



NORTH OF ENGLAND CROSS COUNTRY CHAMPIONSHIPS 2026

Saturday 24th January 2026

Permit TBC

Pontefract Park Racecourse, Park Road, WF8 4QD

CHAMPIONSHIP EVENTS - TIMETABLE

11.00	Under 17 Women	5K	Competitors 15 & 16 years on 31 st August 2025
11.25	Junior Women	5.68K	Competitors 17, 18 & 19 years on 31 st August 2025
11.55	Under 17 Men	5.68K	Competitors 15 & 16 years on 31 st August 2025
12.25	Under 13 Girls	3.23K	Competitors 11 & 12 years on 31 st August 2025
12.40	Under 13 Boys	3.23K	Competitors 11 & 12 years on 31 st August 2025
12.55	Under 15 Girls	4.31K	Competitors 13 & 14 years on 31 st August 2025
13.20	Under 15 Boys	4.31K	Competitors 13 & 14 years on 31 st August 2025
13.40	Junior Men	8.37K	Competitors 17, 18 & 19 years on 31 st August 2025
14.10	Senior Women	8.37K	Competitors 20 years and over on 31 st August 2025
15.05	Senior Men	12.36K	Competitors 20 years and over on 31 st August 2025

Entries

Online entries only. Entry fee £10 for Senior and Junior (U20) categories, £9 for all other age groups.

Closing date January 18th – NO LATE ENTRIES

Notes

- 1. Team entries will be accepted only from Clubs who have registered their 2025/26 Cross Country affiliation with England Athletics and are affiliated to Northern Athletics. All athletes must be registered with England Athletics and individual athlete affiliation fees for the current year (2025/26) must be paid prior to the date of the event.*
- 2. Timetable, travel directions and further instructions will be posted on the NA website.*
- 3. Club colours as registered with EA must be worn.*

4. *Chip Timing will be used.*
5. *The first SIX in the Senior Men's race and first FOUR in all other races will be a club's scoring counters, except the Junior events (U20), which will be THREE scoring counters. Only one registered Foreign Athlete can count in the scoring team.*
6. *No athlete is allowed to compete in the Championships of more than one Area Association in any discipline in any 9 month period. NB: This applies to all disciplines.*
7. *NA reserves the right to ask any athlete to withdraw from a race on health and safety grounds where, continuing to compete may put either themselves or other athletes at risk, and, if told to do so on the direction of a race official the athlete must comply with the request.*
8. *There will be a wet weather contingency route on the day which may slightly effect the course route and distances – A decision on the use of this will be made closer to the event.*

UKA Anti-Doping Statement

'An entrant shall be deemed to have made him/herself/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the 24th January 2025, whether or not the licence holder is a citizen of, or resident in, the UK.'