

	Northern Track & Field League 2026	
AREA	WEST	Track Events Start in Lane
DIVISION	West 15	
MATCH	2	
P/FINISH	YES	
Timetable	Main	2

TOTAL EVENTS	37
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	37
REMAINING	-

Date Sunday, June 21 2026

Venue WAVERTREE ATHLETIC TRACK

Host Club Liverpool Harriers & AC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Deeside AAC	Dees	45.0	85.0	33.0	17.0	145.0	325.0
2	Liverpool Harriers & AC	Liv H	58.0	111.0	42.0	24.0	118.0	353.0
3	Liverpool Pembroke & Sefton H AC	Lpem	49.0	69.0	21.0	14.0	128.0	281.0
4	Southport Waterloo AC	S'port W	43.0	75.0	49.0	26.0	128.0	321.0
5	St. Helens Sutton AC	SHS	29.0	55.0	32.0	10.0	62.0	188.0
6	Team Isle of Man ©	T IOM	45.0	160.0	49.0	36.0	158.0	448.0
-				-	-	-	-	-
-				-	-	-	-	-

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Team Isle of Man ©	448.0	6.0	381.0	6.0	829.0	12.0	1
2	Liverpool Harriers & AC	353.0	5.0	241.0	2.0	594.0	7.0	3
3	Deeside AAC	325.0	4.0	327.0	5.0	652.0	9.0	2
4	Southport Waterloo AC	321.0	3.0	267.0	3.0	588.0	6.0	5
5	Liverpool Pembroke & Sefton H AC	281.0	2.0	315.0	4.0	596.0	6.0	4
6	St. Helens Sutton AC	188.0	1.0	201.0	1.0	389.0	2.0	6
		-						
		-						

Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Team Isle of Man ©	33,898
2	Liverpool Harriers & AC	25,355
3	Southport Waterloo AC	24,870
4	Deeside AAC	23,923
5	Liverpool Pembroke & Sefton H AC	18,004
6	St. Helens Sutton AC	14,939

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	NTAFL
1	Olivia SCHRIMSHAW U18	862	14.50	Dees	Women's 100m Hurdles A	
2	Sadie MADIGAN U20	842	11.82	Liv H	Women's Triple Jump A	
3	Samuel PERRY U23	803	01:56.30	T IOM	Men's 800m A	
4	Orla KISSANE U18	799	1.65	Dees	Women's High Jump A	
4	Zac WOODWARD U18	799	4.30	T IOM	Men's Pole Vault A	
6	Tom KWISSA Sen	794	1.95	Lpem	Men's High Jump A	
7	Olivia SCHRIMSHAW U18	782	11.27	Dees	Women's Triple Jump A	
8	Ben SINCLAIR U23	776	49.78	T IOM	Men's 400m A	
9	Anna PEERS Sen	775	37.55	Lpem	Women's Discus A	
10	Aimee CHRISTIAN U23	741	66.26	T IOM	Women's 400m Hurdles A	

WEST Northern Track & Field League 2026 West 15 @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Men's 100m A					Wind	-2.9	Men's 100m B					Wind	-2.8
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	304	Morgan GREAVES-THOMAS	Sc Lpem	11.27	683		1	609	Finlay TAGGART U18	T IOM	11.86	518	
2	244	Quinton MAHONEY U23	Liv H	11.34	662		2	305	Ethan HAYES U18	Lpem	11.87	515	
3	600	Daniel STEWART-CLAGUE Sen	T IOM	11.47	624		3	106	Samuel DALLAS U20	Dees	11.98	487	
4	514	Ethan VINE U20	SHS	11.58	593		4	242	James DAVIS U20	Liv H	12.18	439	
5	402	Jake ANDERS U18	S'port W	11.61	584		5	513	Darren SCOTT Sen	SHS	12.28	416	
6	117	Toby LEMON U18	Dees	11.79	536		6	418	Christopher BURGESS Sen	S'port W	12.78	313	
7							7						
8							8						
Men's 200m A					Wind	1.9	Men's 200m B					Wind	-0.2
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	244	Quinton MAHONEY U23	Liv H	22.80	686		1	609	Finlay TAGGART U18	T IOM	23.75	555	
2	600	Daniel STEWART-CLAGUE Sen	T IOM	22.89	673		2	305	Ethan HAYES U18	Lpem	24.11	510	
3	106	Samuel DALLAS U20	Dees	23.32	612		3	222	Andrew SPINK Sen	Liv H	26.53	261	
4	306	Thomas HENSHAW U23	Lpem	23.35	608		4	418	Christopher BURGESS Sen	S'port W	26.59	256	
5	514	Ethan VINE U20	SHS	23.59	576		5	105	Ryan CLOUGH U18	Dees	36.28		
6	402	Jake ANDERS U18	S'port W	23.60	575		6						
7							7						
8							8						
Men's 400m A							Men's 400m B						
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	601	Ben SINCLAIR U23	T IOM	49.78	776		1	628	Alex BELL Sen	T IOM	51.70	664	
2	117	Toby LEMON U18	Dees	51.49	676		2	327	Dan EVANS Sen	Lpem	56.35	434	
3	509	Liam JOHNSON U20	SHS	52.17	638		3	413	Julius ZAJITSCHKEK U20	S'port W	56.73	417	
4	304	Morgan GREAVES-THOMAS	Sc Lpem	53.19	584		4	105	Ryan CLOUGH U18	Dees	57.68	378	
5	249	Luke CULSHAW U20	Liv H	54.50	519		5	534	Ben GENNER U18	SHS	65.31	140	
6	403	Graham BOREHAM Sen	S'port W	55.92	453		6						
7							7						
8							8						
Men's 800m A							Men's 800m B						
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	606	Samuel PERRY U23	T IOM	01:56.30	803		1	240	Joseph FARRELLY Sen	Liv H	02:02.99	627	
2	251	Josh REDMOND U23	Liv H	02:00.24	696		2	631	Max HAMMAL U18	T IOM	02:07.54	522	
3	403	Graham BOREHAM Sen	S'port W	02:02.57	637		3	413	Julius ZAJITSCHKEK U20	S'port W	02:10.14	468	
4	504	Michael BRUSSELLS Sen	SHS	02:06.38	548		4	334	Adam LINK U20	Lpem	02:14.19	390	
5	328	Joe NEWBOLD Sen	Lpem	02:12.25	426		5	517	Will VOSE U20	SHS	02:25.07	222	
6	116	Elis JONES U20	Dees	02:16.16	355		6	138	Nick BARTLEY Sen	Dees	02:30.48	159	
7							7						
8							8						
Men's 1500m A							Men's 1500m B						
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	407	William DELAMERE U18	S'port W	04:13.48	633		1	632	Corbyn SCHADE U23	T IOM	04:28.44	485	
2	608	Ryan CORRIN U23	T IOM	04:13.69	631		2	503	Chris BRIKETT Sen	SHS	04:39.57	389	
3	512	Alister PEARSON Sen	SHS	04:32.16	451		3	429	Andrew VEEVERS Sen	S'port W	04:57.30	263	
4	116	Elis JONES U20	Dees	04:41.90	371		4	215	Christian WOODS Sen	Liv H	05:01.03	240	
5	212	Callum GRANT Sen	Liv H	04:44.64	350		5	139	Thomas WILLIAMS U23	Dees	05:21.01	139	
6	333	Daniel PROCTER U18	Lpem	04:54.85	279		6	326	Matt THOMPSON Sen	Lpem	05:36.61	82	
7							7						
8							8						

WEST Northern Track & Field League 2026 West 15 @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Men's 5000m A

Posn	Bib	Athlete	Club	Perf	
1	420	Mark WYNNE Sen	S'port W	16:13.44	605
2	245	Hywel CARE Sen	Liv H	16:17.95	594
3	535	Lewis FIELD Sen	SHS	17:12.00	460
4	313	Jack VALENTINE Sen	Lpem	17:40.83	395
5	138	Nick BARTLEY Sen	Dees	18:08.21	337
6	632	Corbyn SCHADE U23	T IOM	18:09.24	335
7					
8					

Men's 5000m B

Posn	Bib	Athlete	Club	Perf	
1	246	Thomas ROGERSON Sen	Liv H	16:42.05	532
2	517	Will VOSE U20	SHS	17:17.04	448
3	429	Andrew VEEVERS Sen	S'port W	18:04.21	345
4	603	Jamie HAYES Sen	T IOM	18:56.08	247
5	139	Thomas WILLIAMS U23	Dees	19:12.42	219
6	307	Mark HUDSON Sen	Lpem	20:59.89	76
7					
8					

Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	404	Sam COUPLAND U23	S'port W	61.18	638
2	605	Rory TURNER U18	T IOM	62.50	598
3	216	Ryan MCKAY Sen	Liv H	70.05	391
4	116	Elis JONES U20	Dees	76.49	247
5	326	Matt THOMPSON Sen	Lpem	76.51	247
6	503	Chris BRIKETT Sen	SHS	83.13	132
7					
8					

Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	607	Kyle MARTIN Sen	T IOM	68.14	439
2	232	Ethan DUNN Sen	Liv H	78.44	210
3	400	Lee COUPLAND Sen	S'port W	99.44	
4					
5					
6					
7					
8					

Men's 110m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	404	Sam COUPLAND U23	S'port W	16.74	667
2	600	Daniel STEWART-CLAGUE Sen	T IOM	18.35	512
3	513	Darren SCOTT Sen	SHS	23.07	172
4	326	Matt THOMPSON Sen	Lpem	26.16	45
5					
6					
7					
8					

Men's 110m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	405	Adam BYRNE U23	S'port W	19.95	378
2	607	Kyle MARTIN Sen	T IOM	20.60	329
3					
4					
5					
6					
7					
8					

Men's Long Jump A

Posn	Bib	Athlete	Club	Perf	
1	239	Elliott GRIFFITHS U18	Liv H	6.42 0.4	730
2	404	Sam COUPLAND U23	S'port W	6.13 -1.7	673
3	601	Ben SINCLAIR U23	T IOM	5.95 -0.9	638
4	327	Dan EVANS Sen	Lpem	5.03 -1.2	460
5	508	Michael DUFFY U23	SHS	4.81 +1.3	418
6	106	Samuel DALLAS U20	Dees	4.44 -0.6	347
7					
8					

Men's Long Jump B

Posn	Bib	Athlete	Club	Perf	
1	410	Jack NELSON U18	S'port W	5.92 -0.4	632
2	607	Kyle MARTIN Sen	T IOM	5.01 +0.4	456
3	314	Paul WHITE Sen	Lpem	4.80 0.6	416
4	116	Elis JONES U20	Dees	3.99 -1.4	263
5					
6					
7					
8					

WEST Northern Track & Field League 2026 West 1S @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Men's High Jump A

Posn	Bib	Athlete	Club	Perf	
1	329	Tom KWISSA Sen	Lpem	1.95	794
2	239	Elliott GRIFFITHS U18	Liv H	1.80	671
3	405	Adam BYRNE U23	S'port W	1.70	589
4	513	Darren SCOTT Sen	SHS	1.55	465
5	105	Ryan CLOUGH U18	Dees	x	

Men's High Jump B

Posn	Bib	Athlete	Club	Perf	
1	302	Sandy CLARKSON Sen	Lpem	1.80	671
2	203	Matthew QUINE U18	Liv H	1.75	630
3	404	Sam COUPLAND U23	S'port W	1.65	547

Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	
1	404	Sam COUPLAND U23	S'port W	12.37	2.3 688
2	117	Toby LEMON U18	Dees	12.31	1.6 682
3	621	Zac WOODWARD U18	T IOM	11.16	2.2 563
4	216	Ryan MCKAY Sen	Liv H	10.97	0.7 543
5	314	Paul WHITE Sen	Lpem	10.04	1.9 440
6	508	Michael DUFFY U23	SHS	10.03	0 439
7					
8					

Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	
1	607	Kyle MARTIN Sen	T IOM	10.86	0.7 531
2	237	Michael O'DONNELL Sen	Liv H	10.67	0.3 510
3	400	Lee COUPLAND Sen	S'port W	8.36	1.7 234
4	138	Nick BARTLEY Sen	Dees	7.40	0 89
5	309	Adam JONES Sen	Lpem	x	
6					
7					
8					

Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	
1	621	Zac WOODWARD U18	T IOM	4.30	799
2	405	Adam BYRNE U23	S'port W	3.90	710
3	237	Michael O'DONNELL Sen	Liv H	3.00	506

Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf	
1	607	Kyle MARTIN Sen	T IOM	2.70	436
2	400	Lee COUPLAND Sen	S'port W	2.10	294

Men's Shot A

Posn	Bib	Athlete	Club	Perf	
1	113	Dorel GRETA Sen	Dees	11.05	632
2	405	Adam BYRNE U23	S'port W	10.76	612
3	237	Michael O'DONNELL Sen	Liv H	9.86	548
4	607	Kyle MARTIN Sen	T IOM	8.99	481
5	314	Paul WHITE Sen	Lpem	8.84	469
6	515	Mike VINE Sen	SHS	7.37	342
7					
8					

Men's Shot B

Posn	Bib	Athlete	Club	Perf	
1	114	Harry GRETA U20	Dees	9.21	498
2	301	David BROWN Sen	Lpem	8.75	462
3	418	Christopher BURGESS Sen	S'port W	8.25	421
4	604	Alfred ODDIE Sen	T IOM	7.47	352
5	504	Michael BRUSSELLS Sen	SHS	6.85	291
6	214	Matthew AFFUL Sen	Liv H	6.71	276
7					
8					

Men's Discus A

Posn	Bib	Athlete	Club	Perf	
1	237	Michael O'DONNELL Sen	Liv H	31.77	586
2	113	Dorel GRETA Sen	Dees	31.41	580
3	607	Kyle MARTIN Sen	T IOM	28.55	530
4	314	Paul WHITE Sen	Lpem	27.65	514
5	516	Ray VOSE Sen	SHS	20.76	374
6	406	John BYRNE Sen	S'port W	20.40	366
7					
8					

Men's Discus B

Posn	Bib	Athlete	Club	Perf	
1	301	David BROWN Sen	Lpem	26.55	493
2	604	Alfred ODDIE Sen	T IOM	24.31	450
3	119	Dave STOKES Sen	Dees	21.26	385
4	515	Mike VINE Sen	SHS	19.25	338
5	214	Matthew AFFUL Sen	Liv H	18.67	324
6	400	Lee COUPLAND Sen	S'port W	15.37	232
7					
8					

WEST Northern Track & Field League 2026 West 1S @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Men's Hammer A

Posn	Bib	Athlete	Club	Perf
1	314	Paul WHITE Sen	Lpem	32.47 560
2	600	Daniel STEWART-CLAGUE Sen	T IOM	24.56 453
3	119	Dave STOKES Sen	Dees	21.22 401
4	406	John BYRNE Sen	S'port W	16.99 327
5	508	Michael DUFFY U23	SHS	16.95 326
6	237	Michael O'DONNELL Sen	Liv H	X
7				
8				

Men's Hammer B

Posn	Bib	Athlete	Club	Perf
1	301	David BROWN Sen	Lpem	23.34 434
2	103	Stuart BROWN Sen	Dees	18.47 354
3	400	Lee COUPLAND Sen	S'port W	16.74 322
4	604	Alfred ODDIE Sen	T IOM	16.33 314
5	515	Mike VINE Sen	SHS	16.20 311
6				
7				
8				

Men's Javelin A

Posn	Bib	Athlete	Club	Perf
1	237	Michael O'DONNELL Sen	Liv H	50.53 731
2	600	Daniel STEWART-CLAGUE Sen	T IOM	44.49 652
3	114	Harry GRETA U20	Dees	43.72 642
4	308	William HYND Sen	Lpem	42.59 627
5	405	Adam BYRNE U23	S'port W	35.90 533
6	515	Mike VINE Sen	SHS	22.52 319
7				
8				

Men's Javelin B

Posn	Bib	Athlete	Club	Perf
1	306	Thomas HENSHAW U23	Lpem	36.97 548
2	113	Dorel GRETA Sen	Dees	36.54 542
3	606	Samuel PERRY U23	T IOM	33.45 497
4	400	Lee COUPLAND Sen	S'port W	26.04 380
5	516	Ray VOSE Sen	SHS	x
6				
7				
8				

Men's 4x100m

Posn	Bib	Runners	Club	Perf
1	6	Daniel STEWART-CLAGUE Sen * Finlay TAGGART U18 * Ben SINCLAIR U23 * Alex BELL Sen	T IOM	44.83 505
2	3	Thomas HENSHAW U23 * Ethan HAYES U18 * Dan EVANS Sen * Morgan GREAVES-THOMAS Sen	Lpem	45.29 468
3	4	Jake ANDERS U18 * Christopher BURGESS Sen * Adam BYRNE U23 * Sam COUPLAND U23	S'port W	45.40 459
4	2	Andrew SPINK Sen * James DAVIS U20 * Luke CULSHAW U20 * Quinton MAHONEY U23	Liv H	47.55 304
5	1	Toby LEMON U18 * Samuel DALLAS U20 * Thomas WILLIAMS U23 * Vasyi BURENOK Sen	Dees	52.87 64
6				
7				
8				

Men's & Women's 4x400m

Posn	Bib	Runners	Club	Perf
1	6	Alex BELL Sen * Aimee CHRISTIAN U23 * Ben SINCLAIR U23 * Abi SINCLAIR U18	T IOM	03:49.78 276
2	4	Olivia LOGAN U23 * Sierra JALLOH U23 * Graham BOREHAM Sen * Sam COUPLAND U23	S'port W	03:52.74 244
3	2	Christiana KELLEY U23 * Rachel BONER Sen * James DAVIS U20 * Ryan MCKAY Sen	Liv H	04:03.56 145
4	5	Ethan VINE U20 * Heather GRANT U18 * Lily BIRKETT U20 * Liam JOHNSON U20	SHS	04:06.28 124
5	1	Ryan CLOUGH U18 * Samuel DALLAS U20 * Elis JONES U20 * Thomas WILLIAMS U23	Dees	04:10.52 96
6	3	Michelle DURNEY Sen * Ethan HAYES U18 * Lotte HENDRIKSEN U23 * Dan EVANS Sen	Lpem	04:54.07
7				
8				

TEAMS BY AGE GROUP

Men	Points	P4P
Team Isle of Man ©	201.00	16,644
Southport Waterloo AC	176.00	15,495
Liverpool Pembroke & Sefton H AC	148.00	12,630
Liverpool Harriers & AC	148.00	12,711
Deeside AAC	120.00	10,091
St. Helens Sutton AC	95.00	8,932
		-
		-

WEST Northern Track & Field League 2026 West 15 @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Women's 100m A					Wind	-1.4	Women's 100m B					Wind	-2.9
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	219	Ebiosereme EKHUEMELO U20	Liv H	12.64	721		1	210	Millie SPINK U18	Liv H	13.62	524	
2	627	Carla TEECE U23	T IOM	12.69	710		2	127	Isobel GUNN U23	Dees	14.01	455	
3	416	Sierra JALLOH U23	S'port W	12.91	663		3	618	Lara SMITH U18	T IOM	14.15	432	
4	134	Leda TSVETKOVA U23	Dees	13.49	548		4	530	Andrea NEWMAN Sen	SHS	15.50	245	
5	527	Jessica HESKETH U18	SHS	13.93	469		5	330	Pauline CLANCY Sen	Lpem	20.22	1	
6	331	Sharon ROBERTS Sen	Lpem	18.35	34		6						
7							7						
8							8						
Women's 200m A					Wind	2.1	Women's 200m B					Wind	1.4
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	219	Ebiosereme EKHUEMELO U20	Liv H	26.02	703		1	611	Molly PHILLIPS U20	T IOM	27.55	558	
2	416	Sierra JALLOH U23	S'port W	26.50	655		2	204	Christiana KELLEY U23	Liv H	28.00	519	
3	629	Lucy ORMSBY U20	T IOM	27.92	526		3	130	Jessica HODGSON U18	Dees	33.03	198	
4	134	Leda TSVETKOVA U23	Dees	28.07	513		4						
5	525	Heather GRANT U18	SHS	28.97	442		5						
6	318	Michelle DURNEY Sen	Lpem	40.64	12		6						
7							7						
8							8						
Women's 400m A							Women's 400m B						
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	223	Sadie MADIGAN U20	Liv H	59.27	709		1	235	Ellie ROBINSON Sen	Liv H	63.38	558	
2	122	Eleanor CARNEY Sen	Dees	64.29	527		2	626	Abi SINCLAIR U18	T IOM	65.86	476	
3	623	Sarah HALLIGAN Sen	T IOM	65.28	495		3	125	Harper DALLAS U18	Dees	71.02	329	
4	525	Heather GRANT U18	SHS	66.62	453		4						
5	318	Michelle DURNEY Sen	Lpem	91.13	20		5						
6							6						
7							7						
8							8				0.59.27		
Women's 800m A							Women's 800m B						
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	122	Eleanor CARNEY Sen	Dees	02:22.23	683		1	205	Rachel BONER Sen	Liv H	02:33.42	514	
2	626	Abi SINCLAIR U18	T IOM	02:27.08	607		2	630	Evie COWELL U20	T IOM	02:43.45	384	
3	236	Frances O'BRIEN U18	Liv H	02:27.36	603		3	322	Lisa PROCTER Sen	Lpem	03:09.30	138	
4	414	Emily DEAN U20	S'port W	02:28.88	580		4	129	Briony HIBBERT Sen	Dees	03:18.98	78	
5	519	Lily BIRKETT U20	SHS	02:43.53	383		5						
6	331	Sharon ROBERTS Sen	Lpem	03:25.39	48		6						
7							7						
8							8						
Women's 1500m A							Women's 1500m B						
Posn	Bib	Athlete	Club	Perf			Posn	Bib	Athlete	Club	Perf		
1	421	Olivia LOGAN U23	S'port W	04:45.66	738		1	625	Sienna MORRISSEY U18	T IOM	05:31.61	417	
2	224	Bailey HUGHES U18	Liv H	05:10.36	554		2	417	Amilie SCOTT U20	S'port W	05:38.15	379	
3	614	Laura DICKINSON Sen	T IOM	05:12.58	539		3	132	Orla KISSANE U18	Dees	06:07.49	230	
4	130	Jessica HODGSON U18	Dees	05:44.98	341		4	213	Alice GOTTARDI U23	Liv H	06:25.00	159	
5	322	Lisa PROCTER Sen	Lpem	06:04.73	243		5						
6	520	Sarah BRIKETT Sen	SHS	06:10.69			6						
7							7						
8							8						

WEST Northern Track & Field League 2026 West 15 @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Women's 3000m A

Posn	Bib	Athlete	Club	Perf	
1	616	Dawn ATHERTON Sen	T IOM	11:08.07	566
2	332	Lotte HENDRIKSEN U23	Lpem	11:13.98	547
3	122	Eleanor CARNEY Sen	Dees	11:14.23	546
4	209	Malaak ALRAMMAHI U23	Liv H	12:53.75	270
5					
6					
7					
8					

Women's 3000m B

Posn	Bib	Athlete	Club	Perf	
1	614	Laura DICKINSON Sen	T IOM	11:15.71	541
2	129	Briony HIBBERT Sen	Dees	14:32.04	90
3					
4					
5					
6					
7					
8					

Women's 2km Steeplechase A

Posn	Bib	Athlete	Club	Perf	
1	414	Emily DEAN U20	S'port W	08:41.92	429
2	519	Lily BIRKETT U20	SHS	08:56.78	374
3	209	Malaak ALRAMMAHI U23	Liv H	09:45.73	220
4					
5					
6					
7					
8					

Women's 2km Steeplechase B

Posn	Bib	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					
7					
8					

Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	617	Aimee CHRISTIAN U23	T IOM	66.26	741
2					
3					
4					
5					
6					
7					
8					

Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	613	Ewelina HAND Sen	T IOM	76.05	488
2					
3					
4					
5					
6					
7					
8					

Women's 100m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	133	Olivia SCHRIMSHAW U18	Dees	14.50	862
2	617	Aimee CHRISTIAN U23	T IOM	17.32	584
3					
4					
5					
6					
7					
8					

Women's 100m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	634	Imogen COOK Sen	T IOM	21.10	290
2					
3					
4					
5					
6					
7					
8					

Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	
1	127	Isobel GUNN U23	Dees	4.72 -1.1	627
2	422	Lilly ZAJITSCHK U18	S'port W	4.56 -1.1	589
3	634	Imogen COOK Sen	T IOM	4.47 -0.5	567
4	323	Holly WARE Sen	Lpem	X	
5					
6					
7					
8					

Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	
1	630	Evie COWELL U20	T IOM	4.34 0.0	537
2	142	Amy BILLINGTON Sen	Dees	4.10 0.0	481
3	401	Katy COUPLAND Sen	S'port W	3.27 -0.5	290
4					
5					
6					
7					
8					

WEST Northern Track & Field League 2026 West 15 @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Women's High Jump A

Posn	Bib	Athlete	Club	Perf	
1	132	Orla KISSANE U18	Dees	1.65	799
2	422	Lilly ZAJITSCHKE U18	S'port W	1.40	531
3	624	Frankie KENNEDY U18	T IOM	1.35	478
4	247	Trudy DEALNEY U18	Liv H	x	

Women's High Jump B

Posn	Bib	Athlete	Club	Perf	
1=	127	Isobel GUNN U23	Dees	1.30	424
1=	611	Molly PHILLIPS U20	T IOM	1.30	424

Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf	
1	223	Sadie MADIGAN U20	Liv H	11.82	0.9 842
2	133	Olivia SCHRIMSHAW U18	Dees	11.27	0.0 782
3	619	Jessica SCHREUDER U18	T IOM	10.30	0.0 675
4					
5					
6					
7					
8					

Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf	
1	234	Benie ZOKO U18	Liv H	10.11	0.0 654
2	613	Ewelina HAND Sen	T IOM	10.00	1.4 641
3	134	Leda TSVETKOVA U23	Dees	x	0.
4					
5					
6					
7					
8					

Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf	
1	200	Elizabeth HENSHALL Sen	Liv H	3.20	721
2	618	Lara SMITH U18	T IOM	3.10	695

Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf	
1	238	Daisy ROBERTS U18	Liv H	3.20	721
2	622	Lucy CARTWRIGHT U20	T IOM	x	

Women's Shot A

Posn	Bib	Athlete	Club	Perf	
1	320	Anna PEERS Sen	Lpem	10.15	698
2	532	Patricia SPARKS Sen	SHS	9.72	669
3	200	Elizabeth HENSHALL Sen	Liv H	9.19	632
4	120	Lesley BROWN Sen	Dees	8.73	599
5	416	Sierra JALLOH U23	S'port W	7.90	537
6	633	Alice BEDÖ Sen	T IOM	6.34	406
7					
8					

Women's Shot B

Posn	Bib	Athlete	Club	Perf	
1	142	Amy BILLINGTON Sen	Dees	8.60	590
2	248	Emily ROWE Sen	Liv H	7.72	523
3	401	Katy COUPLAND Sen	S'port W	7.42	499
4	323	Holly WARE Sen	Lpem	6.80	447
5	619	Jessica SCHREUDER U18	T IOM	6.30	402
6	529	Abigail NEWMAN U23	SHS	6.15	388
7					
8					

Women's Discus A

Posn	Bib	Athlete	Club	Perf	
1	320	Anna PEERS Sen	Lpem	37.55	775
2	401	Katy COUPLAND Sen	S'port W	25.79	606
3	622	Lucy CARTWRIGHT U20	T IOM	24.55	585
4	532	Patricia SPARKS Sen	SHS	24.23	579
5	120	Lesley BROWN Sen	Dees	22.75	553
6	248	Emily ROWE Sen	Liv H	20.26	506
7					
8					

Women's Discus B

Posn	Bib	Athlete	Club	Perf	
1	620	Fiona WHITEHEAD Sen	T IOM	24.09	577
2	137	Megan WOOD U18	Dees	16.25	417
3	530	Andrea NEWMAN Sen	SHS	14.38	368
4	416	Sierra JALLOH U23	S'port W	13.43	340
5	323	Holly WARE Sen	Lpem	x	
6					
7					
8					

WEST Northern Track & Field League 2026 West 1S @ WAVERTREE ATHLETIC TRACK on 21 June 2026

Women's Hammer A

Posn	Bib	Athlete	Club	Perf	
1	120	Lesley BROWN Sen	Dees	40.36	737
2	532	Patricia SPARKS Sen	SHS	39.68	729
3	320	Anna PEERS Sen	Lpem	35.22	673
4	633	Alice BEDÖ Sen	T IOM	30.86	615
5	248	Emily ROWE Sen	Liv H	27.30	564
6	401	Katy COUPLAND Sen	S'port W	19.42	438
7					
8					

Women's Hammer B

Posn	Bib	Athlete	Club	Perf	
1	323	Holly WARE Sen	Lpem	27.24	564
2	137	Megan WOOD U18	Dees	26.61	554
3	620	Fiona WHITEHEAD Sen	T IOM	x	
4					
5					
6					
7					
8					

Women's Javelin A

Posn	Bib	Athlete	Club	Perf	
1	320	Anna PEERS Sen	Lpem	29.76	669
2	622	Lucy CARTWRIGHT U20	T IOM	28.81	655
3	131	Maddison JONES U18	Dees	22.69	556
4	422	Lilly ZAJITSCHKE U18	S'port W	22.37	550
5	248	Emily ROWE Sen	Liv H	17.14	449
6	530	Andrea NEWMAN Sen	SHS	11.30	300
7					
8					

Women's Javelin B

Posn	Bib	Athlete	Club	Perf	
1	323	Holly WARE Sen	Lpem	19.93	505
2	620	Fiona WHITEHEAD Sen	T IOM	17.64	460
3	401	Katy COUPLAND Sen	S'port W	17.18	450
4	120	Lesley BROWN Sen	Dees	16.87	443
5	529	Abigail NEWMAN U23	SHS	7.94	166
6					
7					
8					

Women's 4x100m

Posn	Bib	Runners	Club	Perf	
1	6	Molly PHILLIPS U20 * Lara SMITH U18 * Carla TEECE U23 * Lucy ORMSBY U20	T IOM	52.24	535
2	2	Millie SPINK U18 * Millie SPINK U18 * Christiana KELLEY U23 * Ebiosereme EKHUEMELO U20	Liv H	52.35	529
3	4	Sierra JALLOH U23 * Katy COUPLAND Sen * Olivia LOGAN U23 * Lilly ZAJITSCHKE U18	S'port W	53.49	473
4	1	Maddison JONES U18 * Harper DALLAS U18 * Leda TSVETKOVA U23 * Isobel GUNN U23	Dees	53.64	466
5	3	Lisa PROCTER Sen * Pauline CLANCY Sen * Michelle DURNEY Sen * Lotte HENDRIKSEN U23	Lpem	71.38	
6					
7					
8					

Women's & Men's 4x400m

Posn	Bib	Runners	Club	Perf	
1	6	Ryan CORRIN U23 * Sarah HALLIGAN Sen * Max HAMMAL U18 * Ewelina HAND Sen	T IOM	04:04.03	648
2	4	Amilie SCOTT U20 * Julius ZAJITSCHKE U20 * William DELAMERE U18 * Emily DEAN U20	S'port W	04:06.16	628
3	2	Andrew SPINK Sen * Millie SPINK U18 * Christian WOODS Sen * Alice GOTTARDI U23	Liv H	04:26.54	449
4	5	Michael BRUSSELLS Sen * Sarah BRIKETT Sen * Ben GENNER U18 * Abigail NEWMAN U23	SHS	04:27.39	442
5	1	Orla KISSANE U18 * Leda TSVETKOVA U23 * Jessica HODGSON U18 * Harper DALLAS U18	Dees	04:32.17	404
6					
7					
8					

TEAMS BY AGE GROUP

Women	Points	P4P
Team Isle of Man ©	202.00	17,254
Deeside AAC	160.00	13,832
Liverpool Harriers & AC	147.00	12,644
Southport Waterloo AC	102.00	9,375
Liverpool Pembroke & Sefton H AC	84.00	5,374
St. Helens Sutton AC	64.00	6,007
		-
		-

Northern Track & Field League 2026 WEST West 1S WAVERTREE ATHLETIC TRACK

100m N/S Men A

Wind =

Posn	No.	Athlete	Club	Perf
1	243	Abdulroheem JIMOH (Sen)	Liv H	11.95
2	306	Thomas HENSHAW (U23)	Lpem	11.97
3	143	Vasyl BURENOK (Sen)	Dees	15.19
4				
5				
6				
7				
8				

100m N/S Men B

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men C

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men D

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men E

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men F

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men G

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men H

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Northern Track & Field League 2026 WEST West 1S WAVERTREE ATHLETIC TRACK

100m N/S Women A

Wind = -00.20

Posn	No.	Athlete	Club	Perf
1	611	Molly PHILLIPS (U20)	T IOM	13.31
2	131	Maddison JONES (U18)	Dees	13.40
3	624	Frankie KENNEDY (U18)	T IOM	14.03
4	613	Ewelina HAND (Sen)	T IOM	14.08
5	634	Imogen COOK (Sen)	T IOM	14.57
6	207	Emma SPINK (Sen)	Liv H	15.13
7				
8				

100m N/S Women B

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women C

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women D

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women E

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women F

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women G

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women H

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				