



Event	Date	Discipline	Spaces available	Priority Selection Consideration
Home Countries International: London	Feb 7th	Cross-Country	4 senior men 4 senior ladies 4 U20 men 4 U20 ladies	Fastest legs at Northern XC Relays (October) Fastest Legs at National XC Relays (November) Highest finishers at Liverpool Cross Challenge (November) Should further consideration be needed: Highest Finishers at Northern Championships (January)

All selections are made predominantly from Northern Athletics events, and all selections are made from athletes who are first claim members of clubs affiliated to Northern Athletics.

The selection panel consists of the team managers and elected members of the Northern Athletics Board for Cross Country.

All selections are at the discretion of the selection panel.

There is no obligation to fill all available positions.

There shall be no right to appeal the selection of the Northern team made by the selection panel.

This selection procedure shall be reviewed every 12 months in October.