

	Northern Track & Field League 2026	
AREA	WEST	Track Events Start in Lane
DIVISION	West 15	
MATCH	3	
P/FINISH	YES	
Timetable	Main	2

TOTAL EVENTS	37
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	37
REMAINING	-

Date Saturday, August 08 2026

Venue DEESIDE STADIUM

Host Club Deeside AAC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Deeside AAC	Dees	40.0	111.0	61.0	29.0	165.5	406.5
2	Liverpool Harriers & AC	Liv H	32.0	75.0	67.0	16.0	46.0	236.0
3	Liverpool Pembroke & Sefton H AC	Lpem	45.0	48.0	19.0	9.0	88.0	209.0
4	Southport Waterloo AC	S'port W	36.0	90.0	12.0	18.0	133.0	289.0
5	St. Helens Sutton AC	SHS	27.0	50.0	14.0	3.0	92.0	186.0
6	Team Isle of Man ©	T IOM	35.0	141.0	43.0	29.0	176.5	424.5
-				-	-	-	-	-
-				-	-	-	-	-

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Team Isle of Man ©	424.5	6.0	819.0	12.0	1243.5	18.0	1
2	Deeside AAC	406.5	5.0	652.0	9.0	1058.5	14.0	2
3	Southport Waterloo AC	289.0	4.0	588.0	6.0	877.0	10.0	3
4	Liverpool Harriers & AC	236.0	3.0	594.0	7.0	830.0	10.0	4
5	Liverpool Pembroke & Sefton H AC	209.0	2.0	596.0	6.0	805.0	8.0	5
6	St. Helens Sutton AC	186.0	1.0	389.0	2.0	575.0	3.0	6
		-						
		-						

Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Team Isle of Man ©	29,731
2	Deeside AAC	28,218
3	Southport Waterloo AC	21,208
4	Liverpool Harriers & AC	15,477
5	St. Helens Sutton AC	13,991
6	Liverpool Pembroke & Sefton H AC	13,772

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	NTAFL
1	Faye O'HARE U23	832	04:34.16	Liv H	Women's 1500m A	
2	Andrew MCFARLANE Sen	819	57.58	Dees	Men's Javelin A	
3	Aimee CHRISTIAN U23	809	63.88	T IOM	Women's 400m Hurdles A	
4	Zac WOODWARD U18	777	4.20	T IOM	Men's Pole Vault A	
5	Daniel STEWART-CLAGUE Sen	769	11.00	T IOM	Men's 100m A	
6	Lesley BROWN Sen	759	42.22	Dees	Women's Hammer A	
7	Ben SINCLAIR U23	753	50.16	T IOM	Men's 400m A	
7	Patricia SPARKS Sen	753	41.66	SHS	Women's Hammer A	
9	Renee ADAMS U18	752	12.50	S'port W	Women's 100m A	
9	Olivia SCHRIMSHAW U18	752	12.50	Dees	Women's 100m A	

WEST Northern Track & Field League 2026 West 1S @ DEESIDE STADIUM on 08 August 2026

Men's 100m A					Men's 100m B					
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	
1	600	Daniel STEWART-CLAGUE Sen	T IOM	11.00	769	1	305 Ethan HAYES U18	Lpem	11.57	596
2	514	Ethan VINE U20	SHS	11.39	647	2	621 Zac WOODWARD U18	T IOM	12.02	477
3	117	Toby LEMON U18	Dees	11.40	644	3	508 Michael DUFFY U23	SHS	12.57	354
4	402	Jake ANDERS U18	S'port W	11.53	607	4	216 Ryan MCKAY Sen	Liv H	12.93	285
5	306	Thomas HENSHAW U23	Lpem	11.55	601	5	143 Vasyi BURENOK Sen	Dees	14.15	115
6	227	Benjamin CULSHAW U18	Liv H	12.10	458	6	400 Lee COUPLAND Sen	S'port W	14.80	60
7						7				
8						8				
Men's 200m A					Men's 200m B					
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	
1	304	Morgan GREAVES-THOMAS Sen	Lpem	22.81	685	1	601 Ben SINCLAIR U23	T IOM	22.75	693
2	600	Daniel STEWART-CLAGUE Sen	T IOM	23.11	642	2	306 Thomas HENSHAW U23	Lpem	23.65	568
3	514	Ethan VINE U20	SHS	23.69	563	3	424 Will ROTHWELL U20	S'port W	25.52	353
4	106	Samuel DALLAS U20	Dees	23.79	550	4	226 Daniel CORRIGAN Sen	Liv H	26.07	301
5	402	Jake ANDERS U18	S'port W	24.41	474	5	534 Ben GENNER U18	SHS	27.66	176
6						6	143 Vasyi BURENOK Sen	Dees	29.16	93
7						7				
8						8				
Men's 400m A					Men's 400m B					
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	
1	601	Ben SINCLAIR U23	T IOM	50.16	753	1	106 Samuel DALLAS U20	Dees	51.03	702
2	117	Toby LEMON U18	Dees	50.41	738	2	315 Evan WILLIAMS U20	Lpem	53.56	565
3	249	Luke CULSHAW U20	Liv H	53.06	591	3	409 Stephen MORGAN U20	S'port W	55.96	451
4	305	Ethan HAYES U18	Lpem	55.29	481	4	226 Daniel CORRIGAN Sen	Liv H	58.27	355
5	413	Julius ZAJITSCHKE U20	S'port W	56.56	425	5	534 Ben GENNER U18	SHS	59.57	307
6	517	Will VOSE U20	SHS	72.50	28	6	605 Rory TURNER U18	T IOM	60.19	285
7						7				
8						8				
Men's 800m A					Men's 800m B					
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	
1	108	Lewis DAVIES U18	Dees	02:00.35	693	1	145 Jacob WELSH U20	Dees	01:59.58	713
2	230	Mark RYAN Sen	Liv H	02:03.07	625	2	424 Will ROTHWELL U20	S'port W	02:04.38	594
3	631	Max HAMMAL U18	T IOM	02:03.36	618	3	231 Keelan HOPEWELL Sen	Liv H	02:05.94	558
4	403	Graham BOREHAM Sen	S'port W	02:04.81	584	4	335 Jonathon BRIDE Sen	Lpem	02:12.05	430
5	504	Michael BRUSSELLS Sen	SHS	02:05.47	569	5	506 Joseph BYRNE Sen	SHS	02:27.54	192
6	334	Adam LINK U20	Lpem	02:09.36	484	6				
7						7				
8						8				
Men's 1500m A					Men's 1500m B					
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	
1	104	Zac CAMPBELL U18	Dees	04:09.39	678	1	109 Ryan DELANEY U18	Dees	04:40.69	381
2	210	Joseph FARRELLY Sen	Liv H	04:10.36	668	2	215 Christian WOODS Sen	Liv H	04:54.18	283
3	407	William DELAMERE U18	S'port W	04:12.68	642	3	303 Michael GALL Sen	Lpem	05:15.19	165
4	632	Corbyn SCHADE U23	T IOM	04:20.20	564	4	637 Tom PARTINGTON Sen	T IOM	05:55.80	35
5	512	Alister PEARSON Sen	SHS	04:40.30	384	5				
6	333	Daniel PROCTER U18	Lpem	04:47.58	329	6				
7						7				
8						8				

WEST Northern Track & Field League 2026 West 1S @ DEESIDE STADIUM on 08 August 2026

Men's 5000m A

Posn	Bib	Athlete	Club	Perf
1	246	Thomas ROGERSON Sen	Liv H	16:23.50
2	325	Alexander PROCTER U23	Lpem	16:54.08
3	428	Matthew BAILEY Sen	S'port W	17:14.96
4	632	Corbyn SCHADE U23	T IOM	17:27.15
5	138	Nick BARTLEY Sen	Dees	17:34.92
6	512	Alister PEARSON Sen	SHS	17:40.81
7				
8				

Men's 5000m B

Posn	Bib	Athlete	Club	Perf
1	517	Will VOSE U20	SHS	17:47.45
2	336	Paul MILBURN Sen	Lpem	17:51.27
3	149	Dafydd john ROBERTS Sen	Dees	17:51.98
4	225	Ryan WHISTON Sen	Liv H	19:00.28
5				
6				
7				
8				

Men's 3km Steeplechase A

Posn	Bib	Athlete	Club	Perf
1	232	Ethan DUNN Sen	Liv H	10:52.63
2	145	Jacob WELSH U20	Dees	11:49.81
3	607	Kyle MARTIN Sen	T IOM	14:58.77
4				
5				
6				
7				
8				

Men's 3km Steeplechase B

Posn	Bib	Athlete	Club	Perf
1	116	Elis JONES U20	Dees	11:57.56
2	248	Callum GRANT Sen	Liv H	13:08.69
3				
4				
5				
6				
7				
8				

Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf
1	605	Rory TURNER U18	T IOM	63.38
2	404	Sam COUPLAND U23	S'port W	64.64
3	216	Ryan MCKAY Sen	Liv H	71.32
4	116	Elis JONES U20	Dees	75.73
5				
6				
7				
8				

Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf
1	607	Kyle MARTIN Sen	T IOM	71.51
2	232	Ethan DUNN Sen	Liv H	72.36
3	400	Lee COUPLAND Sen	S'port W	101.99
4				
5				
6				
7				
8				

Men's 110m Hurdles A

Posn	Bib	Athlete	Club	Perf
1	404	Sam COUPLAND U23	S'port W	16.18
2	405	Adam BYRNE U23	S'port W	18.10
3	600	Daniel STEWART-CLAGUE Sen	T IOM	20.85
4	607	Kyle MARTIN Sen	T IOM	22.65
5	216	Ryan MCKAY Sen	Liv H	23.13
6				
7				
8				

Men's 110m Hurdles B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Men's Long Jump A

Posn	Bib	Athlete	Club	Perf
1	404	Sam COUPLAND U23	S'port W	6.15
2	601	Ben SINCLAIR U23	T IOM	6.04
3	508	Michael DUFFY U23	SHS	4.99
4	314	Paul WHITE Sen	Lpem	4.93
5	216	Ryan MCKAY Sen	Liv H	4.88
6	102	Gethin BROWN U18	Dees	4.65
7				
8				

Men's Long Jump B

Posn	Bib	Athlete	Club	Perf
1	405	Adam BYRNE U23	S'port W	5.52
2	106	Samuel DALLAS U20	Dees	4.24
3	638	Troy TURNER U18	T IOM	4.23
4	506	Joseph BYRNE Sen	SHS	3.70
5	337	Charlie CLIMPSON U20	Lpem	3.32
6				
7				
8				

WEST Northern Track & Field League 2026 West 1S @ DEESIDE STADIUM on 08 August 2026

Men's High Jump A

Posn	Bib	Athlete	Club	Perf	
1	405	Adam BYRNE U23	S'port W	1.75	630
2	102	Gethin BROWN U18	Dees	1.55	465
3	638	Troy TURNER U18	T IOM	1.50	423
4	536	Phil ROBINSON Sen	SHS	1.45	382

Men's High Jump B

Posn	Bib	Athlete	Club	Perf
1	147	Mark PHILLIPS Sen	Dees	x

Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	
1	234	Sam DUNCAN Sen	Liv H	12.80	731
2	404	Sam COUPLAND U23	S'port W	12.56	707
3	117	Toby LEMON U18	Dees	11.69	619
4	621	Zac WOODWARD U18	T IOM	9.95	430
5	508	Michael DUFFY U23	SHS	9.57	385
6	314	Paul WHITE Sen	Lpem	9.48	375
7					
8					

Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	
1	216	Ryan MCKAY Sen	Liv H	10.05	441
2	400	Lee COUPLAND Sen	S'port W	8.42	242
3	637	Tom PARTINGTON Sen	T IOM	7.81	155
4	102	Gethin BROWN U18	Dees	7.01	5
5					
6					
7					
8					

Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	
1	621	Zac WOODWARD U18	T IOM	4.20	777
2	405	Adam BYRNE U23	S'port W	4.00	733
3	536	Phil ROBINSON Sen	SHS	2.10	294
4	147	Mark PHILLIPS Sen	Dees	x	

Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf	
1	607	Kyle MARTIN Sen	T IOM	2.50	389
2	119	Dave STOKES Sen	Dees	x	

Men's Shot A

Posn	Bib	Athlete	Club	Perf	
1	113	Dorel GRETA Sen	Dees	11.02	630
2	405	Adam BYRNE U23	S'port W	10.60	601
3	337	Charlie CLIMPSON U20	Lpem	8.68	456
4	607	Kyle MARTIN Sen	T IOM	8.35	429
5	536	Phil ROBINSON Sen	SHS	7.74	376
6	221	Matthew AFFUL Sen	Liv H	5.23	74
7					
8					

Men's Shot B

Posn	Bib	Athlete	Club	Perf	
1	314	Paul WHITE Sen	Lpem	8.60	450
2	604	Alfred ODDIE Sen	T IOM	8.04	403
3	515	Mike VINE Sen	SHS	7.33	338
4	119	Dave STOKES Sen	Dees	6.48	251
5	232	Ethan DUNN Sen	Liv H	4.51	
6	418	Christopher BURGESS Sen	S'port W	x	
7					
8					

Men's Discus A

Posn	Bib	Athlete	Club	Perf	
1	337	Charlie CLIMPSON U20	Lpem	33.02	607
2	113	Dorel GRETA Sen	Dees	30.85	570
3	607	Kyle MARTIN Sen	T IOM	27.11	504
4	536	Phil ROBINSON Sen	SHS	26.42	491
5	404	Sam COUPLAND U23	S'port W	25.59	475
6	221	Matthew AFFUL Sen	Liv H	18.26	314
7					
8					

Men's Discus B

Posn	Bib	Athlete	Club	Perf	
1	314	Paul WHITE Sen	Lpem	26.38	490
2	604	Alfred ODDIE Sen	T IOM	23.69	437
3	400	Lee COUPLAND Sen	S'port W	21.68	394
4	515	Mike VINE Sen	SHS	20.60	370
5	119	Dave STOKES Sen	Dees	20.24	362
6					
7					
8					

WEST Northern Track & Field League 2026 West 15 @ DEESIDE STADIUM on 08 August 2026

Men's Hammer A

Posn	Bib	Athlete	Club	Perf
1	314	Paul WHITE Sen	Lpem	29.92
2	600	Daniel STEWART-CLAGUE Sen	T IOM	26.02
3	404	Sam COUPLAND U23	S'port W	22.72
4	119	Dave STOKES Sen	Dees	22.56
5	515	Mike VINE Sen	SHS	18.55
6				
7				
8				

Men's Hammer B

Posn	Bib	Athlete	Club	Perf
1	337	Charlie CLIMPSON U20	Lpem	28.24
2	400	Lee COUPLAND Sen	S'port W	17.77
3	103	Stuart BROWN Sen	Dees	17.59
4	508	Michael DUFFY U23	SHS	17.12
5	604	Alfred ODDIE Sen	T IOM	16.30
6				
7				
8				

Men's Javelin A

Posn	Bib	Athlete	Club	Perf
1	146	Andrew MCFARLANE Sen	Dees	57.58
2	308	William HYND Sen	Lpem	43.28
3	600	Daniel STEWART-CLAGUE Sen	T IOM	40.66
4	405	Adam BYRNE U23	S'port W	36.45
5	536	Phil ROBINSON Sen	SHS	30.81
6	232	Ethan DUNN Sen	Liv H	20.81
7				
8				

Men's Javelin B

Posn	Bib	Athlete	Club	Perf
1	113	Dorel GRETA Sen	Dees	40.96
2	337	Charlie CLIMPSON U20	Lpem	34.87
3	400	Lee COUPLAND Sen	S'port W	24.65
4	604	Alfred ODDIE Sen	T IOM	24.62
5	515	Mike VINE Sen	SHS	23.47
6				
7				
8				

4 x 100m Mixed A

Posn	Bib	Runners	Club	Perf
1	1	Olivia SCHRIMSHAW U18 * Leda TSVETKOVA U23 * Toby LEMON U18 * Samuel DALLAS U20	Dees	47.69
2	4	Renee ADAMS U18 * Lilly ZAJITSCHK U18 * Jake ANDERS U18 * Julius ZAJITSCHK U20	S'port W	48.75
3	6	Daniel STEWART-CLAGUE Sen * Aimee CHRISTIAN U23 * Ben SINCLAIR U23 * Ewelina HAND Sen	T IOM	48.78
4	2	Daniel CORRIGAN Sen * Christiana KELLEY U23 * Ellie ROBINSON Sen * Ryan MCKAY Sen	Liv H	52.94
5				
6				
7				
8				

4 x 400m Men

Posn	Bib	Runners	Club	Perf
1	3	Morgan GREAVES-THOMAS Sen * Adam LINK U20 * Evan WILLIAMS U20 * Ethan HAYES U18	Lpem	03:39.02
2	1	Samuel DALLAS U20 * Lewis DAVIES U18 * Jacob WELSH U20 * Zac CAMPBELL U18	Dees	03:41.23
3	4	Julius ZAJITSCHK U20 * Will ROTHWELL U20 * William DELAMERE U18 * Stephen MORGAN U20	S'port W	03:45.37
4	6	Daniel STEWART-CLAGUE Sen * Ben SINCLAIR U23 * Rory TURNER U18 * Max HAMMAL U18	T IOM	03:57.66
5	2	Ethan DUNN Sen * Christian WOODS Sen * Tom CLARKE Sen * Luke CULSHAW U20	Liv H	04:04.33
6	5	Ben GENNER U18 * Will VOSE U20 * Michael DUFFY U23 * Ethan VINE U20	SHS	04:15.62
7				
8				

TEAMS BY AGE GROUP

Men	Points	P4P
Team Isle of Man ©	182.00	13,844
Deeside AAC	173.00	13,584
Southport Waterloo AC	163.00	13,674
Liverpool Pembroke & Sefton H AC	136.00	11,332
Liverpool Harriers & AC	122.00	9,072
St. Helens Sutton AC	100.00	8,834
		-
		-

WEST Northern Track & Field League 2026 West 1S @ DEESIDE STADIUM on 08 August 2026

<u>Women's 100m A</u>					<u>Women's 100m B</u>					<u>Women's 100m C</u>							
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf			
1	425	Renee ADAMS U18	S'port W	12.50	752	1	134	Leda TSVETKOVA U23	Dees	13.30	584	1	130	Jessica HODGSON U18	Dees	05:49.23	318
2	133	Olivia SCHRIMSHAW U18	Dees	12.50	752	2	527	Jessica HESKETH U18	SHS	13.62	524	2	636	Ella CROWE U23	T IOM	05:54.02	294
3	523	Heather DRILLINGCOURT Sen	SHS	13.50	546	3	613	Ewelina HAND Sen	T IOM	14.07	445	3	236	Frances O'BRIEN U18	Liv H	05:59.96	265
4	624	Frankie KENNEDY U18	T IOM	14.00	457	4	401	Katy COUPLAND Sen	S'port W	17.00	105	4					
5	233	Ruby GIBBONS U20	Liv H	14.91	319	5						5					
6	319	Sarah HENRY Sen	Lpem	18.80	20	6						6					
7						7						7					
8						8						8					
<u>Women's 200m A</u>					<u>Women's 200m B</u>					<u>Women's 200m C</u>							
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf			
1	425	Renee ADAMS U18	S'port W	26.11	694	1	624	Frankie KENNEDY U18	T IOM	29.30	417	1	129	Briony HIBBERT Sen	Dees	03:26.35	45
2	617	Aimee CHRISTIAN U23	T IOM	27.06	602	2	527	Jessica HESKETH U18	SHS	29.50	403	2	639	Maira HALL Sen	T IOM	04:03.72	
3	134	Leda TSVETKOVA U23	Dees	27.93	525	3	236	Frances O'BRIEN U18	Liv H	30.90	310	3					
4	204	Christiana KELLEY U23	Liv H	28.40	486	4	130	Jessica HODGSON U18	Dees	32.90	204	4					
5	529	Abigail NEWMAN U23	SHS	28.60	470	5						5					
6						6						6					
7						7						7					
8						8						8					
<u>Women's 400m A</u>					<u>Women's 400m B</u>					<u>Women's 400m C</u>							
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf			
1	126	Abigail DOHERTY U20	Dees	61.23	635	1	122	Eleanor CARNEY Sen	Dees	64.34	526	1	130	Jessica HODGSON U18	Dees	05:49.23	318
2	235	Ellie ROBINSON Sen	Liv H	63.27	562	2	613	Ewelina HAND Sen	T IOM	69.12	380	2	636	Ella CROWE U23	T IOM	05:54.02	294
3	204	Christiana KELLEY U23	Liv H	64.16	532	3						3	236	Frances O'BRIEN U18	Liv H	05:59.96	265
4	626	Abi SINCLAIR U18	T IOM	64.36	525	4						4					
5	414	Emily DEAN U20	S'port W	66.02	471	5						5					
6						6						6					
7						7						7					
8						8						8					
<u>Women's 800m A</u>					<u>Women's 800m B</u>					<u>Women's 800m C</u>							
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf			
1	122	Eleanor CARNEY Sen	Dees	02:22.10	685	1	129	Briony HIBBERT Sen	Dees	03:26.35	45	1	130	Jessica HODGSON U18	Dees	05:49.23	318
2	626	Abi SINCLAIR U18	T IOM	02:27.82	596	2	639	Maira HALL Sen	T IOM	04:03.72		2	636	Ella CROWE U23	T IOM	05:54.02	294
3	414	Emily DEAN U20	S'port W	02:33.46	514	3						3	236	Frances O'BRIEN U18	Liv H	05:59.96	265
4	236	Frances O'BRIEN U18	Liv H	02:41.99	402	4						4					
5	319	Sarah HENRY Sen	Lpem	03:01.75	197	5						5					
6						6						6					
7						7						7					
8						8						8					
<u>Women's 1500m A</u>					<u>Women's 1500m B</u>					<u>Women's 1500m C</u>							
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf			
1	211	Faye O'HARE U23	Liv H	04:34.16	832	1	130	Jessica HODGSON U18	Dees	05:49.23	318	1	130	Jessica HODGSON U18	Dees	05:49.23	318
2	625	Sienna MORRISSEY U18	T IOM	05:26.07	451	2	636	Ella CROWE U23	T IOM	05:54.02	294	2	636	Ella CROWE U23	T IOM	05:54.02	294
3	148	Neisha ROBERTS U23	Dees	05:26.52	448	3	236	Frances O'BRIEN U18	Liv H	05:59.96	265	3	236	Frances O'BRIEN U18	Liv H	05:59.96	265
4						4						4					
5						5						5					
6						6						6					
7						7						7					
8						8						8					

WEST Northern Track & Field League 2026 West 1S @ DEESIDE STADIUM on 08 August 2026

Women's 3000m A

Posn	Bib	Athlete	Club	Perf	
1	207	Alex O'BRIEN Sen	Liv H	10:40.83	659
2	616	Dawn ATHERTON Sen	T IOM	11:16.84	538
3	140	Josephine HURST U20	Dees	11:28.71	500
4					
5					
6					
7					
8					

Women's 3000m B

Posn	Bib	Athlete	Club	Perf	
1	241	Bethan DOWSETT Sen	Liv H	11:10.93	557
2	635	Ashleigh SCHREUDER U20	T IOM	14:24.87	100
3	129	Briony HIBBERT Sen	Dees	14:57.50	59
4					
5					
6					
7					
8					

Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	617	Aimee CHRISTIAN U23	T IOM	63.88	809
2	148	Neisha ROBERTS U23	Dees	73.10	560
3					
4					
5					
6					
7					
8					

Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	613	Ewelina HAND Sen	T IOM	76.04	489
2					
3					
4					
5					
6					
7					
8					

Women's 100m Hurdles A

Posn	Bib	Athlete	Wind	Club	Perf	
1	617	Aimee CHRISTIAN U23		T IOM	16.67	644
2						
3						
4						
5						
6						
7						
8						

Women's 100m Hurdles B

Posn	Bib	Athlete	Wind	Club	Perf	
1						
2						
3						
4						
5						
6						
7						
8						

Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	
1	422	Lilly ZAJITSCHKE U18	S'port W	4.97	686
2	127	Isobel GUNN U23	Dees	4.68	617
3	636	Ella CROWE U23	T IOM	4.51	577
4					
5					
6					
7					
8					

Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	
1	635	Ashleigh SCHREUDER U20	T IOM	4.48	570
2	131	Maddison JONES U18	Dees	4.20	504
3	401	Katy COUPLAND Sen	S'port W	3.17	267
4					
5					
6					
7					
8					

WEST Northern Track & Field League 2026 West 1S @ DEESIDE STADIUM on 08 August 2026

Women's High Jump A

Posn	Bib	Athlete	Club	Perf
1	425	Renee ADAMS U18	S'port W	1.55
2	148	Neisha ROBERTS U23	Dees	1.45
3	613	Ewelina HAND Sen	T IOM	1.40
4	200	Elizabeth HENSHALL Sen	Liv H	x

Women's High Jump B

Posn	Bib	Athlete	Club	Perf
1	422	Lilly ZAJITSCHKE U18	S'port W	1.40
2=	127	Isobel GUNN U23	Dees	1.35
2=	624	Frankie KENNEDY U18	T IOM	1.35

Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf
1	133	Olivia SCHRIMSHAW U18	Dees	10.73
2	619	Jessica SCHREUDER U18	T IOM	10.11
3	236	Frances O'BRIEN U18	Liv H	8.34
4				
5				
6				
7				
8				

Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf
1	613	Ewelina HAND Sen	T IOM	9.74
2	121	Megan BROWN U20	Dees	7.18
3				
4				
5				
6				
7				
8				

Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf
1	202	Ruby PRITCHARD U20	Liv H	2.60
2	622	Lucy CARTWRIGHT U20	T IOM	2.10

Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf
1	617	Aimee CHRISTIAN U23	T IOM	1.70

Women's Shot A

Posn	Bib	Athlete	Club	Perf
1	532	Patricia SPARKS Sen	SHS	9.59
2	120	Lesley BROWN Sen	Dees	9.18
3	323	Holly WARE Sen	Lpem	7.68
4	620	Fiona WHITEHEAD Sen	T IOM	7.49
5	401	Katy COUPLAND Sen	S'port W	7.31
6	200	Elizabeth HENSHALL Sen	Liv H	x
7				
8				

Women's Shot B

Posn	Bib	Athlete	Club	Perf
1	529	Abigail NEWMAN U23	SHS	6.27
2	137	Megan WOOD U18	Dees	6.16
3	611	Molly PHILLIPS U20	T IOM	4.53
4				
5				
6				
7				
8				

Women's Discus A

Posn	Bib	Athlete	Club	Perf
1	121	Megan BROWN U20	Dees	27.29
2	622	Lucy CARTWRIGHT U20	T IOM	26.72
3	401	Katy COUPLAND Sen	S'port W	25.03
4	532	Patricia SPARKS Sen	SHS	24.94
5	323	Holly WARE Sen	Lpem	19.00
6				
7				
8				

Women's Discus B

Posn	Bib	Athlete	Club	Perf
1	620	Fiona WHITEHEAD Sen	T IOM	26.13
2	120	Lesley BROWN Sen	Dees	23.32
3	530	Andrea NEWMAN Sen	SHS	12.64
4				
5				
6				
7				
8				

WEST Northern Track & Field League 2026 West 1S @ DEESIDE STADIUM on 08 August 2026

Women's Hammer A

Posn	Bib	Athlete	Club	Perf
1	120	Lesley BROWN Sen	Dees	42.22
2	532	Patricia SPARKS Sen	SHS	41.66
3	323	Holly WARE Sen	Lpem	33.39
4	620	Fiona WHITEHEAD Sen	T IOM	29.87
5	401	Katy COUPLAND Sen	S'port W	18.14
6				
7				
8				

Women's Hammer B

Posn	Bib	Athlete	Club	Perf
1	137	Megan WOOD U18	Dees	30.38
2	622	Lucy CARTWRIGHT U20	T IOM	17.29
3				
4				
5				
6				
7				
8				

Women's Javelin A

Posn	Bib	Athlete	Club	Perf
1	121	Megan BROWN U20	Dees	28.25
2	622	Lucy CARTWRIGHT U20	T IOM	25.24
3	422	Lilly ZAJITSCHK U18	S'port W	24.48
4	323	Holly WARE Sen	Lpem	23.76
5	530	Andrea NEWMAN Sen	SHS	10.90
6				
7				
8				

Women's Javelin B

Posn	Bib	Athlete	Club	Perf
1	120	Lesley BROWN Sen	Dees	17.64
2	401	Katy COUPLAND Sen	S'port W	16.51
3	619	Jessica SCHREUDER U18	T IOM	12.40
4	529	Abigail NEWMAN U23	SHS	8.77
5				
6				
7				
8				

4 x 100m Mixed B

Posn	Bib	Runners	Club	Perf
1	6	Rory TURNER U18 * Ella CROWE U23 * Frankie KENNEDY U18 * Kyle MARTIN Sen	T IOM	49.96
2	2		Liv H	53.56
3	1	Neisha ROBERTS U23 * Megan WOOD U18 * Jacob WELSH U20 * Vasyi BURENOK Sen	Dees	54.24
4	4	Emily DEAN U20 * Katy COUPLAND Sen * Lee COUPLAND Sen * Sam COUPLAND U23	S'port W	57.34
5				
6				
7				
8				

4 x 400m Women

Posn	Bib	Runners	Club	Perf
1	6	Aimee CHRISTIAN U23 * Ewelina HAND Sen * Sienna MORRISSEY U18 * Abi SINCLAIR U18	T IOM	04:25.00
2	1	Leda TSVETKOVA U23 * Abigail DOHERTY U20 * Eleanor CARNEY Sen * Neisha ROBERTS U23	Dees	04:26.29
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

Women	Points	P4P
Team Isle of Man ©	207.50	15,887
Deeside AAC	193.50	14,634
Southport Waterloo AC	90.00	7,534
Liverpool Harriers & AC	82.00	6,405
St. Helens Sutton AC	59.00	5,157
Liverpool Pembroke & Sefton H AC	28.00	2,440
		-
		-

Northern Track & Field League 2026 WEST West 1S DEESIDE STADIUM

100m N/S Men A

Wind =

Posn	No.	Athlete	Club	Perf
1	234	Sam DUNCAN	Liv H	11.95
2	306	Thomas HENSHAW U23	Lpem	11.97
3	143	Vasyl BURENOK Sen	Dees	15.19
4				
5				
6				
7				
8				

100m N/S Men B

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men C

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men D

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men E

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men F

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men G

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men H

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Northern Track & Field League 2026 WEST West 1S DEESIDE STADIUM

100m N/S Women A

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf

100m N/S Women B

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf

100m N/S Women C

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf

100m N/S Women D

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf

100m N/S Women E

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf

100m N/S Women F

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf

100m N/S Women G

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf

100m N/S Women H

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind =

Club

Perf