



**NORTHERN ATHLETICS
INDOOR OPEN TRACK & FIELD MEETING
ENGLISH INSTITUTE of SPORT, SHEFFIELD
Saturday 22nd November 2025
Permit No. IND 26/003
First Track Event – 10.15**

We anticipate a high level of interest in these events and reserve the right to return entries if limits are exceeded. Information will be published on our website in the week leading up to the event.

Events (Senior): 60m, 150m, 1000m, 2000m, Shot, Pole Vault, Triple Jump

Events (Under 15): 60m, 600m, 1000m, Long Jump, Shot, Pole Vault

Senior, U20 and U17 track competitors will be seeded together by ability as one competition
U15 and U13 age groups will be seeded together.

Competitors will have four trials in Long Jump, Triple Jump and Shot.

Competitors must compete in their own age group.

Age Groups: Track & Field age groups as at 31st August 2026. (Current age group system)

ENTRY FEE: £12.00 per event inc. Roster & Stripe fees.

Entries close Friday November 14th, no entries on the day.

Collect numbers on the day. Sheffield Events will charge a car parking fee of £5 which will not benefit Northern Athletics. An Order of Events and other information will be posted on the NA website in advance of the event.

Entries : Online only at:

<https://meets.rosterathletics.com/public/competitions/details/about?id=27482>

Entries are not transferable

Refunds will only be issued in the event of cancellation by the organiser.

No Masters and No U11 categories

INDOOR OPEN MEETING - SATURDAY, 22ND NOVEMBER 2025 - TIMETABLE

Event no.	Event	Age Group and Gender	Pools	Start Time
F1	Shot	Senior/U20/U17 Women	Final	10:15
F2	Triple Jump	Senior/U20/U17 Men	Final	10:15
F3 (Pool 1 - PB lowed that 3m)	Pole Vault	Mixed	Pool A	10:45
F4	Shot	Senior/U20/U17 Men	Final	11:30
F5	Long Jump	U15/U13 Boys	Final	11:30
F6	Triple Jump	Senior/U20/U17 Women	Final	12:30
F7	Shot	U15/U13 Boys	Final	12:45
F8	Shot	U13 Girls	Final	13:30
F9	Shot	U15 Girls	Final	14:15
F10	Long Jump	U15/U13 Girls	Final	14:00
F11 (Pool 2 - PB Higher than 3m)	Pole Vault	Mixed	Pool B	14:00
T1	60m	U15/U13 Boys and Girls		Rolling TT
T2	60m	Senior/U20/U17 Men and Women		Rolling TT
T3	1000m	U15/U13 Boys and Girls		Rolling TT
T4	1000m	Senior/U20/U17 Men and Women		Rolling TT
T5	600m	U15/U13 Boys and Girls		Rolling TT
T6	2000m	Senior/U20/U17 Men and Women		Rolling TT
T7	150m	Senior/U20/U17 Men and Women		Rolling TT