

**NORTHERN ATHLETICS  
Presents the  
2025 NORTH OF ENGLAND TRACK AND FIELD CHAMPIONSHIPS**

*Held Under UKA Rules – License TBC*

**U14 & U16 CHAMPIONSHIP MEETING,**  
**Leigh June 27<sup>th</sup> & 28<sup>th</sup>**

**Saturday**

- U16 Boys** 100m, 300m, 300m Hurdles, 1500m, Long Jump, Triple Jump, Shot, Discus, Javelin, Hammer
- U16 Girls** 100m, 300m, 300m Hurdles, 1500m, High Jump, Triple Jump, Javelin
- U14 Girls** 100m, 800m, Shot, Long Jump, Javelin
- U14 Boys** 100m, 1500m, High Jump, Discus

**Sunday**

- U16 Boys** 100m Hurdles, 200m, 800m, 1500m Steeple Chase, High Jump, Pole Vault
- U16 Girls** 80m Hurdles, 200m, 800m, 1500m Steeple Chase, Long Jump, Pole Vault, Shot, Discus, Hammer
- U14 Boys** 80m Hurdles, 200m, 800m, Shot, Long Jump, Javelin
- U14 Girls** 75m Hurdles, 200m, 1500m, High Jump, Discus

**Closing Date Friday June 12<sup>th</sup> 18:00 – No Late Entries - No Exceptions**

**ENTRY FEES: £20 FIRST EVENT. £15 FOR EACH ADDITIONAL EVENT – Including all Roster and Stripe fees**

**Refunds will only be given in the case of an event cancellation by the organiser.**

**\*Disability athletes may enter all mainstream events using appropriate specifications, however no seated throw events will be available\***

## **REGULATIONS**

### **1 UK ATHLETICS RULES**

All events will be subject to UKA Rules for Competition (1<sup>st</sup> April 2026 edition).

### **2 ELIGIBILITY**

*NB: All events are confined to athletes who are 1<sup>st</sup> claim members of a club affiliated to Northern Athletics for 2025/26 and who have paid their 2026/27 affiliation fee to England Athletics.*

Entrants must not have competed in any other area championship within the competition year.

### **3 EVENT RESTRICTIONS**

The Committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition, and in any case any event with less than three entries. In the case of a very large entry, events of 1500m or more may be split into 'A' & 'B' races. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only.

### **4 CLUB MEMBERSHIP AND CLOTHING**

Athletes **must** wear club vests or alternatively a county or national vest. Schools county representative are not permitted. All athletes are reminded that all clothing must be clean and so designed and worn as not to be objectionable, even if wet.

Bib numbers must not be cut or folded.

### **5 EQUIPMENT**

Competitors supplying their own equipment may bring a maximum of two throwing implements and have them inspected at the equipment room before competing.

Stadium blocks only may be used.

### **6 ENTRIES**

The organisers reserve the right to refuse any entry. Entries will be confirmed by return email.

**IF YOU DO NOT RECEIVE AN E MAIL CONFIRMATION PLEASE TELEPHONE OR EMAIL THE NA OFFICE ASAP.** Late entries will not be accepted and the organisers cannot be held responsible for non-receipt of emails or wrongly completed entries.

Athletes are only allowed to compete up an age group, if they event they wish to enter is not provided for their actual age group. U14s are not permitted to enter triple-jump.

U14s and U16s are not permitted to take part in more than three events per day.

### **7 STARTING HEIGHTS & BOARDS**

	<b>U14 Boys</b>	<b>U14 Girls</b>	<b>U16 Boys</b>	<b>U16 Girls</b>
<b>High Jump</b>	1.20m	1.00m	1.40m	1.30m
<b>Pole Vault</b>	No Event	No Event	2.10m	2.00m
<b>Triple Jump Boards</b>	Not allowed	Not Allowed	7m, 9m, 11m, 13m Boards	

**Athletes may be withdrawn from events on safety grounds if it becomes clear these minimum standards cannot be met.**

## 8 SEEDING

Information on seeding rules can be found via the below link:

<https://www.northernathletics.co.uk/seeding-rules/>

## DRUG TESTING

I hereby i) acknowledge that I am bound by UKA's Anti-Doping rules, ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample and iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

*All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.*

*The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the entrant is a citizen of, or resident in, the UK.*