

Timetable

Race	Time	Distance
U13 Boys	11:30	3.2K
U13 Girls	11:35	3.2K
U15 Boys	12:15	3.2K
U15 Girls	12:20	3.2K
U17 Men	13:00	3.2K
U17 Women	13:05	3.2K
Senior Men	14:00	6.5K
Senior Women	14:05	6.5K

Race Map

Autumn relays 3.2k 1 lap



Race Map

Autumn Relays 6.5K (2 laps)

