



**NORTHERN ATHLETICS**  
**'INDOOR OPEN TRACK & FIELD MEETING**  
**ENGLISH INSTITUTE of SPORT, SHEFFIELD**  
**Saturday 6<sup>th</sup> December 2025**  
**Permit No. IND 26/002**

**First Track Event – 10.15**

We anticipate a high level of interest in these events and reserve the right to return entries if limits are exceeded. Information will be published on our website in the week before the event.

**Events (Senior):** 60m, 300m, 60m Hurdles, 600m, 3000m, Long Jump, High Jump, Shot  
**Events (Under 15):** 60m, 150m, 60m Hurdles, Long Jump, High Jump, Shot

Senior, U20 and U17 track competitors will be seeded together by ability.  
U15 and U13 age groups will be seeded together.

Competitors will have four trials in Long Jump & Shot.

Competitors must compete in their own age group.

**Age Groups:** Track & Field age groups as at 31 August 2026. (Current age group system)

**ENTRY FEE:** £12 per event inc. Roster & Stripe fees.

**Entries close on Friday November 28<sup>th</sup>, no entries on the day.**

Collect numbers on the day. Sheffield Events will charge a car parking fee of £5 which will not benefit Northern Athletics.

**An Order of Events and other information will be posted in advance of the event on the NA website.**

**Entries : Online only at:**

<https://meets.rosterathletics.com/public/competitions/details/about?id=27483>

**Entries are not transferable**

**Refunds will only be issued in the event of cancellation by the organiser**

**No Masters and No U11 categories**

INDOOR OPEN MEETING - SATURDAY, 6TH DECEMBER 2025 - TIMETABLE				
Event no.	Event	Age Group and Gender	Pools	Start Time
F01a	Long Jump	U15/U13 Girls	Pool A	10.30
F01b	Long Jump	U15/U13 Girls	Pool B	10.30
F02	Shot Put	Senior/U20/U17 Men	Final	10:30
F03a	Long Jump	Senior/U20/U17 Men	Pool A	12.30
F03b	Long Jump	Senior/U20/U17 Men	Pool B	12.30
F04	Shot Put	U15/U13 Boys	Final	12.30
F05	Shot Put	U15/U13 Girls	Final	13.30
F06	High Jump	U15/U13 Boys	Final	14.45
F07	High Jump	U15/U13 Girls	Final	14.45
F08a	Long Jump	Senior/U20/U17 Women	Pool A	15.00
F08b	Long Jump	Senior/U20/U17 Women	Pool B	15.00
F09	High Jump	Senior/U20/U17 Men	Final	15:30
F10	High Jump	Senior/U20/U17 Women	Final	16:00
F11	Long Jump	U15/U13 Boys	Final	16.00
F12	Shot Put	Senior/U20/U17 Women	Final	16.00
T01	60m Hurdles	U13 Girls		Rolling TT
T02	60m Hurdles	U13 Boys and U15 Girls		Rolling TT
T03	60m Hurdles	U17 Women		Rolling TT
T04	60m Hurdles	U15 Boys		Rolling TT
T05	60m Hurdles	Senior/U20 Women		Rolling TT
T06	60m Hurdles	U17 Men		Rolling TT
T07	60m Hurdles	U20 Men		Rolling TT
T08	60m Hurdles	Senior Men		Rolling TT
T09	60m	U15/U13 Boys and Girls		Rolling TT
T10	60m	Senior/U20/U17 Men and Women		Rolling TT
T11	600m	Senior/U20/U17 Men and Women		Rolling TT
T12	150m	U15/U13 Boys and Girls		Rolling TT
T13	3000m	Senior/U20/U17 Men and Women		Rolling TT
T14	300m	Senior/U20/U17 Men and Women		Rolling TT