



ANNUAL REPORT

2024/25

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INDEX

REPORT	PAGE
President	3
Chairman	4
Honorary Treasurer	5
Cross Country	8
Road Running	12
Track & Field	19
Track & Field Champions	22
Team Events	30
Northern Athletics Executive Board 2024/25	
President	Pat Schofield
Chairman	Tony Wood
Treasurer	Nigel Orr
Cross Country representatives	Steve Gaines
	Arwel Williams
Road Running representatives	Bob Brimage
	Ken Smith
Track & Field representatives	Malcolm Fletcher
	Tim Hood
Administration staff	Mark Tallon

OBITUARIES

Northern Athletics would like to extend condolences to the families of friends and colleagues who have passed away during the year, including: Gordon Wright, Patricia Green, Barry Parker.

PRESIDENT'S REPORT

I would like to begin my report for the year by thanking Northern Athletics for allowing me the privilege of serving as President for 2024/2025.

I have been lucky enough to attend all of our events and have been delighted to observe that participation numbers are once again on the rise. This is a useful indicator that athletes and coaches are once again realising that area competition is a positive level in the competition pyramid, particularly in giving our young athletes experience in how to negotiate multiple rounds and call room in a professional atmosphere led by experienced and dedicated officials. Looking back over the years many of our most successful international athletes have gained invaluable experience through using area championships as a stepping stone from local to national events. Area competition has proved to be a necessary learning curve and Northern Athletics continually strives to achieve this by providing relevant competition for athletes of all levels.

Over the last few years Northern Athletics has taken steps forward in establishing our independence and obtaining a substantial financial position through our registration scheme and I would like to thank clubs and athletes for their support in this scheme which allows us more independence from national bodies.

On a more personal level I would like to thank the board of NA and all of our dedicated officials; without their knowledge our competitions could not take place, also to Ken Smith and Eileen Ingham for their help in making the presentations go smoothly by making sure that the athletes got their medals that they worked so hard to achieve.

I know you will give my successor all the help and guidance that has been shown to me during my year as president.

Pat Schofield
President 2024/2025

CHAIRMAN'S REPORT

Another 12 months of successful championships have passed by and I have to say with few problems and glitches. This comment may seem brief, bland and rather uninteresting but behind it is a sense of quiet fulfilment for all of us at Northern Athletics.

I mentioned last year that we had reached a place that was stable and secure. The Board have work incredibly hard to deliver our events yet again. There are hours and hours of volunteer work carried out by them months before the event as well as during the hectic days prior to the gun being fired. There are suitable venues to be found which, for the size of our events, is not an easy task. There are officials to be appointed. Finally there is delivery on the day. I believe we have been up to the job yet again over the past year and highlighted to the outside world by our ever improving social media presence. When you look behind the curtain the increased efficiency and smooth running has been achieved with the knowledge we have on the Board and in particular the meticulous expertise provided by Mark Tallon. I sing his praises here and thank him for the work successfully executed.

All this work, of course, cannot be completed in terms of competition delivery without our officials. I thank them for their commitment and dedication whether it be long days at the EIS in Sheffield or out in the rain at Leigh. This takes us back to venues. We recently put out a call for clubs to come forward to host our events. The more options we have the better the chance to deliver a good event. Please consider whether your club or county have a venue for one of our championships. We will provide all the support you need to host. By the way, we must here give another huge thanks to the local volunteers and marshals provided by the hosts to ensure the event is a success and moreover a safe one.

We all know at Northern Athletics the realities on the ground for clubs, leagues and counties as we all come from that background and continue to work within it. One of the big issues around the country continues to be the lack of administrators and a willingness from younger generations to take up the baton that long standing stalwarts have carried for so long. The sport relies almost completely on volunteers so there needs to be a debate at a grassroots competition provider level as to how best to keep what we have going. Many say there should be consideration towards fewer leagues by consolidation of existing ones and combining resources. This may lead to better quality competition with officials and administrators pooling effort and resources before the burn out stage occurs. Look around and see how many organisation cannot find people to run competition or officiate at them. There are many in that state sadly and something needs to be done or it will be lost.

The grassroots sector as ever is always having to cope with changes imposed nationally. One of those major changes will be the controversial age group rules. Despite considerable opposition, even from the UKA rules group, these changes are being imposed on our clubs, leagues, counties and areas. Anybody who has followed this saga will know there is little concrete evidence to justify the change. The best argument seems to be that the change to under 20s under 18s and under 16s will be to halt the decline of athletes taking part in our sport in the later teenage years. Only time will tell whether the change will result in a positive outcome. Meanwhile, it is a major disruption for those organising competition.

The new age groups will be in place after our indoor season so I wish you all the best in implementing them. Yet more work, of course, for those who already have too much to do.

Best wishes for the coming year from all of us at Northern Athletics

Tony Wood
Chairman
Northern Athletics

REPORT OF HONORARY TREASURER

For the financial year 2024-25, the income and expenditure account shows a net surplus for the year of £8,031 (2023-24 = £13,286 deficit); and the balance sheet shows that on 31st March 2025 the value of the net assets of Northern Athletics was £253,617 (31st March 2024 = £245,586).

The Northern Athletics Club Affiliation Scheme continues to be well supported by Clubs throughout the North. The income received in 2024-25 was £56,406, which is higher than the £55,749 received in the previous year.

Start Fitness ended their long-running financial sponsorship from September 2024. Race numbers have continued to be provided by Start Fitness and an interim arrangement is in place whereby Northern Athletics receive commission from their sales at Championship events. Alternative options for sponsorship are being pursued.

As Office Manager, Mark continues to introduce technological advances and improvements in the efficiency and effectiveness of systems for administering the office and competition events. This helps to streamline processes and save time and money, notably relating to reducing the costs of running the office and procuring accommodation for officials at events.

In the budget for 2024-25, the Board and Trustees agreed to invest resources in seeking to make our Championship Events more professional and able to meet the increasingly high expectations of the athletes and other participants. During the year £8,805 was spent on providing support at events, social media coverage, photography, video footage, branding and equipment. We have received very positive feedback on the improvements in how events are managed, marketed and reported on, with widespread media coverage of our events.

A full range of championship events were promoted successfully during the year. In total, financial returns from the championship events were more positive when compared to the previous year. This is particularly pleasing because venue and infrastructure costs associated with organising all events continue to increase significantly. The success of the events is primarily down to the great efforts of the teams of volunteers and staff who promote, organise, and facilitate the events.

In 2019-20 England Athletics provided a sum of £33,000 to be used specifically for a multi-year "Officials' Development" project, the main purpose of which is the training, development and support of new and existing officials. At the end of the year, £10,687 of unspent funds has been carried forward as a "Restricted Fund", as shown in the balance sheet. Plans are in place to spend more of this Fund in 2025-26.

In summary, Northern Athletics remains in a positive financial position. The excellent support from our clubs for the Affiliation Scheme provides the basis of an independent and sustainable source of income, which has built a significant and sound platform for planning future competition events and providing support to clubs, athletes and officials throughout the North.

My personal thanks and appreciation go to Mark and a team of volunteers throughout the North who contribute hugely to the smooth running of the financial activities of Northern Athletics.

Nigel Orr
Honorary Treasurer

Draft Income and Expenditure Account for the year ended March 31st 2025

	2024-25			2023-24
	Income	Expenditure	Net Inc. / (Exp.)	Net Inc. / (Exp.)
	£	£	£	£
Income:-				
Sponsorship - Start Fitness	6,000	0	6,000	12,000
Affiliation Fees	56,406	0	56,406	55,749
Bank interest	12,575	0	12,575	8,212
Hire of equipment	2,789	0	2,789	7,027
	77,770	0	77,770	82,988
Expenditure:-				
Staffing	0	-38,081	-38,081	-44,783
Premises	0	-11,446	-11,446	-12,242
Office & staff expenses	0	-8,423	-8,423	-18,174
Board expenses	0	-1,156	-1,156	-2,572
Equipment, clothing & medals	2,373	-6,824	-4,451	-10,128
Corporation Tax payable	0	-2,497	-2,497	-1,553
Event Support / Social Media / Branding	0	-8,805	-8,805	0
	2,373	-77,232	-74,859	-89,452
Championships:-				
- Track & Field -				
- Senior Outdoors	7,588	-12,880	-5,292	-7,062
- Junior Outdoors	13,355	-18,340	-4,985	-1,963
- Senior Indoors	17,164	-16,232	932	-3,546
- Junior Indoors	8,398	-8,421	-23	-1,856
- Inter Counties	0	-6,446	-6,446	-3,448
	46,505	-62,319	-15,814	-17,875
- Road Running -				
- 6/4 Stage & Young Athletes	19,773	-11,632	8,141	3,572
- 12/6 Stage (2 events in 2023-24)	10,504	-7,303	3,201	9,582
	30,277	-18,935	11,342	13,154
- Cross Country -				
- Championships	17,537	-15,162	2,375	-3,276
- Relays (Cancelled in 2023-24)	9,068	-8,078	990	-1,627
	26,605	-23,240	3,365	-4,903
Teams, Open Events & Matches:-				
- Track & Field Open meetings	15,724	-9,713	6,011	4,704
- Road Running Teams	0	-3,861	-3,861	-2,599
- ERRA - Grant	3,000	0	3,000	2,000
- ECCA - Grant	1,500	0	1,500	1,500
- Cross Country Teams	0	-423	-423	-2,803
	20,224	-13,997	6,227	2,802
Total	203,754	-195,723	8,031	-13,286

Northern Athletics

Draft Balance Sheet @ 31 March 2025

	31 March 2025	31 March 2024
Net assets brought forward	245,586	258,872
Surplus/(Deficit) for the year	8,031	(13,286)
	253,617	245,586
Represented by:		
Bank deposits		
NatWest Current Account	3,453	16,731
NatWest Reserve Account	11,087	0
Lloyds Bank Community Account	27,765	0
Insignis - Cash Accounts	267,097	267,504
Imprest balance	0	212
	309,402	284,447
Debtors	1,614	5,700
Paid in Advance	2,586	6,150
Receipts in advance - Affiliation Fees	(27,861)	(28,545)
Receipts in advance - Other	(5,000)	0
Creditors	(16,437)	(11,281)
Restricted Fund - Officials' Development Project	(10,687)	(10,885)
	253,617	245,568

Cross Country Report 2025

Northern Athletics Cross Country Championships Sat 25th January 2025 at Tatton Park, Knutsford.

The Championship took place at Tatton Park, Knutsford although I am told that in the early 1990's they had hosted a Road Relay there.

It would be remiss of me not to mention early on the excellent work and support from Brian Goulden and Dave Rodgers (Both Sale Harriers) who managed the course build and, on the day, assisted by the excellent team of marshalls where they had support from Sale Harriers and several clubs in the locality including East Cheshire Harriers.

An excellent working relationship was had with Charlene Clarke the event manager at the venue who made things happen for us. I was ably assisted by Steve Gaines who ventured over the Pennines. In addition to Mark Tallon's procurement work in the office and informing the officials for the event.

Many of the athletes and supporters arrived on a glorious sunny day won't be aware that on Friday morning, which was the set-up day and suppliers' arrivals, however Storm Eowyn decided to make an appearance and such due to the wind speeds the park was closed and it was nearly 1pm before we were given access.

For the first time we used Crazy Legs as our chip timing company, and they provided us within an excellent service.

Entries for the day were 1724, compared to 1832 at Sedgefield in 2024 although finishers were higher than the year before by 42 athletes. In every age group over 80% of the entrants competed apart from U17M who were 78%. Senior Men entries were down by 119 athletes from the previous year where SW were 42 entries less. It is quite clear that clubs over the recent years enter those they believe will run.

The course stood up well to the event and excellent feedback was received on the location, including parking and the event overall. Although nothing is planned it would be good to go back to the venue.

In addition, to those already mentioned thanks must also go to all the officials, marshalls of which some were there for the set up and on the day of the event along with our new President – Pat Schofield who presented the awards.

Results are shown below:

Senior Men

1. ANGUS MCMILLAN (City of York)
2. TOMMY POWER (Hallamshire Harriers)
3. Harry Wakefield (Salford Harriers)

Teams

- | | |
|-----------------------|--------|
| 1 Salford Harriers AC | 106pts |
| 2 Leeds City AC | 114pts |
| 3 Sale Harriers | 167pts |

Senior Women

1. LAUREN HEYES (Hallamshire Harriers)
2. SOPHIE TARVER (Wirral AC)
3. KATY WOOD (City of York)

- | | |
|------------------------|-------|
| 1 Leeds City AC | 26pts |
| 2 Sale Harriers | 77pts |
| 3 Hallamshire Harriers | 95pts |

Junior Women

1. AMELIE LANE (Wharfedale Harriers)	1 Salford Harriers & AC	46pts
2. ELENA INCH (City of Sheffield and Dearne AC)	2 Vale Royal AC	63pts
3. GEORGIA BELL (Leven Valley AC)	3 Warriors Pentathlon & AC	93pts

Junior Men

1. BIRUK ADUNA KEBEDE (Clayton Le Moors) (Clayton-Le-Moors Harriers)	1 Morpeth Harriers & AC	26pts
2. ABDIMAJIID DAROOD (Skrac AC)	2 Wirral AC	55pts
3. JOE DIXON (Morpeth Harriers AC)	3 Vale Royal AC	62pts

U17 Women

1. ELLAROSE WHITWORTH (Lincoln Wellington AC)	1 Rotherham Harriers & AC	77pts
2. MAISEY BELLWOOD (Keighley and Craven AC)	2 Salford Harriers & AC	87pts
3. JASMINE WRIGHT (Salford Harriers AC)	3 Liverpool Harriers & AC	137pts

U17 Men

1. MATTHEW DRUMMOND CLARK (Preston Harriers)	1 Trafford AC	58pts
2. LIAM JOHNSON (St Helens Sutton AC)	2 Preston Harriers	93pts
3. DANIEL WATSON (North Shields Polytechnic Club)	3 Keighley & Craven AC	128pts

U15 Boys

1. YARIED ALEM (Leeds City AC)	1 Hallamshire Harriers	66pts
2. ADRIAN WHITE (Trafford AC)	2 Southport Waterloo AC	100pts
3. JAKE IRELAND (Macclesfield Harriers & AC)	3 Trafford AC	101pts

U15 Girls

1. GABRIELLE PINDER (New Marske Harriers)	1 Sale Harriers	63pts
2. OLIVIA LEE (Derby AC)	2 Rotherham Harriers & AC	81pts
3. ISLA YORKE (Warriors Pentathlon & AC)	3 Leeds City SC	108pts

U13 Boys

1. THOMAS HASTINGS (Wakefield Harriers & AC)	1 Preston Harriers	31pts
2. OLLIE CURRAN (Darlington Harriers & AC)	2 Liverpool Harriers & AC	105pts
3. NOAH PENFOLD (North Shields Polytechnic Club)	3 Darlington Harriers & AC	112pts

U13 Girls

1. SIENNA LAVINE (Pontefract AC)	1 Liverpool Harriers & AC	53pts
2. JESSICA THAKE (Hallamshire Harriers)	2 Warriors Pentathlon & AC	57pts
3. MIA MCGOLDRICK (Settle Harriers)	3 Lincoln Wellington AC	99pts

**Arwel Williams and Steve Gaines
Cross Country Representatives**

Northern Athletics Cross Country Relays 2025 AGM report.

Following the reduced team entry numbers for the 2024 event (which followed the cancellation of the 2023 event, due to flooding); it was great to see the increase in entries for the 14th running on the 18th October 2025

YA teams 2019 entered 325; complete teams finished 312
2021 entered 199; complete teams finished 143
2022 entered 244; complete teams finished 188
2023 entered 296

2024 entered 235 complete teams finished 181
2025 entered 303 complete teams finished 244

Seniors 2019 entered 129; complete teams finished 94
2021 entered 117; complete teams finished 100
2022 entered 146; complete teams finished 117.
2023 entered 133
2024 entered 99 complete teams finished 77
2025 entered 117 complete teams finished 93

We again used chip timing this year, and had a successful and enjoyable event, despite us not having any designated parking area that we can use. Again, those that did compete did thankfully seem to get to the event without anyone missing their race start time The weather was fine and the course condition was the best we have ever seen.

The use of chip timing did improve the results production (Thanks to Crazy Legs Timing), and meant that presentations for all race teams and fastest leg runners took place promptly and effectively after each race.

It was good to welcome back clubs who have always supported the event, also some newly formed and affiliated clubs who were here for the first time.

All races started on time & all course dismantling was completed by 4:30.

We had some excellent competitive races, and some very close finishes in some races.

Thanks are again due to the host club – Sheffield Running Club - for their help with course design & operation; and to all the Northern Officials & volunteers who helped on the day.

Congratulations to Salford Harriers (men) and Derby AC (women) for their senior wins.

The ground conditions and the lack of any wind on the day also produced some exceptional times; in the men's race Alfie Manthorpe (Hallamshire Harriers improved the male course record (9.44 set by Patrick Dever of Preston Harriers in 2018) to 9:41, only to see that eclipsed by Callum Johnson who recorded 9:26 on leg 4

Steve Gaines and Arwel Williams

Executive Board Members, Cross Country

Results

U11 races (not championship events)

U/11 Girls

1 Hallamshire Harriers Sheffield "A" 16:19
2 Wirral AC "A" 16:30
3 Salford Metropolitan AC 16:41
1st B team: Liverpool Harriers & AC "B" (11th) 17:44

U/11 Boys

1 Blackpool Wyre & Fylde AC "A" 15:20
2 Sale Harriers A 15:22
3 Hallamshire Harriers Sheffield "A" 15:27
1st B team Hallamshire Harriers "B" (5th) 15:51

Fastest Leg

Sophia McCready Wirrall AC 5:09

U/13 Girls

- 1 Warriors Pentathlon & AC "A" 17:36
- 2 Bingley Harriers & AC "A" 17:37
- 3 Lincoln Wellington AC "A" 17:42
- 1st B team: Liverpool Harriers & AC "B" (6th) 18:15

Fastest Leg

Harriet Carter Bingley Harriers & AC 5:32

U/15 Girls

- 1 Sale Harriers Manchester "A" 23:04
- 2 Hallamshire Harriers "A" 23:10
- 3 Leeds City AC "A" 23:35
- 1st B team: Liverpool Harriers "B" (5th) 23:50

Fastest Leg

Olivia Lee Derby AC 7:15

U/17 Women

- 1 Rotherham Harriers & AC "A" 23:54
- 2 Lincoln Wellington AC "A" 24:01
- 3 Keighley & Craven AC "A" 25:08
- 1st B team: Salford Harriers & AC "B" (15th) 27:34

Fastest Leg

Beth Lewis City of York AC 7:32

Junior / Senior Women

- 1 Derby AC "A" 35:56
- 2 Birtley AC "A" 36:24
- 3 Lincoln Wellington AC "A" 36:44
- 1st B team: Derby AC "B" (10th) 38:47

Fastest Leg

Lydia Turner Birtley AC 11:05
9:26

Fastest Leg

Theo Minns Blackpool Wyre & Fylde AC 4:43

U/13 Boys

- 1 Sale Harriers "A" 16:46
- 2 Keighley & Craven AC "A" 16:54
- 3 Warriors Pentathlon & AC "A" 16:56
- 1st B team: Leeds City AC "B" (12th) 17:37

Fastest Leg

Joseph Preston Keighley & Craven AC 5.15

U/15 Boys

- 1 Hallamshire Harriers "A" 21:10
- 2 Darlington Harriers & AC 21:20
- 3 Liverpool Harriers & AC 21:22
- 1st B team: Hallamshire Harriers "B" (13th) 22:37

Fastest Leg

Thomas Hastings Wakefield & D H & AC 6:31

U/17 Men

- 1 Trafford AC "A" 21:01
- 2 Leeds City AC "A" 21:07
- 3 Rotherham Harriers & AC "A" 21:19
- 1st B team Trafford AC "B" (11th) 21:53

Fastest Leg

Mikey Bacon Rotherham Harriers & AC 6:39

Junior / Senior Men

- 1 Salford Harriers & AC "A" 39:46
- 2 Hallamshire Harriers "A" 40:41
- 3 Gateshead Harriers & AC 41:00
- 1st B team: Salford Harriers "B" (4th) 41:06

Fastest Leg

Callum Johnson Gateshead Harriers & AC

ROAD RUNNING REPORTS

RIBBLE VALLEY 10k Sunday 29th December 2024 Incorporating the Northern Athletics 10K road championship.

Yet again this popular and extremely fast 10K was sold out well before the closure date. With the usual array of elite runners sourced by Blackburn's George Davies, the 2025 entry list did not lack any sparkle in either the men's or women's race. With the course roads closed by 09.15 the 10:00 start came amongst ideal racing conditions. Cloudy, 8 degrees temperature, and no wind, at least at the start.

The first Kilometre marker was passed with a large bunch at the front, and no individual leader, but by the 3k marker however James West and Jacob Cann had started to pull away from the group behind them. These two remained at the front with Omar Ahmed in 3rd position. Meanwhile in the Northern Athletics race at 5k we had Matthew Ramsden 14.58, followed by Biruk Aduna Kedede 14.59, Leeds City's Richard Allen 15.01, and Warrington's Brandon Quinton 15.02 4th.

All tightly packed, but with Leeds having 3 athletes in the top 20 places at the 5k point, the winning team already had their name on the medals, and these 4 were going to thrash it out the 3 Northern Athletics medals on the last slightly downhill 5k.

First Northern Athletics Athlete to cross the finish line was the Under 20 Clayton-Le Moors's athlete Biruk Aduna Kebede, in 29.23, but given the same time was Blackburn's Matthew Ramsden who was placed 2nd with Richard Allen 3rd 7 seconds behind. Brandon Quinton was a well-deserved 4th in 29.37seconds.

Leeds City remained at the top of the Northern Athletics men's team results, followed by host club Blackburn, with Horwich third.

In the women's race it was another close finish between Blackburn's Jessica Warner -Judd and Charnwood's Hannah Nuttall. Throughout the race Jessica had been just ahead of Hannah, Jessica reaching half way in 16:10 Hannah in 16.13. 2nd Northern Athlete was Emily Haggard Kearney who clocked 16.51 at the 5km mark with the Leeds City athlete Heather Townsend 3rd in 17:14 at the 5k point.

It was not until the home straight with the finish line in sight, and in view of her coach Helen Clitheroe, that Hannah Nuttall pulled ahead. Jessica, who had run a very determined race, won the Northern Athletics event in 32.01. Emily Haggard Kearney was 2nd 33.07 and Heather Townsend 3rd 34.22. The team result was another dominating win for Leeds City, with Border 2nd and Preston Harriers 3rd, much to the delight of their Team Manager Cathy Flitcroft, and ex athlete Helen Clitheroe.

Results

Men

Individual.

1	Biruk Aduna Kebede	29.23	Clayton Le Moors
2	Matthew Ramsden	29.23	Blackburn Harriers
3	Richard Allen	29.30	Leeds City
4 th	Brandon Quinton	29.37	Warrington.

Teams

1. Leeds City
2. Blackburn Harriers
3. Horwich RMI Harriers

WOMEN

Individual

1	Jessica Warner -Judd	32.01	Blackburn
2	Emily Haggard Kearney	33.07	Warriors Pentathlon
3	Heather Townsend	34.22	Leeds City
4	Camilla Mcknespley	34.51	Leeds City

Teams

1. Leeds City
2. Border Harriers
3. Preston Harriers

Northern Athletics 12 & 6 Stage + Young Athletes 5k, Redcar, Sunday 30th March.

Graham Hall had certainly picked the day to host the event with wall to wall sunshine, but a strong and cold wind. The Redcar course uses the coastal road with its immaculate road surface and road closures ensures uninterrupted space for the athletes. The days races began at 11.00.

Under 15 Boys

28 athletes lined up at the start in a very stuff breeze, but bright sunshine. They quickly got away on the out and back 5k course, slowly disappearing on the slight downhill towards the turn point. The leader at the turn was Adrian White, Trafford A.C. followed closely by Kirsten -Kyle Sridhar and William Delamere then a gap until 4th and 5th place. The winner was Adrian White in a time of 16.15 which seemed to satisfy his watching coach Neil Canham. 2nd across the line and only just behind the winner was Kirsten-Kyle Sridhar, 16.18, with the bronze medal going to William Delemere. 16.24. How Trafford could have done with a 3rd counter in the team result. Darlington won the gold medal. Wallsend the silver and Halifax the bronze.

Under 15 Girls.

23 athletes were under way promptly at 11.15 with a group of 4 athletes quickly contesting that front spot. Down the hill this group became split and at the turn it was the vest of host club New Maske that were at the front some distance ahead of Liverpool and Wakefield. Now up the hill and into the wind would test these athletes but it failed to change the order with Gabrielle Pinder winning followed by Rebecca Murphy, Liverpool Harriers, then taking the bronze medal Wakefield's Isabella Tuft with Blackburn Harriers just behind in 4th place. Team results had the City of York just ahead of Blackburn Harriers with Tyne Bridge Harriers taking bronze.

Under 17 Men

This age and gender group is always well contested and with 45 athletes the start was quite hectic as they raced away down the hill with that strong wind behind them. The large group at the front stayed together for a large part of the downhill with red vests dominating. Two Salford, one North Shields Poly and a couple of Keithley & Craven

were the leading group at the turn. What would happen going into the wind and up the hill. It was the North East Athlete from North Shields Poly Daniel Watson who crossed the line first some 8 seconds ahead of Salford's Jamie Barber with Ewen Wilkinson Keithley & Craven 3rd just 1 second behind. In the team event Keithley & Craven won gold. North Shields Poly 2nd. In 3rd place were Gateshead Harriers but only because their 3rd counter finished 1 place ahead of Halifax, who had the same number of points.

Under 17 Women.

Down to 18 athletes for this group and a dominant performance for Salford Harriers, who had brought 3 athletes to these championships knowing 3 made a team. It was the red vest of Salford's Jasmine Wright at the front with Hattie Stead and Wakefield's Rosie Thistlewood close by. The wind by this time had started to abate and the return to the finish was just that bit easier, with the front 2 athletes slowly pulling away from third. Jasmine Wright won by some 21 seconds from Hattie Stead, Blackhill Bounders. Rosie Thistlewood was some third but almost a minute behind 2nd place. Teams were Salford closely followed by Keighley and Craven and Chester Le Street receiving the bronze.

Senior Men

So how strong was the Leeds team was the question being asked. Last year they won this event at a very wet Wythenshawe Park from a resurgent Salford team with Morpeth and Liverpool close behind. Well as the wind continue to ease the men got under way at 12.00. and it was the yellow vest of Liverpool Harrier Jack O' farrell who got back on that first leg in 29.19 Sale's Nigel Martin was placed 2nd but given the same time. It was Sale who remained at the front for the next 2 legs before being overtaken by Salford's Harry Wakefield on leg 4 Harry returned the fastest short leg time of the day 14.48. This was Salford's purple patch in the engine room of the race as they help 1st place for 3 legs until being pushed back into 2nd by one of the Leeds City stars Richard Allen who produced the fastest long leg of the day 28.19. So into the last 4 legs and perhaps surprising it was Salford who overtook Leeds City on leg 8, Joe Moores running 15.14. However this was just the beginning as Salford remained in that 1st place, slowly increasing their lead over Leeds City for the remainder of the race winning in 4 hours 2 min 52 sec, a minute clear of Leeds who remained in 2nd place with a gap of over 2 minutes on Morpeth in 3rd place. Morpeth who were 3rd on leg 5 and remained there for the rest of the race were never threatened in the 2nd half of the race, as the gap over 4th place Liverpool was over 10 minutes, 5th were Salford B team.

Senior Women.

Again it was Leeds City that everyone was looking too as holder Sale had not entered a team. Jennifer Walsh their vastly experienced last leg runner was on first leg, so you knew they would get off to a flyer. and Jennifer did not disappoint producing the fastest long leg time of the day 34.22. followed by North Shields Poly and then York Knavesmire. with Trafford 4th. Ruth Jones on the 2nd leg for Leeds City increased the gap to over 2 minutes as North Shields Poly moved into 2nd spot, Tyne Bridge 3rd. That gap between 1st and 2nd remained over 2 minutes for lap 3 as Tyne Bridge overtook North Shields Poly into 2nd but were not making any impression on those Blue and Yellow vests ahead of them. These top 3 positions remained the same for the rest of the race with Leeds City slowly pulling ahead to win by almost 6 minutes. Tyne Bridge Harriers were 2nd some 2 minutes ahead of their local rivals North Shields Poly. Fastest short leg of the day went to Liverpool Harrier Faye O'hare 17.02 as she pulled the Mersey side club up 5 places briefly into 2nd Place. with Freya Potts on last leg finishing just 4 seconds behind Salford.

SUNDERLAND 5K SILKSWORTH PARK Thursday July 10th 2025

It is no surprise that the Northern Athletics 5k championship was again hosted by Sunderland Harriers at their popular 5k road races at Silksworth.

The number of entries for a mid-week road race is staggering. They have two senior races and one junior race with a total of 442 athletes entered.

The new junior race had 29 athletes.

The women and vet 50 plus men had 174 entries.

The senior men plus vet 40 to 49 had 238 entries.

And the quality of competitors is outstanding.

The Women had 2 below 17 minutes another 3 below 18 mins and a further 5 below 19 minutes.

The men had the winner below 15 minutes a further 19 below 16 minutes.

All this on a new and improved course that had to be organised in a week due vandalism on a bridge. Well done Jimmy Johnson and the team at Sunderland.

The weather was superb the earlier heat had subsided and there was no wind.

The women's race got underway at 6.45 on the measured 5k course starting on the track with 300m before climbing the hill and out of sight. The new one lap course was still undulating, but with the start and finish on the wide track surface and improved spectator visibility fast times were expected. As is usual in this road running crazy section of the country expectation of the locals were high, but in the open women's race, Megan Stenhouse from Rugby and Northampton A/C was first back in 16.45.

For the Northern Athletics championship all the remaining athletes were from Northern Affiliated Clubs. The N.A winner was Lydia Turner from Birtley A.C. in 16 mins and 52 seconds, 2nd was the Houghton Harrier & A.C athlete Charlotte Dillon, 17.06 and bronze medallist Ava Leadbetter 17.50.

The women's team race was quite close, but the host club were worthy winners with their first 2 athletes coming in 10th and 11th and the third counter just finishing ahead of the third member of the Jarrow team, which gave Sunderland the team gold and Jarrow the team silver.

Third placed was Elswick Harriers who finished just 1 point ahead of the Crook & District.

So now for the men. Look around before the start, amongst the many local vests were 3 of the blue and yellow vests belonging to Leeds City Athletes.

3 athletes had made the trip up from Leeds and with three to make a team, you knew they were here to challenge the locals for individual as well as team medals. The race started as per the women with 300m on the track then the pull up the hill and turning out of sight of the track. There remained a group of 10 or so athletes bunched together at the front as they reached the top of the hill.

The next time the athletes appeared they had completed that long drag up the hill and were turning left down the slope to complete the 300m to the finish. It was not just one Leeds City vest that appeared first, there was also one in 2nd place some 5 m behind with a Tyne Bridge vest following in 3rd place. As with the women, the leader's positions remained unchanged down the hill or on the track, perhaps this was the effect of the long drag up the hill beforehand. So a Leeds City 1, 2, Ed Bovingdon winning in 14.59 with Angus Cole 2nd 15.05. but where was their 3rd athlete.

Well he was not too far behind in 13th position sufficient to ensure Leeds City won the team gold. Third placed athlete was Tyne Bridge's Zak Kettle 15.09. With team gold resolved it remained to be seen who picked up the remaining medals. Lynne Marr fortunately had been working out the team positions and her calculations were confirmed by the results provider later. Leeds had 16 points, but Morpeth had sneaked into 2 team place with 4th, 5th and then finally 16th position leaving host club Sunderland who packed well finishing 10th 11th and 12th to collect the Bronze.

In the presence of Kevin Carr Sunderland have always been amongst the team medal winners at this event. They have never failed to win at least 1 team medal and usually two. This year it was the women who won the accolades.

Many thanks to Sunderland for allowing N.A. to use the race as their championship, and to Jimmy Johnson and his team for sorting out a superb course in a week.

Northern Athletics Results

Women

1 st Lydia Turner	Birtley A.C.	16.52
2 nd Charlotte Dillon	Houghton Harriers	17.06
3 rd Ava Leadbetter	Newcastle University	17.50

Teams

1 Sunderland	Jessica Fox, Grace Carroll, Jennifer Tomlin	37 points
2 Jarrow & Hebburn	Alex Sneddon, Jenna Killock, Michelle Thompson	49 points
3 Elswick Harriers	Imogen Nicole Bungay, Rachel Dodds, Felicity Smith	64 points

Men

1 st Ed Bovington	Leeds City	14.59
2 nd Angus Cole	Leeds City	15.05
3 rd Zak Kettle	Tyne Bridge	15.09

Teams

1 Leeds City	Ed Bovington, Angus Cole, Ben Gillham	16 points
2 Morpeth Harriers	James Tilley, Joe Dixon, Connor Marshall	25 points
3 Sunderland Harriers	Jake Ridding, Liam Taylor, Stephen Jackson	33 points

“Joe Galvin” Northern 6 & 4 Stage and Young Athletes’ Relays 2025

Thanks to the efforts of Margaret Galvin and the hard working Leigh team, Northern Athletics were once again able to host their 6&4 Stage and Young Athletes Road Relays at Leigh Sports Village.

Unusually for Leigh, the weather forecast was not good. By lunchtime, the rain was setting in, turning into monsoon conditions for the last men’s and women’s legs.

First away promptly were the U13 Boys, where we had 50 finishing teams.

Even before the athletes had departed the track, the red vest of North Shields Poly had pulled away into the lead, with just Bury in close pursuit. Little change by the finish, with North Shields Poly’s Noah Penfold first to cross the line in 9.48, quickly followed by Bury’s Ethan Statham and Warriors Pentathlon in 3rd.

In much the similar fashion to their senior colleagues, Leeds City hit the front by the conclusion of leg 2, with Roman Morriss recording a time of 10.41 and North Shields Poly dropping to 2nd, with Warriors holding onto 3rd place. The last leg saw no change in leaders, with Leeds City coming home in 31.28 overall. 2nd place, after moving up from 5th at the end of Leg 2 were Liverpool Harriers, with Robert Worrall producing the fastest overall time on leg 3. Warriors Pentathlon finished 3rd.

In the U13 Girls race, on leg 1 Pontefract were first back in the fastest time of the race in 10.30. 2nd were Hallamshire and 3rd Bingley. By the end of leg 2, Bingley had moved into the lead, a position they were not to relinquish. 2nd place overall was Warrington Pentathlon in 33.57, some 43 seconds behind Bingley, with the ever consistent Hallamshire 3rd in a time of 34.05. Liverpool Harriers were 4th.

U15 Boys: Once again, 50 teams finished. First team back on leg 1 was Wakefield and District in a time of 9.23. 2nd were Border Harriers and 3rd Darlington. On leg 2, Wakefield moved down to 6th. Preston Harriers moved up 13 places to take the lead, Sale Harriers moving into 2nd place. Lots of changes of the final leg saw Liverpool Harriers move into 1st place, Preston 2nd and Darlington 3rd.

U15 Girls: 47 teams finished and Warriors Pentathlon were first in each of the 3 legs, with an overall time of 31.17. 2nd on leg 1 was Segbergh’s Lucy O’Connell, with Blackburn Harriers 3rd. Preston Harriers were 2nd at the end of leg 2, with Lincoln Wellington 3rd. At the end of the race, Hallamshire came 2nd, with Liverpool Harriers 3rd.

U17 Men: 42 teams finished, with the black kit of Rotherham Harriers the first to enter the stadium at the end of leg 1, closely followed by Derby and Border. Leg 2 saw Trafford pull back 13 places into 2nd with Rotherham dropping to 3rd with new leaders Leeds City. Trafford moved into the lead on leg 3. Rotherham moved up one place into 2nd, with Southport Waterloo moving up 3 places to clinch 3rd spot.

U17 Women: Unsurprisingly, the first athlete back on leg 1 was Holly Cross, wearing the yellow vest of Liverpool Harriers, closely followed by Lincoln Wellington and Wakefield. 2nd leg saw Liverpool drop 4 places to 5th, Wakefield retained 3rd, Rotherham were 2nd with Lincoln Wellington moving into 3rd. Leg 3 saw the first 2 positions remaining unchanged, with Liverpool Harriers pulling back 2 places to claim 3rd podium spot.

82 Senior Women’s teams finished, with Leeds City winning by almost 3 minutes. It was only on leg 1 where Leeds were not at the front of the field, with Heather Townsend ind 2nd place. Leg 1 winner was Warriors E Haggardkearney. 3rd on leg 1 was Sale Harriers Lucy Armitage. Leg 2 saw Liverpool Harriers move into 2nd, with the red vest of Salford up 6 places into 3rd. On leg 3 Liverpool and Salford retained their 2nd and 3rd places, with City of York moving into 4th. The final leg saw Liverpool Harriers dropping to 7th, Salford Harriers moving into 2nd and City of York claiming 3rd spot.

115 Senior Men’s teams finished. Keighley and Craven were 1st on leg 1, quickly followed by Trafford then City of York. Leg 2 had the ultimate winners, Salford Harriers, move into 2nd place, just behind Keighley and Craven, with Leeds City 3rd. Leg 3 saw the first 2 teams settle into their routine, with Salford first, Leeds 2nd through to the finish.

Keighley and Craven moved down to 3rd on leg 4, with Leeds B team in 4th. Leg 5 top 4 teams remained the same. On leg 6 there was a Morpeth surge moving from 7th to 3rd, with Liverpool Harriers up one place into 4th. Despite the best efforts of the monsoon conditions, along with the flooding of the Leeds tent, there were still plenty of smiles at presentation, led by Salford's Harry Wakefield!

Bob Brimage & Ken Smith

***Executive Committee members (Road Running)
Championship Secretary***

TRACK AND FIELD REPORT

The 2024/25 Season saw us adopt Roster as the Entry and Results platform for All Track & Field Events after the Initial Trial at the 2024 Outdoor Championships.

We kicked off the indoors with our ever-popular open meetings; one in November one in December. Having adopted Roster the Entry Numbers were comparable to the previous year, November up by 15 and December down by 10. Although adopting Roster as the entry system we used the old system for seeding, November was a sharp learning curve with a couple of initial hold ups due to combining the 2 systems, by December there were no noticeable delays or issues. This also allowed for Live input of Field Events allowing everyone to follow what was happening, even with the Shot Put under the overhang on the back straight.

The Indoor Senior/U20/U17 and U15/U13 Championships 2025 also adopted Roster completely, again entry numbers were comparable to the previous year Senior event up by 45 and Junior event down by 16. Again we had live Field events results on a few of the events making sure we covered the Shot Puts on the back straight.

With the entry numbers up slightly this meant the timetable we produced was proposing that we would finish just over the permitted 8 hour competition day, in reality we ended up finishing 20 minutes over the permitted 8 hour Competition day.

New Indoor Championship Records:- U13 Girls 800m Sienna Lavine of Pontefract AC 2:12.17, U15 Boys Shot Put Logan Stuart Cowling of Kingston upon Hull AC 14.76m, U20 Women 800m Jessica Lark of West Cheshire AC 2:06.21, Senior Women 400m Tess McHugh of Sale Harriers 53.09, Senior Women 3,000m Emily Haggard Kearney of Warriors 9:23.80, Senior Men 60m Andrew Robertson of Sale Harriers 6.62.

Outdoor reports

Outdoor Track & Field Events again moved around the area, The Inter County event was staged at York again after an absence of a few years, Derby this year hosted the Senior/U20 event and the Age Groups saw a return to Liverpool. See separate reports.

The Judith Temperton Inter - County Championships 26th May 2025

With all costs associated with staging an Athletics Event continuing to rise at unprecedented rates and the Inter County fixture being fully funded by NA we took the hard decision to ask All the Counties for a donation towards the staging of the event. We can confirm that All 10 counties agreed to this and sent Teams to the event.

York were our hosts this year and the Stadium and facilities were superb, our thanks go to John and Alison Moreland for liaising with the Stadium Management and ensuring all was in order. The event was very well supported in both team numbers and spectators, with a couple of changes to the previous year's timetable the event ran very smoothly and finished in a timely fashion. Thanks to York for agreeing to host this event for u

Senior Outdoor Championships

Derby having hosted the Junior Championships last year saw the Senior and U20's travel to them, even though it was at the extreme end of our Region entry numbers held their own and were actually 25 more than the previous year.

This year Derby had the use of their refurbished warm up area which was the major negative feedback from last year's Junior meeting.

Disappointingly some of our Scheduled events didn't take place due to all the entrants withdrawing on the day, or reducing the need for heats to a final or heats to semis to final, this is no reflection on anything we are doing and nothing within our control either.

Both days ran smoothly and either finished on time or ahead of time.

Thanks to all the staff and volunteers who looked after us on both our site visit and weekend of the championships, ensuring everything ran smoothly.

Age Group Outdoor Championships

This year saw us return to Liverpool for the U13/ U15/ U17 Championships, although the weather tried its hardest to put a dampener on the weekend I don't believe it succeeded.

Initial entry numbers were up over 115 from the previous year, although a few didn't turn up because of the weather, again this meant the Timetable lost some heats, semis which is out of our control.

Aside from this 2 days of good high quality Athletics were enjoyed by all who took part.

Huge thanks to Taff, who although he couldn't be present on the actual weekend due to his health, continued to liaise all our requirements to the relevant bodies at Liverpool.

Thanks to everyone at Liverpool for making us welcome and ensuring everything ran smoothly, except they forgot to put the order in for good weather.

New Outdoor Championship Records:-

U17 Women 300m Hurdles Renee Adams, Southport Waterloo AC 43.14

U20 Women 400m Olivia Bell, Rotherham Harriers & AC 54.99

U20 Women SP Annabel Amadin, Sale Harriers 14.62

U20 Women DT Annabel Amadin, Sale Harriers 44.35

U20 Men 200m Gareth Evans, Leeds City AC 20.96

Senior Men 200m Lee Thompson, City of Sheffield & Dearne AC 20.90

Roster Update

After the implementation of Roster successfully at our Outdoor Championships we have now fully adopted the system for all out Track & Field Events.

We are continuing our work of introducing new officials to various aspects of the system in order to future proof our events going forward, still a work in progress with a couple of areas needing to be looked at.

This year after initial skepticism/ reluctance to use tablets for entering Live Field results in 2024, we achieved

over 90% of the Field results Live at event sites, especially useful for the announcing team if there were no infield boards in use allowing them to follow the events as normal. Several new users of tablets for field results were brought on board made easier by them being given a quick tutorial if they required it when collecting the tablet from the Results desk, we will once again offer this going forward.

Many thanks to York, Derby and Liverpool for hosting our outdoor championships.

Malcom Fletcher, Tim Hood, Sue Grime, Elaine Williams Board members for Track & Field

INDOOR TRACK & FIELD CHAMPIONS 2025

Event	U13 Boys		
60m	Ethan Ford	Wakefield District H & AC	8.20
200m	Ethan Ford	Wakefield District H & AC	26.55
800m	Joseph Samuel Preston	Keighley & Craven AC	2:22.74
High Jump	Thomas Anderson	City of Sheffield & Dearne AC	1.30
Long Jump	Ethan Ford	Wakefield District H & AC	4.46
Shot Putt	Karson Karl Boothe	Hartlepool AC	7.71
Event	U15 Boys		
60m	Joe Moss	Amber Valley & Erewash AC	7.28
200m	Ben Jackson	Wakefield District H & AC	23.57
800m	Kasper Pearson	Wallsend Harriers & AC	2:09.57
60mH	Charles Reilly	City of Sheffield & Dearne AC	8.86
Long Jump	Freddie Strong	Border Harriers & AC	5.79
High Jump	Freddie Strong	Border Harriers & AC	1.80
Pole Vault	Ewan Alexander David Macmillan	Barton & District AC	2.55
Shot Putt	Logan Stuart Cowling	Kingston upon Hull AC	14.76 CR
Event	U17 Boys		
60m	Kelly Aru	Liverpool Harriers & AC	7.08
200m	Morgan Downes	Leeds City AC	22.56
400m	Archie Spicer	Lancaster & Morecambe AC	52.19
800m	Magnus Riddel	Tynedale Harriers & AC	2:03.06
1500m	Mikey Bacon	Rotherham Harriers & AC	4:06.04
60mH	Hugo Douglas-Reeves	Darlington Harriers & AC	8.28
Long Jump	Ben Oliver Foulger	City of York AC	6.57
Triple Jump	Ben Oliver Foulger	City of York AC	13.75
High Jump	Joshua Akintolu	Wakefield District H & AC	1.88
Pole Vault	Max Miller	Wirral AC	2.90
Shot Putt	Harry Beard	City of Sheffield & Dearne AC	14.02
Event	U20 Men		
60m	George Warburton	Stockport Harriers & AC	6.80
200m	Gareth Evans	Leeds City AC	21.94
400m	Peter Gardner	Bury AC	51.56
800m	Rafferty Mirfin	Skyrac AC	1:52.75
1500m	Archie James Budding	Ilkley Harriers AC	4:03.24
3000m	Ewan Graham Busfield	Derby AC	8:39.08
60mH	Lewis Shaw	Warrington AC	8.12

Long Jump	Will Jackson	Wigan & District H & AC	6.70
Triple Jump	Daniel Elliott	Liverpool Harriers & AC	12.52
High Jump	Martins Junior Ogodenbe Dobies	Sale Harriers	2.00
Pole Vault	Rudi May	City of Sheffield & Dearne AC	4.40
Shot Putt	Hayden Blunn	Macclesfield Harriers & AC	12.16
Event	Sen Men		
60m	Andrew Robertson	Sale Harriers	6.62 CR
200m	David Chapman	City of Sheffield & Dearne AC	21.20
400m	Lee Thompson	City of Sheffield & Dearne AC	48.13
800m	Robert Shipley	City of York AC	1:55.23
1500m	Tommy Shaw	City of York AC	3:54.80
3000m	Michael McCarthy	Liverpool Harriers & AC	8:33.75
60mH	Morgan Williams	Leeds City AC	8.27
Long Jump	Miquel Gaisah	Sale Harriers	7.00
Triple Jump	Seun Okome	Sale Harriers	15.33
High Jump	Ben Pitts	Amber Valley & Erewash AC	2.00
Pole Vault	Adam Hague	City of Sheffield & Dearne AC	5.20
Shot Putt	Chukwuemeka Ossamor	City of Sheffield & Dearne AC	16.06
Event	U13 Girls		
60m	Caitlin Hurworth	Wirral AC	8.58
200m	Esme Lee	City of York AC	28.11
800m	Sienna Lavine	Pontefract AC	2:12.17 CR
High Jump	Grace Torossian	Wakefield District H & AC	1.38
Long Jump	Summer Rose Biggs	Amber Valley & Erewash AC	4.67
Shot Putt	Summer Rose Biggs	Amber Valley & Erewash AC	9.53
Event	U15 Girls		
60m	Grace Gode	Leeds City AC	7.71
200m	Imogen King	Preston Harriers	25.68
800m	Isobel Beddow	Warriors	2:19.07
60mH	Juliette Doloree Callau	City of York AC	9.13
High Jump	Romy Fagan	Wakefield District H & AC	1.62
Long Jump	Florence Lilly	Lincoln Wellington AC	4.89
Pole Vault	Erin Barron	Wigan & District H & AC	2.20
Shot Putt	Alicia Purvis	Alnwick Harriers	10.17
Event	U17 Girls		
60m	Celine Obinna-Alo	Sunderland Harriers & AC	7.59

200m	Princess Iwelu	Bolton United Harriers & AC	25.42
300m	Ella Grace Bibby	Warriors	40.70
800m	Isabel Goodman	Chorley Athletic & Triathlon Club	2:13.99
1500m	Sasha Bartalotta	Salford Harriers & AC	5:13.19
60mH	Molly Mills	Sale Harriers	8.82
Long Jump	Lauren Hewitt	Wigan & District H & AC	5.17
Triple Jump	Zoe Louise Bind	City of York AC	11.06
High Jump	Scarlet Elizabeth Lee Grundy	Wirral AC	1.65
Pole Vault	Tamzin Jessica Osbourne	Blackburn Harriers & AC	3.15
Shot Putt	Skye Marshall	Gateshead Harriers & AC	12.43
Event	U20 Women		
60m	Mabel Akande	Lincoln Wellington AC	7.47
200m	Mabel Akande	Lincoln Wellington AC	24.29
400m	Casey Musgrave	City of Sheffield & Dearne AC	56.15
800m	Jessica Lark	West Cheshire AC	2:06.21 CR
1500m	Gabriella Rose Brown	Hallamshire Harriers	4:51.16
3000m	Freya Murdoch	Salford Harriers & AC	10:00.56
60mH	Rosie Hickling	City of York AC	9.08
Long Jump	Emily Maude	City of York AC	5.80
Triple Jump	Amber Brown	Trafford AC	11.91
High Jump	Lauren Louise Burn	Southport Waterloo AC	1.65
Pole Vault	Amy Scott	City of Sheffield & Dearne AC	3.20
Shot Putt	Annabel Amadin	Sale Harriers	13.90
Event	Sen Women		
60m	Rachel Bennett	Sale Harriers	7.43
200m	Ella Blakey	Derby AC	24.40
400m	Tess McHugh	Sale Harriers	53.09 CR
800m	Jodie Martin	Kingston upon Hull AC	2:14.38
1500m	Ellie Grace Bushill	Vale Royal AC	4:36.77
3000m	Emily Haggard Kearney	Warriors	9:23.80 CR
60mH	Olivia Fowler	Crewe & Nantwich AC	8.55
Long Jump	Steph Jones	Sale Harriers	5.89
Triple Jump	Olivia Ann Reah	Leeds City AC	12.10
High Jump	Hollie Smith	Jarrow & Hebburn AC	1.65
Pole Vault	Bethany Falconer	Chesterfield & District AC	3.20
Shot Putt	Shaunna Thompson	Sale Harriers	14.79

OUTDOOR TRACK & FIELD CHAMPIONS 2025

Event	U13 Boys		
100m	Karson Karl Boothe	Hartlepool AC	12.80
200m	Nathan Oghale	Crewe & Nantwich AC	25.75
800m	Noah Penfold	North Shields Polytechnic Club	2:14.26
Long Jump	Ethan Ford	Wakefield District H & AC	4.89
Shot	Jaxon Marshall	City of York AC	9.24
Event	U15 Boys		
100m	Joe Moss	Amber Valley & Erewash AC	11.27
200m	Ben Jackson	Wakefield District H & AC	23.54
300m	Jay Hussain	Wirral AC	37.89
800m	Jack Baranowski	Blackburn Harriers & AC	2:01.32
1500m	Thomas Hastings	Wakefield District H & AC	4:21.19
80mH	Jay Hussain & Charles Reilly	Wirral AC & City of Sheffield & Dearne AC	11.23
High Jump	Freddie Strong	Border Harriers & AC	1.70
Pole Vault	Hugo Williamson	City of York AC	3.30
Long Jump	Cruz Addison Collins	Leeds City AC	5.92
Triple Jump	Cruz Addison Collins	Leeds City AC	12.81
Shot	Logan Stuart Cowling	Kingston upon Hull AC	14.34
Discus	Logan Stuart Cowling	Kingston upon Hull AC	43.94
Hammer	Benjamin Compton	Blyth RC	41.96
Javelin	Freddie Strong	Border Harriers & AC	44.12
Event	U17 Boys		
100m	Olly Johnson	Crewe & Nantwich AC	11.00
200m	Ethan Jacob Heggarty	Bingley Harriers & AC	22.39
400m	Rowan Whittaker	City of York AC	49.12
800m	Joshua Smith	Preston Harriers	1:59.41
1500m	Alfie Cook	Gateshead Harriers & AC	4:08.28
3000m	Max Taylor	Liverpool Harriers & AC	9:02.61
1500m s/c	Max Winstanley	Chorley Athletic & Triathlon Club	4:52.33
100mH	Hugo Douglas-Reeves	Darlington Harriers & AC	13.07
400mH	Luke Hussain	Wirral AC	56.42
High Jump	Eli Paul Christensen Adams	North Shields Polytechnic Club	1.96
Pole Vault	Max Miller	Wirral AC	3.00

Long Jump	Freddie Yeo	Kingston upon Hull AC	6.37
Triple Jump	Archie Herbert	Darlington Harriers & AC	12.18
Shot	Harry Beard	City of Sheffield & Dearne AC	17.40
Disucs	Ben Roberts	Preston Harriers	47.08
Hammer	Alfie Dodds	Leigh Harriers & AC	52.42
Javelin	Ben Clarke	Bury AC	58.37
Event	U13 Girls		
100m	Grace Mawdsley	Blackpool Wyre & Fylde AC	12.75
200m	Esme Lee	City of York AC	26.78
800m	Sienna Lavine	Pontefract AC	2:14.09
Long Jump	Summer Rose Biggs	Amber Valley & Erewash AC	4.74
Shot	Summer Rose Biggs	Amber Valley & Erewash AC	9.71
Event	U15 Girls		
100m	Grace Gode	Leeds City AC	12.25
200m	Amy Louise Johnstone	Carlisle Aspatria AC	25.46
300m	Imogen King	Preston Harriers	41.38
800m	Isobel Beddow	Warriors	2:15.28
1500m	Olivia Lee	Derby AC	4:37.13
75mH	Juliette Delores Callau	City of York AC	11.15
High Jump	Romy Fagan	Wakefield District H & AC	1.62
Pole Vault	Erin Barron	Wigan & District H & AC	2.20
Long Jump	Lucy Isabelle Howarth	Crewe & Nantwich AC	5.14
Triple Jump	Betsy Wilton	Amber Valley & Erewash AC	10.86
Shot	Alicia Purvis	Alnwick Harriers	10.97
Discus	Alicia Purvis	Alnwick Harriers	29.86
Hammer	Cassidy Crowe	Kingston upon Hull AC	42.24
Javelin	Kristen Badrock	Liverpool Harriers & AC	32.64
Event	U17 Girls		
100m	Celine Obinna-Alo	Gateshead Harriers & AC	11.89
200m	Celine Obinna-Alo	Gateshead Harriers & AC	24.49
300m	Ruby Phillips	Wirral AC	39.85
800m	Holly Cross	Liverpool Harriers & AC	2:15.41
1500m	Isabella Rose Tutt	Wakefield District H & AC	4:32.57
3000m	Rebecca Murphy	Liverpool Harriers & AC	10:17.03
1500m s/c	Molly Carvell	Wirral AC	5:37.18
80mH	Molly Mills	Sale Harriers	11.35
300mH	Renee Adams	Southport Waterloo AC	43.14 CR

High Jump	Scarlet Elizabeth Lee Grundy	Wirral AC	1.65
Pole Vault	Tamzin Jessica Osborne	Blackburn Harriers & AC	3.25
Long Jump	Zuri Idemudia	Wirral AC	5.13
Triple Jump	Zoe Louise Bind	City of York AC	10.98
Shot	Skye Marshall	Gateshead Harriers & AC	12.23
Disucs	Bethany Pendlebury	Trafford AC	35.22
Hammer	Jessica Lily Wilkins	Trafford AC	50.20
Javelin	Skye Marshall	Gateshead Harriers & AC	41.30

Event	Senior Men		
100	Nicholas Walsh	Sale Harriers	10.51
200	Lee Thompson	City of Sheffield & Dearne AC	20.90 CR
400	Benjamin Schofield	Gateshead Harriers & AC	48.48
800	Eddie Hunter	Leeds City AC	1:55.18
1500	Edan Petrie	City of Sheffield & Dearne AC	4:02.15
5000	Harry Johnson	Halifax Harriers & AC	14:44.44
110 Hu	Henry Curtiss	City of Sheffield & Dearne AC	14.92
400Hu	Benjamin Schofield	Gateshead Harriers & AC	52.85
3k s'chase	Samuel Richard Gilson	Rotherham Harriers & AC	9:26.92
HJ	Kaya Walker	City of Sheffield & Dearne AC	2.05
LJ	Alfie Ward	Blyth RC	6.74
TJ	Adrian Sum	City of Sheffield & Dearne AC	12.93
PV	Adam Hague	City of Sheffield & Dearne AC	5.15
SP	James Taylor	City of Sheffield and Dearne AC	15.08
DT	Chukwuemeka Osammor	City of Sheffield and Dearne AC	52.42
JT	Oliver James Wright	City of York AC	63.15
HT	Shaun Kerry	Kingston upon Hull AC	61.82
Event	U20 Men		
100	Gareth Evans	Leeds City AC	10.60
200	Gareth Evans	Leeds City AC	20.96 CR
400	Thomas William Watton	Middlesbrough AC	49.23
800	Samuel Perry	Northern (Isle of Man) AC	1:55.68
1500	Samuel Perry	Northern (Isle of Man) AC	4:00.05
5000	George Benjamin Craggs	Middlesbrough AC	16:04.81
110 Hu	Corey Middleton	Wigan & District H & AC	15.01
400Hu	Corey Middleton	Wigan & District H & AC	55.56

3k s'chase	Luke Benjamin Shacklock	Harrogate Harriers & AC	10:13.49
HJ	Harrison Charlie Fletcher	Border Harriers & AC	1.97
LJ	Alfie Bernard Carter	Sale Harriers	7.01
TJ	Daniel Elliott	Liverpool Harriers & AC	13.20
PV	Rudi May	City of Sheffield and Dearne AC	4.40
SP	No Competitors		
DT	William George Lacey	Leigh Harriers & AC	38.78
JT	Callum James	Border Harriers & AC	51.01
HT	Joshua Stephen Reibbitt	Blackburn Harriers & AC	54.59
Event	Senior Women		
100	Leonie Ashmeade	City of Sheffield & Dearne AC	11.72
200	Ellie Reann Booker	City of Sheffield & Dearne AC	24.21
400	Ella Blakey	Derby AC	54.62
800	Jodie Martin	Kingston upon Hull AC	2:09.30
1500	Zoe Hunter	Leeds City AC	4:34.09
5000	Sophie Cowper	Rotherham Harriers & AC	18:54.59
100Hu	Chelsea Walker	City of York AC	14.28
400Hu	Chelsea Walker	City of York AC	58.57
2k s'chase	Lily Higgins	Lancaster & Morcambe AC	9:02.71
HJ	Nia Rutter	Blackpool Wyre & Fylde AC	1.54
LJ	Kristie Archer	Rotherham Harriers & AC	5.63
TJ	Charlotte Earl	Morpeth Harriers & AC	11.19
PV	Bethany Falconer	Chesterfield & District AC	3.10
SP	Shaunna Thompson	Sale Harriers	14.87
DT	Freya Dooner	Trafford AC	45.47
JT	Anna Charlotte Peers	Liverpool Pembroke & Sefton H & AC	34.52
HT	Alice Barnsdale	North Shields Polytechnic Club	60.93
Event	U20 Women		
100	Cherie Ufuoma	Bolton United Harriers & AC	12.53
200	Niamh Le'Gall	West Cheshire AC	25.03
400	Olivia Bell	Rotherham Harriers & AC	54.99 CR
800	Sarah Yates	Preston Harriers	2:11.35
1500	Darcy Tullis	Morpeth Harriers & AC	5:01.16
5000	Jessica Grace Robertson-Dover	City of York AC	18:26.77
100Hu	Sadie Parker	Blyth RC	15.12
400Hu	Sonya Chechik	City of York AC	1:04.04

2k s'chase	Jasmine Louise Wright	Salford Harriers & AC	7:08.50
HJ	Isabelle Murphy	Lancaster & Morcambe AC	1.60
LJ	Sadie Parker	Blyth RC	5.70
TJ	Sadie Elizabeth Madigan	Liverpool Harriers & AC	10.94
PV	Martha Hewitt-Chapple	Gateshead Harriers & AC	3.00
SP	Annabel Amadin	Sale Harriers	14.62 CR
DT	Annabel Amadin	Sale Harriers	44.35 CR
JT	No Competitors		
HT	Kaitlyn Waddell	Blyth RC	48.65

TEAM REPORTS

Home Countries XC International incl Inter-Area Match, Temple Newsam, Leeds – Saturday 8th February 2025

Athletes from all over the UK and Ireland gathered in Leeds on a dull and chilly day ready to race over a hilly and technical course at Temple Newsam park! The majestic Grade I listed Tudor-Jacobean Temple Newsam house provided an impressive backdrop to an equally impressive field of the UK's top athletes.

The North brought its top athletes to compete in the Inter-Area match in the U20 and Senior competitions, competing against teams representing Midlands and the South of England. Representative teams from England, Scotland, Wales, Northern Ireland and Ireland were also competing in the event in the Home Countries XC International.

The U20 Ladies set off at 12.00pm with the North team of **Ava Clough (Trafford)**, **Georgia Bell (Leven Valley)**, **Lilia Harris (Rotherham)** and **Lottie Langan (City of York)**. The race began with an uphill start that would be one of many over the challenging course. Although the ground was soft and runnable, there was no flat ground!

The ladies ran hard over a technical course with Georgia and Lottie in the lead group charge. Ava and Lilia in the mix and in close pursuit! The hills proved a tough challenge with no respite on technical fast downhill sections. The ladies fought hard over the 3 laps with Georgia Bell leading the North team and finishing in a fantastic 8th position with an uphill finish! Lottie Langan came in closely behind with a brilliant 11th place followed by excellent well fought runs by Ava Clough in 19th and Lilia Harris in 30th.

The U20 Men were next off at 12.30pm – **Ewan Busfield (Derby)**, **Robbie Price (Vale Royal)**, **Leo Powell (Derby)** and **Harry Peacocke (Salford)**. Ewan was mixing it with the lead-group early on, and managed to finish a superb 10th overall, beating several of the International competitors. Robbie Price was next to finish in 31st. Harry and Leo rounding out the team in 40th and 41st respectively. Excellent runs from our team and a great learning experience.

The Senior Ladies started the hilly battle at 1.00pm and no site of the sun meant conditions remained extremely cold with many athletes opting for extra layers! **Sophie Tarver (Wirral)**, **Jade Morgan (Liverpool)**, **Dominique Corradi (Leeds City)** and **Katy Wood (City of York)** made up the strong team for the North. Sophie made her intentions clear leading the charge with a tight group of the England team in the front pack. Dominique pushed hard in the chase group with Katy in close pursuit and closely followed by Jade. The course challenged the athletes over the relentless 4 laps with positions changing and athletes having to dig deep to keep up the fight! Sophie Tarver gave all she had to finish a fantastic 4th place, only 6 seconds off the medals. Katy Wood fought hard to move through the field finishing in an excellent 12th place. Jade Morgan also gave a gutsy run to gain places in the middle section of the race and came through to finish in a brilliant 16th place closely followed 7 seconds after by Dominique Corradi pushing hard on the final brutal hill! An excellent performance by the North Senior Ladies team.

The final race of the day saw the Senior Men toe the line with a 1.40pm start – **Chris Coulson (Houghton)**, **Rich Allen (Leeds City)**, **Tommy Power (Hallamshire)** and a late addition to the team, **Sean Flanagan (Leeds City)** making his North of England debut after withdrawal due to injury of Euan Brown. Tommy was keen to mix it with the lead group throughout the first half of the race, even managing to recover from a heavy fall on one of the downhill corners. Tommy finished a superb 10th. Chris ran much of the race solo and would finish an excellent 14th, only 15 secs down on Tommy. The very wily and experienced Rich Allen went off conservatively and came all the way through the field to finish 15th, chasing down Chris.

Sean ran solidly to finish 32nd.

A massive thanks to Mark Tallon for all his hard work before the event with team selection and organising all kit! Also a shout to Sophie Warden for her pre-race socials build-up and Ruth Hirst who was on the course on the day, getting some of the amazing photos of the team and updating socials in real-time!

A great day of XC racing! Thank you to the Northern Athletics Board for making these representative opportunities possible.

Claire Duck, Mick Hill – Northern Athletics, Team Management

Cardiff 5k Race for Victory Race Report by Ken Smith

This year, Northern Athletics had agreed to support more young athletes and send under 20 teams to the Cardiff 5k, alongside the two senior teams. Selection for both teams had been based on the Northern Athletics Area 12 and 6 stage road relays results at Redcar at the end of March.

So, 4 teams were entered for Cardiff, both male and female under 20 and senior age group in the inter area competition that included Armed Forces, Midlands team, North Wales and England under 20 teams.

The Whitchurch locals were certainly out in numbers to support the race. As 7pm approached, 3 high performance vehicles drove around the course, giving an impression of the speed to come.

The race did not disappoint! The undulating course brings the athletes almost back to the finish just after the 4k mark, after which they make three right turns on their way to the finishing gantry.

The NA senior men's team finished in 2nd place, with Sam Hopkins (Salford) 8th, Joe Moores (Salford) in 15th and Angus Cole (Leeds) in 23rd. These 46 points were sufficient for a 2nd place finish behind a strong Midlands team. The Midlands team won with 33 points. 4th NA team member was Alex Brown (Morpeth), who suffered with illness during the race and finally had to withdraw after 3.5k, despite his strong desire to complete the course.

The NA senior women's position equalled that of the men, with a brilliant second place. First counter and 3rd individual overall in the race was Sophie Pikett (Elswick). She was well supported by Jess Eaton (Tyne Bridge) and Amelia Bratt (Salford). Fourth member of the team was Ruth Jones (Leeds), in position 265, only 11 seconds behind Amelia.

One big disappointment for the men's team was the initial results error, which deprived them of their place on the podium. Results were rectified after the presentation.

The event also proved to be an outstanding success for the younger athletes, as the U20 men won the inter area team result. Joe Dixon (Morpeth) was first counter for the team in 45th position in a time of 15.18. Jonson Hughes (Rotherham) and Zak Kettle (Tyne Bridge) both were given the same time of 15.24 but in 51st and 53rd position with the team points sufficient to place them as first U20 team in the inter area team event. Sonnyboy Hughes (Rotherham) finished 102nd in a time of 16.15.

Northern Athletics had entered a Under 20 women's team but injuries had reduced the 4 women down to just Katie Francis (Birtley) who finished 227th overall in a time of 17.42.

Senior Men: 2nd place

Positions: 8th in 14.29, Sam Hopkins

15th in 14.39, Joseph Moores

23rd in 14.47, Angus Cole

Unfortunately, Alex Brown had to pull out of the race at 3.5k because of illness.

Senior Women: 2nd place

Positions: 101 in 16.12, Sophie Pikett

200 in 17.23, Jess Eaton

244 in 17.54, Amelia Bratt

265 in 18.05, Ruth Jones

U20 Men: Winners

Positions: 45 in 15.18, Joe Dixon

51 in 15.24, Jonson Hughes

53 in 15.24, Zak Kettle

102 in 16.15, Sonnyboy Hughes

U20 Women: Incomplete team, one athlete

Position: 227 in 17.42, Katie Francis

