	Northern Track & Field League 2026	Track Events Start in Lane
AREA	WEST	
DIVISION	West 1S	
MATCH	4	
P/FINISH	NO	2
Timetable	Main	

TOTAL EVENTS	37
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	37
REMAINING	-

Date Sunday, August 30 2026

Venue THE SPORTS CENTRE - EDGE HILL UNIVERSITY

Host Club Liverpool Pembroke & Sefton H AC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Deeside AAC	Dees	50.0	89.0	22.0	18.0	128.0	307.0
2	Liverpool Harriers & AC	Liv H	58.0	74.0	31.0	21.0	84.0	268.0
3	Liverpool Pembroke & Sefton H AC	Lpem	49.0	78.0	53.0	15.0	170.0	365.0
4	Southport Waterloo AC	S'port W	39.0	71.0	29.0	25.0	112.0	276.0
5	St. Helens Sutton AC	SHS	23.0	66.0	34.0	23.0	95.0	241.0
6	Team Isle of Man ©	T IOM	50.0	99.0	41.0	19.0	145.0	354.0
-				-	-	-	-	-
-				-	-	-	-	-

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Liverpool Pembroke & Sefton H AC	365.0	6.0	805.0	8.0	1170.0	14.0	3
2	Team Isle of Man ©	354.0	5.0	1243.5	18.0	1597.5	23.0	1
3	Deeside AAC	307.0	4.0	1058.5	14.0	1365.5	18.0	2
4	Southport Waterloo AC	276.0	3.0	875.0	10.0	1151.0	13.0	4
5	Liverpool Harriers & AC	268.0	2.0	830.0	10.0	1098.0	12.0	5
6	St. Helens Sutton AC	241.0	1.0	575.0	3.0	816.0	4.0	6
		-						
		-						

Posn	*POINTS FOR PERFORMANCE TABLE*	*Points*
1	*Team Isle of Man ©*	*21,712*
2	*Liverpool Pembroke & Sefton H AC*	*21,598*
3	*Deeside AAC*	*20,863*
4	*Southport Waterloo AC*	*18,459*
5	*St. Helens Sutton AC*	*16,936*
6	*Liverpool Harriers & AC*	*16,847*

Posn	*Top 10 Scoring Athletes*	*Points*	*Perf*	*Club*	*Event*	*NTAFL*
1	*Olivia SCHRIMSHAW U18*	*851*	*14.60*	*Dees*	*Women's 100m Hurdles A*	
2	*Olivia SCHRIMSHAW U18*	*840*	*5.61*	*Dees*	*Women's Long Jump A*	
3	*Andrew MCFARLANE Sen*	*820*	*57.70*	*Dees*	*Men's Javelin A*	
4	*Isaac BROMWICH U20*	*816*	*57.35*	*Dees*	*Men's Javelin B*	
5	*Anna PEERS Sen*	*814*	*40.65*	*Lpem*	*Women's Discus A*	
6	*Tom KWISSA Sen*	*794*	*1.95*	*Lpem*	*Men's High Jump A*	
7	*Michael O'DONNELL Sen*	*788*	*55.03*	*Liv H*	*Men's Javelin A*	
8	*Patricia SPARKS Sen*	*735*	*40.15*	*SHS*	*Women's Hammer A*	
9	*Lesley BROWN Sen*	*732*	*39.97*	*Dees*	*Women's Hammer A*	
10	*Elliott GRIFFITHS U18*	*728*	*6.41*	*Liv H*	*Men's Long Jump A*	

WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Men's 100m A

Posn	Bib	Athlete	Club	Wind	Perf	
1	402	Jake ANDERS U18	S'port W		11.3	674
2	117	Toby LEMON U18	Dees		11.4	644
3	305	Ethan HAYES U18	Lpem		11.4	644
4	508	Michael DUFFY U23	SHS		12.3	412
5	605	Rory TURNER U18	T IOM		12.4	390
6	231	Ryan MCKAY Sen	Liv H		12.8	309
7						
8						

Men's 100m B

Posn	Bib	Athlete	Club	Wind	Perf	
1	306	Thomas HENSHAW U23	Lpem		11.6	587
2	106	Samuel DALLAS U20	Dees		11.6	587
3	227	Benjamin CULSHAW U18	Liv H		12.0	482
4	621	Zac WOODWARD U18	T IOM		12.1	458
5	418	Christopher BURGESS Sen	S'port W		12.8	309
6						
7						
8						

Men's 200m A

Posn	Bib	Athlete	Club	Wind	Perf	
1	402	Jake ANDERS U18	S'port W		23.2	629
2	106	Samuel DALLAS U20	Dees		23.2	629
3	306	Thomas HENSHAW U23	Lpem		23.4	602
4	508	Michael DUFFY U23	SHS		25.8	326
5	605	Rory TURNER U18	T IOM		26.8	239
6	231	Ryan MCKAY Sen	Liv H		27.2	208
7						
8						

Men's 200m B

Posn	Bib	Athlete	Club	Wind	Perf	
1	315	Evan WILLIAMS U20	Lpem		24.3	487
2	418	Christopher BURGESS Sen	S'port W		26.2	289
3	105	Ryan CLOUGH U18	Dees		26.3	280
4	534	Ben GENNER U18	SHS		27.2	208
5						
6						
7						
8						

Men's 400m A

Posn	Bib	Athlete	Club	Perf	
1	117	Toby LEMON U18	Dees	50.9	710
2	315	Evan WILLIAMS U20	Lpem	54.7	509
3	403	Graham BOREHAM Sen	S'port W	56.0	449
4	226	Daniel CORRIGAN Sen	Liv H	59.3	316
5	534	Ben GENNER U18	SHS	63.0	198
6	603	Jamie HAYES Sen	T IOM	80.1	
7					
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Men's 400m B

Posn	Bib	Athlete	Club	Perf	
1	106	Samuel DALLAS U20	Dees	53.3	578
2	327	Dan EVANS Sen	Lpem	56.7	419
3	413	Julius ZAJITSCHEK U20	S'port W	56.8	414
4	640	Harry KINLEY U20	T IOM	61.3	249
5	231	Ryan MCKAY Sen	Liv H	63.3	190
6	517	Will VOSE U20	SHS	70.7	47
7					
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Men's 800m A

Posn	Bib	Athlete	Club	Perf	
1	145	Jacob WELSH U20	Dees	2:00.1	700
2	507	Daniel COOKE Sen	SHS	2:03.0	627
3	249	Luke CULSHAW U20	Liv H	2:05.7	563
4	631	Max HAMMAL U18	T IOM	2:06.0	556
5	403	Graham BOREHAM Sen	S'port W	2:06.7	541
6	334	Adam LINK U20	Lpem	2:08.7	498
7					
8					

Men's 800m B

Posn	Bib	Athlete	Club	Perf	
1	105	Ryan CLOUGH U18	Dees	2:13.3	406
2	413	Julius ZAJITSCHEK U20	S'port W	2:13.6	401
3	510	Ryan MOLYNEUX Sen	SHS	2:17.2	338
4	231	Ryan MCKAY Sen	Liv H	2:20.8	281
5	346	Mark DAVIDSON Sen	Lpem	2:31.4	150
6	603	Jamie HAYES Sen	T IOM	2:40.5	74
7					
8					

Men's 1500m A

Posn	Bib	Athlete	Club	Perf	
1	145	Jacob WELSH U20	Dees	4:19.6	570
2	249	Luke CULSHAW U20	Liv H	4:20.9	557
3	340	Nick TURNER Sen	Lpem	4:42.5	366
4	517	Will VOSE U20	SHS	4:44.7	350
5	631	Max HAMMAL U18	T IOM	5:00.5	243
6					
7					
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Men's 1500m B

Posn	Bib	Athlete	Club	Perf	
1	503	Chris BRIKETT Sen	SHS	4:45.0	348
2	248	Callum GRANT Sen	Liv H	5:06.3	210
3	310	Steven NIJS Sen	Lpem	5:07.9	201
4	603	Jamie HAYES Sen	T IOM	5:13.7	172
5					
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WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Men's 5000m A

Posn	Bib	Athlete	Club	Perf	
1	325	Alexander PROCTER U23	Lpem	16:13.1	606
2	632	Corbyn SCHADE U23	T IOM	16:22.8	581
3	510	Ryan MOLYNEUX Sen	SHS	16:38.5	541
4	430	Alexander VERNON Sen	S'port W	18:03.1	348
5	149	Dafydd john ROBERTS Sen	Dees	18:12.9	328
6	248	Callum GRANT Sen	Liv H	18:30.6	294
7					
8					

Men's 5000m B

Posn	Bib	Athlete	Club	Perf	
1	512	Alister PEARSON Sen	SHS	16:55.6	499
2	138	Nick BARTLEY Sen	Dees	18:24.3	306
3	432	Diyar ABUBAKR Sen	S'port W	18:54.3	250
4	640	Harry KINLEY U20	T IOM	19:59.6	148
5	303	Michael GALL Sen	Lpem	20:45.7	91
6					
7					
8					

Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	309	Adam JONES Sen	Lpem	65.0	525
2	605	Rory TURNER U18	T IOM	67.2	464
3	405	Adam BYRNE U23	S'port W	68.4	432
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Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	
1	607	Kyle MARTIN Sen	T IOM	80.1	180
2	400	Lee COUPLAND Sen	S'port W	103.2	
3					
4					
5					
6					
7					
8					

Men's 110m Hurdles A Wind

Posn	Bib	Athlete	Club	Perf	
1	607	Kyle MARTIN Sen	T IOM	20.6	329
2					
3					
4					
5					
6					
7					
8					

Men's 110m Hurdles B Wind

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Men's Long Jump A

Posn	Bib	Athlete	Club	Perf	
1	239	Elliott GRIFFITHS U18	Liv H	6.41	728
2	410	Jack NELSON U18	S'port W	5.93	634
3	334	Adam LINK U20	Lpem	5.59	568
4	102	Gethin BROWN U18	Dees	4.94	443
5	537	Dylan ROBERTS U18	SHS	4.72	401
6	603	Jamie HAYES Sen	T IOM	2.38	
7					
8					

Men's Long Jump B

Posn	Bib	Athlete	Club	Perf	
1	341	Jared NICHOLLS U23	Lpem	5.25	502
2	405	Adam BYRNE U23	S'port W	5.13	479
3	231	Ryan MCKAY Sen	Liv H	4.86	427
4	508	Michael DUFFY U23	SHS	4.64	385
5	149	Dafydd john ROBERTS Sen	Dees	2.85	57
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WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Men's High Jump A

Posn	Bib	Athlete	Club	Perf	
1	329	Tom KWISSA Sen	Lpem	1.95	794
2	239	Elliott GRIFFITHS U18	Liv H	1.75	630
3	640	Harry KINLEY U20	T IOM	1.70	589
4	102	Gethin BROWN U18	Dees	1.55	465
5	410	Jack NELSON U18	S'port W	1.50	423

Men's High Jump B

Posn	Bib	Athlete	Club	Perf	
1	302	Sandy CLARKSON Sen	Lpem	1.80	671
2	638	Troy TURNER U18	T IOM	1.45	382
3	405	Adam BYRNE U23	S'port W	1.40	340

Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	
1	117	Toby LEMON U18	Dees	11.69	619
2	410	Jack NELSON U18	S'port W	11.38	586
3	607	Kyle MARTIN Sen	T IOM	10.40	480
4	314	Paul WHITE Sen	Lpem	10.15	452
5	508	Michael DUFFY U23	SHS	9.25	347
6					
7					
8					

Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	
1	306	Thomas HENSHAW U23	Lpem	9.80	412
2	621	Zac WOODWARD U18	T IOM	9.71	402
3	102	Gethin BROWN U18	Dees	9.64	394
4	400	Lee COUPLAND Sen	S'port W	7.75	146
5					
6					
7					
8					

Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	
1	621	Zac WOODWARD U18	T IOM	3.80	688
2	405	Adam BYRNE U23	S'port W	3.80	688
3	536	Phil ROBINSON Sen	SHS	2.50	389

Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf

Men's Shot A

Posn	Bib	Athlete	Club	Perf	
1	405	Adam BYRNE U23	S'port W	11.33	651
2	146	Andrew MCFARLANE Sen	Dees	11.07	633
3	337	Charlie CLIMPSON U20	Lpem	9.37	511
4	607	Kyle MARTIN Sen	T IOM	8.73	460
5	237	Michael O'DONNELL Sen	Liv H	8.23	419
6	536	Phil ROBINSON Sen	SHS	8.19	416
7					
8					

Men's Shot B

Posn	Bib	Athlete	Club	Perf	
1	101	Isaac BROMWICH U20	Dees	10.18	571
2	314	Paul WHITE Sen	Lpem	8.95	478
3	418	Christopher BURGESS Sen	S'port W	8.01	400
4	515	Mike VINE Sen	SHS	7.52	356
5	604	Alfred ODDIE Sen	T IOM	7.29	335
6	221	Matthew AFFUL Sen	Liv H	6.40	242
7					
8					

Men's Discus A

Posn	Bib	Athlete	Club	Perf	
1	405	Adam BYRNE U23	S'port W	35.46	646
2	337	Charlie CLIMPSON U20	Lpem	32.51	598
3	237	Michael O'DONNELL Sen	Liv H	31.95	589
4	101	Isaac BROMWICH U20	Dees	25.29	469
5	536	Phil ROBINSON Sen	SHS	24.93	462
6	607	Kyle MARTIN Sen	T IOM	23.29	429
7					
8					

Men's Discus B

Posn	Bib	Athlete	Club	Perf	
1	314	Paul WHITE Sen	Lpem	25.74	478
2	119	Dave STOKES Sen	Dees	21.71	395
3	515	Mike VINE Sen	SHS	21.35	387
4	604	Alfred ODDIE Sen	T IOM	20.54	369
5	400	Lee COUPLAND Sen	S'port W	19.62	347
6	221	Matthew AFFUL Sen	Liv H	18.74	326
7					
8					

WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Men's Hammer A

Posn	Bib	Athlete	Club	Perf	
1	314	Paul WHITE Sen	Lpem	32.82	564
2	119	Dave STOKES Sen	Dees	24.14	447
3	515	Mike VINE Sen	SHS	17.03	327
4	400	Lee COUPLAND Sen	S'port W	16.43	316
5	604	Alfred ODDIE Sen	T IOM	14.92	285
6					
7					
8					

Men's Hammer B

Posn	Bib	Athlete	Club	Perf	
1	337	Charlie CLIMPSON U20	Lpem	27.71	498
2	103	Stuart BROWN Sen	Dees	18.37	352
3	508	Michael DUFFY U23	SHS	16.27	312
4					
5					
6					
7					
8					

Men's Javelin A

Posn	Bib	Athlete	Club	Perf	
1	146	Andrew MCFARLANE Sen	Dees	57.70	820
2	237	Michael O'DONNELL Sen	Liv H	55.03	788
3	308	William HYND Sen	Lpem	41.78	616
4	405	Adam BYRNE U23	S'port W	37.03	549
5	536	Phil ROBINSON Sen	SHS	30.91	458
6	638	Troy TURNER U18	T IOM	23.59	338
7					
8					

Men's Javelin B

Posn	Bib	Athlete	Club	Perf	
1	101	Isaac BROMWICH U20	Dees	57.35	816
2	337	Charlie CLIMPSON U20	Lpem	41.58	613
3	400	Lee COUPLAND Sen	S'port W	23.54	337
4	515	Mike VINE Sen	SHS	22.07	310
5	221	Matthew AFFUL Sen	Liv H	11.32	65
6					
7					
8					

4 x 100m Men

Posn	Bib	Runners	Club	Perf	
1	3	Thomas HENSHAW U23 * Dan EVANS Sen * Evan WILLIAMS U20 * Ethan HAYES U18	Lpem	46.4	383
2	4	Jake ANDERS U18 * Christopher BURGESS Sen * Adam BYRNE U23 * Jack NELSON U18	S'port W	47.6	301
3	1	Samuel DALLAS U20 * Ryan CLOUGH U18 * Jacob WELSH U20 * Toby LEMON U18	Dees	48.6	241
4	2	Daniel CORRIGAN Sen * Ryan MCKAY Sen * Luke CULSHAW U20 * Benjamin CULSHAW U18	Liv H	50.2	160
5	6	Kyle MARTIN Sen * Rory TURNER U18 * Troy TURNER U18 * Zac WOODWARD U18	T IOM	50.8	134
6					
7					
8					

4 x 400m Mixed A

Posn	Bib	Runners	Club	Perf	
1	2	Daniel CORRIGAN Sen * Rachel BONER Sen * Christiana KELLEY U23 * Luke CULSHAW U20	Liv H	4:05.2	132
2	4	Emily DEAN U20 * Amilie SCOTT U20 * Graham BOREHAM Sen * Julius ZAJITSCHEK U20	S'port W	4:09.2	104
3	1	Samuel DALLAS U20 * Jacob WELSH U20 * Leda TSVETKOVA U23 * Jessica HODGSON U18	Dees	4:18.4	53
4	5	Ben GENNER U18 * Rebekah GODDARD U18 * Heather GRANT U18 * Alister PEARSON Sen	SHS	4:19.4	48
5	6	Max HAMMAL U18 * Harry KINLEY U20 * Lucy CARTWRIGHT U20 * Aalin ATHERTON U18	T IOM	4:23.4	32
6	3	Michelle DURNEY Sen * Adam LINK U20 * Lotte HENDRIKSEN U23 * Evan WILLIAMS U20	Lpem	4:46.5	
7					
8					

TEAMS BY AGE GROUP

Men	Points	P4P
Liverpool Pembroke & Sefton H AC	178.00	13,823
Deeside AAC	162.00	12,513
Southport Waterloo AC	153.00	11,683
Team Isle of Man ©	125.00	9,006
St. Helens Sutton AC	107.00	8,492
Liverpool Harriers & AC	96.00	7,916
		-
		-

WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Women's 100m A

Posn	Bib	Athlete	Club	Wind	Perf	
1	134	Leda TSVETKOVA U23	Dees		13.1	624
2	523	Heather DRILLINGCOURT Sen	SHS		13.1	624
3	624	Frankie KENNEDY U18	T IOM		13.7	509
4	233	Ruby GIBBONS U20	Liv H		14.4	393
5	342	Katherine CLANCY Sen	Lpem		18.5	29
6						
7						
8						

Women's 100m B

Posn	Bib	Athlete	Club	Wind	Perf	
1	210	Millie SPINK U18	Liv H		13.5	546
2	527	Jessica HESKETH U18	SHS		13.6	527
3	641	Laura BRADLEY Sen	T IOM		14.9	320
4	330	Pauline CLANCY Sen	Lpem		19.8	3
5						
6						
7						
8						

Women's 200m A

Posn	Bib	Athlete	Club	Wind	Perf	
1	133	Olivia SCHRIMSHAW U18	Dees		26.6	645
2	529	Abigail NEWMAN U23	SHS		28.4	486
3	624	Frankie KENNEDY U18	T IOM		28.9	447
4	233	Ruby GIBBONS U20	Liv H		30.1	361
5	318	Michelle DURNEY Sen	Lpem		41.1	9
6						
7						
8						

Women's 200m B

Posn	Bib	Athlete	Club	Wind	Perf	
1	134	Leda TSVETKOVA U23	Dees		27.8	536
2	210	Millie SPINK U18	Liv H		28.2	502
3	527	Jessica HESKETH U18	SHS		29.5	403
4	619	Jessica SCHREUDER U18	T IOM		30.4	342
5						
6						
7						
8						

Women's 400m A

Posn	Bib	Athlete	Club	Perf	
1	204	Christiana KELLEY U23	Liv H	64.1	534
2	524	Rebekah GODDARD U18	SHS	66.2	466
3	322	Lisa PROCTER Sen	Lpem	77.2	190
4	641	Laura BRADLEY Sen	T IOM	83.7	88
5					
6					
7					
8					

Women's 400m B

Posn	Bib	Athlete	Club	Perf	
1	525	Heather GRANT U18	SHS	66.8	447
2	214	Micaela TRACEY-RAMOS Sen	Liv H	72.8	285
3	319	Sarah HENRY Sen	Lpem	87.2	50
4	639	Moira HALL Sen	T IOM	103.6	
5					
6					
7					
8					

Women's 800m A

Posn	Bib	Athlete	Club	Perf	
1	421	Olivia LOGAN U23	S'port W	2:22.2	683
2	205	Rachel BONER Sen	Liv H	2:35.4	487
3	642	Kirsty BARBER Sen	T IOM	2:37.9	454
4	319	Sarah HENRY Sen	Lpem	3:06.4	159
5					
6					
7					
8					

Women's 800m B

Posn	Bib	Athlete	Club	Perf	
1	414	Emily DEAN U20	S'port W	2:32.8	523
2	200	Hannah ROBINSON U18	Liv H	2:41.9	403
3	616	Dawn ATHERTON Sen	T IOM	2:44.8	368
4					
5					
6					
7					
8					

Women's 1500m A

Posn	Bib	Athlete	Club	Perf	
1	224	Bailey HUGHES U18	Liv H	5:19.0	496
2	332	Lotte HENDRIKSEN U23	Lpem	5:21.5	480
3	417	Amilie SCOTT U20	S'port W	5:30.7	423
4	643	Aalin ATHERTON U18	T IOM	5:45.1	340
5	130	Jessica HODGSON U18	Dees	5:57.7	276
6					
7					
8					

Women's 1500m B

Posn	Bib	Athlete	Club	Perf	
1	342	Katherine CLANCY Sen	Lpem	6:43.3	99
2					
3					
4					
5					
6					
7					
8					

WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Women's 3000m A

Posn	Bib	Athlete	Club	Perf	
1	522	Lucy CLITHEROE U23	SHS	10:51.1	623
2	206	Alexandra HARVEY U23	Liv H	11:03.5	581
3	616	Dawn ATHERTON Sen	T IOM	11:07.5	568
4	431	Elisia MBWALE Sen	S'port W	11:23.8	515
5	343	Loretta DAVIES Sen	Lpem	14:08.5	125
6					
7					
8					

Women's 3000m B

Posn	Bib	Athlete	Club	Perf	
1	642	Kirsty BARBER Sen	T IOM	11:11.6	554
2					
3					
4					
5					
6					
7					
8					

Women's 2km Steeplechase A

Posn	Bib	Athlete	Club	Perf	
1	414	Emily DEAN U20	S'port W	9:12.8	319
2	322	Lisa PROCTER Sen	Lpem	9:57.3	190
3	635	Ashleigh SCHREUDER U20	T IOM	11:12.1	51
4					
5					
6					
7					
8					

Women's 2km Steeplechase B

Posn	Bib	Athlete	Club	Perf	
1	318	Michelle DURNEY Sen	Lpem	9:59.9	183
2					
3					
4					
5					
6					
7					
8					

Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	
1	635	Ashleigh SCHREUDER U20	T IOM	89.2	218
2					
3					
4					
5					
6					
7					
8					

Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Women's 100m Hurdles A Wind

Posn	Bib	Athlete	Club	Perf	
1	133	Olivia SCHRIMSHAW U18	Dees	14.6	851
2	641	Laura BRADLEY Sen	T IOM	21.5	264
3					
4					
5					
6					
7					
8					

Women's 100m Hurdles B Wind

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	
1	133	Olivia SCHRIMSHAW U18	Dees	5.61	840
2	422	Lilly ZAJITSCHEK U18	S'port W	4.93	676
3	527	Jessica HESKETH U18	SHS	4.40	551
4	641	Laura BRADLEY Sen	T IOM	4.23	511
5	202	Olivia MACCORMACK Sen	Liv H	4.13	488
6	342	Katherine CLANCY Sen	Lpem	3.01	232
7					
8					

Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	
1	525	Heather GRANT U18	SHS	4.23	511
2	635	Ashleigh SCHREUDER U20	T IOM	4.01	460
3	142	Amy BILLINGTON Sen	Dees	3.94	444
4	214	Micaela TRACEY-RAMOS Sen	Liv H	3.48	338
5	401	Katy COUPLAND Sen	S'port W	3.23	281
6					
7					
8					

WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Women's High Jump A

Posn	Bib	Athlete	Club	Perf	
1	316	Dakota BACKHOUSE U18	Lpem	1.50	638
2	422	Lilly ZAJITSCHEK U18	S'port W	1.40	531
3	624	Frankie KENNEDY U18	T IOM	1.35	478
4	230	Emily ROWE Sen	Liv H	1.10	212

Women's High Jump B

Posn	Bib	Athlete	Club	Perf	
1	323	Holly WARE Sen	Lpem	1.25	371
2	641	Laura BRADLEY Sen	T IOM	1.25	371

Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf	
1	619	Jessica SCHREUDER U18	T IOM	10.24	668
2	214	Micaela TRACEY-RAMOS Sen	Liv H	7.80	386
3					
4					
5					
6					
7					
8					

Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf	
1	204	Christiana KELLEY U23	Liv H	7.40	337
2					
3					
4					
5					
6					
7					
8					

Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf	
1	641	Laura BRADLEY Sen	T IOM	2.40	506

Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf	
1	622	Lucy CARTWRIGHT U20	T IOM	2.30	478

Women's Shot A

Posn	Bib	Athlete	Club	Perf	
1	320	Anna PEERS Sen	Lpem	9.08	625
2	532	Patricia SPARKS Sen	SHS	8.94	615
3	120	Lesley BROWN Sen	Dees	8.90	612
4	620	Fiona WHITEHEAD Sen	T IOM	8.00	545
5	230	Emily ROWE Sen	Liv H	7.44	501
6	401	Katy COUPLAND Sen	S'port W	6.69	437
7					
8					

Women's Shot B

Posn	Bib	Athlete	Club	Perf	
1	345	Nicky SAUNDERS U23	Lpem	7.71	522
2	142	Amy BILLINGTON Sen	Dees	6.62	431
3	619	Jessica SCHREUDER U18	T IOM	6.14	387
4	529	Abigail NEWMAN U23	SHS	5.86	360
5	214	Micaela TRACEY-RAMOS Sen	Liv H	5.49	322
6					
7					
8					

Women's Discus A

Posn	Bib	Athlete	Club	Perf	
1	320	Anna PEERS Sen	Lpem	40.65	814
2	620	Fiona WHITEHEAD Sen	T IOM	24.98	592
3	532	Patricia SPARKS Sen	SHS	24.45	583
4	401	Katy COUPLAND Sen	S'port W	24.01	576
5	120	Lesley BROWN Sen	Dees	21.54	531
6	230	Emily ROWE Sen	Liv H	18.75	474
7					
8					

Women's Discus B

Posn	Bib	Athlete	Club	Perf	
1	345	Nicky SAUNDERS U23	Lpem	28.34	647
2	622	Lucy CARTWRIGHT U20	T IOM	24.95	592
3	137	Megan WOOD U18	Dees	18.03	459
4	529	Abigail NEWMAN U23	SHS	13.98	357
5					
6					
7					
8					

WEST Northern Track & Field League 2026 West 1S @ THE SPORTS CENTRE - EDGE HILL UNIVERSITY on 30 August 2026

Women's Hammer A

Posn	Bib	Athlete	Club	Perf	
1	532	Patricia SPARKS Sen	SHS	40.15	735
2	120	Lesley BROWN Sen	Dees	39.97	732
3	620	Fiona WHITEHEAD Sen	T IOM	34.74	667
4	320	Anna PEERS Sen	Lpem	33.65	653
5	230	Emily ROWE Sen	Liv H	26.66	555
6	401	Katy COUPLAND Sen	S'port W	17.14	396
7					
8					

Women's Hammer B

Posn	Bib	Athlete	Club	Perf	
1	323	Holly WARE Sen	Lpem	30.36	608
2	137	Megan WOOD U18	Dees	28.91	588
3	639	Moira HALL Sen	T IOM	12.54	298
4					
5					
6					
7					
8					

Women's Javelin A

Posn	Bib	Athlete	Club	Perf	
1	622	Lucy CARTWRIGHT U20	T IOM	27.16	629
2	345	Nicky SAUNDERS U23	Lpem	25.17	598
3	422	Lilly ZAJITSCHEK U18	S'port W	24.72	590
4	120	Lesley BROWN Sen	Dees	17.05	447
5	230	Emily ROWE Sen	Liv H	13.77	370
6	524	Rebekah GODDARD U18	SHS	8.68	203
7					
8					

Women's Javelin B

Posn	Bib	Athlete	Club	Perf	
1	323	Holly WARE Sen	Lpem	21.79	540
2	620	Fiona WHITEHEAD Sen	T IOM	19.90	505
3	401	Katy COUPLAND Sen	S'port W	15.47	412
4	529	Abigail NEWMAN U23	SHS	7.86	162
5	142	Amy BILLINGTON Sen	Dees	4.21	
6					
7					
8					

4 x 100m Women

Posn	Bib	Runners	Club	Perf	
1	5	Jessica HESKETH U18 * Abigail NEWMAN U23 * Rebekah GODDARD U18 * Heather GRANT U18	SHS	54.5	426
2	2	Millie SPINK U18 * Emma SPINK Sen * Ruby GIBBONS U20 * Christiana KELLEY U23	Liv H	56.0	360
3	1	Megan WOOD U18 * Olivia SCHRIMSHAW U18 * Jessica HODGSON U18 * Leda TSVETKOVA U23	Dees	56.6	334
4	4	Lilly ZAJITSCHEK U18 * Olivia LOGAN U23 * Katy COUPLAND Sen * Emily DEAN U20	S'port W	59.6	219
5	6	Lucy CARTWRIGHT U20 * Frankie KENNEDY U18 * Ashleigh SCHREUDER U20 * Jessica SCHREUDER U18	T IOM	60.1	202
6	3	Lotte HENDRIKSEN U23 * Michelle DURNEY Sen * Lisa PROCTER Sen * Loretta DAVIES Sen	Lpem	68.3	10
7					
8					

4 x 400m Mixed B

Posn	Bib	Runners	Club	Perf	
1	5	Chris BRIKETT Sen * Lucy CLITHEROE U23 * Abigail NEWMAN U23 * Will VOSE U20	SHS	4:37.3	365
2	6	Jamie HAYES Sen * Kyle MARTIN Sen * Kirsty BARBER Sen * Dawn ATHERTON Sen	T IOM	4:47.1	294
3	4		S'port W	5:02.7	195
4					
5					
6					
7					
8					

TEAMS BY AGE GROUP

Women	Points	P4P
Team Isle of Man ©	179.00	12,706
Liverpool Pembroke & Sefton H AC	138.00	7,775
Liverpool Harriers & AC	114.00	8,931
St. Helens Sutton AC	111.00	8,444
Deeside AAC	95.00	8,350
Southport Waterloo AC	84.00	6,776
		-
		-

Northern Track & Field League 2026 WEST West 1S THE SPORTS CENTRE - EDGE HILL UNIVERSITY

100m N/S Men A

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men B

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men C

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men D

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men E

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men F

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men G

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Men H

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Northern Track & Field League 2026 WEST West 1S THE SPORTS CENTRE - EDGE HILL UNIVERSITY

100m N/S Women A

Wind = -00.20

Posn	No.	Athlete	Club	Perf
1	207	Emma Spink	Liv H	15.40
2				
3				
4				
5				
6				
7				
8				

100m N/S Women B

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women C

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women D

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women E

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women F

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women G

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women H

Wind =

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				