



NORTH of ENGLAND INDOOR CHAMPIONSHIPS 2026
(Promoted by Northern Athletics under UKA Rules – Permit IND 26/027)

Sunday 1st February at EIS, Sheffield

Closing Date: 16th January 2026

U15 Boys 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump, Pole Vault

U15 Girls 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump, Pole Vault

U13 Boys 60m: 200m: 800m: Shot: High Jump: Long Jump

U13 Girls 60m: 200m: 800m: Shot: High Jump: Long Jump

(NB: U15 & U13 athletes may compete in a maximum of 3 events in one day)

Fees: £20.00 1st event & £15 per additional event

REGULATIONS for ENTRY

1. UKA RULES: All events are subject to the current 'UKA Rules for Competition'.

2. ELIGIBILITY: **1st claim members of a club affiliated to Northern Athletics for 2025/26**

3. EVENT RESTRICTIONS: The NA Board reserves the right to modify the number of and timing of events and heats for track events to take account of the size of entry.

4. CLOTHING: Athletes must wear club vests or alternatively a County, Area or National vest. All athletes are reminded that all clothing must be clean and so designed and worn as not to be objectionable, even if wet. Bib numbers must not be cut or folded.

5. EQUIPMENT: The organisers will provide the implements for throwing events. Stadium blocks only may be used for track events. U15 & U13 athletes may compete without the use of blocks if they so wish.

6. ENTRIES: A minimum of three entries may be required for an event to be held. All information, start lists, timetables etc will be displayed on our website at www.northernathletics.co.uk approximately one week ahead of the event.

Late entries will not be accepted, all entries MUST be made online. Changes cannot be made after the closing date.

8. STARTING HEIGHTS:

High Jump: U15B - 1.40m: U15G - 1.30m: U13B – 1.25: U13G – 1.20.

Pole Vault: U15B - 1.70: U15G – 1.70