

	Northern Track & Field League 2026	
AREA	EAST	Track Events Start in Lane
DIVISION	East 1N	
MATCH	2	
P/FINISH	YES	
Timetable	Main	

TOTAL EVENTS	37
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	37
REMAINING	-

Date Sunday, July 19 2026

Venue PRINCESS MARY ATHLETIC STADIUM

Host Club Spenborough & District AC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Harrogate Harriers & AC	H'ogate	33.0	54.0	41.0	18.0	87.5	233.5
2	Holmfirth Harriers AC	Holm	34.0	80.0	34.0	16.0	64.0	228.0
3	Kingston upon Hull AC	KuH	45.0	45.0	12.0	-	132.0	234.0
4	Leeds City AC	Leeds C	25.0	109.0	73.0	21.0	156.0	384.0
5	Skyrac AC	Sky	41.0	53.0	14.0	9.0	105.0	222.0
6	Spenborough & District AC	Spen	44.0	134.0	18.0	30.0	163.5	389.5
-				-	-	-	-	-
-				-	-	-	-	-

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Spenborough & District AC	389.5	6.0	354.0	5.5	743.5	11.5	1
2	Leeds City AC	384.0	5.0	213.0	4.0	597.0	9.0	3
3	Kingston upon Hull AC	234.0	4.0	354.0	5.5	588.0	9.5	2
4	Harrogate Harriers & AC	233.5	3.0	159.0	2.0	392.5	5.0	5
5	Holmfirth Harriers AC	228.0	2.0	204.0	3.0	432.0	5.0	4
6	Skyrac AC	222.0	1.0	130.0	1.0	352.0	2.0	6
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Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Leeds City AC	30,292
2	Spenborough & District AC	22,977
3	Harrogate Harriers & AC	17,886
4	Kingston upon Hull AC	16,880
5	Holmfirth Harriers AC	15,155
6	Skyrac AC	14,669

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	NTAFL
1	Shaun KERRY Sen	864	61.90	KuH	Men's Hammer A	
2	Daniel FRANKS Sen	853	03:54.93	Leeds C	Men's 1500m A	
3	Ella MCINTOSH U20	845	49.85	KuH	Women's Hammer A	
4	Jonathan ESIWE Sen	843	10.78	Leeds C	Men's 100m A	
5	Ebenezer ABARA Sen	840	49.06	KuH	Men's Discus A	
6	Zoe HUNTER U23	835	07:14.98	Leeds C	Women's 2km Steeplechase A	
7	Adam FOX U23	834	48.85	KuH	Men's 400m A	
8	Albert GRAHAM Sen	831	14.19	Leeds C	Men's Shot A	
9	Jonathan ESIWE Sen	825	21.90	Leeds C	Men's 200m A	
10	Joe FIRTH Sen	809	03:58.36	Leeds C	Men's 1500m B	

EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Men's 100m A

Posn	Bib	Athlete	Club	Perf	Wind
1	414	Jonathan ESIWE Sen	Leeds C	10.78	843
2	114	Matthew WALKER U18	H'ogate	11.23	696
3	212	Will LANDER Sen	Holm	11.41	641
4	335	William CROWE U20	KuH	11.85	520
5	602	Seb BARTOCHA U20	Spen	12.38	394
6	512	Richard STREETON Sen	Sky	12.72	324
7					
8					

Men's 100m B

Posn	Bib	Athlete	Club	Perf	Wind
1	415	Kam Luhng PITTE Sen	Leeds C	11.13	727
2	127	Samuel ARTHUR U23	H'ogate	11.49	618
3	201	Sam EADE U18	Holm	12.70	328
4	614	Ethan WILSON U23	Spen	14.68	68
5					
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7					
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Men's 200m A

Posn	Bib	Athlete	Club	Perf	Wind
1	414	Jonathan ESIWE Sen	Leeds C	21.90	825
2	212	Will LANDER Sen	Holm	22.94	666
3	127	Samuel ARTHUR U23	H'ogate	23.53	584
4	610	Arjun PAHAL U18	Spen	25.38	367
5	339	Lawrence BAIRD Sen	KuH	26.10	298
6					
7					
8					

Men's 200m B

Posn	Bib	Athlete	Club	Perf	Wind
1	416	Jack KEEBLE-CAVUOTO U20	Leeds C	22.29	763
2	201	Sam EADE U18	Holm	26.26	284
3	614	Ethan WILSON U23	Spen	31.69	16
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7					
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Men's 400m A

Posn	Bib	Athlete	Club	Perf
1	337	Adam FOX U23	KuH	48.85
2	212	Will LANDER Sen	Holm	50.41
3	114	Matthew WALKER U18	H'ogate	52.28
4	427	Chukwuemeka GODWIN-UKAN	Leeds C	53.01
5	606	Robert HARNESS U18	Spen	57.52
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Men's 400m B

Posn	Bib	Athlete	Club	Perf
1	403	Muhammed SAIDYKHAN Sen	Leeds C	54.64
2	339	Lawrence BAIRD Sen	KuH	55.41
3	219	Joey MCLAUGHLAN U18	Holm	62.58
4	614	Ethan WILSON U23	Spen	73.44
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Men's 800m A

Posn	Bib	Athlete	Club	Perf
1	606	Robert HARNESS U18	Spen	02:07.46
2	112	Luke SHACKLOCK U20	H'ogate	02:08.85
3	300	Gregan CLARKSON Sen	KuH	02:18.81
4	434	Lewis SALTER Sen	Leeds C	02:21.60
5	507	Andrew MESKELL Sen	Sky	02:44.64
6				
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Men's 800m B

Posn	Bib	Athlete	Club	Perf
1	616	Jack WORSNUP U18	Spen	02:13.97
2	432	Harry BETTINSON Sen	Leeds C	02:33.59
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Men's 1500m A

Posn	Bib	Athlete	Club	Perf
1	407	Daniel FRANKS Sen	Leeds C	03:54.93
2	112	Luke SHACKLOCK U20	H'ogate	04:23.15
3	616	Jack WORSNUP U18	Spen	04:33.51
4	300	Gregan CLARKSON Sen	KuH	04:56.98
5	211	James WASHINGTON Sen	Holm	05:22.25
6	507	Andrew MESKELL Sen	Sky	05:38.04
7				
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Men's 1500m B

Posn	Bib	Athlete	Club	Perf
1	433	Joe FIRTH Sen	Leeds C	03:58.36
2	111	Ben SHACKLOCK Sen	H'ogate	04:49.66
3	601	Neil BARKER Sen	Spen	05:17.89
4	206	Damian MCQUEEN Sen	Holm	05:38.79
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EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Men's 5000m A

Posn	Bib	Athlete	Club	Perf	
1	431	Nick HOOKER Sen	Leeds C	15:44.61	684
2	300	Gregan CLARKSON Sen	KuH	17:09.92	464
3	111	Ben SHACKLOCK Sen	H'ogate	17:22.66	435
4	601	Neil BARKER Sen	Spen	17:53.95	367
5	206	Damian MCQUEEN Sen	Holm	19:19.98	207
6					
7					
8					

Men's 5000m B

Posn	Bib	Athlete	Club	Perf	
1	417	Mohamed ABSHIR Sen	Leeds C	15:58.90	644
2	127	Samuel ARTHUR U23	H'ogate	17:46.53	382
3	211	James WASHINGTON Sen	Holm	19:41.88	173
4	609	Kevin OGDEN Sen	Spen	19:44.27	170
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7					
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Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	430	Oskar KWIECINSKI U23	Leeds C	63.24	576
2	202	Eddie HINCHLIFFE Sen	Holm	64.44	541
3	128	Mark CARNAGHAN Sen	H'ogate	64.61	536
4	608	Kieran O'BRIEN Sen	Spen	72.90	323
5	300	Gregan CLARKSON Sen	KuH	85.23	103
6					
7					
8					

Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	132	Gabriel ROBERTS U18	H'ogate	69.77	398
2					
3					
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5					
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Men's 110m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	202	Eddie HINCHLIFFE Sen	Holm	20.60	329
2	604	Jake DARBY Sen	Spen	24.30	113
3					
4					
5					
6					
7					
8					

Men's 110m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	608	Kieran O'BRIEN Sen	Spen	26.80	29
2					
3					
4					
5					
6					
7					
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Men's Long Jump A

Posn	Bib	Athlete	Club	Perf	
1	418	Laith ALGHOFARI U18	Leeds C	5.99	646
2	335	William CROWE U20	KuH	5.97	642
3	602	Seb BARTOCHA U20	Spen	5.35	522
4	207	Stanley QUARMBY-CRICK U18	Holm	5.35	522
5	102	Jakub BALCERZAK U20	H'ogate	4.78	412
6					
7					
8					

Men's Long Jump B

Posn	Bib	Athlete	Club	Perf	
1	613	Ethan WILLIAMS U20	Spen	5.24	500
2	219	Joey MCLAUGHLAN U18	Holm	4.98	450
3	132	Gabriel ROBERTS U18	H'ogate	4.61	380
4	302	Shaun KERRY Sen	KuH	4.55	368
5					
6					
7					
8					

EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Men's High Jump A

Posn	Bib	Athlete	Club	Perf	
1	600	Glenn ASPINDLE Sen	Spen	1.82	687
2	419	Jonatan RICHARDSON-STEVEN	Leeds C	1.79	663

Men's High Jump B

Posn	Bib	Athlete	Club	Perf	
1	400	Steven LINSELL Sen	Leeds C	1.50	423
2	602	Seb BARTOCHA U20	Spen	x	

Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	
1	335	William CROWE U20	KuH	12.59	710
2	413	Tidjane MINOUGOU Sen	Leeds C	12.55	706
3	207	Stanley QUARMBY-CRICK U18	Holm	10.53	495
4	132	Gabriel ROBERTS U18	H'ogate	10.41	481
5	613	Ethan WILLIAMS U20	Spen	9.91	425
6					
7					
8					

Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	
1	418	Laith ALGHOFARI U18	Leeds C	12.27	678
2	102	Jakub BALCERZAK U20	H'ogate	9.58	387
3	604	Jake DARBY Sen	Spen	8.62	268
4					
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7					
8					

Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	
1	600	Glenn ASPINDLE Sen	Spen	3.60	643
2	402	Colin HAYTON Sen	Leeds C	2.90	483
3	219	Joey MCLAUGHLAN U18	Holm	2.70	436

Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf	
1	608	Kieran O'BRIEN Sen	Spen	2.50	389
2	202	Eddie HINCHLIFFE Sen	Holm	2.10	294

Men's Shot A

Posn	Bib	Athlete	Club	Perf	
1	401	Albert GRAHAM Sen	Leeds C	14.19	831
2	334	Ebenezer ABARA Sen	KuH	12.70	740
3	506	Stephen MEALY Sen	Sky	11.94	691
4	128	Mark CARNAGHAN Sen	H'ogate	8.45	438
5	212	Will LANDER Sen	Holm	8.30	425
6	627	Andy WALKER Sen	Spen	7.56	360
7					
8					

Men's Shot B

Posn	Bib	Athlete	Club	Perf	
1	302	Shaun KERRY Sen	KuH	12.54	730
2	512	Richard STREETON Sen	Sky	9.31	506
3	103	Janusz BALCERZAK Sen	H'ogate	8.36	430
4	400	Steven LINSELL Sen	Leeds C	7.73	375
5	603	Connor BELL Sen	Spen	7.51	355
6	218	Simon MORLEY Sen	Holm	7.45	350
7					
8					

Men's Discus A

Posn	Bib	Athlete	Club	Perf	
1	334	Ebenezer ABARA Sen	KuH	49.06	840
2	506	Stephen MEALY Sen	Sky	34.48	630
3	604	Jake DARBY Sen	Spen	30.00	556
4	400	Steven LINSELL Sen	Leeds C	28.28	525
5	202	Eddie HINCHLIFFE Sen	Holm	25.45	472
6	128	Mark CARNAGHAN Sen	H'ogate	25.27	469
7					
8					

Men's Discus B

Posn	Bib	Athlete	Club	Perf	
1	308	John TWIDDLE Sen	KuH	31.56	582
2	401	Albert GRAHAM Sen	Leeds C	28.15	523
3	512	Richard STREETON Sen	Sky	25.20	467
4	103	Janusz BALCERZAK Sen	H'ogate	24.62	456
5	218	Simon MORLEY Sen	Holm	18.37	316
6	603	Connor BELL Sen	Spen	17.83	302
7					
8					

EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Men's Hammer A

Posn	Bib	Athlete	Club	Perf	
1	302	Shaun KERRY Sen	KuH	61.90	864
2	604	Jake DARBY Sen	Spen	36.22	605
3	400	Steven LINSSELL Sen	Leeds C	27.41	493
4	500	Ian COTTON Sen	Sky	24.85	457
5	103	Janusz BALCERZAK Sen	H'ogate	24.62	454
6	202	Eddie HINCHLIFFE Sen	Holm	19.92	379
7					
8					

Men's Hammer B

Posn	Bib	Athlete	Club	Perf	
1	308	John TWIDDLE Sen	KuH	38.30	629
2	401	Albert GRAHAM Sen	Leeds C	25.93	473
3	627	Andy WALKER Sen	Spen	17.48	336
4	107	Jonathan IRELAND Sen	H'ogate	13.96	264
5	522	Andrew COOK Sen	Sky	13.60	255
6	218	Simon MORLEY Sen	Holm	13.45	252
7					
8					

Men's Javelin A

Posn	Bib	Athlete	Club	Perf	
1	600	Glenn ASPINDLE Sen	Spen	52.11	751
2	102	Jakub BALCERZAK U20	H'ogate	47.15	687
3	302	Shaun KERRY Sen	KuH	40.12	593
4	506	Stephen MEALY Sen	Sky	38.00	563
5	219	Joey MCLAUGHLAN U18	Holm	34.23	508
6	400	Steven LINSSELL Sen	Leeds C	27.43	403
7					
8					

Men's Javelin B

Posn	Bib	Athlete	Club	Perf	
1	512	Richard STREETON Sen	Sky	36.88	547
2	103	Janusz BALCERZAK Sen	H'ogate	31.46	466
3	608	Kieran O'BRIEN Sen	Spen	30.73	455
4	334	Ebenezer ABARA Sen	KuH	29.40	434
5	218	Simon MORLEY Sen	Holm	24.55	354
6	401	Albert GRAHAM Sen	Leeds C	17.65	225
7					
8					

Men's 4x100m

Posn	Bib	Runners	Club	Perf	
1	4	Oskar KWIECINSKI U23 * Kam Luhng PITTER Sen * Chukwuemeka GODWIN-UKANDU U20 * Jack KEEBLE-CAVL	Leeds C	44.67	519
2	1	Jakub BALCERZAK U20 * Samuel ARTHUR U23 * Gabriel ROBERTS U18 * Matthew WALKER U18	H'ogate	46.10	405
3	2	Sam EADE U18 * Stanley QUARMBY-CRICK U18 * Eddie HINCHLIFFE Sen * Will LANDER Sen	Holm	48.05	273
4	6	Kieran O'BRIEN Sen * Jack WORSNUP U18 * Harry ROGERSON U18 * Robert HARNESS U18	Spen	53.59	46
5					
6					
7					
8					

Men's & Women's 4x400m

Posn	Bib	Runners	Club	Perf	
1	6	Jack WORSNUP U18 * Isabel WHITE U23 * Molly WARING Sen * Robert HARNESS U18	Spen	04:05.70	129
2	1		H'ogate	04:08.53	109
3	4	Zoe HUNTER U23 * Muhammed SAIDYKHAN Sen * Heather LANGHAM Sen * Oskar KWIECINSKI U23	Leeds C	04:12.74	82
4	2	Julia JAGGER Sen * Helena CROFT Sen * Will LANDER Sen * Eddie HINCHLIFFE Sen	Holm	04:16.99	59
5					
6					
7					
8					

TEAMS BY AGE GROUP

Men	Points	P4P
Leeds City AC	191.00	16,275
Spenborough & District AC	172.00	11,092
Harrogate Harriers & AC	133.00	11,462
Holmfirth Harriers AC	123.00	9,911
Kingston upon Hull AC	119.00	10,404
Skyrac AC	51.00	4,567
		-
		-

EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Women's 100m A

Posn	Bib	Athlete	Club	Perf
1	624	Isabel WHITE U23	Spen	12.68 712
2	213	Thalia WATSON U20	Holm	12.93 659
3	315	Keira ROBERTS U23	KuH	12.96 653
4	420	Molly PARKER U18	Leeds C	13.05 634
5	514	Neveah COPELAND U18	Sky	13.14 616
6	129	Scarlett SMITH U23	H'ogate	13.99 459
7				
8				

Women's 100m B

Posn	Bib	Athlete	Club	Perf
1	421	Grace FANIYI U18	Leeds C	12.74 699
2	518	Jessica RAWSTRON U20	Sky	13.17 610
3	117	Eirini-Maria IERONYMAKIS U18	H'ogate	14.58 366
4	617	Soraya CRODDEN Sen	Spen	15.49 246
5	217	Shauna EDGE U20	Holm	15.73 219
6				
7				
8				

Women's 200m A

Posn	Bib	Athlete	Club	Perf
1	624	Isabel WHITE U23	Spen	26.26 679
2	213	Thalia WATSON U20	Holm	26.79 627
3	315	Keira ROBERTS U23	KuH	27.96 522
4	518	Jessica RAWSTRON U20	Sky	28.28 496
5	422	Ryka KABA U18	Leeds C	28.43 484
6	129	Scarlett SMITH U23	H'ogate	28.64 467
7				
8				

Women's 200m B

Posn	Bib	Athlete	Club	Perf
1	623	Molly WARING Sen	Spen	26.02 703
2	423	Rhaema NDOMBASI U18	Leeds C	30.47 337
3	203	Julia JAGGER Sen	Holm	31.53 274
4				
5				
6				
7				
8				

Women's 400m A

Posn	Bib	Athlete	Club	Perf
1	410	Charlotte VANZELST Sen	Leeds C	65.28 495
2	515	Amy HARTLEY Sen	Sky	66.21 465
3	626	Ellie HOLDEN U23	Spen	73.31 273
4	217	Shauna EDGE U20	Holm	84.87 74
5				
6				
7				
8				

Women's 400m B

Posn	Bib	Athlete	Club	Perf
1	428	Charley RODGERS Sen	Leeds C	69.13 379
2	625	Estelle WILLIAMS U20	Spen	76.95 195
3	519	Claire SHEPHERD Sen	Sky	84.87 74
4				
5				
6				
7				
8				

Women's 800m A

Posn	Bib	Athlete	Club	Perf
1	424	Rachel FRIEND Sen	Leeds C	02:19.84 722
2	515	Amy HARTLEY Sen	Sky	02:29.46 571
3	216	Florence JONES U18	Holm	02:44.60 370
4	626	Ellie HOLDEN U23	Spen	03:04.91 171
5				
6				
7				
8				

Women's 800m B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Women's 1500m A

Posn	Bib	Athlete	Club	Perf
1	410	Charlotte VANZELST Sen	Leeds C	04:47.43 724
2	203	Julia JAGGER Sen	Holm	04:50.45 700
3	131	Hazel FORREST U23	H'ogate	04:50.63 699
4	515	Amy HARTLEY Sen	Sky	05:16.87 510
5				
6				
7				
8				

Women's 1500m B

Posn	Bib	Athlete	Club	Perf
1	428	Charley RODGERS Sen	Leeds C	05:11.28 548
2	130	Alice TURNER U18	H'ogate	05:24.67 460
3				
4				
5				
6				
7				
8				

EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Women's 3000m A

Posn	Bib	Athlete	Club	Perf	
1	429	Zoe HUNTER U23	Leeds C	10:37.35	671
2	131	Hazel FORREST U23	H'ogate	11:07.17	569
3	515	Amy HARTLEY Sen	Sky	11:25.44	510
4	200	Helena CROFT Sen	Holm	11:51.88	431
5					
6					
7					
8					

Women's 3000m B

Posn	Bib	Athlete	Club	Perf	
1	435	Heather LANGHAM Sen	Leeds C	10:46.93	637
2					
3					
4					
5					
6					
7					
8					

Women's 2km Steeplechase A

Posn	Bib	Athlete	Club	Perf	
1	429	Zoe HUNTER U23	Leeds C	07:14.98	835
2	200	Helena CROFT Sen	Holm	08:29.13	480
3					
4					
5					
6					
7					
8					

Women's 2km Steeplechase B

Posn	Bib	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					
7					
8					

Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	623	Molly WARING Sen	Spen	65.93	751
2	519	Claire SHEPHERD Sen	Sky	81.31	370
3					
4					
5					
6					
7					
8					

Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	617	Soraya CRODDEN Sen	Spen	109.85	
2					
3					
4					
5					
6					
7					
8					

Women's 100m Hurdles A

Posn	Bib	Athlete	Wind	Club	Perf	
1	623	Molly WARING Sen		Spen	16.12	697
2	519	Claire SHEPHERD Sen		Sky	23.18	168
3						
4						
5						
6						
7						
8						

Women's 100m Hurdles B

Posn	Bib	Athlete	Wind	Club	Perf	
1	619	Siobhan MASKILL Sen		Spen	22.36	213
2						
3						
4						
5						
6						
7						
8						

Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	
1	523	Grace WALKER U18	Sky	5.21	743
2	315	Keira ROBERTS U23	KuH	4.97	686
3	129	Scarlett SMITH U23	H'ogate	4.53	582
4	620	Olivia MYERS U20	Spen	4.49	572
5	421	Grace FANIYI U18	Leeds C	3.80	411
6					
7					
8					

Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	
1	516	Sara HENDERSON Sen	Sky	4.54	584
2	625	Estelle WILLIAMS U20	Spen	3.88	430
3	117	Eirini-Maria IERONYMAKIS U18	H'ogate	3.64	374
4	423	Rhaema NDOMBASI U18	Leeds C	3.56	356
5					
6					
7					
8					

EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Women's High Jump A

Posn	Bib	Athlete	Club	Perf	
1	426	Mallerie SAMUEL U20	Leeds C	1.45	585
2=	129	Scarlett SMITH U23	H'ogate	1.40	531
2=	623	Molly WARING Sen	Spen	1.40	531
4	217	Shauna EDGE U20	Holm	1.15	265

Women's High Jump B

Posn	Bib	Athlete	Club	Perf	
1	619	Siobhan MASKILL Sen	Spen	1.10	212

Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf	
1	523	Grace WALKER U18	Sky	10.83	734
2	315	Keira ROBERTS U23	KuH	10.46	693
3	421	Grace FANIYI U18	Leeds C	9.94	634
4	620	Olivia MYERS U20	Spen	9.45	579
5	117	Eirini-Maria IERONYMAKIS U18	H'ogate	8.56	476
6					
7					
8					

Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf	
1	516	Sara HENDERSON Sen	Sky	9.40	573
2	423	Rhaema NDOMBASI U18	Leeds C	7.83	389
3	617	Soraya CRODDEN Sen	Spen	7.67	370
4					
5					
6					
7					
8					

Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf	
1	420	Molly PARKER U18	Leeds C	2.90	642
2	619	Siobhan MASKILL Sen	Spen	2.30	478

Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf	
1	426	Mallerie SAMUEL U20	Leeds C	2.80	615

Women's Shot A

Posn	Bib	Athlete	Club	Perf	
1	310	Amelia FRASER U18	KuH	9.93	683
2	620	Olivia MYERS U20	Spen	8.23	562
3	516	Sara HENDERSON Sen	Sky	7.91	538
4	425	Hazel BARKER Sen	Leeds C	7.06	469
5	217	Shauna EDGE U20	Holm	4.58	214
6					
7					
8					

Women's Shot B

Posn	Bib	Athlete	Club	Perf	
1	519	Claire SHEPHERD Sen	Sky	6.84	451
2	309	Amy BUNTING U23	KuH	6.81	448
3	624	Isabel WHITE U23	Spen	5.99	373
4					
5					
6					
7					
8					

Women's Discus A

Posn	Bib	Athlete	Club	Perf	
1	310	Amelia FRASER U18	KuH	38.38	786
2	426	Mallerie SAMUEL U20	Leeds C	26.79	622
3	519	Claire SHEPHERD Sen	Sky	19.99	500
4	619	Siobhan MASKILL Sen	Spen	14.95	384
5					
6					
7					
8					

Women's Discus B

Posn	Bib	Athlete	Club	Perf	
1	425	Hazel BARKER Sen	Leeds C	21.84	536
2	309	Amy BUNTING U23	KuH	17.55	448
3	625	Estelle WILLIAMS U20	Spen	13.40	340
4					
5					
6					
7					
8					

EAST Northern Track & Field League 2026 East 1N @ PRINCESS MARY ATHLETIC STADIUM on 19 July 2026

Women's Hammer A

Posn	Bib	Athlete	Club	Perf	
1	314	Ella MCINTOSH U20	KuH	49.85	845
2	620	Olivia MYERS U20	Spen	32.29	635
3	120	Joanna NORTH U18	H'ogate	27.65	570
4	425	Hazel BARKER Sen	Leeds C	19.28	435
5					
6					
7					
8					

Women's Hammer B

Posn	Bib	Athlete	Club	Perf	
1	309	Amy BUNTING U23	KuH	38.29	712
2	617	Soraya CRODDEN Sen	Spen	15.63	366
3					
4					
5					
6					
7					
8					

Women's Javelin A

Posn	Bib	Athlete	Club	Perf	
1	129	Scarlett SMITH U23	H'ogate	26.40	617
2	216	Florence JONES U18	Holm	25.95	610
3	516	Sara HENDERSON Sen	Sky	22.66	555
4	619	Siobhan MASKILL Sen	Spen	16.74	440
5	425	Hazel BARKER Sen	Leeds C	15.31	408
6			KuH	x	
7					
8					

Women's Javelin B

Posn	Bib	Athlete	Club	Perf	
1			Sky	20.15	510
2	625	Estelle WILLIAMS U20	Spen	12.42	334
3	429	Zoe HUNTER U23	Leeds C	10.74	282
4	310	Amelia FRASER U18	KuH	x	
5					
6					
7					
8					

Women's 4x100m

Posn	Bib	Runners	Club	Perf	
1	5	Grace WALKER U18 * Neveah COPELAND U18 * Sara HENDERSON Sen * Jessica RAWSTRON U20	Sky	52.46	524
2	6	Soraya CRODDEN Sen * Molly WARING Sen * Olivia MYERS U20 * Isabel WHITE U23	Spen	53.40	478
3	4	Ryka KABA U18 * Mallerie SAMUEL U20 * Rhaema NDOMBASI U18 * Grace FANIYI U18	Leeds C	53.60	468
4	2	Shauna EDGE U20 * Julia JAGGER Sen * Florence JONES U18 * Thalia WATSON U20	Holm	56.93	321
5	1	Hazel FORREST U23 * Scarlett SMITH U23 * Alice TURNER U18 * Eirini-Maria IERONYMAKIS U18	H'ogate	58.64	254
6					
7					
8					

Women's & Men's 4x400m

Posn	Bib	Runners	Club	Perf	
1	6	Kevin OGDEN Sen * Estelle WILLIAMS U20 * Ellie HOLDEN U23 * Ethan WILSON U23	Spen	05:08.88	161
2					
3					
4					
5					
6					
7					
8					

TEAMS BY AGE GROUP

Women	Points	P4P
Spenborough & District AC	173.50	11,885
Leeds City AC	168.00	14,017
Skyrac AC	130.00	10,102
Holmfirth Harriers AC	71.00	5,244
Kingston upon Hull AC	70.00	6,476
Harrogate Harriers & AC	67.50	6,424
		-
		-

Northern Track & Field League 2026 EAST East 1N PRINCESS MARY ATHLETIC STADIUM

<u>100m N/S Men A</u>				Wind =	<u>100m N/S Men B</u>				Wind =
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	427	Chukwuemeka GODWIN-UKA	Leeds C	11.13	1				
2	416	Jack KEEBLE-CAVUOTO (U21)	Leeds C	11.19	2				
3	413	Tidjane MINOUGOU (Sen)	Leeds C	11.54	3				
4	102	Jakub BALCERZAK (U20)	H'ogate	12.44	4				
5					5				
6					6				
7					7				
8					8				

<u>100m N/S Men C</u>				Wind =	<u>100m N/S Men D</u>				Wind =
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1				
2					2				
3					3				
4					4				
5					5				
6					6				
7					7				
8					8				

<u>100m N/S Men E</u>				Wind =	<u>100m N/S Men F</u>				Wind =
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1				
2					2				
3					3				
4					4				
5					5				
6					6				
7					7				
8					8				

<u>100m N/S Men G</u>				Wind =	<u>100m N/S Men H</u>				Wind =
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1				
2					2				
3					3				
4					4				
5					5				
6					6				
7					7				
8					8				

Northern Track & Field League 2026 EAST East 1N PRINCESS MARY ATHLETIC STADIUM

100m N/S Women A

Posn	No.	Athlete
1	611	
2	131	
3	624	
4	613	
5	634	
6	207	
7		
8		

Wind = -00.20

Club	Perf
	13.30
	13.40
	14.10
	14.10
	14.60
	15.10

100m N/S Women B

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club Perf

100m N/S Women C

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club Perf

100m N/S Women D

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club Perf

100m N/S Women E

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club Perf

100m N/S Women F

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club Perf

100m N/S Women G

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club Perf

100m N/S Women H

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club Perf