023-24, £10,731 was used to purchase a track clock, electronic measuring equipment and laptop equipment. At the end of the year, £10,885 of unspent funds has been carried forward as a "Restricted Fund", as shown in the balance sheet.

The income and expenditure account includes £12,000 sponsorship income from Start Fitness, which has continued since 2007. Recently, Start Fitness informed us that they were ending their financial sponsorship from September 2024. Race numbers and tape will continue to be provided by Start Fitness and an interim arrangement has been agreed whereby Northern Athletics will receive commission from their sales at Championship events. Alternative options for sponsorship will be considered.

Apart from the Cross Country Relays, which were cancelled at the last minute by Sheffield City Council because of the weather, a full range of championship events were promoted successfully during the year. Financial returns from the championship events were generally lower than previous years, largely because costs associated with organising all events continue to increase significantly. The success of the events is primarily down to the great efforts of the teams of volunteers and staff who promote, organise, and facilitate the events.

In summary, Northern Athletics remains in a positive financial position. The excellent support from our clubs for the Affiliation Scheme provides the basis of an independent and sustainable source of income, which provides a significant and sound platform for planning future competition provision and support to clubs, athletes and officials throughout the North.

Once again, my personal thanks and appreciation go to Mark and Pat, and a team of volunteers throughout the North who contribute hugely to the smooth running of the financial activities of Northern Athletics. I will always remember and be grateful to Judith for her support, good humour and immense contribution to Northern Athletics since I started this role in 2000.

Nigel Orr
Honorary Treasurer

Draft Income and Expenditure Account for the year ended 31st March 2024

	2023-24			2022-23
	Income	Expenditure	Net Inc. / (Exp.)	Net Inc. / (Exp.)
	£	£	£	£
Income:-				
Sponsorship - Start Fitness	12,000	0	12,000	12,000
Affiliation Fees	55,749	0	55,749	53,999
Bank interest	8,212	0	8,212	2,795
Hire of equipment / Other	8,285	1,258	7,027	4,563
	84,246	1,258	82,988	73,357
Expenditure:-				
Staffing	0	44,783	(44,783)	(58,890)
Premises	0	12,242	(12,242)	(10,219)
Office expenses	0	18,174	(18,174)	(16,388)
Board expenses	0	2,572	(2,572)	(1,291)
Equipment and stock	0	10,128	(10,128)	(10,417)
Corporation Tax payable	0	1,553	(1,553)	(517)
Depreciation	0	0	0	(355)
	0	89,452	(89,452)	(98,077)
Championships:-				
- Track & Field -				
- Senior Outdoors	8,958	16,020	(7,062)	(5,858)
- Junior Outdoors	12,362	14,325	(1,963)	1,016
- Senior Indoors	13,124	16,670	(3,546)	(2,395)
- Junior Indoors	6,712	8,568	(1,856)	(3,248)
- Inter Counties	0	3,448	(3,448)	(3,248)
	41,156	59,031	(17,875)	(10,485)
- Road Running -				
- 6/4 Stage & Young Athletes	13,030	9,457	3,573	10,445
- 12/6 Stage (April & March)	22,579	12,998	9,582	0
	35,609	22,455	13,154	10,445
- Cross Country -				
- Championships	17,226	20,502	(3,276)	636
- Relays (Cancelled in 2024)	0	1,627	(1,627)	574
	17,226	22,129	(4,903)	1,210
Teams, Open Events & Matches:-				
- Track & Field	14,280	9,576	4,704	(912)
- Road Running	0	2,599	(2,599)	(3,309)
- ERRA - Grant	2,000	0	2,000	2,000
- ECCA - Grant	1,500	0	1,500	0
- Cross Country	0	2,803	(2,803)	(2,167)
	17,780	14,978	2,802	(4,388)
Total	196,017	209,303	(13,286)	(27,938)

Northern Athletics

Draft Balance Sheet @ 31 March 2024

	31 March 2024	31 March 2023
Net assets brought forward	258,872	286,810
Surplus/(Deficit) for the year	(13,286)	(27,938)
	245,586	258,872
Represented by:		
Office equipment at 1 April 2023	0	355
Addition	0	0
Less: depreciation	0	(355)
	0	0
Debtors	5,700	7,000
Paid in Advance	6,150	3,624
Bank deposits		
NatWest Account	16,731	21,876
Insignis - Cash Accounts	267,504	277,574
Imprest balance	212	141
	284,447	299,591
Restricted Fund - Officials'		
Development Project	(10,885)	(21,616)
Receipts in advance - Affiliation Fees	(28,545)	(27,204)
Creditors	(11,281)	(2,523)
	245,586	258,872

CROSS COUNTRY REPORTS

Northern Athletics Cross Country Championships **Sat 27th January 2024 at Hardwick East Park, Sedgefield**

The Championships were held at this venue for the first time – although the men's) championships were held at the racecourse in the 1950s.

Northern Athletics were fortunate to have the help and support of Chris Lines and the members of Sedgefield who helped design the course, marshalled the event and provided car parking stewards for the parking at the Racecourse. (Sedgefield Racecourse kindly allowed us the parking free of charge, for which we are very grateful)

Northern Athletics would also like to thank the park staff for all their help with course design and preparation. The course was varied with some good running conditions and some gluey mud at the northern end of the long 4Km lap. The weather was good, and participant feedback was overwhelmingly positive; with one improvement point being that team managers should be able to collect all club numbers in one visit, and we will aim for that in future.

The total entries were down on previous years with 1832 entries across all the races; this was 13% down on the 2023 event at Blackburn. This was the lowest entry in the championships since 2007. Despite the low cost of the venue and parking, the event did lose around £2000. We accept that moving the event around the region is important to our affiliated clubs, and as such we will continue to do so.

We again used FR Systems for chip timing (chips on the numbers instead of the normal ankle chip). There were again no issues on the day and all who ran were accurately recorded.

In addition, to those already mentioned thanks must also go to all the officials & marshals of which some were there for the set up and on the day of the event, without them all the event wouldn't happen. Big thanks also to our President – David Allen who presented the awards.

Results are included on the following page:

Senior Men

1. Calum Johnson (Gateshead Harriers & AC)
2. Angus McMillan (City of York AC)
3. Matthew Ramsden (Blackburn Harriers & AC)

Senior Women

1. Lauren McNeil (Hallamshire Harriers)
2. Lauren Heyes (Hallamshire Harriers)
3. Sophie Tarver (Wirral AC)

Junior Women

1. Amelie Lane (Wharfedale Harriers)
2. Isabel Holt (Blackbirn Harriers & AC)
3. Libby Huxley (Preston Harriers)

U20M

1. Josh Blevins (Gateshead Harriers & AC)
2. Finlay Grant (Chesterfield & Dist AC)
3. Liam McCay (Liverpool Harriers & AC)

U17 Women

1. Lottie Langan (City of York)
2. Georgia Bell (Leven Valley AC)
3. Sophie Roiditis (Salford Harriers & AC)

U17 Men

1. Jonson Hughes (Rotherham Harriers & AC)
2. Freddie Meredith (Trafford AC)
3. Jack Marwood (Warrington AC)

U15 Boys

1. Evan Grime (Salford Harriers & AC)
2. Pio Aron (Trafford AC)
3. Yaried Alem (Leeds City AC)

U15 Girls

1. Holly Cross (Liverpool Harriers AC)
2. Ellarose Whitworth (Lincoln Wellington AC)
3. Maya Schofield (Rotherham Harriers & AC)

U13 Boys

1. Thomas McCartie (Middlesbrough AC)
2. Ewan Line (Morpeth Harriers & AC)
3. Oliver Davenport (Warrington AC)

U13 Girls

1. Ruth Friend (Leeds City AC)
2. Eve Beddow (Warriors Pentathlon & AC)
3. Isla Yorke (Warriors Pentathlon & AC)

Teams

- | | |
|--------------------------|--------|
| 1. Leeds City AC | 91pts |
| 2. Salford Harriers & AC | 107pts |
| 3. Hallamshire Harriers | 119pts |

- | | |
|-------------------------|--------|
| 1. Leeds City AC | 28pts |
| 2. Hallamshire Harriers | 67pts |
| 3. Sale Harriers | 144pts |

- | | |
|--------------------------|--------|
| 1. Sale Harriers | 27pts |
| 2. Derby AC | 35 pts |
| 3. Salford Harriers & AC | 64 pts |

- | | |
|-----------------------------|-------|
| 1. Morpeth Harriers & AC | 31pts |
| 2. Rossendale Harriers & AC | 54pts |
| 3. Rotherham Harriers & AC | 61pts |

- | | |
|------------------------------|--------|
| 1. Salford Harriers & AC | 44pts |
| 2. Rotherham Harries & AC | 45pts |
| 3. North Shields Polytechnic | 167pts |

- | | |
|-------------------------|--------|
| 1. Trafford AC | 85pts |
| 2. Keighley & Craven AC | 117pts |
| 3. Derby AC | 113pts |

- | | |
|----------------------------|--------|
| 1. Trafford AC | 33pts |
| 2. Hallamshire Harriers | 125pts |
| 3. Blackburn Harriers & AC | 148pts |

- | | |
|----------------------------|--------|
| 1. Liverpool Harriers & AC | 32pts |
| 2. Rotherham Harriers & AC | 43pts |
| 3. City of York AC | 120pts |

- | | |
|-----------------------------|-------|
| 1. Hallamshire Harriers | 74pts |
| 2. Warriors Pentathlon & AC | 88pts |
| 3. Preston Harriers | 93pts |

- | | |
|----------------------------|--------|
| 1. Leeds City AC | 38pts |
| 2. Sale Harriers | 64pts |
| 3. Liverpool Harriers & AC | 129pts |

Northern Athletics Cross Country Relays 2024 AGM report.

As the 2023 event was cancelled by Sheffield City Council, due to the flooding which occurred on the previous 2 days to event day, the 13th running of the event took place at Graves Park Sheffield on the 19th October.

The on-line entry system closed at midnight on the 12th, and it was disappointing to see the reduced team entry number for this years event The result was that Senior team entry numbers were at the lowest levels we have recently had, but young athlete team numbers were well down on pre-pandemic years, but increased over 2021.

YA teams	2019 entered 325; complete teams finished 312
	2021 entered 199; complete teams finished 143
	2022 entered 244; complete teams finished 188
	2023 entered 296
	2024 entered 235 complete teams finished 181
Seniors	2019 entered 129; complete teams finished 94
	2021 entered 117; complete teams finished 100
	2022 entered 146; complete teams finished 117.
	2023 entered 133
	2024 entered 99 complete teams finished 77

We had taken a decision to introduce chip timing this year, and had increased the entry fees by £1 per runner:- YA team entry fees were increased from £21 to £24, Sen women's teams from £24 to £27, and senior men's teams from £32 to £36 in an attempt to cover the cost of Chip timing provision. We are unsure whether the increased entry fees are one factor that contributed to the reduced entry?

One other change that we did not choose to do, but were again presented with was the loss of our designated parking at Meadowhead school This was only confirmed in July, and we have been unsuccessful (despite strenuous efforts to find any replacement designated parking) since we were told . Graves Park does offer a great venue for the event, but as people well know, it is dire for event parking; and this may have been a factor in the reduced entry levels. Another factor may be the closure of the A57 Snake Pass road? We would be interested in feedback for clubs at the AGM meeting in this.

Despite the lack of parking, those that did compete did thankfully seem to get to the event without anyone missing their race start time, and whilst the course set up team got a thorough soaking from 07:30 to 11:00 the bulk of the races took place in dryer conditions and the later races event got some sunshine!

The change to chip timing did improve the results production, and meant that presentations for all race teams and fastest leg runners took place promptly and effectively after each race

It was good to welcome back clubs who have always supported the event, and also some newly formed and affiliated clubs who were here for the first time.

All races started on time & all course dismantling was completed by 4:30.

Thanks are again due to the host club – Sheffield Running Club - for their help with course design & operation; and to all the Northern Officials who helped on the day.

Results

U11 races (not championship events)

U/11 Girls

- 1 Warriors Pentathlon & AC “
 - 2 Liverpool Harriers & AC “A”
 - 3 Wirral AC
- 1st B team: Liverpool Harriers & AC “B” (10th)

Fastest Leg

Coco Czekalowska Warriors Pentathlon 5:26

U/13 Girls

- 1 Warriors Pentathlon & AC “A”
 - 2 Lincoln Wellington AC “A”
 - 3 Hallamshire Harriers “A”
- 1st B team: Warriors Pentathlon & AC “B” (9th)

Fastest Leg

Jessica Thake Hallamshire Harriers 5:38

U/15 Girls

- 1 Sale Harriers Manchester “A”
 - 2 Rotherham Harriers & AC “A”
 - 3 City of York AC AC “A”
- 1st B team: Sale Harriers Manchester “B” (7th)

Fastest Leg

Beth Lewis City of York AC 7:26

U/17 Women

- 1 Lincoln Wellington AC “A”
 - 2 Rotherham Harriers & AC “A”
 - 3 Sale Harriers Manchester “A”
- 1st B team: Liverpool Harriers & AC “B” (10th)

Fastest Leg

Mollie Grant Lincoln Wellington AC 7:56

Junior / Senior Women

- 1 Trafford AC “A”
 - 2 Birtley AC
 - 3 City of York AC
- 1st B team: Rotherham Harriers & AC “B” (9th)

Fastest Leg

India Pentland Darlington Harriers & AC 11:49

U/11 Boys

- 1 Salford Harriers & AC “A”
 - 2 Hallamshire Harriers Sheffield “A”
 - 3 Warrington AC
- 1st B team Hallamshire Harriers “B” (5th)

Fastest Leg

James Lombard Salford Harriers 4:57

U/13 Boys

- 1 Liverpool Harriers “A”
 - 2 Darlington H & AC “A”
 - 3 Wirral AC “A”
- 1st B team: Warriors Pentathlon “B” (11th)

Fastest Leg

Bobby McEvoy Liverpool Harriers 5.24

U/15 Boys

- 1 Hallamshire Harriers “A”
 - 2 Southport Waterloo AC
 - 3 Macclesfield Harriers & AC
- 1st B team: Hallamshire Harriers “B” (6th)

Fastest Leg

Thomas Thake Hallamshire Harriers 6:42

U/17 Men

- 1 Salford Harriers “A”
 - 2 Trafford AC “A”
 - 3 Blackburn Harriers & AC “A”
- 1st B team Trafford AC “B” (10th)

Fastest Leg

Evan Grime Salford Harriers & AC 6:51

Junior / Senior Men

- 1 Hallamshire Harriers “A”
 - 2 Salford Harriers & AC “A”
 - 3 Sunderland Harriers & AC
- 1st B team: Hallamshire Harriers “B” (7th)

Fastest Leg

Euan Brown Hallamshire Harriers 10:09

Steve Gaines and Arwel Williams
Executive Board Members, Cross Country

ROAD RUNNING REPORTS

Ribble Valley 10k. Sunday 31st December 2023.

The last day of 2023 and once again a star spangled line up for the sold out Ribble Valley 10k road race, incorporating the Northern Athletics Championship. Mick Hill had encouraged many of his fellow Leeds City athletes to enter. Leeds City thus not only had a very strong men's team, the women's team would also be compete for medals. Marc Scot, course record holder from 2019, would lead the Richmond and Zetland team with Morpeth also challenging for the men's team medals, although Blackburn men's team always over achieve on this, their home road race.

There certainly was a buzz of expectation around the start area before the race, and it was not just the prospect of avoiding the rain that was due at midday, more the dual between Mark Scott and Emile Cairaess. On time the race go away and it was no surprise when Marc Scott and Emile Cairaess quickly hit the front, A fast first kilometre was followed by a 2nd kilometre in 2.56 as these two athletes raced stride by stride with the gaps now starting to appear behind them. By the 4th kilometre, 2.40 pace, it became apparent that Marc Scott was sitting on the shoulder of Emile, allowing him to set the pace. 3rdplaced Richard Allen, was some 200m back with 4th hanging on to him.

The halfway point was reached in 14.36 with just these two athletes in contention for the win. The 6th kilometre was done in 3.07, and the 7th in 2.43 as they sped up towards the finish, with Emile edging ahead by 3 metres. At the top of the hill, 100 M from the finish, Emile had a couple of metres on Mark, but an exciting duel to the line was now in prospect, much to the delight of the watching spectators. As they raced in it, was the Richmond & Zetland athlete who finally pulled away and his finishing kick allowed him a winning margin of 5 seconds. Third Northern Athlete home was Richard Allen, also of Leeds City. No surprise then that Leeds City won the N.A. team gold medals. Host club Blackburn were in 2nd place with Hallamshire claiming the last podium position ahead of Morpeth and Richmond & Zetland.

Unfortunately it was not so exciting in the women's race with Jessica Warner-Judd always at the front, but not quite able to improve on her 2022 course record. Jessica won by some 77 seconds from Emily Kearney, Warriors Pentathlon, 33.59 with Olivia Mason one second behind in 34.00.

The women's team was always going to be a close contest between Blackburn, Leeds, Warriors Pentathlon, and Cheshire Dragons. However it was the Border team that looks strong with 3rd and 4th placed finishers. They had to wait until 12th position for their 3rd and final team counter, Kate Maltby 35.34. Meanwhile Leeds City had packed well with Rhianne Hughes 7th 34.40, Jennifer Walsh 9th 35.03, but their 3rd counter, Katrina Ballantyne-Chalmers 35.57 was 14th, giving Border the gold team medal. Leeds the team Silver, and Blackburn snatched the bronze with Maddie Elliot 23rd 37.38, Eleesha Charnley 40th, 40.56, both supporting the race winner Jessica Warner – Judd.

Northern Athletics 10k Championships results

Men

- | | | | |
|----|----------------|--------------------|-------|
| 1) | Mark Scott | Richmond & Zetland | 28.47 |
| 2) | Emile Cairaess | Leeds City A.C | 28.52 |
| 3) | Richard Allen | Leeds City | 29.40 |

Teams

- 1) Leeds City 2) Blackburn Harriers 3) Hallamshire

Women

- | | | |
|-------------------------|--------------------------|-------|
| 1) Jessica Warner –Judd | Blackburn Harriers | 32.42 |
| 2) Emily Kearney | Warriors Pentathlon A.C. | 33.59 |
| 3) Olivia Mason | Border A.C. | 34.00 |

Teams

- 1) Border. 2) Leeds City. 3) Blackburn Harriers

Northern Athletics 12 & 6 Stage + Young Athletes 5k

Date: Saturday 23rd March 2024

Location: Wythenshawe Park Manchester

Saturday morning was cold, wet and windy as I had a clear drive round the M60 to Wythenshawe Park. Things were a little different for those traveling from the east side of the country. A phone call at 7.20 by the referee confirmed that the M62 was closed and he was being diverted via Woodhead.

The referee at least had plenty of time, no such luck for those athletes and supporters following behind. Bingley's Olympic triathlon star, and first leg runner, Jonathon Brownlee had not moved in 47 minutes. The Tyne Bridge coach had to have a 45 minute driver's rest period, and so it went on, throughout the morning.

Another concern being the arrival of the medals from Leeds. This slightly delayed the Under 15 age group presentation. Fortunately everyone arrived in time, and later that day the motorway was open for those heading home eastwards.

Under 15 Boys 5k

David Brown started the 50 under 15 boys on time and even before they left the track two Trafford athletes were at the front of the field. These 2 Pio Aran and Finlay Dobson Emmas remained at the front throughout with Jacob Palmer Skyrac finishing in 3rd place. The team race was dominated not surprisingly by Trafford, much to the delight of Neil Canham. 6 athletes in the top 11, 3 teams finishing, 1st 2nd and 6th showed the strength of the Manchester club in this age group. They were outstanding, Blackburn finished 2nd team and Warriors Pentathlon 3rd

Under 15 Girls.

They had the most dreadful of starts. As the 26 girls lined up ready to start the wind picked up and it started a very heavy shower. Fortunately David Brown got them away quickly, but as they went round the first corner they turned into that wind.

The shower was quickly over but the athletes were already soaked as they wound round the flat 5k circuit. First to show upon returning to the track was the Liverpool Harrier Rebecca Murphy, with Penelope Boyle, Leven Valley, not far behind, but she had Rotherham's Grace Igoe just behind her. Sale's Imogen Hill was 4th but surprisingly Sale had only 2 athletes in the race. The team winners were Blackburn with Holmfirth taking the silver.

Under 17 Men

44 athletes were started slightly later than programmed, but they quickly moved round the track and out of the gates, with the black vest of Rotherham prominent at the front. Upon return that lead by the Rotherham athlete remained but the battle for 2nd and 3rd was very close. Johnson Hughes won for Rotherham, but the next two places were tied on time but the line judge gave it to St Helens Sutton athlete Liam Johnson, ahead of Sale's Finlay Day. Team results has host club Sale first then Wirral, followed by Trafford.

Under 17 Women.

Some of the best Under 17 Women in the North were lined up at this the last of the Young Athletes 5k races. Warriors Pentathlon were strongly represented, with Leven Valley the only other club with a team involvement. Conditions remained cold but at least dry for this race. A group of 4 athletes were together as they departed from

the track, but upon their return they were well spread out. Georgia Bell, Leven Valley, had a lead of almost 30 seconds as was never going to be caught. Behind her was the first of the winning Warriors Pentathlon team, Megumi Hoshiko, with Lottie Langan, City of York, 10 seconds further back. This remained the finishing order at the line with Leven Valley taking the silver team medal.

Senior Women 6 stage.

The women's relay consisted of 4 short stages, 4.5K, and 2 long stages, 8.0k. One unusual feature of the race was that, despite the motorway closure, all 50 of the women's team envelopes were collected as were all 60 for the men.

So 50 women started off with 300 M on the track before exiting for the 8.0k long stage. Upon return it was another 300m on the track before handing over for a short stage of 4.5K.

Sale as host club, might not have been dominant in the Young Athletes 5K races but they certainly did in this event. Sophie Wood brought then back first and after that 2nd was their lowest position. They went 1st, 2nd, 2nd, 1st, 2nd, 1st, with Lucy Armitage snatching fastest short time 15.10, from Georgia Malir on that last lap. If anyone was wondering why Lucy was not at presentation, she had gone out to help marshal on the course.

Of course it was Leeds City that were battling with Sale throughout the event. Put simply when Sale were not at the front then Leeds were. Sale won by 11 seconds in an overall time of 1 hour 57 minutes 12 seconds. Leeds City 1 hour 57 minutes 23 seconds. Third place was even more consistent with Vale Royal in 3rd spot throughout the race, with a time of 2.00 26. 4th spot was always a battle between Liverpool and Salford, with Liverpool gaining 4th spot on leg 5 and retaining it on the final stage.

The B Team winners were Leeds City in 13th position whilst the fastest long stage was Holly Weedall 26.51, just 3 seconds faster than Sales 1st leg runner Sophie Wood. and fastest short leg Lucy Armitage 15.10, 12 seconds ahead of Leeds City's team manager Georgia Malir. Medals were presented by Dave Allen President of Northern Athletics.

Senior Men 12 Stage.

The format of this event is 4 long stages, 1,3,5,7, each 8.0 K and 8 short stages each 4.5K.

Leeds City are like a smooth running machine at road relays under team manager Mike Burrett. Only out of the top 2 positions twice during the race, they went past the red vest of Salford on leg 10, and were never headed after that. Tactically the team plan worked well although Salford gave them scare on that last stage to narrow that winning gap to just 49 seconds. Salford had Harry Wakefield doing the shortest fastest leg, 13.16, on the 2nd leg and pulling back 5 places. After that Salford were never out of the top two, and headed the field for 4 stages, but you just knew the Leeds plan would prevail. As with the women, the team in 3rd spot at the finish had mainly been in 3rd spot throughout the race. This time it was Morpeth. 3rd in the last 6 stages they finished 30 seconds behind Salford and over 90 seconds ahead of Liverpool. Liverpool were inspired by Jonny Mellor who ran the fastest long leg of the day on stage 3, pulling Liverpool up 6 places with his time of 22.50.

Salford men also won the "B" team medals with 10th place. Medals again presented by Northern Athletics President Dave Allen.

Results

Under 15 Boys

1 Pio Aron	Trafford	15:48
2 Finlay Dobson Emmas	Trafford	16:07
3 Jacob Palmer	Skyrac	16:10
4 Alfie Cook	Gateshead	16:13

Teams

1 Trafford 11 points 2 Blackburn 36 points 3 Warriors Pentathlon 79 points
First B team Trafford 30 points

Under 15 Girls

1 Rebecca Murphy	Liverpool Harriers	17:30
2 Penelope Boyle	Leven Valley	17:43
3 Grace Igoe	Rotherham Harriers	17:47
4 Imogen Hill	Sale	18:01

Teams

1 Blackburn 43 points Holmfirth 61 points

Under 17 Men.

1 Jonson Hughes	Rotherham Harriers	15:35
2 Liam Johnson	St Helens Sutton	15:40
3 Finlay Day	Sale	15:40

Teams

1 Sale 27 points 2 Wirral 52 points 3 Trafford 58 points

Under 17 Women.

1 Georgia Bell	Leven Valley	17:37
2 Megumi Hoshiko	Warriors Pentathlon	18:00
3 Lottie Langan	City of York	18.13

Teams

1 Warriors Pentathlon 19 points 2 Leven Valley 25 points

Senior Women.

1 Sale Harriers	1 hour 57 minutes 12 seconds
2 Leeds City	1 hour 57 minutes 23 seconds
3 Vale Royal	2 hours 0 minutes 26 seconds
4 Liverpool Harriers	2 hours 3 minutes 1 second.

Fastest long Leg of the day Holly Weedall Vale Royal 26:51

Fastest short leg of the day Lucy Armitage Sale 15:10

Senior Men

1 Leeds City	3 hours 24 minutes 46 seconds
2 Salford Harriers	3 hours 25 minutes 35 seconds
3 Morpeth Harriers	3 hours 26 mins 05 seconds
4 Liverpool Harriers	3 hours 27 minutes 38 seconds

Fastest Long Leg of the day Jonathon Mellor Liverpool Harriers 22:50

Fastest short leg of the day Harry Wakefield Salford Harriers 13:16

Sunderland 5k held at the Silksworth Sports Complex Sunderland **Thursday 11th July 2024**

The Northern Athletics 5k was hosted by Sunderland A.C. at the Silksworth sports complex on Thursday 11th July. Cold but dry conditions faced the massive entry of nearly 500 athletes, in sharp contrast to the deluge 12 months ago. The course is all within the park and on tarmac paths, with a steep hill to contend with on each of the 2 laps course. A fast down hill start quickly splits the field up, but due to the limited width of the paths Referee Archie Jenkins had already sorted the starters out by finishing times, which successfully avoided any falls at the start. Both the senior races were started by Sunderland's President Kevin Carr.

N.A. Women's 5k. 194 entries.

Pre-race favourite was North Shields Poly athlete Stacey Smith, and she quickly showed why, as she led the field from start to finish. She was the only athlete to clock a sub 17 The team places looked like a foregone conclusion for North Shields Poly, but they had to wait for their 3rd team member Katie Elliot in 13th place to confirm that winning team podium position. minute time for the certified 5k course, with 4 other women going sub 18 minutes and a further 3 sub 19 minutes. Second behind Stacey was the Gateshead Harrier Shona Haston, with a 2nd North Shields Poly athlete Jacqueline Penn in 3rd place.

The team places looked like a foregone conclusion for North Shields Poly, but they had to wait for their 3rd team member Katie Elliot in 13th place to confirm that winning team podium position. Host club Sunderland packed a little better, with their team finishing 8th, 9th, and 12th to take Silver with Wallsend taking the Bronze team with positions 5th, 11th, and 20th.

N.A. Men's 5K 250 entries.

Another quality field had assembled at the start and although Morpeth Harrier, Finn Brodie was well supported, there was no clear favourite in this race. The fast down hill start had Finn in the lead early on, but he was being shadowed ominously by Houghton Harrier Chris Coulson. They had a lead of 10 metres as they went past the finish for the first time, with the blue Morpeth vests plentiful in the chasing pack. Next time the lead bikes were seen it was the Houghton Harrier at the front with 3 Morpeth vests behind him. The first 3 athletes all were sub 15 minutes, with Chris Coulson winning by 9 seconds from Finn Brodie, Peter Smallcombe was third, and another Morpeth Athlete George Lowry 4th just 5 seconds behind. The next 16 athletes all finished in a sub 16 minutes time.

The winning team was never in question with Morpeth Harriers 2nd, 3rd, & 4th. Again it was host club Sunderland winning Silver, 9th, 12th, 27th. Third place was a close call between North Shields Poly and Tyne Bridge, with the Poly just claiming the bronze by 1 point.

Medals were presented by ex Northern Athletics president Bill McGuirk.

Results.

Women

1 st Stacey Smith	North Shields Poly	16.29
2 nd Shona Haston	Gateshead Harriers	17.29
3 rd Jacqueline Penn	North Shields Poly	17.36

Teams

1 st North Shields Poly	1,3,13,	17 points
2 nd Sunderland Harriers	8,9,12	29 points
3 rd Wallsend Harriers	5,11, 20	36 points
4 th South Shields Harriers	10,17, 19	46 points

Men

1 st Chris Coulson	Houghton Harriers	14.26
2 nd Finn Brodie	Morpeth Harriers	14.37
3 rd Peter Smallcombe	Morpeth Harriers	14.51

Teams

1 st Morpeth Harriers	2,3,4.	9 points
2 nd Sunderland Harriers	9.12.27	48 points
3 rd North Shields Poly	15. 17. 20	52 points
4 th Tyne Bridge Harriers	10. 14. 29	53 points

Northern Athletics Combined Autumn Road Relay at Stanley Park
Blackpool on Saturday 21st September 2024

When Blackpool hosts a road relay it always attracts a large number of athletes and Saturday was no different. A record number of senior men's teams. 129, and the highest percentage of that number starting the race, 122 teams.

Organised by Stan Taylor and Amanda Fuller from the host club Blackpool Wyre and Fylde AC, they had even promised a dry day, which it most certainly was.

ALL YOUNG ATHLETES RACES WERE 3 STAGES EACH 3.2KM

Under 13 Boys.

The first race is always a bit nervous for the organisers, but once they return the course can be said to have been followed. All the races started on the track going 100M down the home straight the wrong way, before exiting the track and turning right onto the paths in Stanley Park. From the stadium, sight of the athletes ceased once they crossed the Italian gardens, and they came back into view from across the other side of the gardens as they swung left, then left again into the stadium with 300m on the track to the changeover point. The 48 first leg athletes were away precisely on 11.30 and quickly disappeared away from the stadium. The first athlete to return to the stadium was Noah Penfold, North Shields Poly, quickly followed by Charlie Porteous, Bingley Harriers, then Bobby Mcevoy, Liverpool Harriers. It was the consistency of the Liverpool team that was the basis of the victory, with all 3 athletes running under 11 minutes. North Shields Poly retained 2nd place some 28 seconds behind Liverpool with Warriors Pentathlon in 3rd place.

Under 13 Girls.

The under 13 girls started exactly 5 minutes after the boys, with 42 teams competing. The feature of this race was again the consistency of the winning team's times. Warriors Pentathlon won, with their 3 times being 11.31, 11.30 and 11.38 and the fastest being Daisy Mcvicar. Not even the 2nd team Hallamshire Harriers could manage 3 sub 12 minutes times. Bingley were 3rd and Liverpool 4th.

Under 15 Boys.

38 teams started for the under 15 boys' race but it was Southport Waterloo A.C. who not only returned to the stadium in 1st, but their athlete Willian Delamere, produced the fastest time of the race 9.48 minutes, with North Shields Poly James Sturman some 8 second behind him. 2nd placed club Darlington H & AC finished the first leg in 6th place moved up 3 places after leg 2 and they managed to catch and overtake Hallamshire to take the silver medal position by some 7 seconds. Lincoln Wellington were 4th and Derby 5th.

Under 15 Girls.

Blackpool Wyre & Fylde were expecting to do well in this age group. However, illness and a bike crash had reduced the team to just Polly Kershaw who ran well to finish 7th without anyone to take over from her. 44 athletes started but first back was Houghton Harrier Holly Robison, again that first leg produced the fastest time of the day, 10 .49. 6 seconds ahead of Liverpool's Rebecca Murphy. These were the only 2 sub 11minute time of the race. The 2nd leg had Kendal's Emmy Ranner running the 11.32 but more ominously Sale Harriers had moved up from 4th to 2nd with Oonagh Mcmanus clocking 11.34. That left Sale's Beatrix Soper to overtake the yellow vest of Liverpool and win by 13 seconds. Houghton Harriers recovered from a slower 2nd leg to move into the bronze position. Rotherham were 4th and Birtley 5th

Under 17 Men.

39 teams lined up for this one with strong teams from both Salford and Trafford. It was, however Warriors Pentathlon who were first to the change over, but only by 1 second. Oberon Kearney was timed at 9.20 very closely followed by the black vest of Rotherham's Mikey Bacon 9.21 and North Shields' Daniel Watson 9.25. Trafford 6th and Salford 9th. The 2nd leg had Salford's Evan Grimes pitched up against Trafford's Pio Aron and both produced the same time 9.31 Evan pulling Salford into the lead and Pio pulling Trafford up into 2nd place. The third leg had no change in the top 2 but North Shields Poly sneaked past Keighley & Craven to take 3rd spot by 1 second. Liverpool Harriers were 5th. Again, that first leg provided the fastest time of the race.

Under 17 Women.

Lowest number of starters, just 32 and whilst Lincoln Wellington may have won the team race it was one of their B team that finished at the front on the 1st leg, and also produced the fastest time of the day. Faith Taylor ran 10.41 2 seconds ahead of Keighy and Craven's Maisey Bellwood, with Lincoln Wellington's A team runner Isla Porter 3rd in 10.46. Salford Harrier Jasmine Wright moved up the club up 15 places on leg 2, but Lincoln Wellington had moved into the lead and those yellow vests of Liverpool were up 6 places, with Holly Cross on the last leg. The gaps were too big even for Holly as Lincoln Wellington won by 69 seconds from Rotherham with Liverpool a further 48 seconds behind in the bronze medal position. Salford 4th and Keighley & Craven 5th.

Senior Women 4 X 5.6 Km

71 senior women lined up on the start. Leeds last year's winners had to be amongst the favourites again this year, along with Salford, Liverpool and Sale. These teams were however not first back as both Warriors Pentathlon and Border Harriers were neck and neck as they approached the changeover line. Emily Hagg Kearney and Esme Davies were given the same time, and again the fastest of the day was on that first leg. Preston's Libby Huxley was 3rd and Wirral 4th.

Leeds, as always, build up their teams from a slow start through to a fast finish and today was no different. 6th on leg 1 the team plan put Camilla Mcknespiey on 2nd leg and Eleanor Curran on leg 3 pulled the team up to leave their experienced last leg runner, Jennifer Walsh to run the fastest time on leg 4 and bring home another Leeds City victory, although only by the relative narrow margin of 43 seconds. Salford had recruited Emilia Platt to their team and she showed her class as she ran Salford's fastest time on leg 2 before handing over to Sinead Bent on 3rd leg, as they hung onto those blue and yellow Leeds City vests. Behind Salford, Vale Royal in their distinctive quartered vests had been reducing the gap finishing some 30 seconds behind Salford, with Liverpool Harriers 4th and Preston 5th, Sale 6th and a sign of the Salford Teams' strength, Salford B 7th

Senior Men 6 x 5.6 Km

Was the double double on for the Leeds City team. They won both men's and women's titles last year and already had won the women's this year. They entered a massive 7 men's teams and had a couple of their stars in their A team.

The 122 starters on the line were all warned by the referee to take care going out of the double gates from the track into the park. Stan Taylor had his top team marshalling in the Italian gardens and all the men passed through there without any incident. The Leeds City A team ran like clockwork to the plan. 10TH after the first stage then 5th then 3rd, then Phil Sesemann on 4th all their times were between 16.01 and 16.42. minutes. Yes there were some challenges to their authority during the race, but never to their overall superiority.

They now go through to the ERRA National road relay race on October 5th to try to retain that trophy which they won by 10 seconds last year from Aldereshot Farnham & District.

Leg one saw the City of York athlete Angus Mcmillan finish first, but this was never going to be the fastest time. 2nd was another surprise with Clayton -Le- Moors athlete Birukaduna Kebede and Finn Brodie Morpeth, 3rd. Leg 2 had Carl Avery produce the fastest leg time for Morpeth and leg 3 saw Bingley and Olympian Jonathon Brownlee run the 3rd fastest leg time .However the fastest time of the day was produced on leg 3 by Derby's Ben Connor 15.37 but the challenge to Leeds was not sustained. Hallamshire finished 2nd some 58 seconds behind Leeds whilst Morpeth trailed over 1 minute behind in the bronze medal position. Derby were 4th Salford 5th and Liverpool 6th and Leed City B 5th

Bob Brimage & Ken Smith

***Executive Committee members (Road Running)
Championship Secretary***

TRACK AND FIELD REPORT

It could be said that there was not a lot of difference from the 2022/23 season, just different venues except of course with the indoors - There's not a lot of choice for that and EIS Sheffield will be the home for those events in the foreseeable future.

We kicked off the indoors with our ever-popular open meetings; one in November one in December. These events this year will be live streamed. Then we moved to the new year with the snr/u/20u/17 championships a full indoor programme was offered and delivered.

Outdoor Track Field events were at a completely different set of venues - Stanley Park Blackpool for the ever-popular Junior inter counties, which is very successful but expensive as we have no income for this at all - Northern Athletics cover all costs venue hire travel refreshments and accommodation for officials. (See separate report).

We moved on to our outdoor championships. This is where we hope things will change. Using the Roster management system (see report).

Middlesbrough was used for the Sen/U20 two-day event and Derby for the age group two-day event see(reports).

Northern Athletics Track and Field competitions are keeping up to this modern world with technology but it has a cost.

The Judith Temperton Inter - County Championships 27th May 2024

There were several changes this year to our extremely popular Inter – County Championships in May. We very sadly lost our much-loved Northern Athletics colleague Judith Temperton, and we decided to rename the Inter Counties to honour her, and all the hard work and dedication she put in, in ensuring the Championships were such a success over the years. The other notable change this year was the location, and the venue used was Stanley Park in Blackpool, moving to the Northwest of the region after a number of years.

This event tends to kick start the Outdoor Track and Field programme in the North, and it proved to be extremely well attended once again, with all 10 Counties taking part. With the refurbishment of the track, it proved to be an appropriate venue for both athletes and spectators alike. Even though it was held on a Bank Holiday Monday on the outskirts of Blackpool it did not deter the participants, and there was also a full complement of Officials to ensure that all the disciplines were covered.

It proved to be a very busy day, with a full complement of athletes in many disciplines, particularly in the Horizontal Jumps and Long Throws. This obviously impacted on the length of the timetable, and so some consideration will be given to changing the number of trials for the U15 age group in future Championships.

There were some very competitive events during the day, not least the Boys Pole Vault. Due to the U17 boys vaulting well, the Pole Vault uprights had to be recalibrated and the pegs moved to accommodate the increased heights they were reaching.

Thanks must go to all the Officials who worked hard on what was a warm and busy day, and to the stadium staff who were determined to make the day a success at this facility. Congratulations must also go to all the winners and participants, as they contributed to another successful Inter Counties competition.

Whilst Yorkshire yet again proved to be worthy overall Champions, they did not have it all their own way. Trophies were gained by Merseyside and Greater Manchester in different categories.

Outdoor reports

The Outdoor season again saw a full complement of Northern athletics competitions, and this year the venues were spread throughout the Northern region, Blackpool, Middlesbrough and Derby.

For the **Senior Outdoor Championships** held on the 8th and 9th of June, Middlesbrough Sports Village hosted the championships.

Entries overall were similar compared to last year, particularly for the long throws and the timetable appeared to work well on both days. As always, there were several no shows of athletes throughout the weekend which meant that some field events did not take as long and some track heats were lost or went to straight finals.

To try and address the issues with finish times of track events being finished well in advance of the field programme last year, field events started earlier on both days than the track events and a track break was scheduled in the programme on both days. This resulted in competition completion times being more balanced.

Whilst the venue itself is ideal for a Northern Championship, there was some negative feedback from athletes concerning the indoor warm up area and the lack of space available due to the gym facilities, roller hockey tournament and positioning of registration. This had not been the case last year when the Age Group Championships were held there.

Thanks must go to the Officials, who as always worked hard and filled in the gaps left by short notice dropouts, to ensure that the competition ran as smoothly as it did. All teams were extremely well organised and professional throughout the two days, to allow the athletes to compete to the best of their ability in all their events.

Congratulations must go to all participants in all events, as they produced some extremely exciting performances and competed well in what were quite cool weather conditions on that weekend.

The **NA Age Group Outdoor Championships** were held at the most southern extreme of the region at Derby. The staff and volunteers at the venue were extremely welcoming and worked hard to support the Northern office to provide a successful competition,

The facilities for registration, results and call room all worked well, the only negative feedback was the lack of a defined warm up area.

Entry numbers were good, and as usual with this meeting it is impossible to avoid all clashes. Officials were on hand to escort the athletes between events if needed, but in a couple of cases the field event had finished before the athlete was required to be on track so clashes were actually at a minimum. The Track timetable ran to schedule, and the Field

timetable ran well and started on time both days, all events starting on time or a few minutes early.

There was a good mix of experienced and less experienced officials who worked well together displaying a thoroughly professional attitude to deliver the best Championships they could for the athletes.

Congratulations must go to all the Junior athletes who participated in these championships, as the standard of entries were good and their performances over both days lent itself to producing a very successful meeting.

Following a successful year of competition, both Indoors and Outdoors, once again Northern Athletics are committed to increasing the opportunities for all Athletes, Officials and Coaches in this region. The new technology deployed for entries and seeding proved successful and the choice of venues for this years competitions allowed NA to reach different areas of the North. This will continue to be a consideration when deciding on venues for next season. Well done to all our Northern Athletics champions, their names are to be found at the end of this report.

Roster Implementation

We took the decision to implement Roster for the 1st time this year in the Outdoor Championships.

The registration team soon picked up how best to handle recording the athletes as present, and particularly liked the fact that they could also view what was going on through the results page when they had gaps between events.

We are starting to get a decent number of officials trained on using the seeding platform, reducing our dependency on the same 1 or 2 officials all the time. Similarly with the results side we are building up a decent number of officials to finalise the results. This has particularly speeded up the process with no requirement to enter any track results manually now, as they import directly from the Photo finish system.

This system also creates all the required Photo Finish files which in turn will allow us to start to develop more and more of our Photo Finish officials to work in the Chief role because it removes the biggest fear around having to create the system files.

Field results are still currently having to be entered manually, unless those of our Officials who are already competent at using the Field App at event site enter each jump / throw as they occur. It is envisioned that going forward we will aim to have ALL field results entered via the Field App as the events are taking place, saving further time and resource.

Malcom Fletcher, Tim Hood, Sue Grime, Elaine Williams

Board members for Track & Field

NORTHERN TRI-REGIONAL OFFICIALS' GROUP (T& F)

Report from Hon Secretary 2024

This is the 16th year of operation for the Northern Tri-Regional Group (NTROG), which has responsibility for the following areas:

- (a) Recommendations for selection of T&F officials to Northern indoor and outdoor championships
- (b) Nominations of T&F officials for National indoor and outdoor appointments
- (c) Nominations of T&F candidates to sit on National Discipline Peer Groups
- (d) Recommendations to Peer Groups for upgrading T&F candidates to Level 4.

The group currently consists of:

Chair:	<i>Moira Gallagher</i> (YH)	Selectors – Field Group:	
Championship Sec:	<i>Malcolm Fletcher</i> (YH)	<i>Mick Frazer</i> (NE)	
Hon Sec:	<i>Cath Hickey</i> (NW)	<i>Malcolm Rogers</i> (YH)	
		<i>Dean Williams</i> (NW)	

Selectors – Starting Group

David Brown (NW)
Malcolm Dewell (NE)
Clive Young (YH)

Selectors – Timekeeping Group:

Craig Barrett (YH)
Michael Brown (NE)
Ron Scott (NW)

Selector – Photo-finish Group:

Margaret Rushton (NW)

Selectors – Track Group:

Finlay Galloway (NW)
Moira Gallagher (YH)
Steven Walker (NE)

Moira Gallagher replaced Finlay Gallagher as Chair following his decision to step down. He remains as a selector. Steven Walker was a new appointment in 2024 following the resignation of Tony Livingstone.

The total number of active officials (including Endurance and Race Walking not covered by NTROG) on Trinity affiliated to the Northern Group is 1221 (Oct 2024) of which 1019 are licensed and qualified.

The breakdown of disciplines is as follows:

Discipline	Level 1	Level 2	Level 3	Level 4	TOTAL	2023 Totals
Endurance	128	48	50	16	242	249
Field	311	185	48	48	592	557
Photo-finish	31	14	18	5	68	62
Starter	43	11	11	12	77	82
Starter's Assistant	54	21	12	17	104	53
Timekeeper	96	56	26	15	193	174
Track	148	55	37	29	269	239
Race-Walking	12	4	5	4	25	24
TOTALS					1570	1440

NB These totals are higher than the actual number of officials, as many are qualified in several disciplines.

Whilst it is difficult to draw comparisons there are some points worth making, these relate to Track & Field qualified officials only:

The number of officials has increased year on year however this is entirely due to the change in EA policy to award a L1 qualification once an individual has attended the discipline course, completed safeguarding training and has a DBS certificate. Level 1's have increased by 154 compared to 2023 whilst level 2's have remained static. This does suggest that Level 1 officials are not yet making the step up to Level 2 which means the existing difficulties for clubs to provide sufficiently qualified officials for league matches will remain and potentially worsen. Note the 2024 changes in event licensing require:

A minimum of one L2+ Field Judge plus a further qualified Field official to be present at every individual event. (previously only required on long throws and pole vault), and,

From 2025/26, a L2+ Starter. The exemption allowing an experienced L1 Starter (if working towards L2) was only applicable in 2024/25. This is particularly worrying as currently there are only 33 starters qualified to start events next season. EA are aware of the issue.

Further analysis by discipline follows:

Discipline	2025		2024		Change on 2024	
	Level 1	Level 2	Level 1	Level 2	Level 1	Level 2
Field	311	185	269	187	42	-2
Photo-finish	31	14	27	12	4	2
Starter	43	11	33	20	10	-9
Starter's Assistant	54	21	18	11	36	10
Timekeeper	96	56	70	62	26	-6
Track	148	55	117	59	31	-4
TOTALS	683	342	534	351	149	-9

There remain 32 officials who have not accepted EA's T's & C's of which 16 would otherwise be licensed.

There are currently 68 officials with expired licenses. Of these 36 have a current DBS which suggests that the official may not have completed safeguarding training

Officials' Training and Development

Level 1 courses are offered both face-to-face and virtually. The blended delivery remains popular as it provides the candidate with choice.

Five Northern officials are currently awaiting the outcome of their submissions for Level 4. These are assessed by the Peer Groups each autumn and, if successful, will join the 82 Northern Tri-Region Level 4 Officials on the National List.

Northern Championships 2024

The Senior/U20/U17 Championships were again a two-day event at EIS Sheffield in January while the U15/U13 were a one-day championship at EIS in February. There were 35 withdrawals across the three days of competition (2023, 38) the main reasons were ill health and family commitments.

The outdoor season included five days of scheduled Regional Championship competition - one day for the Northern Inter-Counties at Blackpool, two days for the Senior/U20 Championships in Middlesbrough and two days for U13/U15/U17 Derby.. Officials were selected and appointed in early February. Once again there were challenges as County Schools clashed with Day 1 of the Senior Championships. Withdrawals remained high at 102 (2023, 100), some at short notice and with no stated reason. The largest known reason related to health with family issues or “no longer available” also cited.

The continuing good liaison between the Northern Athletics office/NTROG, combined with the goodwill of many officials did mean that the events were essentially fully staffed. A withdrawal report is sent to NTROG and NA T&F Executive Board members for consideration in future selections.

National Events 2024

Selection of officials for National events is managed by National Peer Groups on recommendations from the Tri-Regional Officials Groups. The Peer Groups aim to ensure a balance of experienced officials from each Tri-Region at these major events. Northern officials were well represented at the UK Athletics Indoor Championships in Birmingham in February and the various EA Championships at Sheffield. 2024 saw the UK Athletics Championships in Manchester and new format EA competitions at Alexander Stadium and Eton. The re-introduction of the Manchester International was welcomed as it gave many Northern Officials their first taste of a Home International. Our officials were also selected for London Meet.

World Indoor Championships March 2024 – Glasgow

As ever, Northern officials were well represented at this event both in LOC appointed roles and other volunteering opportunities.

Forthcoming Indoor and Outdoor Seasons 2025

The selection process for the Indoor Championships ran earlier this year with both Northern Athletics Championships being selected and recommendations for UK/EA events being made in October. The Selection Policy was again implemented giving priority to those officials who responded to the invitation to officiate at the two NA Opens. It is anticipated that the selection process for the 2025 outdoor season will be completed in December 2024/January 2025.

Cath Hickey
Hon Secretary

29 October 2024.

INDOOR TRACK & FIELD CHAMPIONS 2023

Event	U13 Boys		
60m	Karson Karl Booth	Hartlepool AC	8.21
200m	Ethan Ford	Wakefield & District	28.71
800m	Noah Penfold	North Shields Poly	2:17.17
High Jump	Louis Green	Warrington AC	1.35
Long Jump	Ethan Ford	Wakefield & District	4.36
Shot Putt	Logan Cowling	Scunthorpe Harriers & AC	12.88
Event	U15 Boys		
60m	Ty Davies	Liverpool Harriers & AC	7.50
200m	Zak Harrison	Harrogate Harriers & AC	23.91
800m	Caleb Still	Southport Waterloo	2:08.61
60mH	Tristan Lamprecht	Macclesfield Harriers	9.00
Long Jump	Joshua Akintolu	Wakefield & District	6.06
High Jump	Joshua Akintolu	Wakefield & District	1.87
Pole Vault	Oliver Cooper	Bury AC	3.30
Shot Putt	Oskar Woods	City of Sheffield & Dearne	14.07
Event	U17 Boys		
60m	Kelly Aru	Liverpool Harriers	7.11
200m	Daniel Nuttall	Blackburn Harriers	23.08
400m	Ruben Stovell	Hallamshire Harriers	50.39
800m	James O'Brien	Sale Harriers	1:59.37
1500m	Finlay Goddard	Sale Harriers	4:13.99
60mH	Lewis Shaw	Warrington AC	8.11
Long Jump	Luke Pichler	Blyth Running Club	6.55
Triple Jump	Ben Foulger	City of York	12.75
High Jump	Harrison Fletcher	Border Harriers	1.92
Pole Vault	Arthur Reilly	City of Sheffield & Dearne	4.30
Shot Putt	Ruben Stovell	Hallamshire Harriers	14.13
Event	U20 Men		
60m	Samael Lunt	Wirral AC	6.83
200m	Charles Unsworth	Blackburn Harriers	22.10
400m	Henry Parker	Rotherham Harriers	51.25
800m	Josh Redmond	Liverpool Harriers	1:55.92
1500m	Dexta Thompson	Blackburn Harriers	4:03.48
3000m	Alfie Simons	Salford Harriers	9:18.03
60mH	Joel Elphick	Blackpool Wyre & Fylde	8.06

Long Jump	Regan Corrin	Manx Harriers	6.94
Triple Jump	Jack Hilton	Wigan & District	13.93
High Jump	Will Jackson	Wigan & District	1.95
Pole Vault	William Lane	City of Sheffield & Dearne	5.00
Shot Putt	Caden Uzoigwe	Trafford AC	13.83
Event	Sen Men		
60m	David Morgan-Harrison	Kingston upon Hull	6.72
200m	Lee Thompson	City of Sheffield & Dearne	21.20
400m	Lee Thompson	City of Sheffield & Dearne	47.13
800m	Jonathan Kay	Bolton United Harriers	1:54.29
1500m	Ted Chamberlain	Holmfirth Harriers	3:54.08
3000m	Euan Brown	Hallamshire Harriers	8:21.75
60mH	Liam Reveley	Jarrow & Hebburn	8.27
Long Jump	Jerel Livingston	Trafford AC	6.80
Triple Jump	Oluwaseun Okome	Sale Harriers	15.45
High Jump	Morgan Williams	Leeds City	2.06
Pole Vault	Adam Hague	City of Sheffield & Dearne	5.00
Shot Putt	James Taylor	City of Sheffield & Dearne	14.6
Event	U13 Girls		
60m	Grace Gode	Leeds City	8.20
200m	Amy Johnstone	Carlisle Aspatria	28.08
800m	Sienna Lavine	Pontefract AC	2:19.24
High Jump	Hollie McHugh	Sale Harriers	1.30
Long Jump	Amy Johnstone	Carlisle Aspatria	4.67
Shot Putt	Grace Read	Hartlepool AC	8.94
Event	U15 Girls		
60m	Celine Obinna-Alo	Sunderland Harriers	7.73
200m	Whitney Ofor	Middlesbrough AC	25.14
800m	Maya Schofield	Rotherham Harriers & AC	2:12.25
60mH	Talia Northcott	City of York	9.20
High Jump	Isla Bamber	Preston Harriers	1.56
Long Jump	Talia Northcott	City of York	5.14
Pole Vault	Rebecca Miller	Wirral AC	2.80
Shot Putt	Bethany Pendlebury	Trafford AC	11.78
Event	U17 Girls		
60m	Cherie Ufuoma	Bolton United Harriers	7.70
200m	Blessing Idoko	Sale Harriers	25.57

300m	Molly Mills	Stockport Harriers	41.19
800m	Eden Creasey	Middlesbrough AC	2:14.46
1500m	Katie Battle	Rotherham Harriers	4:44.27
60mH	Sadie Parker	Blyth Running Club	9.12
Long Jump	Sadie Parker	Blyth Running Club	5.60
Triple Jump	Amy Hewitt	Wigan & District	11.33
High Jump	Lucy Gilbertson	City of York	1.56
Pole Vault	Claudia Berry	Wigan & District	3.00
Shot Putt	Yasmin Baker	Wigan & District	13.27
Event	U20 Women		
60m	Mabel Akande	Lincoln Wellington	7.37
200m	Mabel Akande	Lincoln Wellington	24.34
400m	Emma Holmes	West Cheshire AC	56.02
800m	Jessica Lark	West Cheshire AC	2:10.99
1500m	Olivia Brown	Sale Harriers	4:44.62
3000m	Maisie Burns	Chorley AC & Tri Club	9:45.53
60mH	Freya Dockerty	Sale Harriers	8.6
Long Jump	Millie Hardy	Hallamshire	5.48
Triple Jump	Amber Brown	Trafford AC	11.31
High Jump	Callie Coates	City of Sheffield & Dearne	1.7
Pole Vault	Amy Scott	City of Sheffield & Dearne	3.30
Shot Putt	Annabel Amadin	Sale Harriers	12.91
Event	Sen Women		
60m	Trinity Powell	Manchester Harriers	7.42
200m	Lauren Blakey	Derby AC	24.48
400m	Rochelle Harrison	Lincoln Wellington	02:16.8
800m	Hannah Kelly	Bolton United Harriers	53.14
1500m	Beth Barlow	Manchester Harriers	4:33.48
3000m	Beth Barlow	Manchester Harriers	9:46.13
60mH	Chelsea Walker	City of York	8.66
Long Jump	Stephanie Jones	Sale Harriers	5.86
Triple Jump	Lucy Robinson	Trafford AC	12.25
High Jump	Halle Ferguson	Trafford AC	1.78
Pole Vault	Hayley Mills	Crewe & Nantwich	3.35
Shot Putt	Shaunna Thompson	Sale Harriers	15.42

OUTDOOR TRACK & FIELD CHAMPIONS 2023

Event	U13 Boys		
100m	Oscar James Burke	Horwich R M I Harriers	12.36
200m	Oscar James Burke	Horwich R M I Harriers	25.77
800m	Charlie Smith	Crewe and Nantwich AC	2:14.22
Long Jump	Arthur Campbell	Stockport Harriers & AC	4.50
Shot	Logan Stuart Cowling	Kingston upon Hull AC	15.83 CR
Event	U15 Boys		
100m	Noah James Taylor	Trafford AC	11.25
200m	Noah James Taylor	Trafford AC	23.13
300m	Archie Spicer	Lancaster & Morecambe AC	37.46
800m	Finnian Taylor Phillipson	Lincoln Wellington AC	2:00.98
1500m	James Sturman	North Shields Polytechnic Club	4:17.14
80mH	Tristan Lloyd Lamprecht	Macclesfield Harriers & AC	11.41
High Jump	Joshua Akintolu	Wakefield District H & AC	1.80
Pole Vault	Charles Reilly	City of Sheffield and Dearne AC	2.50
Long Jump	Joshua Akintolu	Wakefield District H & AC	6.29
Triple Jump	Charles Reilly	City of Sheffield and Dearne AC	12.24
Shot	Sebastian Charles Whiteley	West Cheshire AC	13.77
Discus	Logan Stuart Cowling	Kingston upon Hull AC	38.93
Hammer	Tomos Cowell	Darlington H & AC	29.90
Javelin	Tristan Lloyd Lamprecht	Macclesfield Harriers & AC	53.17
Event	U17 Boys		
100m	Thomas Kelsall	Preston Harriers	10.79
200m	Oliver Lucas Nunn	Blackpool Wyre & Fylde AC	22.10
400m	Matthew Inman	Gateshead Harriers & AC	50.38
800m	Oliver Gill	Blackburn Harriers & AC	2:03.52
1500m	Daniel Watson	North Shields Polytechnic Club	4:08.69
3000m	Jay J. Hutchinson	Trafford AC	9:59.85
1500m s/c	Luke Benjamin Shacklock	Harrogate Harriers & AC	4:41.19
100mH	Lewis Shaw	Warrington A C	13.02 CR
400mH	Liam O'Brien	Sale Harriers	57.55
High Jump	Elliott John Griffiths (F20)	Liverpool Harriers & AC	1.85
Pole Vault	Thomas Hill	Darlington H & AC	4.10
Long Jump	Arthur John Reilly	City of Sheffield and Dearne AC	6.24
Triple Jump	Daniel Elliott	Liverpool Harriers & AC	13.09
Shot	Harry Beard	City of Sheffield and Dearne AC	15.58

Disucs	Ben Roberts	Preston Harriers	46.58
Hammer	Joshua Stephen Reibbitt	Carlisle Aspatria AC	53.67
Javelin	James Briers	Leigh Harriers & AC	50.94
Event	U13 Girls		
100m	Grace Gode	Leeds City AC	12.61
200m	Amy Louise Johnstone	Carlisle Aspatria AC	25.93 CR
800m	Sienna Jean Irene Lavine	Pontefract AC	2:15.44
Long Jump	Lily Keeler	Wakefield District H & AC	4.65
Shot	Lily Keeler	Wakefield District H & AC	8.83
Event	U15 Girls		
100m	Victoria Chapman	Border Harriers & AC	12.20
200m	Whitney Ofor	Middlesbrough AC	24.72
300m	Millie Rhodes	Spensborough & Dist AC	40.65 CR
800m	Maya Schofield	Rotherham Harriers and AC	2:11.50
1500m	Olivia Lee	Derby AC	4:48.17
75mH	Olivia Crawford	Warrington A C	10.87
High Jump	Victoria Chapman	Border Harriers & AC	1.65
Pole Vault	Emily Grace Wilson	Wigan & District H & AC	2.90
Long Jump	Zuri Idemudia	Wirral AC	5.15
Triple Jump	Florence Lilly	Lincoln Wellington AC	10.24
Shot	Zuri Idemudia	Wirral AC	11.91
Discus	Bethany Pendlebury	Trafford AC	35.79
Hammer	Margaret-Isobel Casey	Liverpool Pembroke & Sefton ...	49.19
Javelin	Kristen Badrock	Liverpool Harriers & AC	34.86
Event	U17 Girls		
100m	Kaylah McKenzie	Derby AC	12.25
200m	Ella Grace Bibby	Warriors	24.81
300m	Caitlin Hadfield	Derby AC	39.45
800m	Ellarose Whitworth	Lincoln Wellington AC	2:13.71
1500m	Holly Cross	Liverpool Harriers & AC	4:34.23
3000m	Isla Porter	Lincoln Wellington AC	10:10.90
1500m s/c	Isobel Rose Madden	City of York AC	5:30.28
80mH	Maria Gordon	Gateshead Harriers & AC	11.49
300mH	Renee Adams	Southport Waterloo AC	44.63
High Jump	Kitty Laurence	City of Sheffield and Dearne AC	1.50
Pole Vault	Mallerie Samuel	Leeds City AC	3.10
Long Jump	Sadie Parker	Blyth RC	5.79

Triple Jump	Sadie Elizabeth Madigan	Liverpool Harriers & AC	11.64
Shot	Alani Dumbuya	Leigh Harriers & AC	15.10 CR
Disucs	Matilda Wright	Kingston upon Hull AC	35.93
Hammer	Ella Rose McIntosh	Harrogate Harriers & AC	57.38
Javelin	Freya Kirby	Amber Valley and Erewash AC	36.90

Event	Senior Men		
100	Jordan Beavers	Gateshead Harriers & AC	10.92
200	Ryan Mostyn	Liverpool Pembroke & Sefton	21.49
400	Nathaniel Dyas	Hallamshire Harriers	48.97
800	Robert Shipley	City of York AC	1:54.55
1500	Henry William Johnson	Houghton Harriers & AC	3:55.71
5000	Mark Bostock	Leeds City AC	14:48.33
110 Hu	Liam Reveley	Jarrow & Hebburn AC	15.37
400Hu	Benjamin Schofield	Gateshead Harriers & AC	53.27
3k s'chase	Ethan Dunn	Liverpool Harriers & AC	10:20.04
HJ	Morgan Williams	Leeds City AC	2.00
LJ	Sam Coupland	Southport Waterloo AC	6.77
TJ	Bright Boateng	Leeds City AC	11.36
PV	Matthew Callinan Keenan	City of Sheffield and Dearne AC	4.60
SP	Bill Steel	City of Sheffield and Dearne AC	15.41
DT	Chukwuemeka Osammor	City of Sheffield and Dearne AC	52.69
JT	Lewis Forster	Leigh Harriers & AC	58.68
HT	Edward Jeans	Preston Harriers	61.89
Event	U20 Men		
100	George Warburton	Stockport Harriers & AC	11.17
200	Charles Unsworth	Blackburn Harriers & AC	21.75
400	Cosmo Johnson	City of Sheffield and Dearne AC	49.94
800	Luke Parker	Rotherham Harriers and AC	1:59.48
1500	Dexta Thompson	Blackburn Harriers & AC	3:59.90
5000	Jonson Hughes	Rotherham Harriers and AC	15:32.21
110 Hu	Archie Varley	Crewe and Nantwich AC	16.31
400Hu	Cosmo Johnson	City of Sheffield and Dearne AC	55.53
3k s'chase			
HJ	Regan Corrin	Manx Harriers	1.90
LJ	Miguel Gaisah	Sale Harriers	7.16
TJ			
PV	Will Lane	City of Sheffield and Dearne AC	4.80
SP	Isaac Kambamba Delaney	Preston Harriers	17.83
DT	Caden Uzoigwe	Trafford AC	48.28
JT	Cameron Marshall	Gateshead Harriers & AC	42.45

HT	George Williams	Blackburn Harriers & AC	47.33
Event	Senior Women		
100	Susan Folorunso	Gateshead Harriers & AC	12.37
200	Charlotte Lily Kelsey	Middlesbrough AC	23.69
400	Charlotte Lily Kelsey	Middlesbrough AC	54.45
800	Poppy Buck	Morpeth Harriers & AC	2:34.77
1500	Eleanor Robinson	Keighley & Craven AC	4:42.46
5000	Morag Stead	Morpeth Harriers & AC	18:05.21
100Hu	Chelsea Walker	City of York AC	14.16
400Hu	Chelsea Walker	City of York AC	59.49
2k s'chase	Rachelle Falloon	Morpeth Harriers & AC	7:51.64
HJ	Nia Rutter	Blackpool Wyre & Fylde AC	1.55
LJ	Steph Jones	Sale Harriers	5.78
TJ	Charlotte Earl	Morpeth Harriers & AC	11.23
PV	Bethany Falconer	Chesterfield & District AC	3.20
SP	Shaunna Thompson	Sale Harriers	14.68
DT	Anna Charlotte Peers	Liverpool Pembroke & Sefton ...	40.93
JT	Vikki Adams	Leeds City AC	38.98
HT	Jess Mayho	Kingston upon Hull AC	67.16
Event	U20 Women		
100	Mabel Akande	Lincoln Wellington AC	11.75
200	Kira Alice Jones	Kendal Amateur AC	25.03
400	Imogen Barrett	City of York AC	58.73
800	Isabelle Burke	Sale Harriers	2:12.81
1500	Lottie Langan	City of York AC	4:38.94
5000	Isabel Mae Holt	Blackburn Harriers & AC	17:20.02
100Hu	Millie Hardy	Hallamshire Harriers	14.93
400Hu	Senna Gorvett	Blyth RC	1:04.31
2k s'chase	Katie Gardner	Derby AC	6:59.23
HJ	Emma Sedgwick	Middlesbrough AC	1.60
LJ	Millie Hardy	Hallamshire Harriers	5.71
TJ	Poppy Grace Dunne	Bolton United Harriers & AC	11.17
PV	Amy Scott	City of Sheffield and Dearne AC	3.20
SP	Annabel Amadin	Sale Harriers	12.05
DT	Lily Thompson	Darlington H & AC	28.59
JT	Beth Alice Moodie	Kingston upon Hull AC	40.52
HT	Kaitlyn Waddell	North Shields Polytechnic Club	51.44

